



FROWN LINES

SMILE LINES

MARIONETTE LINES

FOREHEAD LINES

CROW'S FEET

LIP LINES

LIP ENHANCEMENT

# REINVENT YOURSELF

Restore youth and vitality to your facial features with our Medi-Spa treatments, available at the spa onboard. All of the products used are FDA approved and safely administered by our onboard Medi-Spa Physician.

CONTACT THE SPA TODAY FOR YOUR COMPLIMENTARY  
CONSULTATION WITH OUR MEDI-SPA PHYSICIAN.

# INDEPENDENCE DAY SPA MENU & PRICE LIST

**Acupuncture** Complimentary consultations are available, as prices vary.  
Specialty treatments in acupuncture for seasickness, to stop smoking, detoxify the body, pain management, weight loss; reduce stress, arthritis, along with many other health conditions and concerns. Acupuncture can treat any combination of treatments to meet your individual needs.

**Medi-Spa Treatments: Restylane, Perlane, Botox and Dysport Cosmetic** Complimentary consultations are available, as prices vary  
We know developing lines and wrinkles is a part of our skin's natural aging process yet we still find ourselves searching for ways to enhance our facial features so we can always look and feel our best. Look no further. Now you can return home from vacation completely refreshed with our safe and effective Medi-Spa cosmetic treatments. In just minutes you can expect Amazing results without down time. Free consults available.

**Facial: Elemis Oxydermy** 50 Minutes \$169 (£105)\*  
Give your skin what it has been craving. Now you can fight lines, wrinkles, spots, acne scarring, and pigmentation to get the radiant glow that's been eluding you. Let us pamper your skin with our new cutting-edge technology that brings a Microdermabrasion & Oxygen together in a luxurious treatment. We cleanse, polish, & massage your skin into sweet oblivion using our new dual Microdermabrasion/Oxygen system & Elemis skincare.

**Facial: Elemis Pro Collagen Marine** 50 Minutes \$145 (£90)\*  
The precious ingredients in this exceptional facial will help to lift the skin and help to restore your youthful glow. Specialized lifting techniques are combined with our anti - aging ingredients to enhance skin vitality.

**Body Correction: Ionithermie Algae Detox** 55 Minutes \$159 (£99)\* course of 3 \$399 (£249)\*  
This unique anti-cellulite and detox treatment works with stimuli and algae to reduce cellulite and toxin deposits from the stomach, thighs and buttocks in women and the stomach region in men. You will lose external toxins in one session. If you are serious about achieving dramatic instant results and focusing on a plan to maintain a firm and toned body, this is the treatment you've been looking for.

**Massage: Aroma Spa Ocean Wrap** 75 Minutes \$195 (£122)\* 100 Minutes \$259 (£161)\*  
Combining the richness of the sea and aromatherapy, this treatment is the ultimate detoxifying massage. First, we will brush the body. Then you will be smothered in exotic warm aroma seaweed and cocooned in a weightless foil. Placed in foil, you will receive a Japanese scalp massage followed by a relaxing foot massage. After you are detoxified we will work on your stress levels completing this treatment with your choice of a 25 minutes massage or 50 minutes, to work on your stressed areas of concern. The benefits of this massage may last for up to six weeks.

**Massage: Aroma Stone Therapy** 50 Minutes \$159 (£99)\* 75 Minutes \$195 (£121)\*  
We use warm Basalt stones to melt away tension. Therapeutic heat is slowly released into the belly of the muscle for a completely new body experience. Small stones are placed on key energy points while luxuriously warmed oils are massaged deeply into the body for maximum relaxation. This is a light or deep pressure massage combined with the use of heated stones to results in the ultimate relaxation treatment

**Massage: Thai Herbal Poultice** 75 Minutes \$195 (£121)\*  
This energizing, rhythmic massage utilizes scented herbal poultices that are heated and applied to the body at pressure points to relax the muscles and release tension. Your therapist then follows with an array of Eastern and Western massage techniques and acupressure movements combined with essential oils that will take your body on an exotic journey of total renewal.

**Massage: Bamboo** 50 Minutes \$159 (£99)\* 75 Minutes \$195 (£121)\*  
A warm, soothing massage that will tantalize the senses. Imagine warm bamboo shoots of various sizes and essential oils rolling, sliding and massaging your muscles. This gorgeously indulgent massage will revive your senses in a new and innovative way inspiring a most relaxed state. Customized to your preference, our therapist will use deep tissue techniques or gentle strokes to melt away your tension and sooth your muscles into sweet oblivion.

**Massage: Exotic Lime and Ginger Salt Glow** 50 Minutes \$155 (£96)\* 75 Minutes \$199 (£124)\*  
Warm oil is dripped luxuriously all over the body before our Exotic Lime and Ginger Salt Glow is applied. Your skin will be polished to perfection before being utterly indulged in our signature Well-Being Massage.

**St Tropez Tan application** 50 Minutes \$109 (£68)\*  
Obtain a rich, natural, golden tan with out the worries of premature ageing and un-caused skin damage. First we exfoliate your skin until it is silky smooth and then apply St Tropez paraben-free aloe Vera based formal which soothes hydrates and nourishes the skin while evoking a natural sun kissed glow.

**Couples' Massage** For couple 50 Minutes \$269 (£168)\* 75 Minutes \$350 ((£218)\*  
Relax together, from the soles of your feet to the crown of your head; the unique Ten Cultural Touches of Elemis are combined with the Welcome Touch and Awareness Journey that makes this much more than just a massage.

**Couples massage and Float combo** For Couple 50 minutes \$179 per couple (£111)\*  
Designed for two, enjoy a 25 minute Swedish massage with your partner and a 25 - minute float

**Massage: Deep Tissue** 50 minutes...\$129 (£80)\* **Massage: Swedish** 50 minutes...\$119 (£75)\* **Reflexology:** 50 minutes....\$119 (£75)\*  
**Deep Tissue:** 75 minutes...\$175 (£109)\* **Swedish** 75 minutes...\$165 (£103)\* **Facial: Tri-Enzyme** 50 minutes....\$125 (£78)\*

**\*15% service charge is applied to all treatments. \*Price based on £1 = \$1.60 USD**

**\*Cancellations must be made 24 hours in advance to avoid a 50% cancellation fee.**

**Dial 6982 for an appointment or visit us on Deck 12 FWD**

MEDI-SPA TREATMENTS AVAILABLE ONBOARD:

*Restylane*  
Lecting Beauty

*Perlane*

**BOTOX**  
Cosmetic  
Botulinum Toxin Type A

