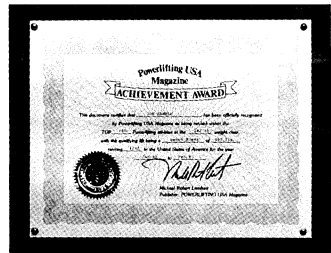


TOP 100

For 114 lb./52 kg. USA lifters competing in results received from July 1992 through June 1993.

PL USA Top 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$5. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$18.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$5 per certificate or \$18.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7 1/4% tax).

NEXT MONTH... TOP 123s

Corrections: A. Cayer's name was misspelled in the ADFPA TOP 20 deadlift for the 165 lb. class. Bob Bridges had a 584 squat that was not listed on the TOP 20 ADFPA Middleweights list. It should have been noted that Steve Goggins squat of 870 was an IPF World Record in the report of the USPF Sr. Nationals. Craig Tokarski's 703 bench was not noted on the TOP 100 list for the 275 lb. class. Todd Mason was not credited for his bench of 292 lbs. in the 165 lb. class in the results published for the NASA Louisiana State Meet, Juniors Division. Jeff Douglas was incorrectly referred to as Steve Douglas in the report of the USPF Sr. Nationals. Frank "Move Something" Hearn did not get his lifts of 850 425 675 1950 considered in the compilation of the TOP 100 Superheavyweight list. Chris Masucca should have had his 500 lb. bench press considered on the TOP 100 SHW listing. In the results of the NASA Master's Nationals the following correction should be noted, Women's 40-49, 165 - Roberson, 105 squat, 60 bench, 122.5 deadlift and 287.5 kg total. Elliott Cruz's squat of 630 was noted as 603 in the results of the MCI Meet of March 27, 1993 in Norfolk, Mass. Vic Poletajev reports that he made a bench of 520 in 1979 that should have been included in the All Time TOP 100 Benches in the 220 lb. class. In the event of errors in future results and ranking lists, please send any and all corrections to "ERRORS," Post Office Box 467, Camarillo, California 93011.

SQUAT

1	507 Dunbar, C. 7/31/92
2	457 Garcia, H. 7/31/92
3	429 Clay, J. 4/18/93
4	424 Hile, P. 7/31/92
5	407 Nugyen, .9/26/92
6	402 Jeffrey, M. 7/31/92
7	402 Tran, V. 11/21/92
8	400 Brant, S. 3/20/93
9	391 Thomas, R. 3/4/93
10	380 Young, C. 3/4/93
11	363 Vera, J. 10/10/92
12	360 Park, D. 11/7/92
13	355 Kinsell, M. 2/20/93
14	355 Phan, K. 3/11/93
15	347 Roof, W. 7/18/92
16	347 Watson, M. 4/10/93
17	345 Aragon, J. 5/22/93
18	341 Lare, H. 7/31/92
19	340 Au, B. 11/7/92
20	336 Street, E. 7/31/92
21	330 Martin, B. 12/5/92
22	325 Hunt, C. 10/10/92
23	325 Anderson, C. 3/11/93
24	325 Degraffenreid, R. 5/15/93
25	324 Galant, A. 5/14/93
26	320 Bennett, R. 2/11/93
27	320 Snell, K. 3/27/93
28	319 Chang, V. 9/26/92
29	319 McKinney, D. 10/17/92
30	315 Herrera, D. 2/20/93
31	315 Phan, S. 3/11/93
32	315 Medina, S. 5/29/93
33	315 McDowell, K. 6/12/93
34	314 Darling, B. 7/18/92
35	314 Kennedy, D. 3/4/93
36	310 Belrao, M. 3/6/93
37	303 Prince, N. 11/21/92
38	303 York, G. 2/28/93
39	303 Ballschneide, .5/1/93
40	303 Bierra, G. 6/18/93
41	303 Green, R. 6/26/93
42	300 Payne, D. 11/14/92
43	300 Ulman, R. 3/6/93
44	300 Miller, M. 5/15/93
45	297 Moore, .4/30/93
46	297 Ochial, C. 5/30/93
47	297 Rjas, J. 7/18/92
48	292 Johnson, C. 4/30/93
49	292 Harper, R. 5/1/93
50	290 Morrison, N. 7/11/92
51	290 Lo, M. 11/7/92
52	286 Zale, .10/4/92
53	286 Poole, S. 4/2/93
54	286 Houghton, T. 6/18/93
55	285 Hahn, D. 5/29/93
56	281 Wider, .8/22/92
57	281 Cooke, B. 3/13/93
58	281 Gott, A. 3/27/93
59	280 Lott, J. 3/20/93
60	275 Moerer, J. 7/31/92
61	275 France, J. 11/21/92
62	275 Porter, L. 8/9/92
63	275 Sappington, K. 8/9/92
64	275 Hollier, R. 3/11/93
65	275 Jeffrey, L. 4/2/93
66	275 Davis, J. 4/10/93
67	275 Tripp, J. 5/20/93
68	270 Richardson, .10/24/92
69	270 Ranieri, C. 11/21/92
70	270 Hartwig, S. 12/5/92
71	270 Provenzano, F. 2/28/93
72	270 Brown, J. 3/27/93
73	265 Singer, J. 3/11/93
74	265 Aberwald, D. 5/1/93
75	264 Stoneking, D. 7/25/92
76	264 Mitchell, C. 2/20/93
77	264 Lord, G. 5/14/93
78	260 Pruzinski, T. 2/20/93
79	260 Presy, A. 5/22/93
80	260 Phan, H. 8/22/92
81	259 Rasor, S. 7/18/92
82	259 Leal, K. 3/27/93
83	255 Tate, R. 3/27/93
84	255 Gonzalez, D. 5/29/93
85	253 Sum, P. 3/13/93
86	250 Palk, D. 7/11/92
87	250 McLaughlin, L. 7/11/92
88	250 Miller, C. 7/19/92
89	250 Spearin, A. 11/7/92
90	250 Kamper, T. 11/21/92
91	250 McGowen, C. 3/20/93
92	248 Rhinlander, B. 7/18/92
93	248 Sargent, M. 8/22/92
94	248 Edwards, R. 3/27/93
95	248 Bruce, S. 3/27/93
96	248 Lowell, N. 3/27/93
97	248 Vasquez, P. 5/1/93
98	245 Gilbert, A. 7/4/92
99	245 Thompson, M. 11/22/92
100	245 Derrick, T. 2/13/93

BENCH

330 Hulfield, C. 10/16/92
314 Dunbar, C. 6/18/93
292 Houghton, B. 8/22/92
275 Hile, P. 7/31/92
270 Tran, V. 11/21/92
264 Tran, M. 8/22/92
255 Hunt, C. 10/10/92
255 Le...3/21/93
248 Wenny...1/7/93
248 Kline, B. 6/5/93
242 Jeffrey, M. 7/31/92
242 Garcia, H. 7/31/92
242 Vera, J. 10/10/92
242 Stutsman...1/7/93
242 Clay, J. 4/18/93
240 Au, B. 11/7/92
234 Harper, R. 8/22/92
236 Lynn...10/30/92
235 Vermeer, M. 8/9/92
235 Snell, K. 12/12/92
235 Weis, D. 5/15/93
235 Hokama, J. 6/6/93
231 Nugyen...9/26/92
231 Liulipi, D. 2/20/93
230 Kinsell, M. 9/20/92
225 Manuli, J. 2/20/93
220 Watson, M. 12/12/92
220 Aberwald, D. 6/26/93
215 Cole, D. 3/14/93
214 Young, G. 3/4/03
213 Roof, W. 7/18/92
210 Martucci, A. 10/11/92
210 Turner, J. 6/12/93
209 Zale...10/4/92
205 Gilbert, A. 7/4/92
205 Etterman, E. 5/8/93
203 Surita, D. 1/7/93
202 Galant, A. 5/14/93
200 Sasumu, O. 4/25/93
200 Degraffenreid, R. 5/15/93
200 Aragon, J. 5/22/93
198 Kennedy, D. 3/4/93
198 Uch...3/20/93
198 Poole, S. 4/2/93
195 Tate, R. 3/27/93
195 Gonzalez, D. 5/29/93
192 Darling, B. 7/18/92
192 Rojas, J. 7/18/92
192 Martin, B. 12/5/92
190 Milster, T. 3/20/93
190 Simons, R. 6/26/93
187 Lare, H. 7/31/92
187 Bodenbach, J. 12/12/92
187 Green, J. 5/31/93
187 Green, R. 6/26/93
185 Phan, H. 8/22/92
185 Sappington, K. 8/9/92
185 Ochial, C. 11/7/92
185 Reed, R. 2/27/93
185 Little, H. 3/28/93
181 Richardson...10/24/92
181 Mc Kendrick, .10/24/92
181 McKendrick...1/7/93
181 Provenzano, F. 2/28/93
181 Cooke, B. 3/13/93
180 Clark, D. 12/6/92
180 Anderson, C. 1/9/93
180 Ulman, R. 3/6/93
180 Lott, J. 3/20/93
180 Le, L. 4/7/93
180 Medina, S. 5/29/93
180 Leonard, A. 6/9/93
176 Street, E. 7/31/92
176 Chang, V. 9/26/92
176 Sum, P. 3/13/93
176 176 Belrao, M. 4/2/93
176 Thomas, R. 4/30/93
176 Bierra, G. 6/18/93
175 Pruzinski, T. 2/20/93
175 Carver, T. 4/3/93
175 McDowell, K. 6/12/93
170 Riley, F. 11/21/92
170 Hartwig, S. 12/5/92
170 Herrera, D. 2/20/93
170 McKinney, D. 3/6/93
170 Sprague, J. 4/24/93
165 Burns, T. 8/15/92
165 Thompson, M. 11/22/92
165 Phan, S. 3/11/93
165 Riddick, B. 5/22/93
165 Tamura, L. 6/5/93
160 Palk, D. 7/11/92
160 Porter, L. 8/9/92
160 Park, D. 11/7/92
160 Franklin, R. 11/14/92
160 Davis, J. 12/12/92
160 Phan, K. 1/9/93
160 Trapradit, T. 1/9/93
160 Bennett, R. 2/11/93
160 Hollier, R. 3/11/93

DEADLIFT

473 Hile, P. 7/31/92
473 Clay, J. 4/18/93
451 Tran, V. 11/21/92
435 Vera, J. 10/10/92
430 Carver, T. 4/3/93
430 Snell, K. 5/2/93
407 Leonard, A. 8/15/92
407 Nugyen...9/26/92
402 Zale...10/4/92
391 Darling, B. 7/18/92
390 Brant, S. 3/20/93
380 Lare, H. 7/31/92
380 Young, G. 3/4/93
375 Kinsell, M. 2/20/93
270 Au, B. 11/7/92
370 Aragon, J. 5/22/93
369 Chang, V. 9/26/92
365 McDowell, K. 6/12/93
363 Jeffrey, M. 7/31/92
363 Provenzano, F. 2/28/93
360 Porter, L. 8/9/92
358 Wider, .8/22/92
358 Moore, .4/30/93
358 Dunbar, C. 6/18/93
352 Rojas, J. 7/18/92
352 Payne, D. 5/25/92
352 Sum, P. 3/13/93
352 Poole, S. 4/2/93
352 Galant, A. 5/14/93
350 Herrera, D. 2/20/93
350 Hahn, D. 5/29/93
347 Roof, W. 7/18/92
347 Green, R. 6/26/93
345 Spearin, A. 11/7/92
345 Phan, K. 1/19/92
345 Bennett, R. 2/11/93
345 Belrao, M. 3/6/93
345 Phan, S. 3/11/93
345 Brown, J. 3/11/93
345 Gonzalez, D. 5/29/93
341 Street, E. 7/31/92
341 Simon, S. 2/6/92
340 Park, D. 11/7/92
340 Medina, S. 5/29/93
336 Sargent, M. 8/22/92
336 Fowler, L. 10/10/92
336 Martin, B. 12/5/92
335 Hunt, C. 2/6/93
335 Ulman, R. 3/6/93
335 Pruzinski, T. 4/17/93
330 Johnson, C. 3/11/93
330 Taylor, B. 4/18/93
330 Bierra, G. 6/18/93
325 Richardson...10/24/92
325 Watson, M. 10/10/92
320 Anderson, C. 3/11/93
319 Harper, R. 8/22/92
319 Kennedy, D. 2/20/93
319 Mitchem, C. 2/20/93
317 Tate, R. 3/27/93
315 Thompson, M. 11/22/92
315 Richards, R. 5/9/93
310 Radford, J. 11/21/92
310 Davis, J. 12/12/92
310 Luc, P. 3/6/93
310 Aberwald, D. 5/1/93
305 Smith, M. 7/5/92
305 Derrick, T. 2/13/93
305 Pacella, T. 6/20/93
303 Prince, N. 11/21/92
303 Cooke, B. 3/13/93
303 Ferrero, L. 3/13/93
303 Wrasman, D. 3/13/93
303 Douglas, S. 5/1/93
303 Houghton, T. 6/18/93
302 Lord, G. 5/14/93
302 Goldberg...5/22/93
300 Morrison, N. 7/11/92
300 Palk, D. 7/11/92
300 Lo, M. 11/7/92
300 Pankonin, J. 3/20/93
300 McGowen, C. 3/20/93
300 Benvour, D. 4/24/93
300 Degraffenreid, R. 5/15/93
297 Rasor, S. 7/18/92
295 Gilbert, A. 7/4/92
292 McKinney, D. 10/17/92
292 Vasquez, P. 5/1/93
290 Hollier, R. 3/11/93
290 Miller, M. 5/15/93
290 Tripp, J. 5/20/93
290 Presy, A. 5/22/93
286 Stoneking, D. 7/25/92
286 Moerer, J. 7/31/92
286 France, J. 11/21/92
286 Bodenbach, J. 12/12/92
286 Walker, J. 2/28/93
286 Jeffrey, L. 4/2/93
285 Ochial, C. 11/7/92
285 Leszyk, M. 2/13/93

TOTAL

1173 Hile, P. 7/31/92
1173 Dunbar, C. 6/18/93
1146 Clay, J. 4/18/93
1124 Tran, V. 11/21/92
1047 Nugyen...9/26/92
1041 Vera, J. 10/10/92
1008 Jeffrey, M. 7/31/92
975 Young, G. 3/4/93
955 Snell, K. 12/12/92
955 Kinsell, M. 2/20/93
950 Au, B. 11/7/92
940 Brant, S. 3/20/93
915 Aragon, J. 5/22/93
909 Lare, H. 7/31/92
898 Darling, B. 7/18/92
898 Zale...10/4/92
887 Roof, W. 7/18/92
887 Watson, M. 4/10/93
885 Hunt, C. 10/10/92
881 Galant, A. 5/14/93
860 Palk, D. 11/7/92
859 Martin, B. 12/5/92
855 McDowell, K. 6/12/93
854 Street, E. 7/31/92
850 Phan, K. 3/11/93
848 Sargent, M. 8/22/92
848 Chang, V. 5/1/93
843 Rojas, J. 7/18/92
837 Poole, S. 4/2/93
836 Green, R. 6/26/93
835 Herrera, D. 2/20/93
835 Medina, S. 5/29/93
832 Kennedy, D. 3/4/93
830 Belrao, M. 3/6/93
825 Bennett, R. 2/11/93
825 Phan, S. 3/11/93
825 Anderson, C. 3/11/93
825 Degraffenreid, R. 5/15/93
815 Provenzano, F. 2/28/93
815 Ulman, R. 3/6/93
815 Moore...4/30/93
810 Harper, R. 8/22/92
810 Bierra, G. 6/18/93
795 Porter, L. 8/9/92
795 Gonzalez, D. 5/29/93
793 Wider, .8/22/92
782 Sum, P. 3/13/93
777 Richardson...10/24/92
775 Payne, D. 11/14/92
771 McKinney, D. 10/17/92
770 Pruzinski, T. 4/17/93
770 Hahn, D. 5/29/93
767 Tate, R. 3/17/93
766 Cooke, B. 3/13/93
765 Ochial, C. 11/7/92
755 Brown, J. 3/11/93
750 Johnson, C. 2/6/93
750 Aberwald, D. 5/1/93
745 Gilbert, A. 7/4/92
744 Prince, N. 11/21/92
744 Mitchem, C. 2/20/93
740 Lott, J. 3/20/93
735 Sappington, K. 8/9/92
735 Davis, J. 12/12/92
735 Miller, M. 5/15/93
733 Houghton, T. 6/18/93
730 Morrison, N. 7/11/92
725 Thompson, M. 11/22/92
725 Hollier, R. 3/11/93
722 York, G. 2/28/93
722 Ballschneide, .5/1/93
720 Phan, H. 8/22/92
720 Hartwig, S. 12/5/92
716 Rasor, S. 7/18/92
715 Spearin, A. 11/7/92
710 Palk, D. 7/11/92
710 Stoneking, D. 7/25/92
710 Jeffrey, L. 4/2/93
705 Bodenbach, J. 12/12/92
705 Derrick, T. 2/13/93
705 Pankonin, J. 3/20/93
700 McGowen, C. 3/20/93
700 Tripp, J. 5/20/93
699 Lord, G. 5/14/93
695 Weis, D. 5/15/93
694 Gott, A. 3/27/93
690 Lo, M. 11/7/92
690 Taylor, B. 4/18/93
690 Presy, A. 5/22/93
688 Moerer, J. 7/31/92
685 Radford, J. 11/21/92
685 Riddick, B. 5/22/93
677 France, J. 11/21/92
672 Fowler, L. 10/10/92
672 Leal, K. 3/27/93
672 Vasquez, P. 5/1/93
670 Simons, R. 6/26/93
667 Burns, T. 8/15/92
666 Rhinlander, B. 7/18/92
666 Ferrero, L. 3/13/93