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PARIS IS

# A MOVEABLE FEAST

ADVENTURES IN THE CITY OF LIGHT

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GIRLS' WEEK IN PARIS

October 9 – October 17, 2023





CAFÉ MARLY, OVERLOOKING THE LOUVRE

- *GLAMOUR, FASHION, FUN* -

## 'GIRLS' WEEK IN PARIS'

**October 9 – October 17, 2023**

Autumn is a marvelous time in Paris. The Summer crowds have evaporated and the weather is still fine. The shops, the wine bars and bistros, the museums and the galleries, all glow with a warm and welcoming air. This is the ideal season to have a FLING with your best friend, sister, daughter, mom, or sorority gal pal. We've tweaked our regular itinerary to create a week especially designed for a GIRLS-ONLY escapade in this, the world's most glamorous, fashionable, and exciting city – PARIS. We'll escort you to the boutiques and cafes of the Left Bank, and the Grand Boulevards of the Right Bank, home of great art, fine dining and upscale shopping. Your home base will be a wonderful 4-star boutique hotel in the best of all Left Bank districts – Saint-Germain-des-Prés.

Make this a one-week trip or build a longer European vacation around it. We can help with connections, before or after Paris, to many other exciting locales around Europe.

If you have always wanted to visit Paris, or have longed to return, this is a perfect opportunity to do it in style..

### HERE'S WHAT'S INCLUDED:

- ✓ 7 nights' lodging at a 4 Star boutique hotel in the heart of Saint-Germain-des-Prés.
- ✓ 7-day Metro Subway Pass.
- ✓ 6-day Paris Museum Pass for front-of-the-line entrance into all the major museums and monuments.
- ✓ 7 Full buffet breakfasts.
- ✓ 2 marvelous dinners at historic upscale Parisian restaurants.
- ✓ 2 elegant & memorable lunches near the Paris Opera and the Luxembourg Gardens.
- ✓ A gourmet dinner cruise on the River Seine.
- ✓ Tour of Versailles Palace
- ✓ Daily 2-hour walking tours of different areas of the city – as many or as few as you wish to take part in. All afternoons are free.

**PRICE: \$3957\* per person**  
(Based on double occupancy)



THE CLOSERIE DES LILAS



## AUTUMN IN PARIS

**PARIS BREATHES A SIGH** in the Fall. The rush of touristy summer has subsided, the city settles into a new pace. Sweaters and scarves begin to appear, yet the weather is still pleasant. Autumn leaves begin to fall, the sidewalk cafés serve mulled wine as well as chilled champagne. There's that intangible "something" in the air.



The days are perfect for strolling. The evenings are exhilarating. The cafés are warm and inviting. The monuments are illuminated. Paris is at its sophisticated best !



Autumn is a time of WHIMSY, a time for croissants at the local bakery, champagne at the wine bar and shopping at marvelous one-of-a-kind boutiques.





## ITINERARY



### Monday, October 9 –

#### Depart your home city for Paris

Make sure to book a flight which will arrive in Paris by midday on the 10th. This will allow you to arrive at the hotel, get situated and be ready for our first short orientation stroll from 3:00 – 5:00 pm.

### Tuesday, October 10 –

#### Arrive Paris

Arrive in Paris by midday and transfer to our hotel. From 3:00 – 5:00 pm join us on a leisurely stroll around the islands in the middle of the Seine where Paris began over 2,000 years ago. You'll walk off your jet lag and see some of the city's iconic sights like Notre Dame Cathedral, Sainte-Chapelle and the Conciergerie. At 6:00 pm join us for a welcome reception followed by a hosted dinner at a local historic restaurant.



### Wednesday, October 11 –

#### St-Germain-des-Prés

This morning we'll introduce you to the marvelous Left Bank neighborhood around our hotel. Saint-Germain-des-Prés offers the quintessential Left Bank experience: art and antique galleries, historic cafés, gourmet chocolate and food purveyors, and boutique shopping that's unsurpassed in any other section of the city. We'll share fascinating tidbits about the many writers and artists who've called this neighborhood their home and point out little known shops and eateries that we're sure you'll love. At midday we'll treat you to lunch at an upscale art nouveau restaurant in the Latin Quarter. The afternoon is free for shopping, sightseeing or museum visits. Dinner tonight is on your own. We can recommend some charming bistros and cafés if you like, or you can set off to discover a memorable spot on your own.

### Thursday, October 12 –

#### The Right Bank from the Louvre to the Opera

Today we will explore the monumental Right Bank. The Louvre Museum and Tuileries Garden, the opulent Place Vendome (Site of the Ritz Hotel), and the crown jewel of Belle Époque Paris: the Opéra Garnier. You'll be our guest for an elegant lunch near the Opera. Afterward we'll escort you to the two "Grands Magasins" (Great Department Stores); the Galerie Lafayette and Printemps. If department store shopping is not your cup of tea, go exploring – there's so much to see and do on the Right Bank. Perhaps you'll join us for a late afternoon cocktail at the legendary watering hole, Harry's New York Bar? Dinner tonight is on your own. Let us know that morning if you'd like us to make a reservation for you for supper or recommend a great little wine bar.



**"We'll always have Paris."**

**- Humphry Bogart -**



## ITINERARY (Cont'd)

### Friday, October 13 –

**The Marais Quarter & Dinner Cruise on the Seine** – One of the most historic and vibrant quarters of the city, the Marais was once the home of 17th-century aristocrats. After three centuries of decline it was resurrected in the latter half of the 20<sup>th</sup> Century. It is now a mecca of modern-day Parisian culture, cuisine and art. During our walk we will visit the City Hall of Paris, the Tour St. Jacques, from whence great medieval pilgrimages began, and the oldest square in Paris: Place des Vosges. The afternoon is yours for more shopping, sightseeing or sampling the Café Culture that is such an intrinsic part of the Paris experience. Tonight you'll be treated to a marvelous dinner cruise. You'll see the illuminated monuments and churches that line the banks of the Seine as you enjoy a wonderful multi-course dinner with wine.

### Saturday, October 14 – Paris at its most elegant:

#### From the Madeleine to the Eiffel Tower

This morning we'll visit some of Paris's most iconic monuments and grandest boulevards. From the Madeleine church and the gourmet food purveyors that surround it, we will visit the city's largest square, Place de la Concorde. From there we'll stroll along the grandest and most famous boulevard in the world, the Champs Elysées, and peek in its luxury shops. Next is the Arc de Triomphe, monument to Napoleon's victories and site of France's Tomb of Unknown Soldier. We will conclude the morning at the Eiffel Tower. If you'd like a memorable splurge, make reservations for lunch at the Michelin-starred Jules Verne restaurant on the second level of the Tower; pricy but worth it (Contact us to help with reservations). In the afternoon there are so many things that await you – perhaps a visit to Napoleon's Tomb or the Rodin Museum, or the Impressionist paintings at the Musée D'Orsay or the Orangerie. Admission to all these places is included with your Paris Museum Pass. Tonight is on your own – perhaps you'll take in a classical concert in a centuries old church, or sit in on a jam session at one of Paris's famed jazz clubs. We can help arrange all this and more.



### Sunday, October 15 –

#### The Palace of Versailles

For those who would like to make a pilgrimage to the legendary court of the Sun King, Louis XIV, we'll escort you outside the city this morning to the palace of Versailles. You'll have access to the palace and gardens along with an audio guide which explains the history of this wondrous complex. You'll see the public rooms and private apartments of the kings and queens, including the ill-fated Marie Antoinette. You'll also see the breathtaking Hall of Mirrors (pictured to the left) and the incomparable royal chapel. After a walk through Versailles' vast manicured gardens you'll return to Paris in the early afternoon. If you prefer to skip the outing to Versailles, you'll have the entire day to explore Paris on your own; what could be better? Make sure to reserve an extra special café or bistro for dinner on your own tonight. We can help with some wonderful recommendations.



**“To be Parisian is not to be born in Paris, it is to be REBORN there.”**

**- Sacha Guitry -**





## ITINERARY (Cont'd)

**Monday, October 16 –**

### **One day left and there's still so much to do.**

This is the day to tie up loose ends - return to the shop where you've been contemplating a purchase all week, or pick up that gift for someone special. It's your last chance to have a Café Crème on the sidewalk terrace of Les Deux Magots or Café de Flore. Or if you've been putting off your rendezvous with Mona Lisa at the Louvre, now's your chance.

For those who'd still like to explore with us, this morning Debbie and I will head to the hilltop enclave of Montmartre. We will visit the huge white wedding cake cathedral of Sacre Coeur and take in the vistas of Paris from its steps. We'll walk around this quaint neighborhood to see the haunts of the great painters like Picasso, and Toulouse-Lautrec who lived here at the end of the 19<sup>th</sup> century. And we'll nibble and nosh at a few of the many patisseries and food shops along the way.

The afternoon is yours, or if you'd like to continue on with us, perhaps we'll pay a visit to Pere Lachaise cemetery or go on a crawl through some of the famed 19<sup>th</sup> - century covered "passages" that lace the Right Bank. There are so MANY options!

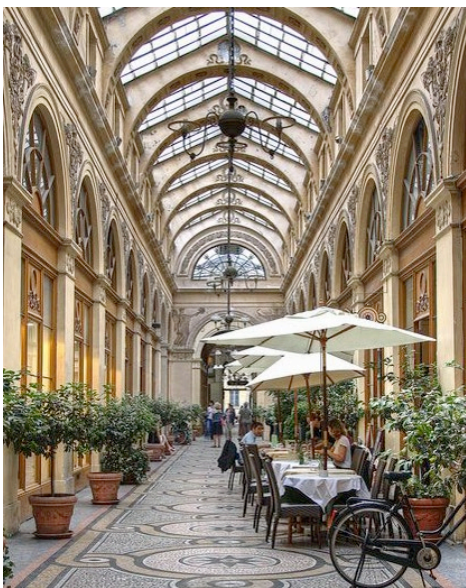
Tonight we'll host a gala farewell dinner at an upscale historic restaurant.

**Tuesday, October 17 –**

### **Depart Paris**

Breakfast at the hotel then check-out and transfer to Charles de Gaulle Airport for your return flight back home.

***Bon voyage et à la prochaine!***



### **EXTEND YOUR STAY?**

If you'd like to extend your overall stay in Europe (Many of our travelers do), you can use this week as the anchor leg of a longer holiday, visiting other cities before or after Paris.

London, Amsterdam, the French Riviera, or Burgundy wine region are all easily reached from Paris. Four or five days in one of these locales makes the perfect addition to your week-in-Paris. We can help you make these arrangements too.

**"Paris is always a good idea."**

**- Audrey Hepburn -**



# PARIS IS A MOVEABLE FEAST

## ADVENTURES IN THE CITY OF LIGHT



### HOTEL MADISON

4 STAR COMFORT IN THE HEART OF SAINT-GERMAIN



There is a vortex in every great quarter of every great city; a place where all the action seems to swirls around. The intersection of Blvd.Saint-Germain and Rue Bonaparte is such a spot. It is the hub of literary, social and commercial life in the Saint-Germain-des-Prés district.

Hotel Madison occupies a coveted position overlooking this historic corner, with views of the St-Germain abbey directly across the street. The old axiom, "Location, location, location" could not be more appropriate. One step outside places you right in the center of the very best of the Left Bank.

The Madison's guests enjoy modern, comfortable accommodation which includes a delicious buffet breakfast and a serve-yourself wine bar in the lobby. Coffee and pastry are also available in the wine bar. Two Metro subway lines within a block of the hotel conveniently whisk visitors anywhere in the city. There are also taxi stands and bank ATM's immediately outside the hotel. In short, The Madison is an ideal spot from which to explore the City of Light.



**"Good Americans, when they die,  
go to Paris."**

**- Thomas Gold Appleton -**





## ABOUT US

**“If you are lucky enough  
to have lived in Paris as a young man,  
then wherever you go for the rest of your life  
it stays with you,  
for Paris is a moveable feast.”**

**- Ernest Hemingway -**

A quarter century after a middle-aged Hemingway uttered these lines, I found myself fresh out of college, wide-eyed and penniless in Paris (Not unlike the young Mr. Hemingway 50 years earlier). That first madcap week left me hopelessly and irretrievably hooked on *The City of Light*. In the intervening 45 years and 40 return visits Paris has indeed stayed with me, holding me and taunting me with all that I have yet to discover.

Over the years friends began asking me to help plan and eventually to host their trips to the French Capital and various spots on the Continent. Thus was born what has become my vocation and passion: sharing Europe in general and Paris in particular; its culture, history and joie-de-vivre.

More than just a moveable feast, Paris is also a moving target. Keeping up with its ever-evolving trends and fashions is a full-time job. Just monitoring the restaurant scene is a daunting task, but one I relish and love sharing with our fellow travelers.

My business partner and inspiration is my wife, Debbie. A longtime Pan Am Airline employee, Debbie has always had the travel bug and together we live and lust for the next adventure in the City of Light. I'm the history buff and logistics guru and Debbie is the shopper, social chairman, and glue that binds us to all our travel companions.

We hope you will join us for the next Moveable Feast,

*Mike and Debbie Westra*

**“To know Paris is  
to know a great deal.”**

**- Henry Miller -**







## CUSTOMER REVIEWS

For me, seeing Paris with you, even after having been there four times before, I feel I saw the city almost for the first time. You are incredibly good at conveying information, excitement and finding the very best dining. A well-informed guide is essential. Your passion for the most beautiful city in the world is contagious. Thank you! Big hugs to both you and Debbie.

**Janice S. - Driggs, ID**

Dear Mike and Debbie,  
What can I say about the most fabulous vacation ever? Sumptuous hotel, decadent (and delicious) meals, amazing tours (and an adorable tour guide!!), and truly perfect travel mates. I think that this was my favorite trip yet of the four we've done with you. Thank you for all you did behind the scenes to make everything so wonderful and seamless. I just reviewed some of our pictures.... wow; we really did a LOT of amazing things. Your choices, tour route, and of course the meals will live in my mind (my "happy place") for a long time. I hope you know how very much I (and everyone else) appreciate all that went into making the past week so very memorable. Thank you, thank you, thank you!

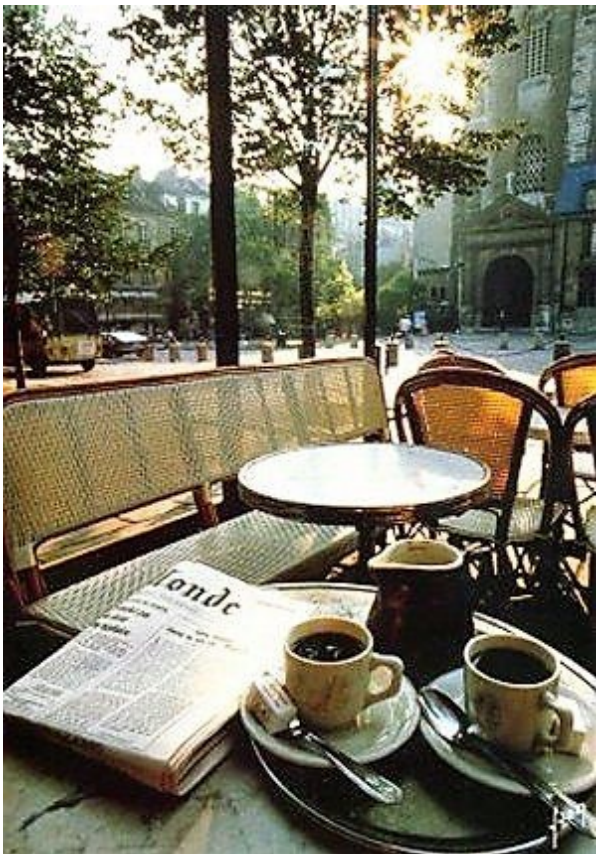
**Diane L. - Orinda, CA**

If your goal is to see Paris and Europe in a beautifully organized fashion, with emphasis on well situated boutique hotels and historic, highly rated restaurants with just the right amount of historical info along the way, you've found the best trip planners in Mike and Debbie. We've been on three of their masterfully designed trips: Paris & Loire Valley, Italy, and Central Europe. Each trip surpassed the one before it. Their guidance is impeccable and attention to detail is constantly evident. The balance of structured and free time is just right. Traveling with Mike and Debbie Westra will quite simply provide many of the best memories of your lifetime.

**Steve S. - Laguna Beach, CA**

I can't say enough great things about our trip to Paris. Mike and Debbie went out of their way to make adjustments for us when we arrived a day late, and their hospitality and generosity continued throughout the week. Everything was planned perfectly, and there was a great degree of flexibility when we wanted to tweak the agenda. The accommodations could not have been better. The walking tours were so informative and thorough, without being boring. The group dinners were exquisite. Mike's vast knowledge of the city and abundant recommendations made it easy to get the best experience possible during the week-long trip. I would definitely travel with Mike and Debbie again in a heartbeat!

**Meredith R. - Columbia, SC**



## Frequently Asked Questions (FAQ's)

### **SINGLE OCCUPANCY:**

Hotel arrangements are based on double occupancy (2 to a room). While it is possible to have "single occupancy" it substantially increases the cost of the package since the individual pays for 100% of the hotel cost instead of splitting it with another traveler.

For single occupancy rates please contact us.

### **MINORS:**

Our events are designed for ADULTS.

Children under 18 are not invited. Young adults between 18 & 21 are welcome if traveling with their parent or guardian.

### **EXCHANGE RATE:**

Prices are quoted in US Dollars based on the Dollar/Euro exchange rate as of 01/10/223. Shifts in Dollar/Euro rates may require us to add a supplemental currency variance charge. Any additional increase will be communicated prior to departure and will be collected before the trip.

### **HOTEL RATES:**

The biggest single expense for our tours is hotel accommodation. In the current era of rapid worldwide inflation, the rates for Paris hotels have fluctuated dramatically in recent months.

The tour price reflects our best estimate on what rates will be at the time of travel. We will continue to monitor the situation and may, if necessary, switch to a neighboring hotel if we believe a better value exists without sacrificing location and quality of accommodation. Or we may need to add a slight surcharge to the published price in order to maintain the level of accommodation we feel our travelers deserve. Every effort will be made to avoid price increases and we will keep you notified well in advance if this becomes necessary.

## HOW TO REGISTER:

Because we limit this event to a maximum of 4 couples, please **send us an email with the number of people in your party to**

**[mike@amoveablefeast.us](mailto:mike@amoveablefeast.us)**

Once we confirm availability, we will e-mail you a registration form along with a credit card authorization. **It is VERY IMPORTANT that you complete and return both of these right away to insure your spot.**

**A DEPOSIT** of \$1,000 per person is due at the time of registration. No reservation will be considered "Confirmed" until both registration and payment forms are received. **FINAL PAYMENT** is due 60 days prior to departure. We will send you a reminder a few weeks prior to this deadline.

### **CANCELLATION**

Carefully review cancellation policy and other important information in the **TERMS & CONDITIONS** page at the end of the brochure. Receipt of your registration will constitute your understanding and agreement to all the items contained in the **TERMS & CONDITIONS**.

**Act now while there's still availability.  
Send us an e-mail NOW to confirm  
space and reserve your spot.**

**Contact us at:**

**[mike@amoveablefeast.us](mailto:mike@amoveablefeast.us)**

**(310) 980-9658**



## TERMS & CONDITIONS

### **EVENT PRICE: \$3957 PER PERSON**

**Based on double occupancy.**

\*For individuals desiring SINGLE accommodation.  
Please contact A MOVEABLE FEAST for a quote.

#### **PACKAGE INCLUDES:**

- 7 nights' 4 star hotel in "Privilege" category room.
- 7 breakfasts, 3 dinners, 2 lunches,
- 7-day Metro Pass and 6 day Paris Museum Pass
- Guided tours and day trips as indicated in the itinerary
- All tips and service charges connected with meals or events listed above.

#### **PACKAGE DOES NOT INCLUDE:**

- Air transportation & airport transfers.
- Excess baggage charges.
- Passport and visa fees.
- Laundry, room service, purchases from hotel.
- Telephone, fax, or internet charges.
- Meals not specified above.
- Sightseeing, taxi, or services not listed in itinerary.
- Gifts or items of a personal nature.

#### **ESCORTS:**

The event will be hosted throughout by Mike & Debbie Westra, dba **A MOVEABLE FEAST**.

#### **DEPOSITS AND FINAL PAYEMENT:**

**A DEPOSIT of \$1,000 is due at time of booking.**

No reservation will be considered confirmed without receipt of initial deposit and completed registration.

**FINAL PAYMENT is DUE 75 days prior to event.**

**CURRENCY FLUCTUATION ADJUSTMENT:** Significant increase in Euro vs. the US Dollar over price originally quoted may require an additional surcharge. Any increase will be communicated to travelers at least 30 days prior to departure and collected prior to the trip.

#### **CANCELLATION & REFUNDS:**

Deposits and final payments are non-transferable.

Cancellations made more than 91 days prior: full refund.

Cancellations made **between 90 and 61 days** prior to the event will receive full refund **LESS \$500** per person.

Cancellations made **between 60 and 31 days** prior to the event will receive full refund **LESS \$1,000** per person.

Cancellations made **between 30 and 14 days** prior to the event will receive full refund **LESS \$1,500** per person.

Cancellations made **less than 14 days before** the event will receive **NO REFUND**. ALL cancellations must be **IN WRITING** and received prior to deadlines indicated above.

#### **PAYMENT:**

**By Credit Card** (Visa, MasterCard, AMEX, Discover):

#### **By Check or Money Order:**

Payable to: **A Moveable Feast**  
**1608 Cooper Creek Lane**  
**Franklin, TN 37064**

#### **TRIP INSURANCE:**

Trip cancellation insurance is strongly recommended to protect your health and travel investment. Per the **Terms & Conditions**, portions of the event's cost may be nonrefundable so you are wise to manage your risk with adequate trip insurance. Refer to this site for insurance options: <https://www.insuremytrip.com>

#### **PASSPORT & VISA REQUIREMENTS:**

It is the sole responsibility of each participant to determine the correct passport, visa, Covid or other travel documentation required. Currently, US citizens need no visa for travel to France, but a passport valid for SIX MONTHS AFTER your return home is required. Check the expiration date of your passport and apply for a new one if it expires less than six months after return.

#### **RESPONSIBILITY:**

**M & D Westra, LLC dba A MOVEABLE FEAST** acts solely in the capacity of EVENT PLANNER in all matters pertaining to hotel accommodation, local transportation by bus, train, subway or motor vehicle conveyance, public or private, and as such is not liable for any damage, expense or inconvenience caused by late plane, train or ship arrival or departure, or by any change of schedule or other condition, nor the loss, injury or damage to baggage or articles belonging to the event participants, nor the loss, injury or damage to any person or property whatsoever. **The event planners reserve the right cancel 90 days prior to the tour if minimum number of participants is not achieved (4 couples), or to withdraw at any time, or make changes to the published itinerary whenever, in their sole judgement, conditions warrant or if they deem it necessary for the comfort, convenience or safety of the event participants.** In case any hotel or restaurant originally scheduled for our event becomes unavailable due to unforeseen circumstances, a hotel or restaurant of equal category will be provided at no additional cost to the event participants. Participant understands and agrees that any activity or meal missed by participant will not be refundable.

**ACCEPTANCE:** Submittal of Registration and Deposit signify understanding and acceptance of all **Terms & Conditions**.