

Qualities

Quote

I look for these qualities and characteristics in people. Honesty is number one, respect, and absolutely the third would have to be loyalty. Summer Altice

<http://www.brainyquote.com/quotes/quotes/s/summeralti419862.html#eHh2msx5AoJzYueG.99>

Bible Verse

Charm is deceptive, and beauty is fleeting; but a woman who fears the LORD is to be praised.
Proverbs 31:30

Inspiration

What I Am

<http://www.youtube.com/watch?v=cyVzjoj96vs>

Journaling

What qualities do you see in other people that you would like to be part of your character?

Do the qualities you admire reflect your values?

What are your most important values?

Technique Challenge

Wax resist. You can do this with wax crayons or with a candle.

<http://www.youtube.com/watch?v=FctkXC8irNE>

or this blog tutorial

http://balzerdesigns.typepad.com/balzer_designs/2012/03/crayon-background.html

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