

PERSONAL KIT LIST

- 1 Winter Jacket
- 1 Set of Rain gear/weather proof pants
- 1 Winter/Hiking Boots or combat boots
- 1 Extra Pair of Shoes (runners)
- 2 Pairs Gloves (minimum)
- 1 Hat/Toque (minimum)
- 1 Scarf
- 2 Pairs Pants (avoid jeans)
- 1 Pair Long Underwear (Pants and Shirt)
- 5 Pairs Socks (avoid cotton, wool or synthetic fibres preferred)
- 1 Sweater
- 1 Sleeping Attire (Cotton/Fleece Sweat Suit)
- 2 Undershirts/T-Shirts
- 1 Toiletries - Soap, Hand Towel, Toothbrush and Paste, Brush/Comb
(No: Shampoo, Shaving Kits, Hair Products, Hair Dryers etc.)
- 3 Pairs Underwear (Gender Specific)
- Any medications as applicable
- 1 Flashlight/Extra Batteries (please mark your name on it)
- 1 Travel Mug (for warm drinks at meals)
- 1 Waterbottle

THINGS TO NOTE

- 1. The cadets will be sleeping in tents and improvised shelters.
- 2. The weather may be variable, prepare for cold and wet conditions, sunglasses may also be desired.
- 3. Tight or dirty clothes are cold clothes, so ensure you pack enough and they fit well.
- 4. If cadets wear military clothing of any origin all country/military indicators must be removed.
- 5. **Restricted Items:**
 - Knives over 3inches
 - Matches
 - Jeans (If Avoidable)
 - Electronic Equipment (iPods, PSPs...) Cameras are not restricted however the unit is not responsible for loss or damage.
 - * Unauthorized equipment will be confiscated and returned upon completion of weekend exercise.
- 6. A kit inspection, by staff of the same gender, will be done upon arrival at the squadron. In accordance with safety policies any cadet not having appropriate clothing/equipment will not be permitted to attend the weekend exercise.
- 4. Smoking is NOT PERMITTED during any Cadet function.
- 5. **EXERCISE WILL BEGIN AT SQUADRON AT 1800 ON 03 MAY 13. PLEASE DROP OFF AT BIRDS HILL PARK GROUP USE AREA 2**

In case of Emergency contact the squadron cell phone number at (204) 981-0219 or Officer Cadet Christina Fisette at (204) 612-6245.