

Day 12 Pay Compliments

Quote

I will be generous with my love today. I will sprinkle compliments and uplifting words everywhere I go. I will do this knowing that my words are like seeds and when they fall on fertile soil, a reflection of those seeds will grow into something greater. Steve Maraboli, *Life, the Truth, and Being Free*

Bible Verse

His divine power has given us everything we need for life and godliness through our knowledge of him who called us by his own glory and goodness. 2 Peter 1:3

Inspiration

Thank You for Being a Friend Andrew Gold

<http://www.youtube.com/watch?v=F0hCTevZTP4>

Gratitude link

10 Practices

<http://www.theexecutivehappinesscoach.com/resources/articles/practice-gratitude/>

Journaling

How do you deal with people paying you compliments?

Do you pay people compliments? To your friends? To total strangers?

Technique

Inktense Pencils and stencils

<http://www.youtube.com/watch?v=CI8Kmgw3Y5I>

Action

Make a positive comment on a website or a blog.