

## Possibilities

### Quote

The only limits to the possibilities in your life tomorrow are the butts you use today. Les Brown

<http://www.brainyquote.com/quotes/quotes//lesbrown385604.html#OLCm1UT4k8Sh1dqM.99>

### Bible Verse

The LORD is faithful to all his promises and loving toward all he has made. Psalm 145: 13b

### Inspiration

Looking past limits

<http://www.youtube.com/watch?v=YyBk55G7Keo>

### Journaling

What possibilities have passed you by because of you 'buts'? What things could you do to help yourself to grasp the possibilities?

What promises has God made to you that are still to be fulfilled? Which promises have you already seen happen?

### Technique Challenge

Alter an old photo and attach it to your page

Altering Images: <http://www.youtube.com/watch?v=VaTwjXLmz80>

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