

Knife - Level 1

- 1. Understand the basic safety rules regarding using a pocket knife. and agree to follow these rules. Understand and agree to keep the 'pocket knife promise'
- **2.** Demonstrate that you can open and close safely a pocket knife.
- **3.** Demonstrate that you can use a pocket knife safely to sharpen a pencil.
- **4.** Make a 'Troll' or marshmallow toasting stick.
- **5.** Know your Guide units 'First Aid proceedure' for if you cut yourself. eg. Where is the First Aid Kit, who is best able to help you, what you can do to help yourself!



Knife - Level 2

- 1. Have an understanding of UK law regarding the sale of, carrying of and use of different types of knife.
- **2.** Using a pocket knife or sheath knife make two

or more simple items eg. A butter knife, mini mushroom/ toadstool, whistle, fork, a ring or woggle or something requiring a similar level of skill.

- **3.** Demonstrate how to sit safely and show that you can use different types of cut eg: Chest lever grip, Stop cut, Thumb push or Power cut.
- **4.** Demonstrate how to sharpen a knife using a knife sharpening tool.



Knife - Level 3

1. Using a sheath knife make a 'try stick' to show your carving skills. The cuts should be very clean and neat, they should not need sanding. Show a wide variety of knife skills.

2. Some of the cuts on your try stick will have a practical use – explain

what these might be.

- **3.** Demonstrate 'battoning' with a sheath knife and make a kazoo.
- 4. Using a sheath knife:
- Explain the benefits of using a sheath knife.
- Explain any additional safety rules to using a sheath knife.
- Explain how the UK Law may affect you being able to use a sheath knife.
- Show how to keep your knife sharp using a diamond stone or whet stone / waterstone.
- **5.** Make a display of a range of whittled items that you have made and are proud of.
- 6. Assist a younger Guide who is just starting to learn about using a knife, in particular keeping 'an eye on' her personal safety.