

14. Do you always like:
a) to do new things?
b) to do things you and
your Patrol have tried
already?
c) a bit of both?

15. Have you been a prefect
or monitor at school:
a) yes?
b) no?

How did you get on?

Under 10... you need all the advice you can get.

10 - 20... you've a lot to learn.

20 - 30... you've the makings of a good leader, but
you still need training and practice.

Over 30... have you been truly honest? If you have,
Well Done!

15. a=3 b=0	7. a=0 b=2 c=1
14. a=1 b=2 c=3	6. a=2 b=0 c=1
13. a=2 b=1 c=0	5. a=2 b=1 c=0
12. a=2 b=2 c=0	4. a=2 b=0 c=1
11. a=1 b=0 c=2	3. a=1 b=2 c=0
10. a=1 b=0 c=2	2. a=1 b=2 c=0
9. a=0 b=1 c=2	1. a=1 b=2 c=0
8. a=1 b=2 c=3	

This is the first part of a training booklet...

- There will be six sections all together.
- Keep each section in your Guide file.
- Re read each section when you get home
and answer any questions honestly!
- If you have any comments or questions make a
note of them for next PL's meeting.

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1. LEADERSHIP "Why Bother!"

'Some people are born leaders!'

It is true that some people find it easier to have the
strength to lead - BUT They are usually the first to
admit that it isn't easy, that they have to try hard,
and that's usually the reason for their success.

There are two words we need to discuss:

Patrol (and) leader.

What is a 'Patrol'?

A bunch of girls of
different ages, lumped
together.

Why is it so important?

It is a small unit,
combining Guides of
different outlooks... some
pleasant, some boring,
some awkward, mostly
difficult! In other words,



The 'Mixed Bunch' Patrol

just the mixture you are likely to meet later in life.
You may have to manage them when you are - a
Bank Manager, a shop owner, a teacher, a trade
union leader, an architect, a doctor.... or whatever!

What is a leader?

A person who has the happy knack of being able to
help any group to organise itself, control its
members, maintain the groups enthusiasm, to have
an plan of action and to get things done.



2. RESPONSIBILITY "How to be allowed to do what you like!"

'A Guide is to be trusted.'

Why is it necessary to be trustworthy?

Trust is the 'Key' to the door of opportunity.

If a best friend wants to borrow £10 you would lend
it, because you know she would pay it back.

If a stranger wants to borrow £10 you
probably wouldn't lend it; she might not pay
it back. The difference is you trust your
friend, not the stranger. So, only the friend
has the chance to borrow.



If you want the opportunity to:

at Guides... Be a Patrol Leader, Run a Patrol Camp.

At home.... Go out in an evening, Go to a party,
Go out with your boyfriend, and later ...

Manage a bank, be a doctor, run a shop or
restaurant, to teach, to be an engineer etc etc

You must use your 'Key' - You must be trustworthy.

Being trustworthy is vital to all Guides.

Being trustworthy as a leader is called
responsibility.

Being responsible for other people isn't easy.

You will be expected... To be able to cope with
emergencies, to help and advise those under you,
to set an example, to care for their needs, to
understand their problems, to have all the
necessary knowledge.

How can we learn this 'leadership thing'?

Through a training course?

By obeying a set of rules?

These might help, but there is no substitute for practice, practice, and more practice.

**This is the challenge of Patrol Leadership.
As a Patrol Leader YOU are given real people on
who you can practice leadership skills!**

If you fail: The 'damage' you do is limited to spoiling a Guide meeting or an expedition, having a boring evening, a miserable camp or whatever.

But if you succeed: you will gain satisfaction, a sense of achievement, a wish to try again with something else, and most of all... real life experience in leadership.

So don't miss your chance.

Guiding offers the opportunity to lead.

**The next chance you have to try it might be when
you can't afford to make a mistake!**

How Good Are You at Leadership Already?

Answer the following questions honestly!

The only person to know your score will be you.

1. When you're with friends, do you:

- a) do all the talking?
- b) do your fair share?
- c) never say anything?

2. When something is broken at home, do Your parents:

- a) accuse you?
- b) ask what happened?
- c) just clear it up and say nothing?

3. Do you find life:

- a) difficult?
- b) interesting?
- c) boring?

4. When you want a favour done, do your friends:

- a) offer?
- b) disappear?
- c) hesitate?

5. When you need an increase in pocket money, do you:

- a) ask once, with reasons ready to prove your point?
- b) go on asking till you get it?
- c) give up, if the answer is 'no'?

6. Do younger people:

- a) like playing with you?
- b) avoid you?
- c) annoy you?

7. If you get punished at school, is it because:

- a) they always pick on you?
- b) you've done something wrong?
- c) you were the one who was caught?

8. When you are bored, do you:

- a) do nothing?
- b) find something to do?
- c) find someone else who's bored & both get busy?

9. If you've done something wrong, do you:

- a) blame someone else?
- b) admit it?
- c) apologise?

10. If you are asked to teach a knot you don't know, do you:

- a) tell your Guider immediately?
- b) muddle through?
- c) get out a book and learn it with your pupil?

11. If your Patrol will not do as you say, do you:

- a) tell your Guider?
- b) give up?
- c) try a new approach?

12. Are the Guides in your Patrol:

- a) average?
- b) better than average?
- c) substandard losers?

13. In your opinion, is your regular Guide meeting:

- a) too short?
- b) about right?
- c) too long?

(Continued overleaf & answers!)

To be a good leader

You must be given the opportunity to lead

To be given that opportunity you must be trustworthy

Being trustworthy means behaving responsibly

By behaving responsibly you will be a good leader!

**Then how can you start?
YOU have been asked
to be a Patrol Leader.
Start there!**

Try to be trustworthy, try to act responsibly and with practice, you will become a good Patrol Leader.

And if you can do that you will be on the road to becoming a leader in real life!

How Responsible Are You Already?

Honestly answer the following questions. Check your score at the end.

1. When you last came home later than expected, did you:

- a) argue with your parents?
- b) explain why you were late?
- c) go straight to your room saying nothing?

2. How well do you know your Patrol? Are they:

- a) personal friends?
- b) girls you only see at Guides?

c) girls you wave to at school?

3. If you were given too much change when shopping for Mum would you:

- a) point out the error to the shopkeeper?
- b) take the extra and return it to your mother?
- c) keep the extra as bonus pocket money?

4. Does your pocket money:

- a) run out before the end of the week?
- b) just about last the week?
- c) or is there some left over?

5. Are the clothes bought for you:

- a) chosen by your parents?
- b) chosen by you and your parents together?
- c) mostly chosen by you?

6. Are your parents:

- a) always on at you to have your hair cut?
- b) always happy with your hair style?
- c) prepared to let your hair be your problem?

7. Have you ever knowingly not paid a debt:

- a) often?
- b) never?
- c) only when the lender forgot to ask for it back?

8. If you were wrongly punished at school for something another girl has done. Would you:

- (a) tell your parents/ school teacher?
- (b) say nothing?
- (c) try to sort it out with the girl who did it?

Answers
1) a=1 b=2 c=0
2) a=2 b=0 c=1
3) a=2 b=1 c=0
4) a=0 b=1 c=2
5) a=0 b=1 c=2
6) a=0 b=1 c=2
7) a=0 b=3 c=0
8) a=0 b=1 c=2

How did you get on?
**Under 8...you have a lot to learn,
you may even be a bit dishonest!**
9 -15... keep trying.
16... very good.
17... you're too good to be true!





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3. PURPOSE “Why have leaders at all?”

‘A Guide is friendly.’

‘A Guide is polite and considerate’.

If this is so, Why are some selected to be ‘in charge’.
Surely it is unnecessary?

When you were a child all things were either ‘right’ or ‘wrong’. Now you are becoming an adult you are realizing that some things are in dispute, they are a matter of opinion. SO it is possible that, although all may aim at the same goal, we might each have our own way of achieving it.

So, almost every group, country, company, organisation has decided that its ‘efforts’ should be **coordinated** so that they all work together for their group or countries **mutual good**. In other words...
They **appoint or elect** a leader.

There are three things worth looking at here...
Coordination • Mutual Good • Appoint or Elect

Let’s look at each:

Coordination

Each of the girls in your Patrol shows she is keen to be a Guide just by coming (it is a voluntary organisation) Your job is to coordinating their efforts, channelling their enthusiasm SO that their contribution is used well, not ignored or wasted.



4. METHOD “Getting down to the nitty gritty”

“That’s fine,” the Patrol Leader said.
“I understand why I should try to be a leader...
...it a chance to get to know about responsibility. I even realise that the Patrol may need me!
What I don’t know is: how to go about it.”



Good... Because that’s what we’re going to talk about!

But, first let’s just mention one thing more.

During the rest of the course and in these notes things are going to be suggested to you.

Things that you can do with your Patrol, methods you can try out.

You will be wasting your time and your Guiders time unless you give each idea a chance.

Talking about it and thinking about it is not enough...

You need to DO IT!

Leadership can only be learned by practice, practice and more practice.



So now it’s time to really start working with your patrol, whatever they are like!?

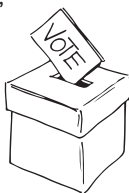
Mutual Good

Leadership, once you've got the hang of it, is a powerful tool. Hitler, we must admit, was a brilliant leader. But he used his leadership qualities for the purposes of power and destruction. He forgot the 'mutual good'.... Whatever else you may forget, do not forget the 'Mutual good'

Appoint or Elect

Depending on the type of the group one of these methods is used:

- Most nations elect their leaders by ballot.
- Most clubs elect a committee to run them.
- Most youth groups have a leader appointed.



In Guides a Patrol Leader is normally elected / voted for by the other girls, different groups have different ways of organising this. Sometimes the Guiders need to choose or appoint Patrol Leaders.

Seconders are chosen by the Patrol Leader, it should be someone you can rely on!

What is the point or 'Aim' of Guiding?

You are old enough now to understand what Guiding is all about....

The aim of guiding is to help girls and young women develop emotionally, mentally, physically and spiritually, so that they can make a positive contribution to their community and the wider world.

Girlguiding believes in the value of learning by doing.

This is put into practice through a Method with five interlinking elements, known as the

Five Essentials of guiding:

- working together in small groups
- encouraging self-government and decision making
 - a balanced and varied programme
 - caring for the individual
- sharing a commitment to a common standard

Getting to know your Patrol

When you are interviewed for your first job, or apply to college or university, the first things they will want to know will be your personal details: address, qualifications, what you are good at etc; and your background, your hobbies, interests, what school you attended and lots of other stuff!

This is not just because they are nosey. With this information...

They can contact you.

They can find jobs / roles that you will enjoy

They will know what you are good at.

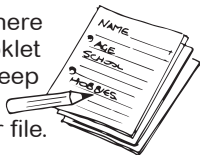
They will know what you need help with.

The same applies to your Patrol.

It is almost impossible to 'lead' people who you hardly know. You should make it your business, to find out as much about them as you can.

This is best done when a new girl joins your Patrol, or when you take over a new Patrol but is NEVER too late, and is very important. So do it now!

Make a page in your G file for each girl, there is a sample form to photocopy in this booklet or you could develop your own system. Keep this information safe, and when someone leaves your patrol remove them from your file.



Learn and play 'a getting to know you' game or activity as a Patrol (ask your Guider for ideas.)

IMPORTANT: Make sure YOUR PATROL know about you too.. All the things you want to know about them!

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Here are some ways by which these 'aims' might be achieved.

Put a tick against the six that you think are the most important. Your Guider would like to talk about YOUR choice at the next meeting...

1. Guiding must be fun. ☐
2. The things we learn should be important. ☐
3. The Promise and Law must be kept by everyone. ☐
4. There should be good adult leaders. ☐
5. There should be chance for leadership training. ☐
6. There must be good equipment available. ☐
7. There must be good discipline. ☐
8. Everyone should be encouraged to develop their beliefs and ideas. ☐
9. There should be plenty of challenging activities. ☐
10. There must be lots of outdoor activities. ☐
11. Camping must be actively encouraged. ☐
12. Rules must be strictly obeyed. ☐
13. Everyone should be encouraged to stay in Guides until their 15th birthday. ☐
14. Everyone in the Patrol should be involved. ☐
15. Activities shouldn't cost a lot. ☐

Are there other things that should be on the list?

Guide Patrol Information Sheet

_____ Patrol

Guides Name _____

Address _____

Telephone no _____

Mobile no _____

E-mail _____

Date of Birth _____ Age _____

School _____

Diet / Allergies _____

Brothers & Sisters _____

Hobbies _____

Sports enjoyed _____

Pets _____

Dislikes _____

Any other info. _____



Whatever job you are tackling, the hardest thing is getting started, and getting your Patrol activity going with everyone involved is even harder!

...How much you look forward to going to school on the last day of term?

They just don't want to know... Unless there's something special about it, something different, something to look forward to, some excitement!!!!

Your job as Patrol Leader is to make what must be done or what you want to get done, as interesting, as exciting, as fun, as 'Special' as possible, so that your Patrol actually WANTS to do it... that is the role of a leader!

There may be other reasons for you having problems with your Patrol activity. You should talk these over with your Guider so that you can learn to avoid them next time!

Thank You for completing the
Patrol Leader Training Course.

We hope that it will help you with your Guiding but also with 'Real Life' and the challenges that are to come.

To be a good leader is an amazing skill, one which they can't really teach in school. The more you keep practicing the better you will be! Happy Guiding.

This is to certify that:

(Patrol Leader / Patrol Secondar)

completed the Patrol Leader Training

on _____ (date)

Signed _____
(Guide Leader)

(Unit Name)



6. AFTERMATH

“Learning by experience”

A fool is the person who makes the same mistake twice.' Since the last session you will have held a Patrol Activity. Was it a success?

Before you answer that you must be sure what success is for it can be many things: Fun, everyone learnt something new, useful, of benefit to others, and much more.

But the true measurement of success is whether it achieved what it set out to achieve.

So, what was the purpose of your activity?

Mainly, It was to give you experience in leadership

Did it do that?

The answer (assuming you were there) must be 'Yes'. Therefore, it was a success.

In order that you as a leader can get as much as possible from the experience, you must now look back and see what you have learned.

Complete the table on the next page
(if it is too small use a bigger sheet of
paper for your comments) Try to take
this exercise seriously so
that you don't make the
same mistakes next time!



How can you make activities so interesting?

The answer:

The three EEE - Effort, Encouragement and Enthusiasm.

EEE... Effort

You must do everything you can to make sure:
You choose the right things to do, you choose the best way of doing it, everybody knows what your aim is, everybody is sure when and where you start, nothing is left to chance. That is... it is properly organised!

EEE... Encouragement

From the start you will need to:
Encourage the Patrol to come, encourage them to help you, encourage them when they find it difficult, encourage them if things go wrong.

EEE... Enthusiasm

SO important!
You cannot possibly expect...
... your Patrol to be keen - if you're not;
... your Patrol to tackle something new - If you won't;
... to look forward to an adventure - If you don't.

Your Patrol may seem a bit dim, sometimes, BUT they're smart enough to see through you if you're trying to fool them. Never risk it. Never pretend or act.

Your enthusiasm must be real. You must want to do the job. You must want to be a good Patrol Leader. You must be enthusiastic.

ALWAYS include your **Patrol Second** in your plans then she can help and support you - **that's her job!**

Tackling your first activity together

When a new teacher took your class for the first time, by the end of the lesson you had summed her up. You had decided whether you liked her or not, Whether she was worth listening to, or boring, Whether you were going to learn a lot, or whether she was going to waste your time (and you were going to waste hers!)

Your Patrol will do the same when you tackle your first patrol activity, so it is important, that it is successful...

That they like it, That they aren't bored,
And that they learn something.
If they do these things it **WILL** be successful.

That's enough talking. Now is the time for action - Plan a Patrol Meeting (or even a whole Go For It!)

What you choose to do is up to you. But remember your three 'E's'. Some ideas are listed below.
You may choose one of them or something different.

Have more than enough to do.

Better not to complete it, than to run out of things to do..
If necessary have an alternative if the weather is bad.
Make sure everyone will learn or try something new.

Activity Ideas don't have to be earth-shattering....

eg. Clean out the Guide room, make a patrol notice board or flag /sign, practice making camp gadgets; do some cooking over a stove; make a model camp site.
Play a wide game, build a shelter, do Morse code, have a chess tournament, try crazy sculpture with potatoes.
Teach or relearn compass or mapping, practice knots, do some First Aid, try a craft, invent a game, write a song, do keep fit etc etc....

How was your Patrol Activity? Find out whether the things you set out to do were equally successful.
Be really honest with yourself!

What happened...

Did anything go wrong and why?

How could you improve things?!

1. Will your Patrol look forward to the next Patrol activity? (if not why - did you forget the three E's?)
2. Did things go wrong? (if so why? - did you forget effort?)
3. Did everyone in the Patrol turn up ready for the activity? (did you encourage them to join in?)
4. Were the Patrol eager to have a go? (if not why? and did you forget enthusiasm?)
5. Did the Patrol learn something? (always try to include something new / interesting)
6. Did the Patrol enjoy it? (did you really try to make things fun)
7. Did you follow the ideals of the Guide Law? (remember, you are Guides)
8. Did you further the aims of Guiding? (you now know what these are)
9. Did your Patrol Second help you with planning? (and did you let her!!!)
10. Did you have enough to do? (or too much?)
11. Did the weather spoil your plan? (if so - why didn't your alternative work?)



Guide Patrol Information Sheet

Guides Name _____ Patrol _____
Address _____

Telephone no _____
Mobile no _____
E-mail _____
Date of Birth _____ Age _____
School _____
Diet / Allergies _____

Brothers & Sisters _____

Hobbies _____

Sports enjoyed _____

Pets _____
Dislikes _____

Any other info. _____



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Any other info. _____



How did your Patrol Activity go?

Find out whether the things you
set out to do were equally successful.
Be really honest with yourself!

	What happened...	Did anything go wrong and why?	How could you improve things?!
1. Will your Patrol look forward to the next Patrol activity? (if not why - did you forget the three E's?)			
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I've started learning about leadership



PATROL LEADER TRAINING

I've started learning about leadership



PATROL LEADER TRAINING

I've started learning about leadership



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PATROL LEADER TRAINING

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PATROL LEADER TRAINING

I've started learning about leadership



PATROL LEADER TRAINING

This is to certify that:

(Patrol Leader / Patrol Secondar)

completed the Patrol Leader Training

on _____ (date)



Signed _____
(Guide Leader)

(Unit Name)

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Signed _____
(Guide Leader)

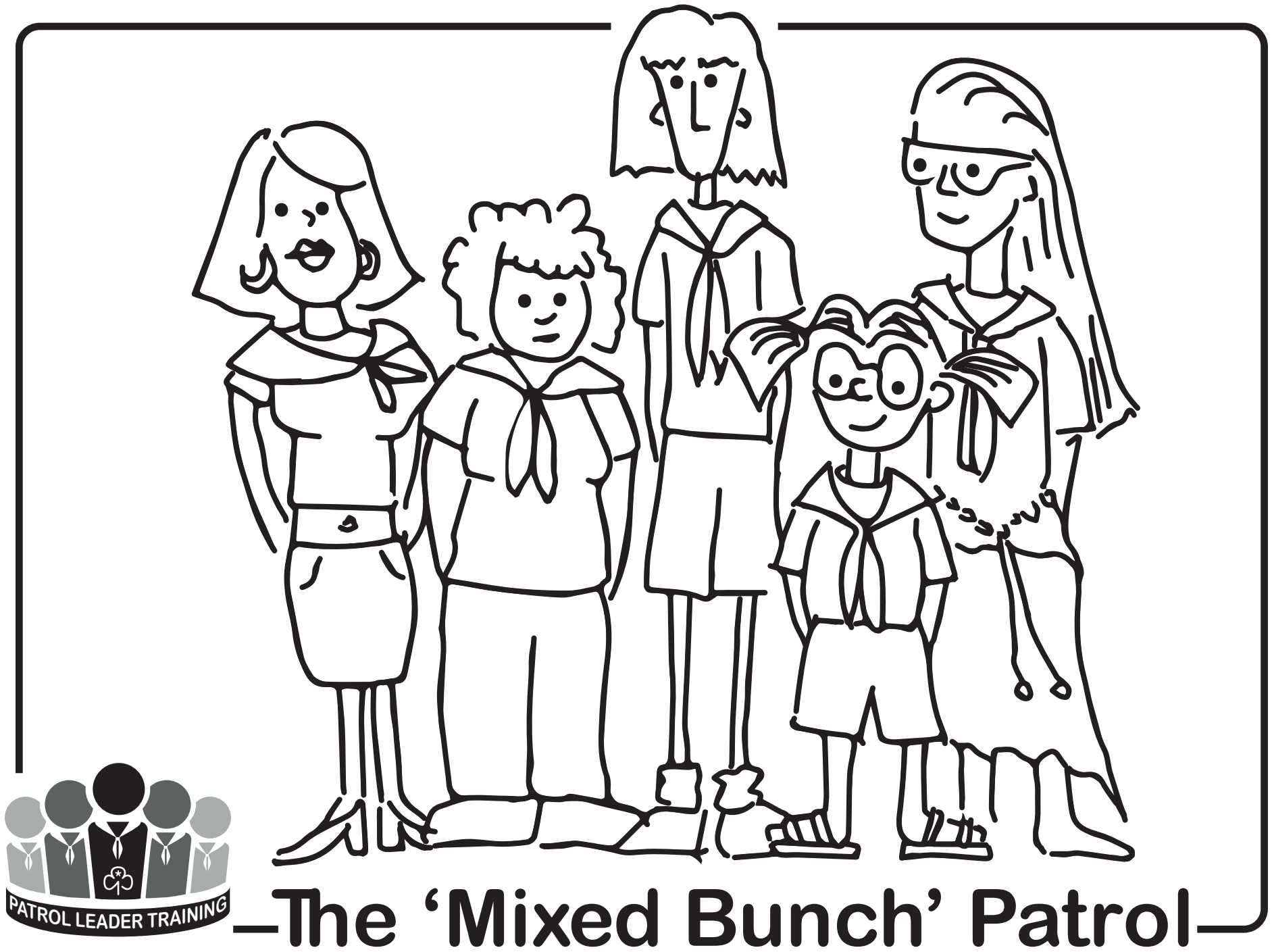
(Unit Name)

1.

LEADERSHIP

“Why Bother!”





2.

RESPONSIBILITY

“How to be
allowed to do what
you like!”



3. PURPOSE “Why have leaders at all?”



4. METHOD

“Getting down to
the nitty gritty”



5. PLANNING “Getting Started”



6.

AFTERMATH

“Learning by experience”

