



## **INVITATION**

Lecture: **GLAUCOMA: INTRIGUED BY THE SILENT THIEF OF SIGHT**

Speaker: **DR KATIA PAPASTAVROU, MD**, Ophthalmologist, Pantheo Eye Centre, Lecturer at UNic Med School

Date: **Friday, May 20, 2016**

Time: **16:30-18:00**

Venue: **University of Nicosia Medical School, Block B, Lecture Room**

---

### **Summary:**

**G**laucoma has been recognised as an entity since the beginning of medical history. Despite great leaps in our ability to diagnose and treat glaucoma, it is still today one of the major causes of blindness both in the developed and developing world. Its ability to afflict an individual for many years without causing symptoms, until its final stages when irreversible blindness ensues, has earned it the title "The silent thief of sight".

This lecture will outline the pathophysiology and understanding of what was once thought a simple disease process. Like most fields of medicine, the more we learn the more we realise how little we know about the underlying factors that cause and influence the progression of human illness. And so it is with glaucoma, what was considered a condition of high intraocular pressure is now a complex combination of biomechanics, race, heredity and cellular apoptosis. Treatment regimes target different factors in an individualised patient basis and great developments in imaging and diagnosis are helping with this endeavour.

In the past decade research has allowed a better understanding of the role of wound healing in the success rate of glaucoma surgery and allowed treatment to be modified and as a result more successful. The results of both Pantheon Eye Centre work and other centres will be presented with clinical examples which support the current clinical evidence that early detection and aggressive glaucoma management is the way forward.

### **About the Speaker:**

**D**r Katia Papastavrou obtained her medical degree from the University of Athens in 2000 and specialized in Ophthalmology in 2006. After completing her specialist training she did a fellowship in glaucoma at the Birmingham and Midland Eye Center, UK. She currently works as a consultant at Pantheo Eye Center, working almost exclusively with glaucoma patients. Since 2012 she is a lecturer at the University of Nicosia Medical School and she is a co-founder of Pantheo Foundation, a charity organisation that promotes medical education in developing countries.



**Limited number of seats**

**Reserve your seat by clicking [HERE](#) or call 22-471900**