

Junk Punk
Form a junk band, make drums, shakers, chimes etc from junk materials and household items and perform!



Make Instead of Buy
Make something really useful... a plate bag or small pillow for camp, you can decorate or personalise them, you'll need to learn the skills to do this (eg. using a sewing machine.) We will help you - give it a go!

Be a Thrifty Shopper
Choose a product that you can buy in the supermarket. Buy the value, the medium priced and the branded version. Compare the price, the quantity, the taste / quality etc. to see what is the 'best buy'!

Hold a Patrol Swap Shop
You could swap clothes and books or toys (take home what you don't swap!) You could even have a fashion show, wear what you swap, dress it up a bit. (Get permission from a parent before you swap stuff!)



Crafts Using Scrap
Instead of recycling scrap 'upcycle' it into something even better!

- Make paper beads - colourful jewellery made just from the pages of magazines.
- Make a camping stove from tin cans.
- Make coffee jar lid puzzles.
- Make cardboard box flip flops
- Do up or decorate a piece of furniture, make it funky...

an old chair, stool, coffee table, lamp etc. You might need to learn some skills and how to use some tools.

Here are some thrifty projects to choose from...
Your Guiders can help you find craft instructions and special equipment or learn skills.

PLANNING YOUR 'GO FOR IT'

Week 1...

PLANNING

As a patrol choose three different projects.

Don't just do craft - some people find it hard.

If a project is going to take a bit of time to collect the things you need then don't do it next week.

Choose something easy for Week 2...

GET STARTED

Leave a bit of time at the end of week 2 to check your plans for the next two weeks.

Week 3 and 4...

GET STUCK IN

Make sure you fill out a 'Go For It' planning sheet, always remember what you need to bring - don't let the rest of the patrol down by forgetting things or not turning up.

Make sure that your Guiders know what you need help with.

BE THRIFTY

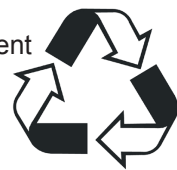


We all know about Recycling and the three R's

REDUCE... use less.

REUSE... repair, use again in a different way, get second hand stuff, pass on things you don't use anymore.

RECYCLE... collect rubbish which is sent away for recycling.



Mostly people just recycle – they collect stuff which the local council pays to have recycled.

In the old Guide Handbooks one of the Guide Laws was 'A Guide is thrifty'

Thrift is different....its about using our time, resources and abilities well.

Thrifty is not wasting things... time,money, materials, energy, petrol, food etc.

Thrifty is making the MOST out of what you've got... instead of buying something new, why not make it or get one second hand. Instead of throwing things away, why not swap them. If something is broken, then fix it!

A **thrifty** person can save the world AND learn lots of new, fun things!

