

Ionithermie \$159 50 minutes
 A fantastic treatment, developed by a french medical physician, proven to detoxify and visibly reduce the appearance of cellulite. Using rich marine clay and gentle stimulation working on stomach, thighs, arms and abdomen. Guaranteeing 1 – 8 inch reduction on the body after one single treatment. This treatments has been researched for 10 years and no other treatment has been found to beat the results and benefits of Ionithermie.

We recommend a series of 3 sessions \$399 50 minutes
Add on a Arthritic Joint Release for Feet & Knees \$59

La Therapie Oxygen Lifting Facial \$119 50 minutes
 A gorgeous corrective facial with active ingredients that will penetrate deep into the skins layers, giving you visible results. Slows down the skins ageing process.

Add on Neck & Bust Firming Treatment \$99

Elemis Pro-Collagen Facial \$145 50 minutes
 Providing immediate results in the fight against time, helps to slow down the signs of premature ageing, reducing the appearance of fine lines and wrinkles on the face and crows feet around the eye contour. Specialized lifting massage techniques are combined with the Pro-Collagen Booster Serum. Skin will have a more youthful appearance after just 1 treatment. This treatment is further enhanced by a luxurious hand & arm massage or scalp massage.

Absolute Spa Ritual Facial & Massage \$265 100 minutes
 Gentle massage techniques are combined with Japanese Silk Mask, to help rebalance delicate fragile complexions. Helping to eliminate fine lines and redness. This unique facial is combined with a 50 minute well being massage, using warm blends of aromatherapy oil. Sheer heaven, we think so!

Cellutox Aroma Spa Ocean Wrap \$259 100 minutes
 \$195 75 minutes

Whilst being cocooned in this unique algae wrap, you will be treated to a pressure point scalp massage and de-stressing foot massage treatment. This beautiful therapy helps relieve the discomfort of fluid retention and detoxify the skin. The body and skin is left silky smooth, completed with a luxurious back massage or full body massage of your choice.

Aromastone Massage \$195 75 minutes
 \$149 50 minutes

Therapeutic heat from the hot basalt stones is slowly released into the belly of the muscle delivering a completely new body experience in massage whilst luxuriously warmed oils are drizzled on the body for maximum relaxation. Your therapist will perform a massage using the warm stones into their hands to penetrate deep for pure muscle relaxation. The hot stone massage leaves the feeling of well being on the body for weeks later.

Lime and Ginger Salt Glow & Massage \$199 75 minutes
 A body exfoliation ritual to invigorate and revitalize the body, warm oil is dripped luxuriously on the body, continuing with exotic lime and ginger sea salt to polish the skin to perfection, leaving the skin glowing and flawless. It's not over yet! Continuing your quest for pure relaxation, your therapist will perform a 50-minute full body massage.

Couples Massage \$269 p/couple 50 minutes
 Enjoy a full body massage side by side in our couples massage room. Using warm massage oil, two therapists will massage you both in synchronized movements into pure oblivion!

Reflexology Ritual \$119 50 minutes
 An ancient Chinese foot ritual, combining pressure point techniques on the feet to heal and balance the body's energy flow. An excellent treatment to help alleviate and prevent migraines, decongestion and joint pain.
We recommend a series of 3 sessions \$299

Simply Swedish \$190 75 minutes
 \$119 50 minutes
 A full body massage experience, using long flowing massage techniques, to relax and de-stress the mind and body.

Shiatsu \$129 50 minutes
 An amazing, yet therapeutic method of massage from Japan. A combination of acupressure, kneading and stretching to release pain and tension.

Acupuncture \$150 1 session
 Acupuncture can dramatically increase overall vitality and energy. It treats the underlying causes of illness, rather than merely the symptoms. The World Health Organization had identified that acupuncture treats many different conditions, such as joint pain, arthritis, headaches, stress, women's health, and many more. Complimentary seminars and consultations available during the cruise.

Course of 3 \$390
Course of 5 \$630

Barber Shop Treatments

Total Time for Men \$150 75 minutes
 Visit our onboard Barber for this men's total grooming package. Starting with a deep cleansing, de-sensitizing facial, using lavender to repair and reduce redness, continuing with a double close shave with a traditional hot steam compress. A luxury scalp, neck and shoulder massage, followed with a relaxing foot & ankle massage and arm & hand massage. Sheer indulgence and vitality.

Express Shave \$45 30 minutes
Men's Cut and Style \$35 30 minutes

Go Smile **\$199** **30 minutes**
 This unique effect and efficient teeth whitening program is a complete oral hygiene treatment, with whitening results that are dramatically visible and lasting. This cosmetic treatment lifts 1 – 6 shades of your teeth and even brightens veneers and caps. Safe, pain free and effective.

HAIR AND NAIL RITUALS - MENU OF SERVICES

Frangipani Conditioning Hair and Scalp Ritual **\$29** **25 minutes**
 Frangipani Monoi oil has been used for centuries in Tahiti to soften the skin and hair of new brides. Enjoy a deep scalp massage with hot monoi oil to ease away stress and give your hair a glossy and healthy shine.

Cut/Style

Short hair	\$59
Medium hair	\$75
Long hair	\$79
Shampoo, Dry and Style	\$33 - \$60
Color and Style (highlights/roots/tint)	Please ask for a consultation.

Exotic Hand Ritual Manicure **\$45** **45 minutes**
 Cuticles and nails are nourished and warmed while the sublime sensation of warm milk hydrates and nourishes the hands and arms. Continuing with hand and arm exfoliation, a nourishing mask is applied to hands and arms, finishing with a nail, file buff and polish. Pure indulgence for hands.

Sole Delight Pedicure **\$65** **1 hour**
 A total sensory experience for your feet. Warmed aroma-therapeutic oils nourish and soften feet and toes. Extra rich warm milk and foot mask blended together to add an extra rich cocoon for the feet, and to soften heels, continuing with a lavish foot and leg massage, and finishing this beautiful foot ritual with a file, buff and polish.

Acrylic Full Set	\$85
Acrylic Fills	\$45
Parafin Wax Treatment	\$25

Salon Treats

Choose any 3 for \$99 / 6 for \$120

Scalp Massage, Hand and Arm Massage, Eye Spa, Moisture Melt
 Face Mask, Foot and Ankle Massage or Wash and Style

**The AquaSpa is open from 8:00am until 10:00pm everyday.
 Visit us on Deck 11, forward or call 7500.**

Please allow us 24 hours notice to cancel your appointments to avoid a 50% charge being added to our onboard account. Appointments booked within the 24 hours of cancellation will be confirmed at booking time.