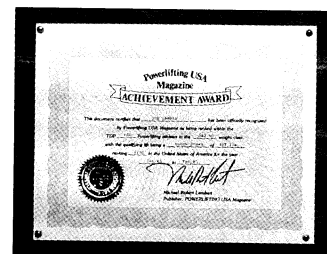


# TOP 100

For standard 123 lb./56 kg. USA lifting in results received from June 1996 through May 1997.

# PL USA Top 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7 1/4% tax).

## NEXT MONTH... TOP 132s

**Corrections.....** Matt Waters was listed as "J. Waters" in the results of the NASA Kentucky State meet, 187 lb. class, published in the May/97 edition of PL USA. Rob Hanafin should have been listed on the TOP 100 Superheavyweights listing for his deadlift of 670 lbs. at the APF Wolverine Open on October 19, 1996. Jim Covert's 640 bench press at SHW, done at Gus Rethwisch's Oregon State Meet on January 4, 1997, was not credited on the TOP 100 rankings. Liane Cataldo, ATC, CSCS, Assistant Strength Coach at the University of Nevada-Reno did not receive credit for her lifts at the NASA Novice Nationals in Jean, Nevada on Dec. 15, 1996, consisting of 413 192 381 986, weighing 166.5, on the Women's TOP 20 for 1996. In the Jul/97 PLUSA, pages 75 and 84 were switched. We apologize for the errors we make in compiling our ranking lists. Some errors on the various lists are due to incorrect information on meet results provided to us, and there are some competition results that are not provided to us by meet directors, and lifts at those meets are not available for consideration in preparing our rankings. If you don't see your meet results in **POWERLIFTING USA**, let us know and send any corrections to "ERRORS", Box 467, Camarillo, CA 93011.

SQUAT	
1	551 Buterbaugh, D..8/10/96
2	480 Millan, E..11/22/96
3	450 Sutherland, J..3/8/97
4	440 Young, C..7/26/96
5	440 Evins..3/15/97
6	440 Wynn, M..3/22/97
7	435 Durachta, T..7/6/96
8	430 Snell, K..3/22/97
9	407 Arenberg, J..7/26/96
10	407 Weisberg, A..11/23/96
11	407 Gutierrez, P..3/15/97
12	405 Burris, R..5/3/97
13	402 Boudrea, C..6/29/96
14	402 Smith, J..3/1/97
15	390 Lowe, R..2/1/97
16	385 Weiss, D..6/15/96
17	385 Whigham, A..5/29/97
18	380 Simpson, T..11/23/96
19	380 Gosling, J..4/26/97
20	375 Phillips, D..2/1/97
21	375 Thomas, R..3/8/97
22	375 Chevalier, W..3/22/97
23	374 Higgins, F..11/9/96
24	374 Kennedy, C..2/7/97
25	370 Hartman, S..5/10/97
26	369 Kelli..6/29/96
27	365 Houk, T..5/29/97
28	363 Bush, J..7/13/96
29	360 Kunkel, B..6/1/96
30	360 Colon..3/15/97
31	360 Edgar, C..3/29/97
32	358 Chang, Y..4/26/97
33	352 DiDonato, D..11/2/96
34	352 Waller, L..4/5/97
35	347 Green, B..10/19/96
36	341 Davis..11/16/96
37	341 Cordero, J..12/8/96
38	340 Bing..11/9/96
39	340 Hallman, C..3/22/97
40	340 Chellino, M..5/17/97
41	335 Watson, R..2/22/97
42	335 Johnson, A..3/22/97
43	335 Jamison, A..5/10/97
44	330 Lamb, B..6/1/96
45	330 Jenkins, A..6/29/96
46	330 Moble, S..11/2/96
47	330 Dickinson, K..12/21/96
48	325 Fahey, J..12/7/96
49	325 Myers..11/9/96
50	325 Fahey, J..12/7/96
51	325 Kemper, T..3/8/97
52	325 Usery, J..1/18/97
53	325 Blissert, T..4/26/97
54	320 Fox, B..6/1/96
55	320 Chaillet, E..7/6/96
56	320 Cane, D..7/6/96
57	320 Lee..11/9/96
58	320 Burkley, J..11/22/96
59	320 Prewitt, D..4/18/97
60	320 Johnson, D..4/19/97
61	319 Galant, A..11/16/96
62	315 Smithhart, M..7/6/96
63	315 Caprari, T..8/4/96
64	315 Martin, R..3/22/97
65	315 Jenkins, D..3/29/97
66	315 Elwyn, S..4/13/97
67	314 McNulty, D..11/23/96
68	314 Darling, B..2/15/97
69	308 Murphy, C..6/1/96
70	305 Diamond, M..7/6/96
71	305 Sevy, J..3/22/97
72	303 Grayson, O..12/7/96
73	303 Denmon, M..4/11/97
74	300 Steed, B..11/23/96
75	300 Washburn, K..3/22/97
76	300 Hayes, A..4/18/97
77	297 Harvin, D..8/11/97
78	297 Bodlak, M..4/26/97
79	295 Carlisle, B..2/1/97
80	295 Brown, M..3/8/97
81	295 Jones, J..4/18/97
82	292 McAndrew, E..7/6/96
83	292 Cobb, J..12/7/96
84	292 Lee, B..2/1/97
85	290 Sarlo, P..8/4/96
86	290 Seymour, J..8/4/96
87	290 Gierasia, M..10/19/96
88	290 Smith, C..12/21/96
89	290 Sannis, M..5/29/97
90	286 Stephens, S..12/8/96
91	286 Jeffrey, L..2/14/97
92	285 Horsemake, C..8/4/96
93	285 Cruz, P..8/4/96
94	285 King, B..1/11/97
95	285 Ulibarri, N..4/18/97
96	285 Robbins, S..4/18/97
97	281 Lathery, D..8/24/96
98	281 Perez, B..2/14/97
99	281 McCarthy, S..5/17/97
100	280 Odum, J..12/22/96

BENCH PRESS	
363	Buterbaugh..8/10/96
341	Unten, K..5/17/97
314	Arenberg..2/22/97
308	Allen, R..2/22/97
308	Orozco, T..4/26/97
295	Chaput, T..4/26/97
292	Higgins, F..11/9/96
286	Weiss, D..6/15/96
286	Pham, H..2/22/97
286	Vaughn, J..5/17/97
275	Morgan, G..6/1/96
275	Schulz, N..8/20/96
275	Portnoy, D..10/13/96
275	Ford, D..11/2/96
275	Clark, A..2/1/97
275	Snell, K..4/19/97
270	Sanchez, E..7/21/96
270	Garvey, F..4/20/97
270	Smith, L..4/26/97
265	Reckendorf..6/15/96
265	Nguyen, D..3/9/97
265	Sutherland..4/13/97
264	Simpson, T..11/23/96
260	Millian, E..11/22/96
259	Kunkel, B..3/22/97
253	Sanchez..7/20/96
253	Young, G..7/26/96
253	Gosling, J..4/26/97
250	Jenkins, A..6/29/96
250	Shoemaker..7/20/96
250	Brennan, T..3/15/97
248	Duong, M..12/1/96
245	Hart, S..11/3/96
245	Robinson..3/16/97
242	Burris, R..6/15/96
242	Weisberger..11/23/96
240	Surita, D..6/23/96
240	Peterson, D..4/5/97
237	Boudrea..6/29/96
237	McAndrew..7/6/96
235	Durachta, T..7/6/96
235	Falagard..6/30/96
235	Alexander..5/4/97
235	Ortiz, M..5/31/97
230	Burgamy, L..4/19/97
230	Lippert, J..5/3/97
226	Kelli..6/29/96
225	Gentry, D..11/3/96
225	Kennedy, C..2/7/97
225	Ayscue, C..2/8/97
225	Smith, J..3/1/97
225	Ortr, M..3/22/97
225	Gyles, J..4/5/97
225	Determan..4/12/97
220	Sloucm, M..6/15/96
220	Lalich, M..7/21/96
220	DiDonato, D..11/2/96
220	Grayson..1/18/97
220	Darling..2/15/97
220	Myers..3/15/97
220	Kemf, J..4/6/97
220	Putter, A..4/12/97
220	Curatolo..5/17/97
215	Smithhart..7/6/96
215	McCollum..0/19/96
215	Thomas, R..3/8/97
215	Fajardo..3/15/97
210	Low, R..2/1/97
210	Lee..3/15/97
210	Wynn, M..3/22/97
210	Nemeth..4/12/97
210	Rosen, D..3/2/97
210	Rowland..3/2/97
205	Agosta, J..6/29/96
205	Holt, W..6/30/96
205	Thomas..7/20/96
205	Faust, S..12/7/96
205	Gutierrez..1/18/97
205	Gutierrez..3/22/97
203	Elibal, B..3/15/97
203	Chang, Y..4/26/97
200	Fox, B..6/1/96
200	Caprari..8/4/96
200	Kline, S..9/96
200	Hernandez..2/22/97
200	Evans..3/15/97
200	Colon..3/15/97
200	Shaffer..3/15/97
200	Matthews..4/5/97
200	Ulibarri..4/12/97
200	Jamison..5/10/97
200	Whigham..5/29/97
198	Murphy..8/11/96
198	Bettmeyer..10/27/96
198	Galant, A..11/16/96
195	Easte, J..6/15/96
195	Dickinson..12/21/96
195	Chevalier..3/22/97
195	Johnson, D..4/19/97
195	Kharabara..5/31/97

DEADLIFT	
513	Weiss, D..8/24/96
505	Millian, E..11/22/96
501	Gutierrez..3/15/97
490	Durachta, T..6/15/97
473	Boudreau..7/26/96
473	Snell, K..8/17/96
470	Burris, R..5/3/97
462	Wynn, M..7/13/96
460	Sutherland..3/8/97
451	Green..10/19/96
451	Suzuki, C..1/11/97
446	DiDonato, D..11/2/96
440	Arenberg..7/26/96
440	Whigham..5/29/97
435	Smith, J..3/1/97
430	Evins..3/15/97
425	Thomas, R..3/8/97
424	Gosling, J..4/26/97
415	Kunkel, B..6/1/96
415	Grayson..1/18/97
415	Houk, T..5/29/97
413	Young, G..7/26/96
413	Higgins, F..8/24/96
407	Weisberger..11/23/96
405	Jenkins, A..6/29/96
400	Caprari, T..8/4/96
400	Colon..3/15/97
396	Davis..2/22/97
395	Prewitt..4/18/97
391	Chang, Y..4/26/97
385	Bush, J..7/13/96
385	Hallman, C..1/11/97
385	Phillips..2/1/97
380	Kelli..6/29/96
320	Gaston..3/16/97
380	Jones, J..4/18/97
380	Jamison..5/10/97
375	Horsemake..8/4/96
375	Dickinson..12/21/96
374	Darling..2/15/97
374	Brown..4/26/97
370	Diamond..7/6/96
370	Low, R..2/1/97
370	Cane, D..3/15/97
370	Herringer..5/10/97
365	Lee..3/15/97
365	Jenkins, D..3/29/97
363	Galant, A..11/16/96
363	Cordero, J..12/8/96
363	Schlegel..12/8/96
363	Lee, B..2/1/97
360	Gooch, J..1/12/96
360	Ortiz, M..5/31/97
358	Kennedy..8/11/96
355	Fahey, J..12/7/96
355	Myers..3/15/97
355	Hartman..5/10/97
355	Nemeth..5/31/97
352	Lamb, B..6/1/96
352	Moble..11/2/96
350	Capati..6/14/96
350	Smithhart..7/6/96
350	McQuaid..2/22/97
350	Chaillet..3/8/97
350	Wilkinson..3/8/97
350	Johnson, A..3/22/97
350	Edgar, C..3/22/97
350	Ortr, M..3/22/97
350	Rosen, D..5/4/97
347	McNulty..11/23/96
345	Chevalier..3/22/97
345	Torres, J..5/10/97
341	Simpson..11/23/96
341	Gray, R..3/15/97
341	Denmon..4/11/97
340	Fox, B..6/1/96
340	McDaniel..6/1/96
340	Toro, D..2/1/97
340	Sasso, D..2/22/97
340	Usery, J..1/18/97
340	Hayes..1/18/97
340	Chellino..5/17/97
336	Lathery, D..8/24/96
336	Cobb, L..12/7/96
336	Kopanski..12/7/96
336	Murphy..2/14/97
336	Rowland..5/17/97
335	King, B..1/11/97
335	Kelly, R..2/8/97
335	Smith, O..3/21/97
335	Washburn..3/22/97
335	Madrigal..5/31/97
330	Sloucm, M..6/15/96
330	Agosta, V..6/29/96
330	Ellis, T..7/13/96
330	Cruz, P..8/4/96
330	Goldberg..11/23/96
330	Ulibarri..4/18/97
330	Robbins, S..4/18/97
325	Murphy, C..6/1/96

TOTAL	
1245	Millian, E..11/22/96
1240	Buterbaugh..8/10/96
1179	Weiss, D..6/15/96
1170	Sutherland..3/8/97
1160	Snell, K..3/22/97
1129	Durachta, T..6/15/96
1129	Arenberg, J..7/26/96
1115	Burris, R..5/3/97
1113	Gutierrez, D..3/15/97
1107	Boudreau, C..7/26/96
1107	Young, G..7/26/96
1080	Wynn, M..7/13/96
1080	Higgins, F..11/9/96
1070	Evins..3/15/97
1063	Smith, J..3/1/97
1058	Weisberger..11/23/96
1058	Gosling, J..4/26/97
1025	Kunkel, B..6/1/96
1025	Whigham, A..5/29/97
1019	DiDonato, D..11/2/96
986	Simpson, T..11/23/96
985	Jenkins, A..6/29/96
981	Green, B..10/19/96
975	Kelli..6/29/96
970	Low, R..2/1/97
965	Thomas, R..3/8/97
960	Colon..3/15/97
960	Houk, T..5/29/97
953	Chang, Y..4/26/97
950	Phillips, D..2/1/97
942	Kennedy, C..2/7/97
935	Grayson, O..1/18/97
915	Caprari, T..8/4/96
915	Chevalier..3/22/97
915	Jamison, A..5/10/97
915	Hartman, S..5/10/97
909	Bush, J..7/13/96
909	Darling, B..2/15/97
909	Davis..2/22/97
980	Dickinson..12/21/96
898	Cordero, J..12/8/96
895	Lee..3/15/97
881	Galant, A..11/16/96
880	Smithhart, M..7/6/96
880	Hallman, C..3/22/97
876	Lamb, B..6/1/96
875	Myers..11/9/96
866	Moble, S..11/2/96
865	Diamond, M..7/6/96
865	Jones, S..4/18/97
860	Fox, B..6/1/96
860	Fahey, J..12/7/96
860	Johnson, A..3/22/97
860	Prewitt, D..4/18/97
859	Cane, D..2/22/97
855	Chellino, M..5/17/97
850	Chaillet, E..3/8/97
845	Jenkins, D..3/29/97
845	Ortiz, M..5/31/97
845	Nemeth, A..5/31/97
843	Brown, M..4/26/97
840	Edgar, C..3/22/97
835	Usery, J..1/18/97
835	Johnson, D..4/19/97
830	Watson, R..2/22/97
825	Horsemake..8/4/96
825	Ortr, M..3/22/97
821	Murphy, C..6/1/96
820	Kemf, J..4/6/97
815	Suzuki, C..2/1/97
815	Ulibarri, N..4/18/97
815	Blissert, T..4/26/97
810	Agosta, V..6/29/96
810	McNulty..11/23/96
810	Cobb, J..12/7/96
810	Lee, B..2/1/97
810	Martin, R..3/22/97
805	Cruz,