

# Boca Piquant CITY EDITION

## FIVE MUST HAVE BEAUTY PRODUCTS FOR THE SOUTH FLORIDA WOMAN

BY MARIA CALABRESA-ECHELARD, OWNER GAMINE BEAUTY BAR

1. *Skin-friendly effective exfoliants – one for the face and one for the body. Exfoliants help manually kick start cell renewal, improve overall texture of skin and even out skin tone. They also help prep skin for a flawless makeup application and allow for better penetration of toners, serums and moisturizers. Products are more readily absorbed vs. sitting on top of dead skin cells.*

2. *Tinted Moisturizer with and SPF of at least 15. A great tinted moisturizer gives a sheer veil of color for a real skin finish.*

*Insider Tip: After applying your tinted moisturizer, follow with a light dusting of finishing powder using a fan brush to complete that real skin finish.*

3. *An "Orange Free" Powder Bronzer. The perfect sun substitute for a natural sun-kissed Florida glow without extreme shimmer – all the benefits of a tan without the damage to your visage.*

4. *Basic Brow Products To Capture Your Best Brow. Grooming and shaping are required for the classic arch. You will need professional shaping and some basic products to get the look. Even though getting your brows in shape this fall is perfect timing as full, strong brows were seen all over fashion runways, the classic brow is never out of style.*

5. *Night cream appropriate for your age, skin type and skin condition and six to eight 8-ounce glasses of H<sub>2</sub>O per day. Hydrated, radiant skin starts from the inside out. Frequent contributors to dehydrated skin are sun exposure, tanning beds, smoking, caffeine intake, medications and decreased daily water intake. At rest, all of your body's cells are repairing and renewing themselves. The appropriate night moisturizer will help aid in skin cell renewal.*

## A GUIDE TO DOWNTOWN BOCA

Dining • Fashion • Nightlife • Shopping



## GAMINE BEAUTY BAR IS AN INTOXICATING LESSON IN LOOKING IRRESISTIBLE

By JOANIE COX

There's a gamine or playful girl in all women and Maria Calabresa-Echelard would like to help you find her.

Calabresa-Echelard opened Gamine Beauty Bar in mid-June. The charming shop, which is decorated with Parisian pin-up girls from the 1920s and shabby chic furniture that makes you feel as if you're in a tranquil European loft, offers skin-care treatments, makeup makeovers and brow shaping.

Calabresa-Echelard delivers personalized service like no other as she works on one client at a time. "I'm very results-oriented and I like to enhance the natural features of my clients," Calabresa-Echelard says. "My signature is maintaining the authenticity of their face."

A regular contributor to *Les Nouvelles Esthétiques & Spa Magazine American Edition*



BEAUTY CUTIE: A whole new you awaits at Maria Calabresa-Echelard's beauty bar. ERIC BOJANOWSKI

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and runway makeup artist, Calabresa-Echelard loves putting together custom beauty routines for women and simplifying it.

"I do makeup wardrobing where you can bring in your makeup case and

skin-care products and I will help you find what you really need to use," she explains.

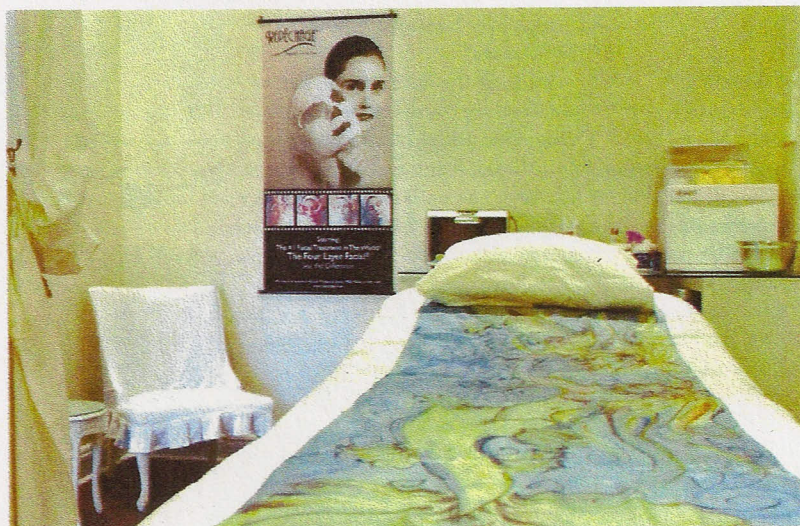
"There's a lot for ladies to be confused with product-wise now. Skin analysis is always part of what I do. I also love to talk about beauty from the inside out, which involves nutrition."

While brow sculpting is a trend that seems to evolve every fashion season – and this fall it's all about fuller brows – Calabresa-Echelard says she provides a couture brow experience.

"The eyebrow is the most important feature on a woman's face. It sets expression," Calabresa-Echelard adds. "I do a lot of corrective brow work."

When it comes to makeup, Calabresa-Echelard's mantra is: "Think Ready-To-Wear."

"I don't like to create a mask for women or do something too complicated to recreate at home," Calabresa-Echelard says. "If I show a woman how to apply makeup and she's still having trouble with it, I want her to come back and I'll



show her again."

Working with makeup in TV and print mediums, Calabresa-Echelard, who uses Senna Cosmetics at her beauty bar, says retro shows such as "Mad Men" and "Pan Am" are inspiring classic red lips for fall. "You can wear them glossy, matte or stained, but red is hot," Calabresa-Echelard says. "If you haven't really worn red before but want to try it, blot it and

wear it as a stain."

Gold and silver eye shadows are big this season as well a bold blush and eyeliner. "I like to interpret the trends for people," Calabresa-Echelard smiles.

*Gamine Beauty Bar is located in Royal Palm Place at 293 S.E. Mizner Blvd., Suite 44A in Boca Raton. Call 954-401-1226 or visit [Gaminebeautybar.com](http://Gaminebeautybar.com) for details.*

FACIAL SPACE: Get your inner glow on at Gamine Beauty Bar with firming facials, moisturizing masks and eye contour treatments that will smooth skin. ERIC BOJANOWSKI