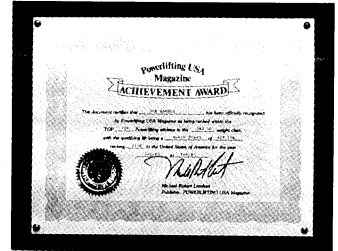


# TOP 100

For 198 lb./90 kg. USA lifters competing in results received from November 1994 through October 1995.

## PL USA Top 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7 1/4% tax).

### NEXT MONTH... TOP 200

**Corrections:** Jackie Brodeur reports that in our November 1995 issue, we indicated that Art Courmoyer broke at New York state record in the bench press for the 165 lb., 65-69 age group - this lift was also an American record for the ADFPA. L. Perry's 407 lb. bench press in the 181 lb. class was not reflected on the TOP 100 list for that class in the Dec/95 PL USA. Shawn Friday's lifts of 580 385 570 1535 were not counted on the TOP 100 for the 165 lb. class, nor was Rob Guth's 540 deadlift at 165 from the WNPFL Nationals. The 600 squat and 1530 total of Pat Murphy should have appeared on the TOP 100 181 lb. class compilation. Vickie Steenrod's 3 world championship titles, noted by Herb Glosbrenner, are actually 4 when you count the one she was awarded on a drug test disqualification. An omitted section of the results of the August 19, 20 ADFPA North-eastern Open (p. 63 Dec/95 PL USA) include SHWs B. Powell 665 475 620 1760, J. Brunick 580 350 475 1405, and T. Wallick 225 225 225 675. In the bench press, the results were 198 lb. class R. Young 460, D. Wright 385. 220 - G. Edmondson 460, R. Marshall 350. 242 - R. Aretz - 475, S. Stoffer 380, L. Johnson 380. 275 - D. Roof 460, B. Leonard 330, SHW - B. Powell 475. We appreciate your notice of any mistakes we may have made. If you find any errors in the various materials published in PL USA, send corrections to "ERRORS," Post Office Box 467, Camarillo, California 93011.

SQUAT	BENCH PRESS	DEADLIFT	TOTAL
1 876 Kellum, J., 7/16/95	606 Roris, L., 10/7/95	760 Meyers, T., 7/9/95	2099 Kellum, J., 7/16/95
2 780 Wagner, R., 12/11/94	602 Kellum, J., 9/16/95	750 Terry, C., 2/12/95	1929 Harris, A., 4/28/95
3 760 Harris, A., 4/28/95	540 Stapleton, T., 9/16/95	740 Baltimore, S., 2/25/95	1923 McCoy, J., 10/28/95
4 760 McCoy, J., 10/28/95	535 Harrington, G., 4/29/95	738 Harris, A., 4/28/95	1912 Dunagan, H., 10/28/95
5 760 Dunagan, H., 10/28/95	534 Lewis, P., 11/12/94	727 Dunagan, H., 10/28/95	1895 McAuliffe, J., 7/16/95
6 755 McAuliffe, J., 7/16/95	534 McCoy, J., 10/28/95	716 McCoy, J., 10/28/95	1800 Bell, G., 7/22/95
7 750 Fossenden, M., 7/8/95	530 Bartlett, J., 5/20/95	710 Stokes, B., 7/16/95	1868 Wagman, D., 7/16/95
8 740 Capozzi, L., 11/5/94	529 Torcasso, T., 5/28/95	705 DiCiccio, A., 2/29/95	1840 Wagner, R., 12/11/94
9 740 Connolly, J., 3/25/95	510 Clari, D., 10/22/95	700 Brookline, 12/10/94	1835 Mastrean, M., 11/5/94
10 733 Mastrean, M., 11/5/94	507 McAuliffe, J., 7/16/95	700 Moss, 3/25/95	1829 Stokes, B., 7/16/95
11 733 Roberts, S., 7/16/95	505 Cardello, M., 4/8/95	700 Wagman, D., 9/9/95	1820 Fossenden, M., 7/8/95
12 725 Jordan, R., 12/10/94	500 Arrick, G., 7/29/95	700 Williams, 10/95	1818 Barber, 6/3/95
13 722 Barber, 6/3/95	496 Zurick, R., 6/29/95	685 Martinez, L., 7/29/95	1813 Fedick, R., 4/22/95
14 722 Bell, G., 7/22/95	485 Harriman, K., 12/3/94	683 Wilson, 11/27/94	1802 Rennie, 1/28/95
15 716 Rennie, 1/28/95	485 Richardson, R., 3/26/95	683 Zamora, L., 2/5/95	1800 Connolly, 12/10/94
16 705 Meyers, T., 3/11/95	485 Bell, G., 7/22/95	683 Glumac, R., 6/18/95	1800 Brookline, 5/27/95
17 705 Helmicki, S., 5/28/95	480 Succarotta, A., 12/3/94	683 Bell, G., 7/22/95	1800 Meyers, T., 3/11/95
18 700 Wardell, J., 4/16/95	480 Schwenker, J., 8/19/95	680 Shields, 12/2/94	1796 Roberts, S., 7/16/95
19 699 Wagman, D., 7/16/95	479 Wagman, D., 7/16/95	677 Rennie, 1/28/95	1795 Baltimore, S., 2/25/95
20 699 DeSignore, M., 7/16/95	479 Jones, 8/12/95	677 Cash, J., 5/20/95	1790 Wardell, J., 4/16/95
21 699 Porter, B., 7/16/95	475 Derama, D., 11/5/94	672 Fedick, R., 12/11/94	1769 Takvorian, G., 11/5/94
22 694 Takvorian, G., 11/5/94	475 Choi, J., 3/18/95	672 Barber, 6/3/95	1769 Helmicki, S., 5/28/95
23 694 Benford, G., 6/4/95	475 Young, M., 3/26/95	670 Fossenden, M., 7/8/95	1757 DeSignore, M., 7/16/95
24 690 Vinson, M., 12/3/94	475 Callee, A., 4/15/95	660 Wagner, R., 12/11/94	1752 Porter, B., 7/16/95
25 688 Girard, H., 7/16/95	475 Radmond, F., 9/23/95	655 Mastrean, M., 11/5/94	1750 Succarotta, A., 11/20/94
26 685 Gaines, 12/17/94	473 Madere, D., 4/1/95	655 Cadotto, C., 2/12/95	1750 Terry, C., 2/12/95
27 683 Betts, 1/28/95	473 Gregory, B., 7/16/95	655 Cole, 6/3/95	1745 Jordan, R., 12/10/94
28 683 Waite, S., 2/19/95	470 Wardell, J., 4/16/95	655 Simon, T., 8/13/95	1741 Capozzi, L., 11/5/94
29 683 Fedick, R., 4/22/95	470 Young, R., 10/8/95	650 Smith, 11/2/94	1740 Dell, R., 11/20/94
30 683 Stokes, B., 7/16/95	468 Fedick, R., 4/30/95	650 Thomas, W., 11/6/94	1740 Cadotto, C., 1/12/95
31 683 Bergeron, M., 7/22/95	465 Stac, A., 1/28/95	650 Dell, R., 11/20/94	1735 McCoy, 1/28/95
32 675 DiCiccio, D., 10/14/95	465 Wolfe, J., 4/16/95	650 Cohen, D., 12/17/94	1735 Stapleton, T., 3/18/95
33 672 Madere, D., 4/1/95	465 Wade, R., 5/13/95	650 McKee, B., 2/18/95	1730 Thomas, W., 11/6/94
34 670 Succarotta, A., 11/20/94	465 Franc, J., 10/8/95	650 Gahagan, C., 3/26/95	1730 Jones, G., 3/26/95
35 670 Dell, R., 11/20/94	462 Helmicki, S., 5/28/95	650 Drupeppel, M., 5/6/95	1725 Bufkin, J., 4/22/95
36 666 Cadotto, C., 3/18/95	462 Kelley, T., 10/28/95	650 Rica, F., 6/3/95	1725 DiCiccio, 10/14/95
37 665 Pomponio, J., 12/3/94	462 Williams, S., 10/28/95	650 Wilson, T., 6/24/95	1724 Girard, H., 7/16/95
38 665 Baltimore, 3/25/95	460 Kelly, D., 11/19/94	650 Kellum, J., 7/16/95	1715 Vinson, M., 12/3/94
39 665 Brookline, 3/25/95	460 Borrego, F., 12/3/94	650 Reuther, 9/23/95	1708 Madere, D., 4/1/95
40 661 Bell, D., 11/5/94	460 Todora, L., 3/4/95	645 Jordan, R., 12/10/94	1703 Zamora, L., 2/5/95
41 661 Rothgery, 5/7/95	460 Scialani, A., 4/8/95	645 Neilor, E., 5/6/95	1697 Carthy, M., 5/28/95
42 661 Goodson, 5/21/95	460 Edalzo, C., 4/29/95	644 Traub, L., 11/6/94	1692 Bell, D., 11/5/94
43 661 Janca, T., 6/18/95	457 Green, K., 11/20/94	644 Hamblet, D., 5/20/95	1685 Moss, 3/25/95
44 660 Hightower, 1/21/95	455 Dale, 3/18/95	640 Connolly, 12/10/94	1680 Pomponio, J., 12/3/94
45 660 Talley, 3/11/95	455 Worley, K., 7/15/95	640 Stjuwade, O., 1/8/95	1680 Williams, 10/95
46 660 Mlanc, L., 4/16/95	451 Florist, P., 7/16/95	640 Sliwak, S., 3/25/95	1675 Childs, M., 9/30/95
47 655 Mose, 6/25/95	450 Borders, Z., 12/3/94	640 Jones, G., 3/26/95	1670 Mander, C., 12/3/94
48 655 Jaurich, J., 10/29/95	450 Ford, R., 6/10/95	640 Richard, J., 6/10/95	1669 Bergeron, M., 7/22/95
49 650 Monroe, M., 10/14/95	450 Kibler, M., 7/22/95	639 Betts, 6/3/95	1664 Janca, T., 3/12/95
50 650 Schraub, J., 11/19/94	450 Matachick, T., 9/23/95	639 Flore, 6/3/95	1664 Dale, 6/25/95
51 650 Stapleton, T., 3/18/95	446 Dunagan, H., 11/5/94	639 Smith, J., 7/16/95	1664 Balls, M., 7/9/95
52 650 Jones, G., 3/26/95	446 Mastrean, M., 11/5/94	639 Macri, M., 9/17/95	1660 Harriman, K., 3/19/95
53 650 Carthy, M., 5/28/95	446 Monna, M., 4/23/95	635 Mander, C., 12/3/94	1653 Smith, J., 7/16/95
54 650 King, 5/28/95	446 Jenness, R., 3/23/95	635 Porter, R., 2/5/95	1653 Goodson, 8/12/95
55 650 Cole, 6/3/95	446 Choy, W., 4/28/95	635 Rickar, M., 4/8/95	1653 Pierce, C., 10/22/95
56 650 Macri, M., 8/26/95	446 Kanemoto, K., 5/20/95	633 Takvorian, G., 11/5/94	1650 Drupeppel, M., 5/6/95
57 650 Taghviand, B., 9/23/95	445 McCreay, T., 12/4/94	633 Henderson, 1/28/95	1647 Betts, 1/28/95
58 650 Childs, M., 9/30/95	445 Ehrhardt, R., 5/6/95	633 Bell, D., 4/16/95	1647 Torcasso, T., 2/4/95
59 650 Collings, P., 10/29/95	445 Hanzth, M., 10/28/95	633 McAuliffe, J., 7/16/95	1647 Hester, B., 4/1/95
60 650 Thomas, W., 11/6/95	444 Takvorian, G., 11/5/94	633 Balls, M., 8/20/95	1647 Macri, M., 9/17/95
61 646 DeSanto, J., 5/14/95	440 Scott, L., 2/4/95	630 Diem, T., 11/20/94	1645 Adkins, T., 10/22/95
62 646 Perez, 3/26/95	440 Barr, A., 8/25/95	630 Pomponio, J., 12/3/94	1642 Burnell, J., 8/27/95
63 644 Powell, T., 4/2/95	440 Wilson, P., 3/4/95	630 Sabatini, J., 12/17/94	1640 Rutigliano, 12/10/94
64 640 Brown, 12/10/94	440 Chiveroth, T., 3/19/95	630 Scrugge, K., 5/20/95	1640 Larckich, J., 5/6/95
65 640 Terry, C., 2/12/95	440 Brookline, 3/25/95	630 Littlejohn, F., 7/15/95	1639 Uvung, J., 8/27/95
66 640 Panckert, D., 4/16/95	440 Jones, G., 3/26/95	630 Walter, R., 10/8/95	1636 Cole, 6/3/95
67 639 McCoy, J., 10/28/95	440 Ford, G., 4/15/95	628 Inlow, J., 4/9/95	1635 Diem, T., 11/20/94
68 639 Elliott, W., 3/4/95	440 Edwards, J., 4/22/95	628 Roberts, S., 7/16/95	1635 Shields, 12/2/94
69 639 Callahan, B., 3/19/95	440 Percidite, R., 4/22/95	628 McCoy, J., 10/28/95	1635 Cohen, D., 12/17/94
70 639 Burnell, J., 8/27/95	440 Geddis, H., 4/29/95	625 Beekley, B., 12/3/94	1625 Traub, L., 11/6/94
71 639 Pierce, R., 10/22/95	440 Register, J., 4/30/95	625 Ray, B., 3/4/95	1625 King, 5/28/95
72 635 Edmondson, D., 1/22/95	440 McKinnay, R., 4/30/95	625 Walkow, M., 4/22/95	1625 Johnson, L., 7/10/95
73 633 Zamora, L., 2/5/95	440 Beets, B., 5/7/95	622 Gibson, C., 3/11/95	1625 DeCaprio, D., 10/14/95
74 633 Glumac, R., 3/12/95	440 Confessors, N., 5/28/95	622 Janca, T., 3/12/95	1620 Hightower, 1/21/95
75 633 Builet, T., 6/4/95	440 Murphy, 6/18/95	622 Salran, C., 3/19/95	1620 Cash, J., 10/6/95
76 633 Balls, M., 7/9/95	440 Fenyas, G., 7/1/95	622 Dingie, G., 5/20/95	1614 Elliott, W., 3/4/95
77 633 Cook, J., 10/7/95	440 DeSignore, M., 7/16/95	622 Uvung, J., 8/27/95	1614 Placat, M., 10/28/95
78 633 Placat, M., 10/28/95	440 Porter, B., 7/16/95	620 Succarotta, A., 11/20/94	1610 Sabatini, J., 12/17/94
79 630 Francis, S., 11/5/94	440 Dell, R., 7/16/95	620 Weaver, 12/4/94	1609 Reda, M., 11/20/94
80 630 Diem, T., 11/20/94	440 Johnson, L., 7/16/95	620 Rutigliano, 12/10/94	1609 Wilson, 11/27/94
81 630 Mander, C., 12/3/94	440 Bernstein, D., 7/16/95	620 Wardell, J., 4/16/95	1609 Cook, J., 10/7/95
82 630 Cloudus, 12/10/94	440 Childs, M., 9/30/95	620 Schoenbeck, N., 10/14/95	1605 Gaines, 12/17/94
83 630 Kardum, J., 12/11/94	440 Gregory, D., 10/7/95	620 Tial, L., 10/4/95	1605 Scrugge, K., 5/20/95
84 630 Sutphin, P., 7/8/95	435 Cholewicki, J., 11/5/94	617 Bernstein, C., 11/19/94	1605 Perez, 6/11/95
85 628 Traub, L., 11/6/94	435 Connolly, 12/10/94	617 Reda, M., 11/20/94	1605 Martinez, L., 7/29/95
86 625 Beekley, B., 12/3/94	435 Hyland, M., 2/4/95	617 Costa, J., 5/20/95	1603 Henderson, 1/28/95
87 625 Florist, P., 3/4/95	435 Hulsmar, M., 2/25/95	617 Girard, H., 7/16/95	1603 Moran, M., 4/23/95
88 625 Adkins, T., 10/22/95	435 Gibson, C., 3/11/95	617 Burard, H., 7/16/95	1603 Jenness, R., 7/16/95
89 622 Boyles, 1/28/95	435 Hester, B., 4/1/95	617 DeSignore, M., 7/16/95	1600 Smith, 11/2/94
90 622 Mahan, D., 7/15/95	435 Hart, A., 4/29/95	617 Burnell, J., 8/27/95	1600 Callahan, B., 12/11/94
91 622 Smith, J., 7/16/95	435 Larckich, J., 5/6/95	611 Currenca, D., 4/8/95	1600 Panckert, D., 4/16/95
92 622 Marshall, 8/12/95	435 Carthy, M., 5/28/95	611 Carthy, M., 5/28/95	1600 Dougherty, J., 4/16/95
93 620 Rutigliano, 12/10/94	435 Vestriglio, T., 6/24/95	611 Close, 10/8/95	1600 Richard, J., 6/10/95
94 620 Callahan, B., 4/16/95	435 Scott, C., 7/15/95	610 Vinson, M., 12/3/94	1600 Vlasic, N., 10/21/95
95 617 Corvito, J., 2/4/95	435 Stokes, B., 7/16/95	610 Bergeron, M., 3/26/95	1598 O'Brien, C., 3/19/95
96 617 Rizza, J., 5/20/95	435 Roberts, S., 7/16/95	610 Howard, B., 4/15/95	1598 Shultz, D., 5/28/95
97 617 Kanemoto, K., 7/15/95	435 Ayres, R., 9/17/95	610 James, M., 5/13/95	1592 Glumac, R., 3/12/95
98 617 Solon, D., 11/6/94	435 Jackson, E., 10/14/95	610 Scott, J., 5/20/95	1592 Inlow, J., 4/9/95
99 615 Cabrera, A., 8/5/95	431 Smith, L., 11/5/94	610 Cook, J., 10/8/95	1592 Benford, G., 10/28/95
100 615 Williams, 10/95	430 Jay, K., 12/3/94	610 Adkins, T., 10/22/95	1590 Beekley, B., 12/3/94