



AUGUST 2019

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
<p>SENIOR FIT starts next month!!!</p>	<p>SEPTEMBER 4</p>  <p>Senior Day</p>	<p>Highland Activity Center 209 N John St., Highland, MI 48357 Office: 248-887-1707 Building #2-205 W Livingston Rd Transportation: 248-887-4979 www.HAACnews.webs.com </p>	<p>8am Yoga 10am Get Hooked w/ Randi 11am Free Exercise 12pm Dominos</p>	<p>10am Sit 'n Stitch B2 10am Pet Therapy 11am Bridge 12pm Euchre 12pm Movie "Bad Times at the El Royal"</p>
5	6	7	8	9
<p>10am SEQUENCE 11:15am TRIVIA 12pm Bingo 6pm Cards</p> 	<p>10am Music w/ David 10am Mah Jongg 11am Free Exercise 12pm GOOD OLE' MOVIES "Escape From The Planet Of the Apes" 6:30pm Rebuild Together</p>	<p>Computer Class by appt. 10am BP Check 10am Knitters Group B2 12pm Bingo 6:15pm Coin Club 6pm Cut Up Quilters 6:30pm Township Board Mtg</p>	<p>8am Yoga 10am Get Hooked w/ Randi 11am Free Exercise 12pm Dominos</p>	<p>10am Sit 'n Stitch B2 10am Pet Therapy 11am Bridge 12pm Euchre 12pm Movie "Little Women" 5 pm Craft Show</p>
12	13	14	15	16
<p>11:15am TRIVIA 12pm Bingo 6pm Cards</p> 	<p>10am Serenade by June 10am Mah Jongg 10:30 Review Crew \$ Mexican Village 11am Free Exercise 12pm GOOD OLE' MOVIES "Maverick"</p>	<p>Computer Class by appt. 10am BP Check 10am Knitters Group B2 12pm Bingo 6:15pm HDDA MTG B2</p> 	<p>\$ MAN BY APPT. 8am Yoga 10am Get Hooked w/Randi 11am Free Exercise 12pm Dominos 7pm Ham Radio</p>	<p>10am Sit 'n Stitch B2 10am Pet Therapy LAWYER BY APPT. 11am Bridge 12pm Euchre 12pm Movie "Siberia"</p> 
19	20	21	22	23
<p>10am SEQUENCE 11:15am TRIVIA 12pm Bingo 6pm Cards</p> 	<p>Hearing Test By Appt 10am Music w/ David 10am Mah Jongg 11am Free Exercise 12pm GOOD OLE MOVIES "Dance Girl Dance"</p>	<p>Computer Class by appt. 10am BP Check 10am Knitters Group B2 12pm Bingo</p> 	<p>Mamm/Cardio Bus By Appt. 8am Yoga 10am Get Hooked w/Randi 11am Free Exercise 12pm Dominos</p>	<p>Foot Doc By Appt. 10am Sit 'n Stitch B2 10am Pet Therapy 11am Bridge 12pm Euchre 12pm Movie "Night School"</p>
26	27	28	29	30
<p>11:15am TRIVIA 11:30 Birthdays 12pm Bingo 6pm Cards</p>	<p>10am Mah Jongg 11am Free Exercise 12pm GOOD OLE' MOVIES " Star Terek II "</p>	<p>Computer Class by appt. 10am BP Check 10am Knitters Group B2 12pm Bingo</p>	<p>8am Yoga 9am State Fair \$ 10 am Happy Bookers B2 10am Get Hooked w/Randi 11am Free Exercise 12pm Dominos</p>	<p>10am Sit 'n Stitch B2 10am Veteran's Club 11am Bridge No Movie No Euchre 12pm Labor Day Picnic \$5/DTP</p>