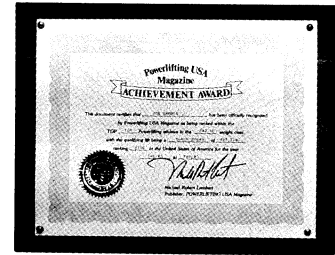


# TOP 100

For standard 148 lb./67.5 kg. USA lifters in results received from August 1999 through July 2000.

# PL USA Top 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7 1/4% tax).

## NEXT MONTH... TOP 165s

**Corrections...** Jay Pruitt's 573 lb. bench press was not listed in the TOP 100 SHW rankings. "This lift was done March 25, 2000 at the Holley Open Bench Press Championships held in conjunction with our 25th annual USPF State Championships held here in West Virginia" (from John Messinger). "In the results of the Granite State Open bench press (Aug. 28, 1999) Arthur Courmoyer was listed in the 55-59 age group. He should have been listed in the 70-74 age group with a 250 bench press, state record for N.H. at 181" (from meet director Louie LaPoint). We recognize that we make errors in our compilation of the various ranking lists we publish, however, in some cases we were not able to obtain a copy of the necessary meet results from the meet director, and occasionally the meet results themselves contain errors as well. We apologize for any errors that our readers find in our competition reports or ranking lists, or anywhere else in the magazine, regardless of the source of the problem, and we encourage you to please send any corrections that you find to "PL USA ERRORS" Department, Post Office Box 467, Camarillo, California 93011. (Sometimes, it takes a while to verify the correction before it is actually published)

### SQUAT

1	650 Hoerner, T. 4/8/00
2	625 Heath, D. 6/16/00
3	600 Conyers, A. 5/20/00
4	567 Layman, S. 12/4/99
5	545 Arias, J. 10/8/99
6	545 Ewoldsen, M. 2/26/00
7	540 Skynan, K. 4/6/00
8	530 Bryant, T. 3/25/00
9	530 Payne, P. 6/24/00
10	529 Weinstein, L. 5/6/00
11	518 Cyr, A. 5/20/00
12	515 Davis, W. 3/25/00
13	515 Grayes, R. 4/1/00
14	512 Simmons, G. 7/9/00
15	507 Olson, B. 11/6/99
16	507 Gafke, C. 12/11/99
17	507 Mirabella, C. 2/13/00
18	507 Judge, T. 6/10/00
19	507 Jerumbo, M. 6/10/00
20	505 Brown, L. 2/19/00
21	501 Griffith, P. 12/11/99
22	501 Ramos, C. 4/8/00
23	501 Corpuz, F. 7/9/00
24	501 Page, G. 7/9/00
25	500 Bracken, D. 5/13/00
26	500 Keenan, P. 5/13/00
27	500 Jones... 5/20/00
28	500 Taylor... 5/20/00
29	496 Hughes, C. 7/9/00
30	490 Stinson, S. 2/6/00
31	490 Bridges, A. 5/6/00
32	485 Sigala, M. 12/4/99
33	485 Mason, M. 4/1/00
34	485 Gomez, 7/16/00
35	480 Johnson, S. 4/1/00
36	479 Galina, M. 4/8/00
37	479 Charles, R. 5/20/00
38	475 Sumner, D. 9/25/99
39	475 McNew, S. 3/25/00
40	475 Venters, T. 3/25/00
41	475 Moore, J. 4/28/00
42	474 Kibler, K. 4/15/00
43	474 Liggett, M. 6/10/00
44	470 Larrisey, S. 2/26/00
45	470 Willis, C. 3/25/00
46	465 Buehner, D. 3/25/00
47	465 Kreg, B. 3/25/00
48	462 Yu, John... 8/14/99
49	462 Robinson, M. 2/20/00
50	460 Silas, O. 3/25/00
51	460 Monk, J. 6/16/00
52	457 Heeding, J. 8/14/99
53	457 Marotto, B. 5/13/00
54	452 Tanabe, V. 4/15/00
55	451 Wynn, M. 8/21/99
56	451 Campbell, D. 3/11/00
57	450 Yost, M. 9/18/99
58	450 Dirancisco, P. 2/26/00
59	446 Munoz, J. 4/8/00
60	446 Kibler, D. 6/10/00
61	446 Dangerfield, N. 6/10/00
62	445 Whitney, D. 10/23/99
63	440 Brooks, C. 12/4/99
64	440 Thompson, D. 1/12/99
65	440 Bridgewater, B. 3/25/00
66	440 Rudolph, D. 3/25/00
67	440 Dewes, B. 4/8/00
68	440 Kato, S. 4/8/00
69	440 Kido, S. 6/17/00
70	435 Southwood, T. 12/4/99
71	435 Coody, D. 2/5/00
72	435 Duhon, M. 3/11/00
73	435 Baston, M. 3/25/00
74	435 Vaughn, S. 3/25/00
75	435 Belt, D. 5/20/00
76	435 Cruz, R. 7/8/00
77	430 Hutchins, T. 9/18/99
78	430 Zapata, E. 3/25/00
79	430 Harris, R. 7/29/00
80	429 Newman, S. 10/2/99
81	429 Krett, D. 3/25/00
82	429 Larry, M. 4/14/00
83	429 Evans, D. 5/13/00
84	429 West, C. 6/3/00
85	429 Grubbs, C. 6/10/00
86	425 Gengo, J. 11/20/99
87	425 Saxton, R. 1/22/00
88	425 Mendez, T. 3/25/00
89	425 Medina, P. 3/25/00
90	424 Rodgers, R. 2/26/00
91	424 Slaughter, L. 4/8/00
92	424 Glass, F. 5/20/00
93	420 Faford, E. 10/23/99
94	420 Montague, B. 11/20/99
95	420 Campbell, G. 11/20/99
96	420 Taylor, D. 1/22/00
97	420 Burk, J. 3/25/00
98	418 Lofting, M. 8/28/00
99	418 Miller, T. 10/2/99
100	418 Aybar, V. 12/11/99

### BENCH PRESS

430	Heath, D. 6/16/00
429	Han, M. 9/18/99
413	O'Hara, M. 11/6/99
407	Conyers, A. 5/20/00
402	Slaughter, L. 12/10/99
402	Corpuz, F. 7/9/00
396	Davies, E. 6/24/00
385	O'Toole, C. 11/6/99
380	Pinkett, T. 10/9/99
380	Folken, L. 10/30/99
380	Hogan, C. 11/6/99
375	Erangelata, F. 10/9/99
375	Miyata, A. 4/1/00
374	Jackson, A. 12/4/99
370	Brynes, A. 4/30/00
369	Brunson, C. 9/18/99
369	Kaupen, W. 11/6/99
369	Bridges, A. 5/6/00
365	Spahnna, A. 5/14/00
363	Layman, S. 5/6/00
363	Hokoana, M. 6/10/00
363	Weingust, S. 6/24/00
360	Brooks, C. 12/4/99
360	Roy, J. 4/22/00
360	Montague, B. 4/29/00
358	Judge, T. 6/10/00
358	Luna, K. 6/10/00
358	Schuerbeck, R. 2/19/00
355	Booth, M. 3/4/00
355	Morgan, B. 6/17/00
352	Yu, John... 8/14/99
352	Larives, J. 3/4/00
352	Arnes, J. 4/15/00
352	Kolberg, B. 6/10/00
350	Dishman, S. 10/9/99
350	Felton, L. 11/20/99
350	Fine, R. 12/4/99
348	Yu, Joseph... 11/6/99
347	Kido, S. 6/17/00
345	Burrello, T. 8/21/99
345	James, W. 9/25/99
345	Fry, R. 6/25/00
341	Barbero, J. 8/7/99
341	Sam, S. 9/19/99
341	Olson, B. 11/6/99
341	Scney, K. 7/9/00
341	Hughes, C. 7/9/00
340	Whitt, B. 4/15/00
340	Khaml, A. 5/20/00
340	Johnson, S. 6/17/00
336	Balanga, C. 10/2/99
336	Carroll, A. 11/6/99
336	Yoshimoto, G. 12/18/99
336	Pettibone, L. 2/13/00
336	Hoerner, T. 4/8/00
336	Page, G. 7/9/00
335	Shackelford, N. 8/22/99
335	Yost, M. 9/18/99
335	Lupa, F. 4/1/00
335	Jones... 5/20/00
335	Davis, M. 6/17/00
330	Beck, B. 8/7/99
330	Fambro, K. 8/29/99
330	Sigala, M. 12/4/99
330	Feldhaus, M. 3/25/00
330	Hodges, K. 5/21/00
330	West, C. 6/3/00
325	Greas, R. 12/4/99
325	Murphy, R. 2/6/00
325	Isai, C. 2/13/00
325	Campbell, D. 3/11/00
325	Simmons, G. 7/9/00
320	Gengo, J. 12/11/99
320	Dalbosa, J. 3/19/00
320	Larson, G. 4/18/00
320	Shields, E. 5/13/00
320	Taylor... 5/20/00
320	Ventura, C. 6/17/00
320	Ventura, C. 6/25/00
319	Peters, R. 3/11/00
319	Anderson, M. 3/18/00
319	Paquin, G. 4/15/00
319	Weinstein, L. 5/6/00
319	Gotha, J. 5/13/00
319	Stewart, S. 6/3/00
319	Mansourian, M. 6/10/00
315	Hendrix, P. 9/18/99
315	Thomas, J. 12/11/99
315	Nellis, V. 2/6/00
315	Colella, A. 2/26/00
315	Moore, J. 4/28/00
315	Walker, C. 6/10/00
314	Kempf, J. 8/28/99
314	Galning, W. 9/11/99
314	Phenikham, K. 3/25/00
314	Kato, S. 5/6/00
314	Albert, B. 5/6/00
310	Plyland, A. 10/2/99
310	Silkey, A. 2/5/00
310	Swanson, J. 2/19/00

### DEADLIFT

699	Conyers, A. 5/20/00
650	Sigala, M. 9/12/99
650	Bryant, T. 3/25/00
617	Hoerner, T. 5/10/00
600	Arias, J. 4/15/00
570	Grayes, R. 4/1/00
556	Simmons, G. 7/9/00
551	Carr, J. 9/25/99
550	Johnson, S. 4/1/00
545	Ewoldsen, M. 2/26/00
319	Weinstein, L. 5/6/00
545	Belt, D. 5/20/00
534	Page, G. 7/9/00
530	Shackelford, N. 1/15/00
530	Whitney, D. 4/1/00
529	Stinson, S. 2/6/00
529	Layman, S. 4/8/00
529	Lowder, N. 4/29/00
525	Silas, O. 3/25/00
523	Gafke, C. 12/11/99
523	Prigg, C. 3/11/00
523	Dews, B. 4/8/00
520	Faford, E. 10/23/99
518	Robinson, M. 2/20/00
518	Munoz, J. 4/8/00
515	Payne, P. 6/24/00
515	Gomez... 7/16/00
512	Hokoana, M. 6/10/00
512	Scisney, K. 7/9/00
510	Yost, M. 9/18/99
510	Gengo, J. 6/16/00
510	Heath, D. 6/16/00
507	Snelling, R. 11/6/99
507	Bridges, A. 5/6/00
507	Grubbs, C. 6/10/00
505	Houle, R. 10/23/99
501	Luna, K. 11/6/99
501	Dangerfield, N. 11/19/99
501	Duhon, M. 3/11/00
501	Barfield, J. 3/11/00
501	Harper, B. 4/14/00
501	Tanabe, V. 4/15/00
501	West, C. 6/3/00
501	Kibler, B. 6/10/00
510	Corpuz, F. 7/9/00
500	Beck, B. 11/13/99
500	Lawrence, M. 12/4/99
500	Jones... 5/20/00
496	Olson, B. 11/6/99
496	Judge, T. 11/20/99
495	Larrisey, S. 2/26/00
495	Willis, C. 3/25/00
495	Uyeoka, B. 6/17/00
490	Noctor, M. 12/5/99
490	Galina, M. 4/8/00
490	McLendon, V. 4/14/00
490	Bracken, D. 7/9/00
485	Montague, B. 11/20/99
485	Oraie, L. 8/28/99
485	Martinez, A. 8/28/99
485	Hoyos, A. 8/28/99
485	Kaneshiro, D. 11/6/99
485	Corst, D. 12/4/99
485	Mirabella, C. 2/13/00
485	Kibler, K. 4/15/00
4890	Sumner, D. 9/25/99
480	Peterson... 10/30/99
480	Haworth... 11/20/99
480	Brooks, C. 12/4/99
480	Brown... 2/19/00
480	Davis, W. 3/25/00
480	Venters, T. 3/25/00
480	Covayaw, M. 7/22/00
479	Cortes, R. 5/6/00
475	Hutchins, T. 9/18/99
475	Stesser, A. 10/30/99
475	Holloway, W. 2/26/00
475	McNew, S. 3/25/00
475	Leroux, C. 5/7/00
475	Keenan, P. 5/13/00
475	Taylor... 5/20/00
475	Adolph, E. 6/16/00
474	Kido, S. 11/6/99
474	Charles, R. 11/18/99
474	Sullivan, J. 12/4/99
473	Alexander, S. 9/12/00
473	Saxton, R. 4/14/00
470	Simeone... 3/11/00
470	Evangelista, F. 4/15/00
468	Pharms, J. 9/99
468	Coody, D. 2/5/00
468	Cyr, A. 5/20/00
465	Williams, Q. 8/21/99
465	Gardner, W. 9/25/99
465	McCarthy, T. 10/23/99
465	Granatato, 3/12/00
465	Baston, M. 3/25/00
465	Lynch, S. 6/17/00
462	Balanga, C. 10/2/99
462	Newman, S. 10/2/99

### TOTAL

1707	Conyers, A. 5/20/00
1587	Hoerner, T. 4/8/00
1565	Heath, D. 6/16/00
1499	Arias, J. 4/15/00
1440	Bryant, T. 3/25/00
1433	Sigala, M. 12/4/99
1432	Layman, S. 12/4/99
1405	Grayes, R. 4/1/00
1405	Corpuz, F. 7/9/00
1394	Weinstein, L. 5/6/00
1394	Simmons, G. 7/9/00
1372	Ewoldsen, M. 11/26/99
1372	Scisney, K. 4/6/00
1372	Page, G. 7/9/00
1366	Bridges, A. 5/6/00
1356	Judge, T. 6/10/00
1344	Olson, B. 11/6/99
1335	Johnson, S. 4/1/00
1335	Jones... 5/20/00
1333	Gafke, C. 12/11/99
1328	Stinson, S. 2/6/00
1325	Davis, W. 3/11/00
1325	Payne, P. 6/24/00
1301	Mirabella, C. 2/13/00
1300	Gomez... 7/16/00
1295	Yost, M. 9/18/99
1295	Taylor... 5/20/00
1280	Brooks, C. 12/4/99
1280	Bracken, D. 5/13/00
1278	Slaughter, L. 4/8/00
1275	Hughes, C. 9/26/99
1273	Robinson, M. 5/20/00
1267	Galina, M. 4/8/00
1267	Cyr, A. 5/20/00
1265	Keenan, P. 5/13/00
1256	West, C. 6/3/00
1255	Belt, D. 5/20/00
1250	Brown... 2/19/00
1250	Kido, S. 6/17/00
1245	Montague, B. 11/20/99
1245	Gengo, J. 6/16/00
1240	Willis, C. 3/25/00
1223	Duhon, M. 3/11/00
1223	Munoz, J. 4/8/00
1220	Whitney, D. 10/23/99
1218	Yu, John... 8/14/99
1218	Ramos, C. 4/8/00
1215	Larrisey, S. 2/26/00
1215	Silas, O. 3/25/00
1215	Moore, J. 4/28/00
1210	Hutchins, T. 9/18/99
1207	Tanabe, V. 4/15/00
1205	Venters, T. 3/11/00
1205	McNew, S. 3/25/00
1201	Balanga, C. 10/2/99
1201	Charles, R. 11/18/99
1201	Mason, M. 4/1/00
1201	Kibler, K. 4/15/00
1195	Bridgewater, B. 3/11/00