

Day 24: Values

Quote

When your values are clear to you, making decisions becomes easier. Roy E. Disney

Bible Verse

Flee the evil desires of youth and pursue righteousness, faith, love and peace, along with those who call on the Lord out of a pure heart. Don't have anything to do with foolish and stupid arguments, because you know they produce quarrels. 2 Timothy 2:22-23

Inspiration

True Values

<http://www.youtube.com/watch?v=5JYIGSeloX4>

Journaling

Values are your accepted principles or standards that you live by. Thinking about your values, which one is the most important? Why is that? Has there ever been a time when you were thankful that you held true to your values?

Technique

Use one of the techniques from the spray inks list.

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