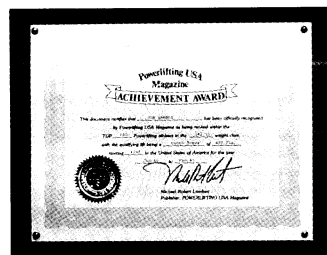


# TOP 100

For standard 198 lb/ 90 kg. USA lifters in results received from November 1999 through Oct. 2000.

## PL USA Top 100 Achievement Awards



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### TOTAL

1 865 Carnaghi, T..10/28/00  
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749 Terry, C..7/10/00  
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710 Meyers..7/8/00  
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705 Benemerito, R..11/19/99  
705 McGlynn, J..7/10/00

2138 Kellum, J..11/20/99  
1967 McGlynn, J..7/10/00  
1962 Zweng, M..11/20/99  
1920 Carnaghi, T..10/28/00  
1901 Benemerito, R..7/10/00  
1870 Adams, J..2/20/00  
1868 Wagner, R..7/10/00  
1800 Stotzer, P..6/16/00  
1774 Fanone, M..5/21/00  
1765 Mastrea, M..3/18/00

11 705 Phillips, M..12/5/99  
12 705 Benemerito, R..7/10/00  
13 705 Dominguez, 9/00  
14 683 Jackson, J..5/13/00  
15 683 Fanone, M..5/21/00  
16 680 Baumgart, J..5/13/00  
17 675 Tessaro, P..11/20/99  
18 666 Spitalo, D..4/29/00  
19 666 Blue, D..5/20/00  
20 665 Anderson, B..3/26/00

523 Savio, G..6/11/00  
523 McAuliffe, J..9/17/00  
518 McGlynn, J..7/10/00  
515 Jackson, J..5/13/00  
515 Barrett, P..2/12/00  
515 Campbell, G..6/10/00  
501 Shrum, R..5/16/99  
501 Tracey, B..11/21/00  
501 Wilkinson, E..6/25/00  
501 Rhoton, H..8/25/00

700 Benjaminovich, B..2/27/00  
700 Phillips, M..7/10/00  
694 Thomas, E..11/6/99  
683 Kellum, J..11/20/99  
683 Ferstler, G..5/7/00  
680 Swatka, S..3/26/00  
677 Traub, L..5/7/00  
675 Carnaghi, T..10/28/00  
672 Kelfant, J..12/5/99  
672 Fabrizio, C..12/5/99

1752 Tracey, B..5/21/00  
1750 Tessaro, P..11/20/99  
1724 Willett, M..7/10/00  
1719 Terry, C..7/10/00  
1710 Ferrara, K..6/16/00  
1703 X, L..12/18/99  
1694 Blue, D..5/20/00  
1690 Murrell, J..8/10/00  
1681 Lawrence, R..11/13/99  
1680 Bufkin, J..12/11/99

21 661 Compton, R..11/7/99  
22 660 Kanemoto, K..2/12/00  
23 660 Murrell, J..8/10/00  
24 650 Alessandro, J..11/20/99  
25 650 Benford, G..11/29/00  
26 650 Berry, C..5/20/00  
27 650 Tracey, B..5/21/00  
28 650 Maslow, L..5/21/00  
29 650 Bartley, M..6/16/00  
30 650 Sylvia, J..6/16/00

500 Swanson, B..3/18/00  
500 Herring, GF..5/20/00  
500 Alvarez, O..9/3/00  
496 Piggos, D..11/6/99  
490 Stevens, A..1/29/00  
490 Benemerito, R..11/19/99  
485 Lynch, W..4/29/00  
485 Sien, E..8/6/00  
485 Spinelli, S..9/17/00  
479 Webb, S..11/16/99

672 Fanone, M..5/21/00  
666 Mays, S..2/12/00  
666 Reynolds, K..3/25/00  
666 Mendoza, J..4/9/00  
666 Kegrice, J..8/12/00  
661 Wagner, R..4/8/00  
661 Byas, A..5/7/00  
660 Tesaro, P..11/20/99  
660 Casagrande..11/20/99  
656 Zweng, M..11/20/99

1675 Benjaminovich, B..2/27/00  
1675 Berry, C..5/20/00  
1670 Beck, J..7/8/00  
1669 Shaw, B..6/3/00  
1664 Garrett, K..11/6/99  
1664 Welch, L..4/29/00  
1660 Baumgart, J..5/13/00  
1658 Compton, R..11/7/99  
1658 Richardson, K..3/11/00  
1658 Butson, T..3/11/00

31 645 Van Aalstyn, M..12/11/99  
32 645 Willett, M..5/13/00  
33 644 X, L..12/18/99  
34 644 Butson, T..3/11/00  
35 640 Chovanec, P..J..11/20/99  
36 640 James, 7/16/00  
37 640 Newman, D..10/28/00  
38 639 Richardson, K..3/11/00  
39 639 Atkinson, J..5/21/00  
40 639 Ferstler, G..7/10/00

479 Ryan, B..1/22/00  
475 Dvoretz, C..3/26/00  
475 Brown, T..4/1/00  
475 Stotzer, P..6/16/00  
473 Kanemoto, K..11/21/99  
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473 Cardona, R..8/12/00  
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470 Will, M..4/29/00

655 Mastrea, M..3/18/00  
650 Scott..11/13/99  
650 Marshall, D..3/12/00  
650 Barnes, S..5/13/00  
650 Nicholson..5/20/00  
650 Silla, R..6/16/00  
650 Ferrara, K..6/16/00  
650 Tykutti, N..6/16/00  
645 Poeca, A..10/28/00  
644 Sechrist, M..11/6/99

1658 Traub, L..5/7/00  
1655 Kanemoto, K..2/12/00  
1650 Anderson, B..3/26/00  
1647 Ferstler, G..5/7/00  
1647 Thomas, E..7/10/00  
1645 Phillips, M..12/5/99  
1642 Marshall, D..3/18/00  
1636 Malacha, S..10/8/00  
1635 Bartley, M..6/16/00  
1631 Jones, G..1/29/00

41 635 McDowell, J..6/16/00  
42 635 Beck, J..7/8/00  
43 633 Welch, L..4/29/00  
44 633 Kegrice, J..5/21/00  
45 633 Shaw, B..6/3/00  
46 633 Tykutti, N..6/16/00  
47 633 Beerlein, B..6/17/00  
48 633 Olson, G..6/17/00  
49 630 Lyons, B..12/11/99  
50 630 Rodacker, M..2/5/00

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465 Chayman, G..5/13/00  
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465 Vining, J..6/17/00  
465 Newman, D..8/20/00  
465 Gillis, H..8/26/00  
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460 Tarr, G..3/25/00

644 Jones, G..1/29/00  
640 Maslow, L..12/18/99  
640 Koulopoulos, G..6/18/00  
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635 Bult, G..6/25/00  
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633 Welch, L..4/29/00  
633 Shaw, B..6/3/00  
633 Malacha, S..10/8/00  
630 Iverson, D..4/15/00

1631 Baxter, R..6/11/00  
1625 Tykutti, N..6/16/00  
1620 Kegrice, J..3/11/00  
1620 Iverson, D..4/15/00  
1614 Maslow, L..5/21/00  
1610 Lambert, K..6/17/00  
1605 Alessandro, J..11/20/99  
1605 James, 7/16/00  
1605 Newman, D..10/29/00  
1603 Poulich, A..4/16/00

51 630 Mendoza, J..5/27/00  
52 630 Enquist, T..7/15/00  
53 628 Hega, A..6/25/00  
54 625 Herrera, S..12/4/99  
55 625 Wallace, D..12/4/99  
56 625 Lambert, K..6/17/00  
57 622 Karst, K..11/6/99  
58 622 Brandau, J..11/13/99  
59 617 Luna, E..3/11/00  
60 617 Lohman, M..5/7/00

460 Vavoulia, N..8/26/00  
460 McVicar, J..9/3/00  
457 Feinberg, M..2/5/00  
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455 Boyles, L..3/18/00  
455 Palmer, C..7/29/00  
455 Parks, W..8/12/00  
455 Hall, J..8/20/00  
451 O'Dwyer, R..4/30/00

628 Linn, T..6/25/00  
628 Thierry, D..8/13/00  
625 Carter, S..3/18/00  
625 Valchene, J..3/26/00  
625 Sorncnon, M..6/3/00  
622 Knight, M..3/11/00  
622 Blue, C..3/18/00  
622 Lohman, M..5/7/00  
622 Richardson, K..5/21/00  
622 Dell, R..5/21/00

1603 Jackson, J..5/13/00  
1603 Silla, R..6/10/00  
1600 Burrows, M..5/13/00  
1598 Cole, D..2/26/00  
1598 Andrus, M..6/11/00  
1598 Thierry, D..8/13/00  
1595 McDowell, J..11/20/99  
1595 Benford, G..11/20/99  
1592 Lohman, M..5/7/00  
1587 Johnson, A..4/9/00

61 615 Groman, T..2/26/00  
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620 Kouf, D..4/1/00  
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620 Fahreing, W..10/28/00  
617 Poulich, A..4/16/00  
615 Winters, J..12/4/99  
615 Hill, B..5/20/00  
615 Murrell, J..8/10/00

1585 Winters, J..12/4/99  
1581 Burgess, C..4/1/00  
1581 Spitalo, D..4/29/00  
1580 Ash, E..11/20/99  
1580 O'Brien, C..12/11/99  
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1575 Van Aalstyn, M..12/11/99  
1575 Barnes, E..5/13/00  
1575 Keyhan, V..7/25/00  
1570 Watkins..11/20/99

71 606 Johnson, B..6/3/00  
72 606 Terry, C..7/10/00  
73 606 Malacha, S..10/8/00  
74 605 Sansbury, T..6/16/00  
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80 600 Cole, D..2/28/00

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611 Posey, K..3/26/00  
611 Johnson, A..4/9/00  
611 White, E..8/13/00  
610 McDowell, J..11/20/99  
610 Anderson, B..3/26/00  
610 Sowinski, J..4/8/00  
610 Tital, L..4/8/00

1570 Byas, A..5/7/00  
1570 Nicholson..5/20/00  
1570 Nowak, A..6/3/00  
1565 Brandau, J..11/13/99  
1565 Blanchard, S..11/20/99  
1565 Wagner, D..11/20/99  
1565 McClaren, J..4/29/00  
1565 Dell, R..5/21/00  
1565 Linn, T..6/25/00  
1560 Derring..4/29/00

81 600 Benjaminovich..2/27/00  
82 600 Werner, T..3/11/00  
83 600 Davis, P..3/25/00  
84 600 Watanabe, C..4/9/00  
85 600 Derring..4/29/00  
86 600 Solan, D..4/29/00  
87 600 Rozell, R..5/6/00  
88 600 Burrows, M..5/13/00  
89 600 Rawls..5/20/00  
90 600 Mintus, L..5/21/00

440 Benningfield, M..12/5/99  
440 Kosterman, C..12/5/99  
440 Cannizzaro, P..12/18/99  
440 Beeson, B..1/15/00  
440 Shannon, P..2/13/00  
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440 Katt, D..5/21/00  
440 Chicolne, R..8/12/00

610 Rodacker, M..4/29/00  
610 Sander, S..6/6/00  
610 Goodrich, K..6/11/00  
610 James..7/16/00  
610 Stuybaugh, C..8/27/00  
606 Blayton, T..5/21/00  
606 Nowak, A..6/3/00  
606 Andrus, M..6/11/00  
606 Bogart, C..6/25/00  
605 Johnson, R..11/20/99

1560 Enquist, T..7/15/00  
1560 Kibble, 9/23/00  
1559 Atkinson, J..5/21/00  
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100 589 Wiseman, J..3/19/00

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435 Bartley, M..6/16/00

605 Adams, J..2/20/00  
605 Groman, T..6/10/00  
605 Lambert, K..6/17/00  
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### NEXT MONTH... TOP 220s

**Corrections....** Hennis Washington III reports that his full name is as noted and that he actually benched 319 and totaled 1366 at the WPO Meet in Daytona Beach on May 20th. The USAPL Michigan results published on pg. 66 of the October 2000 edition of *Powerlifting USA*, were actually not the results of the meet held on November 6th, 1999, but a partial duplication of the results of the July 22nd meet. Lynda Christopher states "In the April issue for the world bench press championships held in Las Vegas, Nevada you had me down for winning the 114 open bench. I won the 114 open and submaster 114 weight division. I would appreciate a correction." We do make errors in our compilation of the various ranking lists we publish, however, in some cases we were not able to obtain a copy of the necessary meet results from the meet director, and occasionally the meet results contain errors. We apologize for any errors that our readers find in our competition reports or ranking lists, or anywhere else in the magazine, regardless of the source of the problem, and we encourage you to please send any corrections to "PL USA ERRORS" Department, Box 467, Camarillo, California 93011. (Sometimes, it takes a while to verify the correction before it is published)