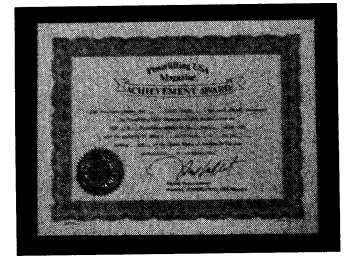


TOP 100

For standard 132 lb./ 60 kg. USA lifters in results received from Jul 2003 thru August 2004

SQUAT	BENCH	DEADLIFT	TOTAL
1 600 Williams, C..7/9/04	425 Unten, K..8/9/03	580 Hawthorne, R..12/12/03	1471 Williams, C..7/9/04
2 551 Hawthorne, R..11/7/03	402 Rinehart, T..3/6/04	540 Whigham, A..7/9/04	1405 Hawthorne, R..11/7/03
3 545 Washington..7/19/03	390 Myszka, A..2/7/04	534 Williams, C..7/9/04	1377 Washington, H..7/19/03
4 540 Whigham, A..7/9/04	385 Goelz, B..4/17/04	512 Washington, H..7/19/03	1339 Whigham, A..7/9/04
5 515 Weisberger, A..8/8/03	380 Smith, J..8/23/03	507 Cunningham, T..7/19/03	1306 Weisberger, A..11/7/03
6 505 Kamp, M..3/27/04	341 Petrencak, S..5/1/04	496 Kupperstein, E..1/25/04	1295 Cunningham, T..7/19/03
7 501 Cunningham..7/19/03	336 Weisberger..11/7/03	485 Trejo, D..3/27/04	1200 Tankersley, J.R..3/27/04
8 470 Kuhns, M..7/19/03	336 Williams, C..7/9/04	473 Benjamin, J.D..3/20/04	1170 Hynson, B..3/27/04
9 465 Tankersley, J..3/27/04	325 Harrison, J..7/17/04	468 Weisberger, A..3/5/04	1160 Moore, T..3/27/04
10 462 Dugosh, B..4/3/04	319 Washington..7/19/03	468 Smith, T..7/9/04	1157 Kupperstein, E..1/25/04
11 460 Hynson, B..3/27/04	315 McCormick..9/28/03	462 Urso, S..10/25/03	1146 Dugosh, B..4/3/04
12 451 Urso, S..4/3/04	315 Love, J..10/11/03	460 Baffoe, M..3/27/04	1146 Smith, T..7/9/04
13 450 Moore, T..3/27/04	315 Morrow, J..5/8/04	457 Derstine, M..3/20/04	1140 Kamp, M..3/27/04
14 430 Mendez, D..3/27/04	314 Hrenchir, A..4/17/04	455 Burns, G..3/27/04	1124 Carpenter, D..8/15/03
15 425 Kaufman, J..4/3/04	314 Thompson, J..5/1/04	451 Carpenter, D..8/15/03	1124 Sheppard, D..3/20/04
16 424 Bissen, J..12/6/03	308 Altizer, B..1/31/04	450 Tankersley, J.R..3/27/04	1118 Derstine, M..3/20/04
17 424 Phillips, A..1/24/04	303 Corpus, Jon..12/9/03	446 Dirienzo, T..2/7/04	1115 Trejo, D..3/27/04
18 420 Pack, J..3/27/04	303 Garcia, R..6/12/04	446 Dugosh, B..4/3/04	1113 Phillips, A..1/24/04
19 420 Rash, K..3/27/04	303 Kearby, D..7/24/04	440 Phillips, A..1/24/04	1105 Gonzalez, B..3/27/04
20 418 Kupperstein..1/25/04	300 Melancon, C..11/5/03	440 Sheppard, D..3/20/04	1102 Urso, S..4/3/04
21 418 Sheppard, D..3/20/04	300 Gonzalez, B..3/27/04	440 Lidester, S..3/20/04	1095 Burns, G..3/27/04
22 418 Richey, S..5/8/04	300 Surly, B..5/8/04	440 Hynson, B..3/27/04	1091 Richey, S..5/8/04
23 418 Smith, T..7/9/04	292 Hawthorne, R..11/7/03	440 Polk, M..3/27/04	1090 Paek, J..3/27/04
24 415 Bernal, R..3/27/04	292 Fellows, S..4/17/04	440 Goolsby..5/1/04	1085 Altizer, B..1/31/04
25 415 Gann, C..3/27/04	292 Snider, C..8/21/04	440 Kavarnos, J..7/9/04	1085 Mendez, D..3/27/04
26 413 Oliver, J..3/20/04	287 Vo, D..7/24/04	440 Walker, J..8/21/04	1080 Dirienzo, T..2/7/04
27 407 Derstine, M..3/20/04	286 Cunningham..7/19/03	435 Diamond, M..11/14/03	1060 Baffoe, M..3/27/04
28 405 Diamond, M..11/14/03	286 Olcsvary, J..11/22/03	430 Myers, S..11/22/03	1060 Polk, M..3/27/04
29 404 Nero, C..4/3/04	285 Johnson, C..7/5/03	430 Medrano, M..3/27/04	1058 Benjamin, J.D..3/20/04
30 402 Altizer, B..10/10/03	285 Tankersley, J..3/27/04	429 Hunn, J..11/15/03	1055 Diamond, M..11/14/03
31 400 Trejo, D..3/27/04	285 Moore, T..3/27/04	429 Oliver, J..3/20/04	1055 Bernal, R..3/27/04
32 400 Gonzalez, B..3/27/04	281 Whigham..11/29/03	425 Lamb, B..11/15/03	1052 Bissen, J..12/6/03
33 400 Burns, G..3/27/04	281 Corsello, J..4/23/04	425 Moore, T..3/27/04	1052 Oliver, J..3/20/04
34 400 Polk, M..3/27/04	281 Schmidt, T..8/22/04	425 Williams, J..7/04	1046 Nero, C..4/3/04
35 400 Brown, B..3/27/04	280 Hile, P..11/1/03	424 Slaasted, N..3/20/04	1045 Medrano, M..3/27/04
36 396 Carpenter, D..8/15/03	275 Carpenter, D..8/15/03	420 Paek, J..3/27/04	1045 Gann, C..3/27/04
37 395 Randall, G..3/27/04	275 Flowers, C..11/15/03	420 Mendez, D..3/27/04	1041 Kavarnos, J..7/9/04
38 390 Overdeer, A..9/6/03	275 Garvey, F..1/29/04	420 Bernal, R..3/27/04	1040 Overdeer, A..9/6/03
39 385 Jones, K..1/17/04	275 Eid, W..6/26/04	420 Shavers, K..3/27/04	1040 Myers, S..11/22/03
40 385 Baffoe, M..3/27/04	271 Southwood..8/21/04	420 Rogers, K..3/27/04	1030 Hunter, S..11/15/03
41 385 Whitehead, B..8/14/04	270 Hynson, B..3/27/04	418 Bissen, J..12/6/03	1030 Rash, K..3/27/04
42 380 Scott, J..3/19/04	265 Kuscik, T..3/14/04	418 Ouradnik, T..3/20/04	1025 Hunn, J..11/15/03
43 380 Medrano, M..3/27/04	264 Kuhns, M..7/26/04	418 Nero, C..4/3/04	1025 Williams, J..7/04
44 380 Williams, J..7/04	264 Sheppard, D..3/20/04	418 Richey, S..5/8/04	1019 Shekhanian, S..4/24/04
45 374 Hunter, S..11/15/03	264 Robertson, J..5/1/04	415 Snyder, S..12/7/03	1010 Randall, G..3/27/04
46 374 Hunte, S..11/15/03	264 Greene, S..6/12/04	413 Nogle, C..7/03	1008 Lidester, S..3/20/04
47 374 Dirienzo, T..2/7/04	264 Guadarrama, 7/10/04	413 Salem, N..9/20/03	1005 Jones, K..1/17/04
48 374 Lidester, S..3/20/04	260 Bates, A..12/13/03	413 LaBarbera, N..4/3/04	1000 Melancon, C..11/15/03
49 370 Stephens, J..7/19/03	259 Dirienzo, T..2/7/04	410 Overdeer, A..9/6/03	1000 Shavers, K..3/27/04
50 370 Lagravis, S..7/9/04	259 Duncan, J..4/24/04	407 Hunter, S..11/15/03	1000 Kaufman, J..4/3/04
51 369 Nogle, C..7/03	259 Smith, T..7/9/04	407 Burris, R..12/6/03	985 Brown, B..3/27/04
52 365 Johnson, M..3/19/04	255 Myers, S..11/22/03	407 Kawasaki, N..12/13/03	980 Rogers, K..3/27/04
53 363 Hunn, J..2/28/04	253 Bridges, C..2/29/04	407 Shekhanian, S..4/24/04	975 Ouradnik, T..3/20/04
54 363 Benjamin, J..3/20/04	253 Derstine, M..3/20/04	405 Gonzalez, B..3/27/04	970 Slaasted, N..3/20/04
55 363 Shekhanian, S..4/24/04	253 Richey, S..5/8/04	402 Stein, E..10/10/03	970 LaBarbera, N..4/3/04
56 363 Kavarnos, J..7/9/04	250 Bricker, E..10/11/03	402 Goulas, E..3/27/04	970 Whitehead, B..8/14/04
57 360 Hatfield, B..5/27/04	250 Lanigan, M..10/18/03	402 Blunsch, R..4/17/04	964 Burris, R..12/6/03
58 360 Molinaro, F..8/6/04	250 Godbold, K..12/14/03	402 Bosso, R..7/31/04	964 Meche, C..4/3/04
59 358 Lee, W..11/15/03	250 Coleman, C..2/21/04	400 Kamp, M..3/27/04	960 Molinaro, F..8/6/04
60 358 Hile, J..12/14/03	250 Pack, J..3/27/04	400 McFarland, C..4/3/04	959 Lee, W..11/15/03
61 358 Ouradnik, T..3/20/04	250 Gann, C..3/27/04	400 Lagravis, S..7/9/04	959 Frederick, M..11/15/03
62 358 Slaasted, N..3/20/04	250 Cross, T..4/3/04	400 Whitehead, B..8/14/04	959 Kawasaki, N..3/20/04
63 355 Melancon, C..11/15/03	248 Coisson, R..8/23/03	396 Muth, L..8/2/03	953 Haagendorf, J..2/7/04
64 355 Myers, S..11/22/03	248 Hunter, S..11/15/03	396 VanMeter, S..12/14/03	942 Bosso, R..7/31/04
65 352 Vega, M..8/2/03	248 Shekhanian..12/13/03	396 Acosta, M..2/7/04	940 Hatfield, B..5/27/04
66 352 Burgess, I..10/10/03	248 Phillips, A..1/24/04	391 Mikulecky, B..3/20/04	935 Bourgouye, C..1/17/04
67 352 Frederick, M..11/15/03	245 Helms, J..2/8/04	391 Meche, C..4/3/04	935 Goolsby..5/1/04
68 352 Doyle, P..11/29/03	242 Hunn, J..11/15/03	391 Jones, K..1/17/04	930 Lagravis, S..7/9/04
69 352 Johnson, A..3/6/04	242 Ferrer, R..12/6/03	390 Randall, G..3/27/04	925 Burgess, I..10/10/03
70 352 Meche, C..4/3/04	242 Fernandez..12/11/03	385 Molinaro, F..2/8/04	920 Johnson, A..3/6/04
71 350 Scott, M..11/15/03	242 Kupperstein..1/25/04	385 Toure, S..2/19/04	920 Blunsch, R..4/17/04
72 350 Silvas, A..3/19/04	242 Adelmann, T..8/14/04	385 Duke, P..6/12/04	910 Godbold, K..12/14/03
73 350 Hernandez, A..3/27/04	240 Overdeer, A..9/6/03	380 Altizer, B..10/10/03	910 Kalil, F..1/17/04
74 347 Adelmann, T..8/14/04	240 Burns, G..3/27/04	380 Patterson, C..10/26/03	909 Salem, N..9/20/03
75 345 Cielenski, Z..2/19/04	236 Dugosh, B..4/3/04	380 Lee, W..11/15/03	909 Doyle, P..3/20/04
76 345 Shavers, K..3/27/04	236 LaBarbera, N..4/3/04	380 Coleman, O..2/21/04	905 Silvas, A..3/19/04
77 345 Rogers, K..3/27/04	236 Simons, A..4/10/04	380 Doyle, P..3/20/04	903 Nogle, C..7/03
78 341 Hagendorf, J..2/7/04	236 Kavarnos, J..7/9/04	380 Gann, C..3/27/04	903 Stein, E..10/10/03
79 340 Garcia, N..3/19/04	235 Cruzmaya, V..7/12/03	380 Rash, K..3/27/04	903 Adelmann, T..8/14/04
80 336 Blunsch, R..10/18/03	235 Jones, K..10/18/03	380 Hatfield, B..5/27/04	900 Turnquist, D..2/7/04
81 336 Townsend, J..3/20/04	235 Gaine, J..11/29/03	375 Boston, M..7/19/03	900 Hernandez, A..3/27/04
82 335 Bourgouye, C..1/17/04	235 Bianca, C..12/20/03	375 Craig, K..8/17/03	898 Vega, M..8/2/03
83 335 Kalil, F..1/17/04	235 Kamp, M..3/27/04	375 Eid, W..5/16/04	898 Walz, A..2/7/04
84 335 Turnquist, D..2/7/04	235 Mendez, D..3/27/04	374 Frederick, M..11/15/03	898 Bridges, C..2/29/04
85 335 Jackson, S..3/19/04	235 Medrano, M..3/27/04	374 Corpus, Jon..12/9/03	898 Herfor, L..3/6/04
86 330 Stein, E..10/10/03	235 Shavers, K..3/27/04	374 Walz, A..2/7/04	892 Jankowski, J..8/2/03
87 330 Trujillo, R..12/7/03	235 Brown, B..3/27/04	374 Goodman, J..4/17/04	890 Villafranca, D..2/19/04
88 330 Herfor, L..3/6/04	235 Walker, A..13/04	370 Bourgouye, C..1/17/04	887 Acosta, M..2/7/04
89 330 Kawasaki, N..3/20/04	231 Frederick..11/15/03	370 Forte, M..1/17/04	885 Hoek, C..11/15/03
90 325 Dowden, H..3/19/04	231 Karapetyan..12/14/03	369 Hughes, H..5/15/04	885 Scott, M..11/15/03
91 319 Blessinger, A..3/20/04	231 Creel, B..5/15/04	365 Turnquist, D..2/7/04	885 Toure, S..2/19/04
92 319 LaBarbera, N..4/3/04	230 Mounts, C..9/20/03	265 Villafranca, D..2/19/04	885 Cielenski, Z..2/19/04
93 319 Bosso, R..7/31/04	230 Molinaro, F..11/1/03	365 Kuscik, T..3/14/04	880 Kuscik, T..1/17/04
94 315 Hoek, C..11/15/03	230 Bourgouye, A..1/17/04	365 Silvas, A..3/19/04	876 Trujillo, R..12/7/03
95 315 Godbold, K..12/14/03	230 Baumbach..2/21/04	365 Hernandez, A..3/27/04	876 Thompson, J..7/9/04
96 315 Keenan, N..3/13/04	230 Trejo, D..3/27/04	363 Vega, M..8/2/03	870 Townsend, J..3/20/04
97 315 McDonald, J..4/17/04	230 Rash, K..3/27/04	363 Jankowski, J..8/2/03	870 Goulas, E..3/27/04
98 315 Goolsby..5/1/04	230 Kottke, K..4/3/04	363 Brisbane, A..3/6/04	865 Hile, J..12/14/03
99 315 Dickey, B..3/6/04	226 Vincent, J..10/17/03	363 Townsend, J..3/20/04	965 Douglas, K..8/21/04
100 314 Jankowski, J..8/2/03	225 Stephens, J..7/19/03	363 Ellis, M..4/3/04	860 Gaine, J..11/29/03

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NEXT MONTH... TOP 148s

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