



A 'Go For It' is a series of Patrol activities carried out over 4 weeks.

A GFI (Go For It) might be just 30 mins each week or you might need the whole Guide meeting - you can choose!

**GFI's are planned and carried out by the Patrol, really you need to take part in all the planned activities to complete the GFI.**

**A GFI can be different activities based on a theme:** eg. Water, Fitness, Nature, Peace etc.

Girlguiding publish lots of ideas packs which you could choose from, some Guide Units produce their own GFI's that they share or you can pick your own theme and make a 'Do It Yourself GFI' based on any theme!

**OR**

**A GFI might be a project that is carried out over 4 weeks giving your Patrol the chance to work towards something:**

- Planning and preparing for a special event.
  - Setting up a small business.
  - Doing a service project.
- Starting and planting a garden.
- Planning and preparing for a Patrol camp or outing.

*(check out you ideas with your Guider BEFORE you get started - she may have some suggestions!!)*

Vicky Smith - 2nd Kingsbridge Guides 2013



**What is IMPORTANT about a Go For It?**

You should be able to plan and carry out the activities without too much adult help eg. You could ask your Guider to help you find / buy the equipment or resources that you need for your GFI, but the 'planning and doing' is all down to you and your Patrol.

**At the end of your 4 weeks:**

As a Patrol you need to tell your Guide Unit what you did, what went well and what you could have done differently.

**Getting Started.....**

**Have a look at the GFI packs that your Guider has and see if one appeals to your Patrol.**

**OR**

**If YOU have a good idea for 4 weeks of Patrol Activities.... Get Planning.**

**Make sure that you consider things like:**

**The time of year** - will you be able to do outdoor activities.

**The cost** - Don't plan activities that your Unit or Patrol can't afford to do!!

**Activities away from the meeting place** - will you be safe, will you need consent forms, will an adult need to be with you? etc.



## Plans & Notes

*Keep a record of what you do, what you need to bring and any other important information.*

Date: \_\_\_\_\_

Our 'Go For It' is called... \_\_\_\_\_

**Week 1 - Planning & Getting Started:** \_\_\_\_\_

**For next week I need to bring:**

**Week 2** \_\_\_\_\_

**For next week I need to bring:**

Vicky Smith - 2nd Kingsbridge Guides 2013

**Week 3** \_\_\_\_\_

**For next week I need to bring:**

**Week 4** \_\_\_\_\_

**For next week I need to bring:**

**How did we do?** \_\_\_\_\_

**Things that went well...**

**What we should have done differently...**



# Plans & Notes

Keep a record of what you do, what you need to bring and any other important information.

Date: \_\_\_\_\_

Our 'Go For It' is called... \_\_\_\_\_

Week 1 - Planning & Getting Started: \_\_\_\_\_

For next week I need to bring:

Week 2 \_\_\_\_\_

For next week I need to bring:

Week 3 \_\_\_\_\_

For next week I need to bring:

Week 4 \_\_\_\_\_

For next week I need to bring:

How did we do? \_\_\_\_\_

Things that went well...

What we should have done differently...

Vicky Smith - 2nd Kingsbridge Guides 2013



**A 'Go For It' is a series of Patrol activities carried out over 4 weeks.**

A GFI (Go For It) might be just 30 mins each week or you might need the whole Guide meeting - you can choose!

**GFI's are planned and carried out by the Patrol, really you need to take part in all the planned activities to complete the GFI.**

**A GFI can be different activities based on a theme:** eg. Water, Fitness, Nature, Peace etc.

Girlguiding publish lots of ideas packs which you could choose from, some Guide Units produce their own GFI's that they share or you can pick your own theme and make a 'Do It Yourself GFI' based on any theme!

**OR**

**A GFI might be a project that is carried out over 4 weeks giving your Patrol the chance to work towards something:**

- Planning and preparing for a special event.
  - Setting up a small business.
  - Doing a service project.
- Starting and planting a garden.
- Planning and preparing for a Patrol camp or outing.

*(check out you ideas with your Guider BEFORE you get started - she may have some suggestions!!)*

Vicky Smith - 2nd Kingsbridge Guides 2013



**What is IMPORTANT about a Go For It?**

You should be able to plan and carry out the activities without too much adult help eg. You could ask your Guider to help you find / buy the equipment or resources that you need for your GFI, but the 'planning and doing' is all down to you and your Patrol.

**At the end of your 4 weeks:**

As a Patrol you need to tell your Guide Unit what you did, what went well and what you could have done differently.

**Getting Started.....**

**Have a look at the GFI packs that your Guider has and see if one appeals to your Patrol.**

**OR**

**If YOU have a good idea for 4 weeks of Patrol Activities.... Get Planning.**

**Make sure that you consider things like:**

**The time of year** - will you be able to do outdoor activities.

**The cost** - Don't plan activities that your Unit or Patrol can't afford to do!!

**Activities away from the meeting place** - will you be safe, will you need consent forms, will an adult need to be with you? etc.



# Plans & Notes

Keep a record of what you do, what you need to bring and any other important information.

Date: \_\_\_\_\_

Our 'Go For It' is called... \_\_\_\_\_

Week 1 - Planning & Getting Started: \_\_\_\_\_

For next week I need to bring:

Week 2 \_\_\_\_\_

For next week I need to bring:

Vicky Smith - 2nd Kingsbridge Guides 2013

Week 3 \_\_\_\_\_

For next week I need to bring:

Week 4 \_\_\_\_\_

For next week I need to bring:

How did we do? \_\_\_\_\_

Things that went well...

What we should have done differently...



# Plans & Notes

Keep a record of what you do, what you need to bring and any other important information.

Date: \_\_\_\_\_

Our 'Go For It' is called... \_\_\_\_\_

Week 1 - Planning & Getting Started: \_\_\_\_\_

For next week I need to bring:

Week 2 \_\_\_\_\_

For next week I need to bring:

Vicky Smith - 2nd Kingsbridge Guides 2013

Week 3 \_\_\_\_\_

For next week I need to bring:

Week 4 \_\_\_\_\_

For next week I need to bring:

How did we do? \_\_\_\_\_

Things that went well...

What we should have done differently...