

Emotions

Quote

The artist is a receptacle for emotions that come from all over the place: from the sky, from the earth, from a scrap of paper, from a passing shape, from a spider's web. Pablo Picasso

<http://www.brainyquote.com/quotes/keywords/emotions.html>

Bible Verse

Never worry about anything. But in every situation let God know what you need in prayers and requests while giving thanks. Then God's peace, which goes beyond anything we can imagine, will guard your thoughts and emotions through Christ Jesus. Phil. 4:6-7

Inspiration

THIS EMOTIONAL LIFE| Happiness | Resilience /Connecting

<http://www.youtube.com/watch?v=HMshm6UpYVE>

Journaling

Do you consider yourself to be an emotional person?

Which emotions do you struggle to control?

In what way do your emotions influence your creativity?

Technique Challenge

Make collage elements to put on your page.

Here's a great blog post:

http://cathyb.typepad.com/my_weblog/2012/12/so-as-you-know-i-have-found-my-new-favorite-thing-doing-these-pieces-with-cut-out-paper-bits-my-copics-paint-wasi-tape-a.html

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