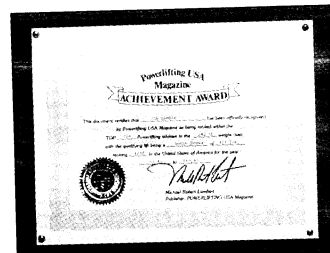


TOP 100

For 165 lb./75 kg. USA lifters competing in results received from October 1993 through September 1994.

PL USA Top 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$5. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$18.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$5 per certificate or \$18.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7 1/4% tax.)

NEXT MONTH... TOP 181s

Corrections: In the results of the NASA World Cup Meet, Junior 242 lb. lifter Mark Adams should have been credited with a 655 deadlift and 1559 total. Sam Stewart's bench press of 355 at 148 from the NASA World Cup meet was not credited on the TOP 100 list for that weight class. Mr. Digangi's 490 deadlift from the Ohio State ADFPA Championships was not posted to the TOP 100 148 lb. listing. Sean McDonald's deadlift of 520 at 148 did not make the list either. Joel Davenport's total of 1201 and his deadlift of 479 from the USPF Ohio State Meet in March of 1994 was not available to include on the TOP 100 148 lb. listing. Tony Skaggs 450 squat from the WNPFL Worlds was not noted on the TOP 100 148 lb. listing. We do make errors on the compilation of these lists, and sometimes the results that are submitted to us contain errors or ambiguities, and quite frequently the results of a given contest are not submitted to POWERLIFTING USA for consideration in our lists (please indicate to your meet director your desire that he submit his contest results to us, so you can have a shot at getting proper credit for your lifting accomplishments). If the meet results are not published somewhere, as far as 99% of the rest of the powerlifting world goes, it may as well never have taken place. Any and all of these possibilities can lead to errors on the lists, but we certainly encourage you to please send corrections to "ERRORS," Box 467, Camarillo, California 93011.

SQUAT

1	760 Perez, J. 3/26/94
2	716 Crain, R. 10/9/93
3	666 Roedigione, J. 10/22/93
4	661 Taoy, M. 1/15/94
5	650 Guzman, C. 10/2/93
6	650 Conyers, T. 8/27/94
7	644 Berardinelli, A. 7/2/94
8	644 Ricks, D. 7/30/94
9	633 Bosse, J. 3/19/94
10	628 Austin, D. 7/30/94
11	625 MacLean, M. 3/94
12	625 Ramirez, J. 9/11/94
13	615 Autry, 11/12/93
14	611 Benemerito, R. 7/16/94
15	610 Beavers, M. 9/4/94
16	606 Ewoldsen, 10/23/93
17	606 Contreras, D. 7/30/94
18	605 Faritto, P. 3/26/94
19	600 Gibson, L. 12/11/93
20	600 Williams, 5/28/94
21	600 Turner, C. 6/4/94
22	600 Arterberry, D. 6/22/94
23	600 Almoadvar, J. 6/25/94
24	600 Celli, R. 10/2/93
25	595 Davis, J. 3/12/94
26	589 Wood, J. 7/2/94
27	585 Kimura, M. 10/17/93
28	580 Schnupp, M. 12/4/93
29	580 Crawford, S. 8/6/94
30	578 Danforth, M. 12/12/93
31	578 Wodraska, C. 5/7/94
32	578 Alexander, A. 7/30/94
33	575 Peace, 11/12/93
34	575 Johnson, L. 12/4/93
35	575 Miller, S. 1/15/94
36	575 Redmond, F. 5/14/94
37	575 Yost, T. 6/4/94
38	575 Woodley, L. 9/4/94
39	573 Garcia, 2/12/94
40	573 Easton, 3/5/94
41	573 Williams, D. 3/18/94
42	570 Thomas, 11/12/93
43	570 Dittler, 2/26/94
44	567 Fridley, S. 3/19/94
45	562 Denton, T. 7/2/94
46	562 Garofalo, R. 7/16/94
47	562 Rhodes, 8/13/94
48	562 Wonyette, 8/13/94
49	555 Tate, 11/11/93
50	555 Sacco, P. 6/11/94
51	551 Moore, 10/2/93
52	551 Cannizzaro, P. 1/23/94
53	551 Dial, C. 3/26/94
54	551 Rodriguez, D. 4/2/94
55	551 Willett, M. 4/24/94
56	551 Bridges, B. 7/16/94
57	551 Scully, B. 7/16/94
58	551 Hammer, E. 7/16/94
59	551 Marques, 11/12/93
60	550 LaFoy, 11/12/93
61	550 Maxwell, R. 11/21/93
62	550 Avans, P. 5/20/94
63	550 Baynes, D. 9/10/94
64	545 Kiser, G. 4/2/94
65	540 Pomerleau, M. 10/16/93
66	540 Moura, S. 10/17/93
67	540 Bhojwani, S. 10/23/93
68	540 McMillon, D. 10/31/93
69	540 Williams, A. 12/3/93
70	540 McMlymont, R. 3/18/94
71	540 Jackson, K. 11/12/93
72	535 Moran, R. 12/11/93
73	535 Chong, 2/26/94
74	535 Garza, F. 3/11/94
75	535 Luca, G. 6/27/94
76	535 Johns, 7/9/94
77	534 Turner, N. 3/12/94
78	534 Mirabella, B. 5/14/94
79	534 Hensley, D. 7/30/94
80	530 Bennett, J. 11/13/93
81	530 Scianneux, T. 3/19/94
82	530 Clark, R. 4/12/94
83	530 Mathieu, C. 8/20/94
84	530 Reid, 9/10/94
85	529 Chestand, C. 11/13/93
86	529 Fritchman, T. 1/29/94
87	529 Patterson, V. 3/12/94
88	529 Davis, K. 4/2/94
89	529 Vasile, J. 4/30/94
90	525 Cayer, A. 10/16/93
91	525 Guthrie, G. 10/17/93
92	525 Short, M. 12/4/93
93	525 Fleischman, E. 12/93
94	525 Sullivan, J. 12/7/93
95	525 Garcia, M. 3/19/94
96	525 Santos, R. 5/7/94
97	525 Hamilton, B. 5/15/94
98	525 Tantog, R. 8/6/94
99	523 Elkins, J. 10/30/93
100	523 Smith, M. 5/21/94

BENCH

507 Perez, J. 3/26/94
501 Warr, G. 8/27/94
470 Robbins, D. 7/2/94
451 Miller, L. 7/16/94
425 Kimura, M. 10/17/93
425 Sincropi, M. 2/6/94
424 Tamayose, J. 4/10/94
420 Swiatek, J. 7/16/94
420 Beavers, M. 9/4/94
418 McCormick, L. 12/12/93
418 Wood, J. 7/2/94
418 Ricks, D. 7/30/94
415 Gibson, L. 12/11/93
415 MacLean, M. 3/94
413 Cannizzaro, P. 4/23/94
413 Berardinelli, A. 7/2/94
413 Williams, 8/13/94
413 Conyers, T. 8/27/94
410 Cormier, S. 6/25/94
407 Crain, R. 10/9/93
407 Celli, R. 7/2/94
405 MacDonald 10/2/93
405 Blattenberger, D. 7/30/94
405 Fukamoto, K. 10/2/93
402 Taoy, M. 1/15/94
402 Contreras, D. 7/30/94
400 Baran, J. 12/4/93
400 Shimabuku, K. 1/23/94
400 Benemerito, R. 2/19/94
400 Johnson, J. 4/16/94
400 Rutherford, D. 4/16/94
395 Powers, W. 10/2/93
395 Dorsey, T. 11/7/93
395 LaFoy, 7/9/94
391 Severn, 8/13/94
391 Likins, 9/10/94
390 Ward, W. 10/1/93
390 Friday, S. 10/2/93
390 Gaffin, J. 10/31/93
390 Bell, G. 11/7/93
390 Verdiglione, J. 12/4/93
390 Ebersole, 3/13/94
390 Springarn, 3/13/94
390 Jackson, K. 3/19/94
390 Collins, D. 3/19/94
390 Robers, S. 3/26/94
390 Wells, T. 3/26/94
390 Beebe, B. 4/23/94
385 Saultzman, S. 2/12/94
385 Vojinow, E. 3/19/94
385 Sarge, R. 3/26/94
385 Rogers, S. 4/16/94
385 Danforth, M. 7/30/94
385 Young, 8/13/94
380 Lavelle, T. 10/9/93
380 Scholz, C. 10/30/93
380 Thomas, 11/12/93
380 Wood, T. 12/4/93
380 Wode, S. 12/4/93
380 Smith, T. 12/18/93
380 Jones, H. 6/4/94
380 Trancoso, D. 4/23/94
380 Phillips, B. 6/4/94
380 Gaugler, B. 8/21/94
380 Poteste, V. 8/27/94
380 Ward, M. 9/25/94
375 Vance, B. 4/9/94
375 West, C. 4/30/94
375 Aguirre, M. 5/14/94
375 Deem, S. 8/27/94
375 Pryor, B. 9/17/94
374 Roedigione, J. 10/22/93
374 Hulet, T. 10/23/93
374 Arterberry, D. 4/2/94
374 Williams, 5/28/94
374 Bridges, B. 7/16/94
374 Kline, G. 7/24/94
374 Stevens, T. 8/27/94
370 Guzman, C. 10/17/93
370 McAteer, W. 11/6/93
370 Lindsey, O. 11/20/93
370 Norton, S. 11/20/93
370 Smith, C. 2/5/94
370 Stevens, A. 3/19/94
370 Kiser, G. 2/19/94
370 Frenzoglia, D. 3/19/94
370 Sullivan, S. 3/26/94
370 Stewart, G. 4/23/94
370 Moroci, D. 8/13/94
370 Coloner, D. 9/17/94
369 Perivsky, 12/11/93
369 Williams, D. 3/18/94
369 Arrendell, 8/13/94
369 Austin, D. 7/30/94
365 Bowers, C. 10/23/93
365 Koberna, W. 10/31/93
365 Walker, R. 11/6/93
365 Minniti, 3/13/94
365 Moeller, S. 4/17/94
365 Abrusia, S. 5/7/94

DEADLIFT

744 Austin, D. 7/30/94
725 Trice, A. 4/30/94
710 Bridges, B. 10/30/93
699 Culberson, T. 7/30/94
672 Ricks, D. 7/30/94
672 Benemerito, R. 9/17/94
644 Kiser, G. 4/2/94
640 Beavers, M. 9/4/94
633 Roedigione, J. 10/22/93
633 Crain, R. 7/2/94
633 Gibson, L. 7/16/94
628 Rhodes, 8/13/94
620 Autry, 11/12/93
617 Wood, J. 7/2/94
615 Tate, 12/11/93
611 Crigilano, R. 3/19/94
611 Crigilano, R. 8/13/94
610 Cayer, A. 10/16/93
610 MacLean, M. 3/94
606 Willett, M. 4/24/94
606 Alexander, A. 7/30/94
605 LaFoy, 7/9/94
605 Ramirez, J. 9/11/94
600 Patterson, V. 3/12/94
600 Rutledge, C. 3/19/94
600 Taoy, M. 1/15/94
600 Berardinelli, A. 7/2/94
600 Conyers, T. 8/27/94
600 Woodley, L. 9/4/94
590 Turner, C. 3/19/94
589 Blount, R. 10/23/93
589 Waldrop, M. 11/13/93
589 Braca, 4/2/94
589 Garcia, 5/14/94
585 Sheridan, J. 3/19/94
585 McMlymont, R. 7/9/94
584 Hicks, 10/22/93
580 Thomas, R. 3/12/94
578 David, B. 3/19/94
578 Guzman, C. 4/2/94
575 Taylor, T. 3/5/94
575 Arterberry, D. 6/22/94
573 Redmond, F. 11/6/93
573 Almoadvar, J. 6/25/94
573 Denton, T. 7/2/94
573 Garofalo, R. 7/16/94
573 Contreras, D. 7/30/94
573 Hensley, D. 7/30/94
573 Wonyette, 8/13/94
570 Page, 11/12/93
570 Johnson, L. 12/4/93
570 Jones, H. 3/19/94
567 Friday, S. 3/19/94
567 Scully, B. 7/16/94
565 Poole, C. 11/6/93
565 Kammerer, J. 7/9/94
565 Hall, L. 7/30/94
562 Lewis, A. 10/23/93
562 Moore, 3/18/94
560 Crawford, S. 12/4/93
556 McMillon, D. 10/31/93
556 Cicero, 3/19/94
555 Guthrie, G. 10/17/93
555 Short, M. 12/4/93
555 Shultz, R. 1/15/94
551 Danforth, M. 12/12/93
551 Ford, M. 1/29/94
551 Williams, 5/28/94
551 Celli, R. 7/2/94
551 Cannizzaro, P. 7/16/94
551 Baumgart, J. 7/16/94
550 Avans, P. 10/2/93
550 Thomas, 11/12/93
550 Bennett, J. 11/13/93
550 Williams, A. 12/4/93
550 Knott, D. 3/19/94
550 Hebert, C. 4/1/94
550 Johns, 7/9/94
550 Oreniga, J. 8/27/94
550 Baynes, D. 9/10/94
545 Pomerleau, M. 10/16/93
545 Chong, 2/26/94
545 Easton, 3/5/94
545 Rodriguez, D. 4/2/94
545 Weber, R. 8/20/94
545 Louis, 9/17/94
540 Moura, S. 10/17/93
540 McCarthy, M. 11/6/93
540 Coleman, K. 11/7/93
540 Kinsinger, J. 11/7/93
540 Watson, S. 12/4/93
540 Taylor, J. 3/5/94
540 Mankamper, C. 3/12/94
540 Santee, G. 5/7/94
540 Flores, 5/28/94
540 Cagnolatti, R. 6/4/94
540 Speight, 6/18/94
540 Rhodes, J. 6/22/94
540 Pennascio, G. 7/30/94
540 Reid, 9/10/94

TOTAL

1757 Crain, R. 7/2/94
1741 Austin, D. 7/30/94
1736 Ricks, D. 7/30/94
1675 Roedigione, J. 10/22/93
1672 Perez, J. 3/26/94
1670 Beavers, M. 9/4/94
1664 Conyers, T. 8/27/94
1658 Berardinelli, A. 7/2/94
1653 Taoy, M. 1/15/94
1653 Benemerito, R. 7/16/94
1647 Gibson, L. 7/16/94
1650 MacLean, M. 3/94
1625 Wood, J. 7/2/94
1581 Contreras, D. 7/30/94
1565 Bridges, B. 10/30/93
1565 Guzman, C. 4/2/94
1564 Culberson, T. 7/30/94
1559 Celli, R. 7/2/94
1554 Kiser, G. 4/2/94
1545 Autry, 11/12/93
1545 LaFoy, 7/9/94
1540 Kimura, M. 10/17/93
1540 Jackson, K. 3/19/94
1535 Ramirez, J. 9/11/94
1526 Williams, 5/28/94
1526 Turner, C. 3/19/94
1515 Friday, S. 3/19/94
1515 Rhodes, 8/13/94
1510 Almoadvar, J. 6/25/94
1500 Thomas, 11/12/93
1500 Johnson, L. 12/4/93
1500 Arterberry, D. 6/22/94
1498 Danforth, M. 12/12/93
1498 Alexander, A. 7/30/94
1480 Tate, 12/11/93
1476 Willett, M. 4/24/94
1476 Garofalo, R. 7/16/94
1475 Crawford, S. 12/4/93
1471 Cannizzaro, P. 10/9/93
1471 Garcia, 2/12/94
1470 Cayer, A. 10/16/93
1466 Williams, D. 3/18/94
1465 Davis, J. 3/12/94
1465 Woodley, L. 9/4/94
1460 Scully, B. 7/16/94
1455 Braca, J. 4/2/94
1448 McMillon, D. 10/31/93
1448 Bosse, J. 3/19/94
1445 Jones, H. 3/19/94
1444 Rodriguez, D. 4/2/94
1438 Dial, C. 3/26/94
1438 Crigilano, R. 5/7/94
1438 Denton, T. 7/2/94
1438 Wonyette, 8/13/94
1435 Baynes, D. 9/10/94
1432 McMlymont, R. 3/18/94
1430 Bennett, J. 11/13/93
1425 Williams, A. 12/4/93
1425 Redmond, F. 5/14/94
1420 Avans, P. 5/20/94
1416 Waldrop, M. 11/13/93
1416 Hensley, D. 7/30/94
1415 Peace, 11/12/93
1410 Ewoldsen, 10/23/93
1410 Dittler, 2/26/94
1410 Patterson, V. 3/12/94
1410 Knott, D. 3/19/94
1405 Pomerleau, D. 10/16/93
1405 David, B. 3/19/94
1405 Faritto, P. 3/26/94
1405 Vasile, J. 4/30/94
1405 Baumgart, J. 7/16/94
1405 Hammer, E. 7/16/94
1405 Miller, L. 7/16/94
1400 Guthrie, G. 10/17/93
1400 Moura, S. 10/17/93
1400 Bhojwani, S. 10/23/93
1400 Schnupp, M. 12/4/93
1400 Sullivan, J. 12/7/93
1400 Miller, S. 1/15/94
1400 Chong, 2/26/94
1400 Taylor, T. 3/5/94
1400 Collins, D. 3/19/94
1400 Hall, L. 7/30/94
1399 Easton, 3/5/94
1395 Watson, S. 12/4/93
1395 Johns, 7/9/94
1394 Rutledge, C. 3/19/94
1388 Moore, 3/18/94
1385 Moran, R. 12/11/93
1385 Shultz, R. 1/16/94
1383 Davis, K. 4/2/94
1383 Santee, G. 5/7/94
1383 Wodraska, C. 5/7/94
1380 Sullivan, S. 3/26/94
1377 Turner, M. 3/19/94
1375 Yost, T. 6/4/94
1370 Marques, 11/12/93
1370 Sacco, P. 6/11/94
1366 Mirabella, B. 5/14/94