

21 Days of Quotes

Living creatively is really important to maintain throughout your life. And living creatively doesn't mean only artistic creativity, although that's part of it. It means being yourself, not just complying with the wishes of other people. Matt Groening

Real life isn't always going to be perfect or go our way, but the recurring acknowledgement of what is working in our lives can help us not only to survive but surmount our difficulties. Sarah Ban Breathnach

Gratitude is riches. Complaint is poverty. Doris Day

A word of encouragement from a teacher to a child can change a life. A word of encouragement from a spouse can save a marriage. A word of encouragement from a leader can inspire a person to reach her potential. John C. Maxwell

Let us be grateful to people who make us happy; they are the charming gardeners who make our souls blossom. Marcel Proust

Happiness is itself a kind of gratitude. Joseph Wood Krutch

Gratefulness is the key to a happy life that we hold in our hands, because if we are not grateful, then no matter how much we have we will not be happy — because we will always want to have something else or something more. Brother David Steindl-Rast

Kindness is the language which the deaf can hear and the blind can see. Mark Twain

Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough. Oprah Winfrey

He is a wise man who does not grieve for the things which he has not, but rejoices for those which he has. Epictetus

Many people who order their lives rightly in all other ways are kept in poverty by their lack of gratitude. Wallace Wattles

When we become more fully aware that our success is due in large measure to the loyalty, helpfulness, and encouragement we have received from others, our desire grows to pass on similar gifts. Gratitude spurs us on to prove ourselves worthy of what others have done for us. The spirit of gratitude is a powerful energizer. Wilferd A. Peterson

When you get into a tight place and everything goes against you, till it seems as though you could not hold on a minute longer, never give up then, for that is just the place and time that the tide will turn. *Harriet Beecher Stowe*

I wouldn't change anything. I've made mistakes, but thanks to those mistakes, I've learned. Enrique Iglesias

Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.
Leo Buscaglia

Smile, for everyone lacks self-confidence and more than any other one thing a smile reassures them. Andre Maurois

The more you praise and celebrate your life, the more there is in life to celebrate. Oprah Winfrey

We all have life storms, and when we get the rough times and we recover from them, we should celebrate that we got through it. No matter how bad it may seem, there's always something beautiful that you can find. Mattie Stepanek

There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle. Albert Einstein

I'm just thankful for everything, all the blessings in my life, trying to stay that way. I think that's the best way to start your day and finish your day. It keeps everything in perspective.
Tim Tebow

I will be generous with my love today. I will sprinkle compliments and uplifting words everywhere I go. I will do this knowing that my words are like seeds and when they fall on fertile soil, a reflection of those seeds will grow into something greater. Steve Maraboli

Gratitude is when memory is stored in the heart and not in the mind. *Lionel Hampton*

Every single day do something that makes your heart sing. *Marcia Wieder*

I will perpetuate your memory through all generations; therefore the nations will praise you for ever and ever. Psalm 45:17

There is a calmness to a life lived in gratitude, a quiet joy. Ralph H. Blum

Blessed are those that can give without remembering and receive without forgetting. Author Unknown

Two kinds of gratitude: The sudden kind we feel for what we take; the larger kind we feel for what we give.” Edwin Arlington Robinson

Make it a habit to tell people thank you. To express your appreciation, sincerely and without the expectation of anything in return. Truly appreciate those around you, and you'll soon find many others around you. Truly appreciate life, and you'll find that you have more of it. Ralph Marston

Whatever our individual troubles and challenges may be, it's important to pause every now and then to appreciate all that we have, on every level. We need to literally “count our blessings,” give thanks for them, allow ourselves to enjoy them, and relish the experience of prosperity we already have. Shakti Gawain

(Some people) have a wonderful capacity to appreciate again and again, freshly and naively, the basic goods of life, with awe, pleasure, wonder, and even ecstasy. A.H. Maslow

Gratitude can transform common days into thanksgivings, turn routine jobs into joy, and change ordinary opportunities into blessings. William Arthur Ward

As each day comes to us refreshed and anew, so does my gratitude renew itself daily. The breaking of the sun over the horizon is my grateful heart dawning upon a blessed world. " Adabella Radici

I love people who make me laugh. I honestly think it's the thing I like most, to laugh. It cures a multitude of ills. It's probably the most important thing in a person. Audrey Hepburn

Feeling grateful or appreciative of someone or something in your life actually attracts more of the things that you appreciate and value into your life. Christiane Northrup

The moment one gives close attention to anything, even a blade of grass, it becomes a mysterious, awesome, indescribably magnificent world in itself. Henry Miller

Each moment of the year has its own beauty... a picture which was never seen before and shall never be seen again. Ralph Waldo Emerson

Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today and creates a vision for tomorrow. Melody Beattie

You say grace before meals. All right. But I say grace before the concert and the opera, and grace before the play and pantomime, and grace before I open a book, and grace before sketching, painting, swimming, fencing, boxing, walking, playing, dancing and grace before I dip the pen in the ink. G. K. Chesterton

Give thanks for a little and you will find a lot. The Hausa of Nigeria