

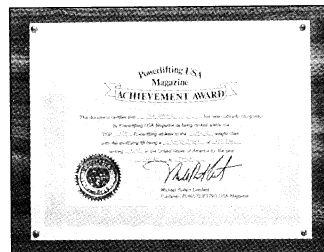
# POWERLIFTING USA MAGAZINE

## 275 lb./125 kg.

# TOP 100

for USA lifters competing  
July 1990 to June 1991

## PL USA TOP 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievements is \$5. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$18.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$5 per certificate or \$18.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. CA residents add 6% sales tax.

### NEXT MONTH...TOP SHWs

**Corrections:** Mark Sigala's deadlift of 245 kg and his total of 600 kg in the 148 lb. class were not reflected on the ADFPA TOP 20 list. Randy Patterson's actual total at the APF National Masters meet was 1005.5 kg at SHW. John Hamilton's total of 1510 in the 181 lb. class should have been reflected on the TOP 100 list for that class. Jim Lawrence's bench press of 362 should have been ranked on the ADFPA TOP 20 list for the 132 lb. division. Errors in the report on the USPF National Collegiates: 3rd place finisher at 97 was Denis Wisniewski. Roxanne Ross should have been credited with a 303 deadlift at 114. 4th place finisher at 114 was Naywona Burnett. Winner at 123 was Soo Lee Davis. Telesia Bradley should be credited with a 303 deadlift in 4th place at 123. 5th place finisher at 123 was S. Marcott. Tonya Johnson should be credited with a 303 squat in 4th place at 132. 3rd place finisher at 165 was Toya Davis and she should be credited with a 308 deadlift. Correct men's team standings are: 1. Army 90, 2. LA Tech 77, 3. Navy 47, 4. Temple 38, 5. Grambling 24 - Middle Tenn 24. Correct women's team standings are: 1. Army 87, 2. Navy 52, 3. LA Tech 36, 4. Temple 35, 5. Grambling 26, 6. E. Stroudsburg 21. Anytime an error is found in PL USA, we welcome corrections. Please send such information to "ERRORS", Post Office Box 467, Camarillo, CA 93011 and we will note the corrections in this space in the next available issue.

### SQUAT

1	910 Karwoski, K...11/18/90
2	909 Warman, S...7/29/90
3	905 Lowe, G...12/1/90
4	887 Hardridge, T...7/29/90
5	876 Nichols, B...7/29/90
6	843 Smith, C...7/8/90
7	843 Gjermo, B...6/23/91
8	837 Arnold, E...6/23/91
9	835 Righetti, ...2/21/91
10	821 Santos, J...7/8/90
11	815 Rapp, T...7/29/90
12	815 Oliver, J...10/12/90
13	810 Koorajian, D...7/29/90
14	810 Kidder, K...5/19/91
15	804 Kamman, R...12/8/90
16	804 Schott, T...6/23/91
17	800 Surell, E...10/20/90
18	799 Russell, B...11/17/90
19	793 Meek, B...5/19/91
20	788 Leiato, A...4/7/91
21	785 Payne, K...10/20/90
22	782 Burch, G...7/21/90
23	777 Villanucci, J...7/29/90
24	777 Gillespie, B...10/28/90
25	775 Springer, P...5/19/91
26	775 Boucher, P...5/19/91
27	771 Faamasilii, S...7/8/90
28	771 Holliday, T...3/16/91
29	770 Malcow, K...3/2/91
30	765 Thompson, K...9/2/90
31	765 Jones, V...9/29/90
32	765 Miller, C...12/2/90
33	760 Williamson, S...8/11/90
34	760 Barno, D...3/10/91
35	755 Kidney, L...7/1/90
36	750 Nettles, D...12/5/90
37	750 Edmiston, S...3/10/91
38	750 Coachman, ...4/28/91
39	750 Coachman, ...6/91
40	749 Collins, H...7/8/90
41	749 McKee, R...11/4/90
42	749 Pape, O...3/16/91
43	744 Springer, R...12/8/90
44	744 Whaley, C...3/10/91
45	738 Garro, L...11/3/90
46	738 Thomas, K...3/2/91
47	735 Fernandez, M...7/21/90
48	735 Kline, T...1/5/91
49	733 Brooks, T...9/2/90
50	733 Kline, T...9/2/90
51	733 Kretsch, B...3/23/91
52	733 Shuman, B...6/23/91
53	730 Arbonsina, P...8/4/90
54	730 Bauman, W...11/10/90
55	730 Securo, J...3/30/91
56	730 Nicherson, T...5/19/91
57	727 Florio, J...2/9/91
58	725 Minter, I...12/2/90
59	725 Long, J...3/10/91
60	725 Williams, E...5/18/91
61	722 Mallard, D...8/18/90
62	722 Harris, F...4/20/91
63	722 Cline, T...4/27/91
64	720 Pape, C...12/1/90
65	720 Babb, M...2/17/91
66	720 Goldstein, J...3/10/91
67	716 Mote, M...3/10/91
68	712 Brock, S...10/12/90
69	711 Flowers, E...3/1/91
70	710 Phillipi, M...2/24/91
71	705 Lindert, B...7/1/90
72	705 Marshall, T...12/2/90
73	705 Israelson, M...3/16/91
74	705 Ufford, K...4/20/91
75	705 Tolbert, W...4/20/91
76	705 Crayton, G...4/21/91
77	705 Miller, D...5/4/91
78	705 Moller, J...5/19/91
79	700 Sheffield, ...7/22/90
80	700 Romer, V...10/6/90
81	700 Ambroz, L...10/27/90
82	700 Panaro, F...10/27/90
83	700 Patton, J...12/1/90
84	700 Hampton, S...1/5/91
85	700 Tillman, A...3/2/91
86	700 Reeves, J...3/23/91
87	700 D'Orio, M...3/23/91
88	700 Anderson, M...4/14/91
89	700 Toth, ...4/14/91
90	700 Wheeler, R...4/28/91
91	700 Maldonado, D...5/26/91
92	699 Miller, S...11/3/90
93	699 Smith, J...12/8/90
94	688 Hunt, ...5/31/91
95	680 Lemonds, R...2/3/91
96	677 Vivier, R...9/2/90
97	677 Sacco, F...2/28/91
98	675 Moore, B...2/2/91
99	675 Huizer, B...6/1/91
100	672 Lueth, S...10/20/90

### BENCH

589	Piech, B...7/21/90
580	Collins, H...12/2/90
570	Robinson, G...10/6/90
570	Hansen, G...2/2/91
567	Springer, R...12/8/90
556	Hardridge, T...7/29/90
556	Ricci, H...12/15/90
555	Cassriel, R...11/3/90
553	Reshel, G...6/29/91
551	Tolbert, W...8/18/90
550	Tseramis, L...12/2/90
550	Santanelli, R...3/23/91
550	Atlas, T...4/7/91
550	Springer, P...5/19/91
545	Moore, B...7/28/90
545	Boyer, T...1/26/91
540	Becraft, T...4/27/91
535	Thompson, K...11/3/90
535	Adamovich, D...2/16/91
535	Littman, T...5/4/91
534	Villa, D...7/28/90
534	Villagomez, P...9/1/90
534	Oliver, J...10/12/90
534	Haynes, ...12/6/90
530	Barno, D...10/6/90
530	Leiato, A...11/10/90
530	Butler, M...1/12/91
530	Tokarski, C...2/10/91
529	Fletcher, C...11/24/90
529	Pearce, ...1/19/91
529	Tullaupua, P...1/19/91
529	Shuman, B...6/23/91
525	Naperkowski, J...4/13/91
525	Malchow, K...5/19/91
525	Miller, D...6/22/91
523	Mallard, D...1/19/91
523	Flowers, E...3/1/91
520	D'Arezzo, A...8/25/90
520	Payne, K...10/20/90
520	Rush, B...11/10/90
520	Jackson, J...5/11/91
520	Fuller, A...5/18/91
518	Young, J...8/18/90
515	Kidder, K...11/10/90
515	Campanale, F...11/17/90
515	Reeves, J...4/27/91
512	Warman, S...7/29/90
512	Beeler, F...10/20/90
512	Gjermo, B...6/23/91
510	Buckley, W...7/21/90
510	Karwoski, K...1/12/91
510	Hammonds, D...6/23/91
507	Faamasilii, S...7/8/90
507	Resnik, G...10/6/90
507	Ellis, S...11/18/90
507	Brewer, F...12/2/90
507	Miller, C...3/1/91
505	Russell, B...10/6/90
505	Weems, D...3/23/91
505	Lindert, B...7/1/90
501	Ugapo, M...7/14/90
501	Brock, S...10/12/90
501	Lewis, E...11/3/90
501	Husted, R...3/23/91
501	Rice, T...5/19/91
501	Ufford, K...6/3/91
500	Fletcher, P...7/28/90
500	Williamson, S...8/11/90
500	Gardner, D...9/22/90
500	Hinich, K...9/22/90
500	Heckman, G...10/27/90
500	Duggan, J...1/27/91
500	Green, M...2/10/91
500	Righetti, ...2/21/91
500	Barasso, M...3/9/91
500	Blanks, C...4/14/91
500	Brooks, P...4/28/91
500	Stanton, R...4/28/91
500	Scott, D...5/11/91
500	Boucher, P...5/19/91
495	Demarco, S...10/6/90
490	Santos, J...7/8/90
490	Bauman, W...11/10/90
490	Melillo, L...2/17/91
490	Moller, J...5/19/91
490	Burrell, D...6/2/91
490	Arnold, E...6/23/91
485	Smith, C...7/8/90
485	Villanucci, J...7/29/90
485	Lucci, T...10/14/90
485	Rogers, D...10/20/90
485	Minter, I...3/1/91
485	Galvin, R...3/23/91
485	Yarosh, J...3/23/91
485	Fairchild, M...5/18/91
485	Harris, C...6/2/91
480	Causey, D...7/21/90
480	Lowe, G...12/1/90
480	Rice, B...12/2/90
480	Raynor, J...3/10/91

### DEADLIFT

832	Warman, S...10/12/90
821	Smith, C...7/8/90
804	Oliver, J...7/29/90
793	Rapp, T...7/29/90
771	Santos, J...7/8/90
755	Villanucci, J...7/29/90
755	Rainey, J...12/1/90
755	Ufford, K...4/20/91
750	Russell, B...7/4/90
750	Hanlon, M...1/19/91
750	Boucher, P...5/19/91
745	Pape, C...12/1/90
744	Springer, P...8/18/90
740	Brooks, T...3/10/91
735	Malcow, K...3/2/91
733	Koorajian, D...7/29/90
733	Mote, M...3/10/91
725	Lowe, G...12/1/90
722	Karwoski, K...11/18/90
722	Springer, R...12/8/90
722	Whaley, C...12/8/90
722	Thompson, K...6/23/91
715	Jones, V...9/29/90
715	Driscoll, C...12/1/90
710	Arnold, E...6/23/91
710	Shaw, D...6/29/91
711	Meek, B...2/10/91
705	Nichols, B...7/29/90
705	Dorsey, W...8/18/90
705	Minter, I...3/1/91
705	Kretsch, B...3/23/91
705	Miller, D...5/4/91
700	Barno, D...9/22/90
700	Williamson, S...10/20/90
700	Leahy, P...12/1/90
700	Gillespie, B...12/2/90
700	Lewis, C...1/26/91
700	Babb, M...2/17/91
700	Reeves, J...3/23/91
699	Phillipi, M...2/24/91
690	Gillingham, B...11/10/90
688	Lueth, S...10/20/90
688	Kamman, R...12/8/90
688	Hunt, ...5/31/91
685	Anderson, M...4/20/91
683	Burch, G...7/21/90
680	Gardner, D...9/22/90
680	Duggan, J...12/2/90
680	McKinstry, C...2/3/91
680	Barkman, M...3/16/91
680	Williams, E...5/18/91
677	Boyer, T...8/18/90
677	Gamble, D...10/3/90
677	Williamson, V...12/8/90
677	Gjermo, B...6/23/91
675	Stamford, ...7/22/90
675	Ryan, P...8/25/90
675	Patton, J...12/9/90
675	Frankel, E...1/26/91
675	Edmiston, S...3/10/91
675	Wheeler, R...4/28/91
672	Kidney, L...7/1/90
672	Chambers, J...10/28/90
672	Young, J...3/10/91
672	Jenkins, ...5/31/91
670	Green, M...8/18/90
670	Magin, M...2/17/91
666	Martin, B...12/2/90
665	Jenkins, E...11/10/90
665	D'Orio, M...3/30/91
665	Hanselman, C...4/13/91
665	Carver, G...6/2/91
661	Kline, T...11/17/90
661	Florio, J...2/9/91
661	Thomas, K...3/2/91
661	Holland, F...4/20/91
661	Harris, W...5/19/91
661	Brink, G...6/29/91
660	Stuber, E...8/18/90
660	Knight, S...5/4/91
655	Williams, T...10/20/90
655	Panaro, F...10/27/90
655	Garro, L...11/3/90
655	Israelson, M...3/16/91
655	Leiato, A...4/7/91
655	Johnson, G...4/20/91
655	Culnan, S...6/23/91
650	Collins, H...7/8/90
650	Faamasilii, S...7/8/90
650	Sheffield, ...7/22/90
650	Romer, V...10/6/90
650	Failla, R...10/20/90
650	Kline, T...10/90
650	Britt, D...12/2/90
650	D'Arezzo, A...12/9/90
650	Nettles, D...12/15/90
650	Hampton, S...1/5/91
650	Sacco, F...2/28/91
650	Tillman, A...3/2/91
650	Riordan, M...3/10/91

### TOTAL

2232	Warman, S...10/12/90
2149	Smith, C...7/8/90
2132	Oliver, J...7/29/90
2132	Karwoski, K...11/18/90
2110	Lowe, G...12/1/90
2083	Santos, J...7/8/90
2077	Rapp, T...7/29/90
2065	Springer, P...8/18/90
2055	Gjermo, B...6/23/91
2039	Arnold, E...6/23/91
2033	Nichols, B...7/29/90
2033	Springer, R...12/8/90
2025	Boucher, P...5/19/91
2020	Russell, B...11/17/90
2017	Villanucci, J...7/29/90
2011	Koorajian, D...7/29/90
2005	Malcow, K...3/2/91
1973	Meek, B...5/19/91
1967	Leiato, A...4/7/91
1960	Williamson, S...10/20/90
1960	Barno, D...3/10/91
1956	Collins, H...7/8/90
1950	Payne, K...10/20/90
1945	Kamman, R...12/8/90
1940	Ufford, K...4/20/91
1940	Kidder, K...5/19/91
1935	Righetti, ...2/21/91
1929	Faamasilii, S...7/8/90
1923	Brooks, T...9/2/90
1915	Thompson, K...5/12/91
1912	Minter, I...3/1/91
1910	Pape, C...12/1/90
1900	Reeves, J...3/23/91
1890	Gillespie, B...12/2/90
1890	Edmiston, S...3/10/91
1884	Shuman, B...6/23/91
1879	Burch, G...2/9/91
1875	Babb, M...2/17/91
1868	Garro, L...11/3/90
1868	Whaley, C...12/8/90
1865	Jones, V...9/29/90
1862	Kretsch, B...3/23/91
1862	Tolbert, W...4/20/91
1857	Phillipi, M...2/24/91
1851	Pape, O...3/16/91
1850	Brooks, P...4/28/91
1850	Coachman, ...6/91
1846	McKee, R...11/4/90
1846	Florio, J...2/9/91
1845	Schott, T...11/10/90
1845	Williams, E...5/18/91
1841	Miller, C...3/1/91
1840	Bauman, W...11/10/90
1840	Mote, M...3/10/91
1835	Flowers, E...3/1/91
1830	Gardner, D...9/22/90
1829	Kidney, L...7/1/90
1825	Miller, D...5/4/91
1818	Brock, S...10/12/90
1818	Hunt, ...5/31/91
1813	Mallard, D...8/18/90
1810	Ambroz, L