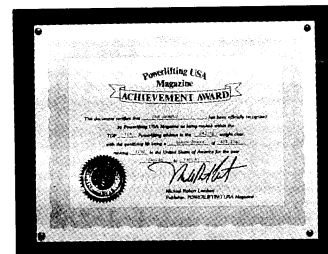


TOP 100

For standard 123 lb./56 kg. USA lifters in results received from June/2001 through May/2002.

PL USA Top 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - add 7% tax).

NEXT MONTH... TOP 132s

Corrections... In the "Eight Week Off Season Soulder Program" by J.M. Blakley in the February 2002 issue of *PL USA*, there are errors on the captions of the photos on page 28. The bottom caption should be in the 2nd position, and the top caption should be in the bottom position, and the middle caption should be in the top position. Also, in the February issue of *PL USA*, Kristina Grandick was incorrectly reported as the runner up in the 148 lb. class with lifts of 392 203 402 997, when she was actually world champion in the 165 lb. class with lifts of 396 203 402 1002. Joe Toranzo should have been credited with a 710 bench press on the All Time TOP 50 list for the 275s in the January 2002 issue of *PL USA*. We recognize the fact that we domake errors in our compilation of the various ranking lists we publish, however, in some cases we were not able to obtain a copy of the results from the meet director, and occasionally the meet results themselves contain errors. We apologize for any errors that our readers find in our competition reports or ranking lists, or anywhere else in the magazine, and we encourage you to send any corrections that you find to "PL USA ERRORS", Box 467, Camarillo, California 93011.

SQUAT	
1	450 Lloyd, M..3/23/02
2	450 Kamp, M..3/23/02
3	440 Snell, K..6/23/01
4	440 Holloway, D..2/2/02
5	435 Sutherland, J..12/1/01
6	424 Kiletico, M..4/13/02
7	424 Sanders, B..5/24/02
8	420 Milian, E..6/15/01
9	420 Niedoliwka, V..10/27/01
10	418 Gainer, E..8/20/01
11	405 Yarborough, J..3/23/02
12	405 Hunter, D..5/4/02
13	395 Rodea, L..3/23/02
14	391 Whigham, A..5/4/02
15	390 Garcia, R..3/23/02
16	385 Rodriguez, J..3/23/02
17	380 Kahaneck, J..3/23/02
18	380 Hernandez, J..3/23/02
19	380 Scrubbs, J..5/18/02
20	375 Leoni, R..8/10/01
21	374 Meadows, S..12/8/01
22	370 Schmidt, D..3/23/02
23	369 Tyree, V..11/3/01
24	369 Snyder, S..4/6/02
25	365 Jones, W..3/23/02
26	365 Brown, J..3/23/02
27	365 Gough, R..3/23/02
28	363 Wong, P..2/23/02
29	363 Whitfield, N..5/24/02
30	360 Garcia, M..3/23/02
31	358 Gaines, J..3/15/02
32	358 Amsden, M..5/30/02
33	355 Huerta, O..3/23/02
34	352 Jarrell, Q..3/15/02
35	350 Cheam, S..2/9/02
36	350 Williams, T..3/23/02
37	350 Offield, R..3/23/02
38	350 Thomann, C..3/23/02
39	347 Bowman, R..3/15/02
40	347 Barleen, D..5/4/02
41	341 Hafenbrack, M..5/25/02
42	340 Martinez, C..3/23/02
43	340 Hernandez, A..3/23/02
44	330 Melancon, S..12/15/01
45	330 Ona, J..2/2/02
46	330 Moses, S..3/15/02
47	330 Fair, T..5/18/02
48	330 Trzaskas, N..5/19/02
49	325 Strickland, W..11/3/01
50	325 Lewis, P..3/14/02
51	325 Beckerich, J..3/15/02
52	325 Kuser, P..3/23/02
53	320 Goble, B..3/23/02
54	319 Leonard, R..4/13/02
55	319 Pulchny, P..4/13/02
56	314 Baltazar, S..11/3/01
57	314 Maupin, M..11/24/01
58	314 Carpenter, D..4/13/02
59	308 Douglas, D..2/16/02
60	308 Brignac, D..3/15/02
61	308 Miller, J..3/15/02
62	308 Rendezer, N..3/15/02
63	305 Byrd, K..12/15/01
64	303 Denmon, L..8/4/01
65	300 Burgagni, J..6/16/01
66	300 Stevenson, R..2/9/02
67	300 Heard, K..2/9/02
68	300 Oliver, J..3/8/02
69	300 Deal, L..3/14/02
70	297 Hitchcock, A..3/15/02
71	297 Hatfield, B..5/19/02
72	295 Santamaria, E..3/14/02
73	292 Coody, B..6/9/01
74	292 Dupuis, J..4/13/02
75	290 Wilson, L..8/11/01
76	290 Awalt, A..3/14/02
77	290 Garcia, N..3/14/02
78	286 Hill, D..12/1/01
79	285 Costello, M..3/14/02
80	281 Rini, C..3/15/02
81	280 Fernandez, R..12/15/01
82	280 Ward, D..3/14/02
83	280 Scott, J..3/14/02
84	280 Franks, J..3/15/02
85	275 Lepert, D..6/23/01
86	275 Siveny, D..10/16/01
87	275 Tate, J..12/15/01
88	275 Vellucci, A..2/9/02
89	275 Marks, B..3/15/02
90	275 Turner, K..3/15/02
91	275 Matt, A..3/15/02
92	275 Branson, Z..3/15/02
93	275 Shaulis, J..5/4/02
94	275 Clacano, J..5/4/02
95	270 Thomas, L..12/1/01
96	270 Tidmarsh, P..2/9/02
97	270 Kramer, J..3/8/02
98	270 Jackson, S..3/14/02
99	270 Shedroff, B..3/23/02
100	270 Yockey, B..4/13/02

BENCH PRESS	
352	Booker, M..6/23/01
330	Petrenak, S..6/23/01
313	Wong, P..9/22/01
305	Jasper, C..4/20/02
303	Morishige, M..7/7/01
303	Pham, H..11/3/01
290	Harrison, J..2/9/02
285	Cintron, S..10/27/01
281	Gainer, E..8/20/01
280	Miller, B..6/9/01
275	Kiletico, M..4/13/02
270	Snell, K..6/23/01
260	Thomann, C..3/23/02
260	Hile, P..5/4/02
259	Sutherland, J..12/1/01
259	Barleen, D..5/4/02
253	Snider, C..11/15/01
253	Sanders, B..5/24/02
248	Niedoliwka, V..3/15/02
248	Carpenter, D..4/13/02
248	Meadows, S..5/4/02
245	Ortega, J..7/28/01
242	Garcia, H..4/27/02
240	Milian, E..6/15/01
240	Pichay, V..3/3/02
236	Radcliffe, S..5/4/02
235	Gresham, T..10/13/01
231	Rinn, S..8/4/01
231	Whigham, A..5/4/02
225	Nagum, J..7/28/01
225	Yarborough, J..3/23/02
225	Kahaneck, J..3/23/02
225	Scrubbs, J..5/18/02
220	Leoni, R..8/10/01
220	Green, R..10/27/01
220	Poellinger, B..2/9/02
220	Beckerich, J..3/15/02
220	Lloyd, M..3/23/02
220	Rodriguez, J..3/23/02
220	Amsden, M..4/12/02
215	Severin, M..6/16/01
215	Coulombe, T..11/15/01
215	Franks, J..3/15/02
215	Williams, T..3/23/02
215	Schmidt, D..3/23/02
215	Offield, R..3/23/02
210	Holloway, D..2/2/02
210	Carroll, S..3/9/02
210	Rodea, L..3/23/02
210	Brown, J..3/23/02
210	Hernandez, A..3/23/02
210	Garcia, M..3/23/02
209	Tyree, V..11/15/01
209	Kuser, P..3/23/02
205	Stokes, M..4/7/01
205	Peterson, E..6/2/01
205	Melancon, S..12/15/01
205	Jones, W..3/23/02
205	Martinez, C..3/23/02
205	Gough, R..3/23/02
205	Goble, B..3/23/02
205	Hunter, D..5/4/02
203	Bowman, R..3/15/02
203	Cheam, S..3/15/02
203	Duncan, J..4/20/02
200	Toro...7/22/01
200	Candy, D..8/25/01
198	Murphy, G..6/23/01
198	Leonard, R..4/13/02
195	Goins, T..2/23/02
192	Baltazar, S..6/9/01
192	Hilton, T..6/23/01
192	Maupin, M..11/24/01
192	Snyder, S..4/6/02
190	Campos, S..6/2/01
190	Stevenson, R..2/9/02
190	Garcia, R..3/23/02
190	Huerta, O..3/23/02
190	Shaulis, J..5/4/02
187	Hill, D..12/1/01
187	Dupuis, J..4/13/02
187	Whitfield, N..5/24/02
185	Burgagni, J..6/16/01
185	Bodine, R..9/22/01
185	Choppin, R..10/27/01
185	Johnson, M..11/17/01
185	Kramer, J..3/8/02
185	Pace, M..3/15/02
185	Kamp, M..3/23/02
185	Sojot, J..3/23/02
181	Ona, J..2/2/02
181	Siveny, D..3/15/02
181	Fair, T..5/18/02
181	Womack, J..5/24/02
181	Hafenbrack, M..5/25/02
180	Parrish, B..7/14/01
180	Heard, K..2/9/02
180	Turner, K..3/15/02
176	Stickland, W..6/9/01
176	Leapman, S..12/8/01

DEADLIFT	
507	Whigham, A..5/4/02
505	Holloway, D..2/2/02
501	Morishige, M..11/15/01
490	Gainer, E..8/20/01
485	Kiletico, M..9/14/01
485	Snell, K..5/5/02
473	Meadows, S..12/8/01
462	Niedoliwka, V..3/15/02
460	Thompson, R..6/9/01
460	Yarborough, J..3/23/02
457	Garcia, H..4/27/02
457	Sanders, B..5/24/02
455	Jones, W..3/23/02
450	Hunter, D..5/4/02
445	Lloyd, M..3/23/02
435	Rodriguez, J..3/23/02
435	Williams, T..3/23/02
429	Sutherland, J..12/1/01
429	Snyder, S..4/6/02
429	Barleen, D..5/4/02
429	Scrubbs, J..5/18/02
415	Garcia, R..3/23/02
413	Leoni, R..8/10/01
413	Tyree, V..11/15/01
407	Carpenter, D..4/13/02
405	Rodea, L..3/23/02
402	Bowman, R..3/15/02
402	Hafenbrack, M..5/25/02
400	Cintron, S..10/27/01
400	Cheam, S..2/9/02
400	Schmidt, D..3/23/02
396	Amsden, M..5/30/02
395	Hernandez, J..3/23/02
391	Ona, J..2/2/02
391	Jarrell, Q..3/15/02
390	Offield, R..3/23/02
390	Huerta, O..3/23/02
385	Wong, P..2/23/02
385	Leonard, R..4/13/02
375	Green, R..10/27/01
375	Kamp, M..3/23/02
375	Shaulis, J..5/4/02
370	Melancon, S..12/15/01
370	Martinez, C..3/23/02
369	Hilton, T..6/23/01
369	Beckerich, J..3/15/02
369	Trzaskas, N..5/19/02
365	Peterson, E..6/2/01
365	Oliver, J..3/8/02
365	Kahaneck, J..3/23/02
363	Dupuis, J..4/13/02
363	Whitfield, N..5/24/02
360	Burgagni, J..6/16/02
360	Goble, B..3/23/02
358	Rini, C..3/15/02
355	Gierre, B..6/2/01
355	Beaudoin, M..10/20/01
352	Baltazar, S..11/3/01
352	Kuser, P..3/23/02
352	Pulchny, P..4/13/02
352	Yockey, B..4/13/02
352	Hatfield, B..5/19/02
350	Douglas, D..6/23/01
350	Moses, S..12/15/01
350	Stevenson, R..2/9/02
350	Heard, K..2/9/02
350	Franks, J..3/15/02
350	Hernandez, A..3/23/02
347	Gaines, J..3/15/02
347	Fair, T..5/18/02
345	Jackson, D..9/22/01
341	Gordon, K..11/15/01
341	Marks, B..3/15/02
340	Patterson, C..8/19/01
340	Brown, J..3/23/02
340	Reed, J..5/18/02
336	Lepert, D..6/23/01
335	Gering, J..11/01
335	Thomas, L..12/1/01
335	Byrd, K..12/15/01
335	Kramer, J..3/8/02
335	Skal, B..3/16/02
330	Waddington, L..2/16/02
330	Lewis, P..3/14/02
330	Gough, R..3/23/02
330	Pensyl, B..4/6/02
325	Candy, B..6/9/01
325	Bryant, P..7/7/01
325	Denmon, L..8/4/01
325	Toro...2/10/02
325	Koch, C..3/8/02
325	Hitchcock, A..3/8/02
325	Trotz, F..3/9/02
325	Brignac, D..3/15/02
325	Archangel, M..3/15/02
325	Garcia, M..3/23/02
325	Hayes, D..4/6/02
325	Thibodeaux, J..4/13/02
325	Resendez, M..4/27/02
320	Mahan, A..3/14/02

TOTAL	
1190	Gainer, E..8/20/01
1173	Whigham, A..5/4/02
1162	Snell, K..6/23/01
1162	Kiletico, M..4/13/02
1155	Holloway, D..2/2/02
1135	Sanders, B..5/24/02
1124	Sutherland, J..12/1/01
1115	Lloyd, M..3/23/02
1107	Niedoliwka, V..3/15/02
1090	Yarborough, J..3/23/02
1085	Meadows, S..12/8/01
1060	Hunter, D..5/4/02
1058	Wong, P..2/23/02
1047	Scrubbs, J..5/18/02
1040	Rodriguez, J..3/23/02
1036	Barleen, D..5/4/02
1025	Jones, W..3/23/02
1010	Rodea, L..3/23/02
1010	Kamp, M..3/23/02
1008	Leoni, R..8/10/01
1000	Williams, T..3/23/02
995	Garcia, R..3/23/02
992	Snyder, S..4/6/01
985	Schmidt, D..3/23/02
975	Amsden, M..5/30/02
970	Tyree, V..11/3/02
970	Kahaneck, J..3/23/02
970	Carpenter, D..4/13/02
955	Offield, R..3/23/02
953	Bowman, R..3/15/02
950	Cheam, S..2/9/02
950	Hernandez, J..3/23/02
935	Huerta, O..3/23/02
925	Hafenbrack, M..5/25/02
915	Martinez, C..3/23/02
915	Brown, J..3/23/02
914	Beckerich, J..3/15/02
914	Whitfield, N..5/24/02
910	Thomann, C..3/23/02
909	Jarrell, Q..3/15/02
905	Melancon, S..12/15/01
903	Ona, J..2/2/02
903	Leonard, R..4/13/02
900	Hernandez, A..3/23/02
900	Gough, R..3/23/02
895	Garcia, M..3/23/02
887	Kuser, P..3/23/02
885	Goble, B..3/23/02
876	Trzaskas, N..5/19/02
859	Baltazar, S..11/3/01
859	Gaines, J..3/15/02
859	Fair, T..5/18/02
849	Burgagni, J..6/16/01
845	Franks, J..3/15/02
843	Dupuis, J..4/13/02
840	Stevenson, R..2/9/02
840	Shaulis, J..5/4/02
837	Hilton, T..6/23/01
830	Heard, K..2/9/02
826	Rini, C..3/15/02
821	Maupin, M..11/24/01
821	Pulchny, P..4/13/02
815	Byrd, K..12/15/01
815	Oliver, J..3/8/02
810	Douglas, D..2/16/02
805	Peterson, E..6/2/01
805	Milian, E..6/15/01
805	Moses, S..12/15/01
804	Strickland, W..11/3/01
799	Denmon, L..8/4/01