

Quintuple Bodyweight Squat Hall of Fame

Squat	xBwt/Class/Lifter/Ctry/YOB/Date/Wt@Bdywt/Loc/Fed
1. 1100.0 (499.0) *5.023X 220 (100)	Sam Byrd (US/81) 6/7/08 (1100.0 lb. @ 219.0 lb. Heaviest men's quintuple bodyweight squat of all time.) (Gatlinburg, Tennessee) (SPF)
2. 1050.0 (476.3) *5.298X 198 (90)	Sam Byrd (US/81) 8/19/07 (1050.0 lb. @ 198.2 lb.) (Franklin, Ohio) (IPA)
3. 990.0 (449.1) *5.017X 198 (90)	Sergiy Naleykin (Ukraine/81) 1/20/08 (990.0 lb. @ 89.5 kg.) (Columbus, Ohio) (IPA)
4. 920.4 (417.5) *5.064X 181 (82.5)	Michael Cartinian (US/76) 6/13/09 (417.5 kg. @ 82.45 kg.) (Palm Beach Gardens, Florida) (APF/WPC)
5. 876.3 (397.5) 5.300X 165 (75)	Al Caslow (US/80) 3/22/09 (397.5 kg.) (Omaha, Nebraska) (APF)
6. 870.8 (395.0) *5.267X 165 (75)	Oleksandr Kutcher (Ukraine/80) 11/3/06 (395.0 kg. @ 75.0 kg.) (Lake George, New York) (WPO)
7. 859.8 (390.0) *5.058X 181 (82.5)	Oleksandr Kutcher (Ukraine/80) 10/22/06 (390.0 kg. @ 77.1 kg.) (Stuttgart, Germany) (WPC)
8. 854.3 (387.5) *5.178X 165 (75)	Tony Conyers (US/59) 9/24/05 (387.5 kg. @ 74.84 kg.) (New Port Richey, Florida) (APF)
9. 837.8 (380.0) *5.080X 165 (75)	Nick Hatch (US/85) 6/2/06 (380.0 kg. @ 74.8 kg.) (Las Vegas, Nevada) (APF/WPC)
10. 825.0 (374.2) *5.000X 165 (75)	Angelo Berardinelli (US/65) 7/9/04 (825.0 lb. @ 165.0 lb.) (Shamokin Dam, Pennsylvania) (IPA)
11. 825.0 (374.2) *5.163X 165 (75)	Brian Schwab (US/74) 8/23/08 (825.0 lb. @ 159.8 lb.) (Sharonville, Ohio) (IPA)
12. 804.7 (365.0) *5.504X 148 (67.5)	Thomas James "T.J." Hoerner (US/77) 4/1/06 (365.0 kg. @ 146.2 lb.) (Houston, Texas) (APF)
13. 788.2 (357.5) *5.296X 148 (67.5)	Nick Hatch (US/85) 3/4/05 (357.5 kg. @ 67.5 kg.) (Columbus, Ohio) (WPO)
14. 765.0 (347.0) *5.141X 148 (67.5)	Brian Schwab (US/74) 1/20/08 (765.0 lb. @ 67.5 kg.) (Columbus, Ohio) (IPA)
15. 749.6 (340.0) *5.037X 148 (67.5)	Jaroslav Olech (Poland/74) 11/11/04 (340.0 kg. @ 67.5 kg.) (Cape Town, South Africa) (IPF)
16. 705.5 (320.0) 5.333X 132 (60)	Magnus Karlsson (Sweden/67) 10/2/99 (320.0 kg.) (Malmo, Sweden) (IPF)
17. 688.9 (312.5) *5.106X 148 (67.5)	Ravil Kazakov (Russia/82) 7/16/05 (312.5 kg. @ 61.2 kg.) (Duisburg, Germany) (IPF)
18. 683.4 (310.0) *5.171X 132 (60)	Ayrat Zakiyev (Russia/81) 3/1/06 (310.0 kg. @ 59.95 kg.) (Ufa, Russia) (IPF)
19. 662.5 (300.5) *6.010X 114 (52)	Andrzej Stanaszek (Poland/71) 11/5/03 (300.5 kg. @ 50.0 kg. First man to squat quintuple bodyweight. Only man to squat sextuple bodyweight.) (Vejle, Denmark) (IPF)
20. 661.4 (300.0) *5.025X 132 (60)	Ravil Kazakov (Russia/82) 11/10/04 (300.0 kg. @ 59.7 kg.) (Cape Town, South Africa) (IPF)
21. 644.9 (292.5) *5.614X 123 (56)	Andrzej Stanaszek (Poland/71) 3/22/03 (292.5 kg. @ 52.1 kg., without a squat suit or knee wraps) (Landshut, Germany) (IPF)
22. 639.3 (290.0) *5.653X 114 (52)	Andrzej Stanaszek (Poland/71) 5/9/02 (290.0 kg. @ 51.3 kg., without a squat suit or knee wraps.) (Eskilstuna, Sweden) (IPF)
23. 633.8 (287.5) *5.162X 123 (56)	Magnus Karlsson (Sweden/67) 11/14/96 (287.5 kg. @ 55.7 kg.) (Salzburg, Austria) (IPF)
24. 617.3 (280.0) *5.082X 123 (56)	Sergey Fedosienko (Russia/82) 10/15/07 (280.0 kg. @ 55.1 kg.) (Soelden, Austria) (IPF)
25. 595.2 (270.0) *5.202X 114 (52)	Sergey Fedosienko (Russia/82) 3/3/05 (270.0 kg. @ 51.9 kg.) (Kazan, Russia) (IPF)