



**A book!**



Mums and Dads... if you want to buy your daughter something useful for Christmas  ANY of the following would be great for Guides (and life)!

Petzl or Energiser head torch



A fleece blanket to make into a camp blanket.



Walking Boots and socks.



Mini First Aid kit

Light my fire meal kit (lots of colours)



Camping roll mat or self inflating mat  
We don't use air beds or camp beds!



Light my Fire Scout Firesteel



Victorinox Swiss Army Knife  
Model: recruit, hiker or tinker



Small daysack rucksack



3 season sleeping bag

Vango do reasonably priced ones.



Backpack 65 litre  
This one is karrimor.



Waterproof Jacket & Trousers  
Navy colour would be fab



Camping towel  
These ones are on amazon.

