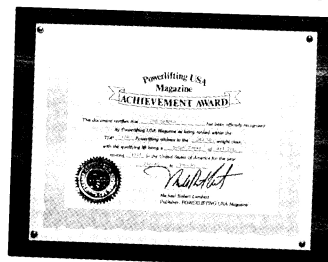


TOP 100

For standard 114 lb./52 kg. USA lifting in results received from May 1997 through April 1998.

PL USA Top 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7 1/4% tax).

NEXT MONTH... TOP 123s

Corrections..... The correct phone number for Cardillo Power Belts on page 33 of the June 1998 edition of *PL USA* is 800-382-8081. Also, for those interested in ordering the "Get A Grip" videotape by Joe Kinney reviewed on page 47 of the same edition of *PL USA*, the mailing address is Joe Kinney, P.O. Box 32, Bean Station, Tennessee 37708. In the article on Dr. Mark Webber (pages 18 & 19, June 1998 *PL USA*) it should be stated that Dr. Webber has competed in the 220 lb. Men's Novice and Open divisions. Also, in the epilogue at the end of the article, the phone number had been changed to 425-893-9160 prior to the submission of the manuscript. On page 43 of the June/98 edition of the magazine, Roy Maxwell's first name was misprinted as Ray in the "Power People" feature. N. Avigliano reports that the last name was misspelled in the results of the APF California State Novice meet held in Fresno on March 28th, in two locations. We apologize for any errors in our lists and elsewhere. If you don't see your meet results in *Powerlifting USA*, within a reasonable amount of time, contact the meet director or let us know what lifts you have achieved and, if possible, we'll try to confirm them with the meet director.

SQUAT

- 1 430 Brant..11/15/97
- 2 402 Snyder, S..4/19/98
- 3 400 Bond, M..5/10/97
- 4 397 Cunningham..7/11/97
- 5 391 Gainer, E..2/28/98
- 6 385 Osborn, D..2/28/98
- 7 374 Green, B..7/11/97
- 8 374 Sommers, K..2/8/98
- 9 370 Wadhwa, A..3/21/98
- 10 352 Gibson, C..11/6/97
- 11 350 Ouch..10/97
- 12 347 Tyree, V..2/28/98
- 13 340 Chaput, T..5/29/97
- 14 336 Chang, Y..1/24/98
- 15 335 Jackson, W..2/28/98
- 16 330 Thompson, R..7/26/97
- 17 330 Davis, J..11/21/97
- 18 330 Jensen, J..12/13/97
- 19 330 McKinney, D..2/14/98
- 20 325 Delmore, A..6/7/97
- 21 325 Hartwig, S..11/6/97
- 22 320 Chellino, T..6/14/97
- 23 320 Johnson, J..3/98
- 24 319 Galant, A..5/24/97
- 25 315 Henley, C..2/28/98
- 26 315 Ourso, C..4/3/98
- 27 315 Matthews, C..4/3/98
- 28 314 Leverett, A..12/6/97
- 29 310 Yang, S..4/3/98
- 30 308 Robinson, C..6/14/97
- 31 305 Murphy, G..4/4/98
- 32 303 Shufelt, T..6/14/97
- 33 303 Kovachik, P..10/4/97
- 34 300 Armstrong, R..1/24/98
- 35 300 Stepp, N..1/24/98
- 36 300 Walker, J..3/21/98
- 37 297 Washburn, K..7/11/97
- 38 297 Ostrum, A..7/26/97
- 39 295 Kozak, S..3/7/98
- 40 290 Granger, J..3/98
- 41 286 Arcuolo, V..7/11/97
- 42 285 Wadhwa, N..11/22/98
- 43 281 Harvin..6/18/97
- 44 281 Barlow, L..11/22/97
- 45 280 Kunkle, E..8/23/97
- 46 280 Hudson, A..3/21/98
- 47 280 Beasley, D..4/3/98
- 48 275 Cross, M..5/17/97
- 49 275 Carr, S..1/31/98
- 50 275 Vang, M..2/28/98
- 51 275 Goff, K..4/3/98
- 52 270 Conca, S..5/29/97
- 53 270 Ayala, M..5/31/97
- 54 270 Weyman, J..11/16/97
- 55 270 Fish, R..4/4/98
- 56 265 Thomas, C..5/10/97
- 57 265 Vang, Z..5/10/97
- 58 265 Easley, S..5/29/97
- 59 265 Shirley, C..1/31/98
- 60 265 Desai, S..3/21/98
- 61 264 Fraley, M..4/4/98
- 62 264 Laustauskas, C..2/8/98
- 63 260 Riddick, B..5/17/97
- 64 260 Capati, R..5/31/97
- 65 260 Rubio, J..1/24/98
- 66 260 Ramirez, E..3/7/98
- 67 260 Warner, T..3/21/98
- 68 260 Crawford, C..3/98
- 69 259 Culkum, A..2/21/98
- 70 255 Olliv, G..11/1/97
- 71 255 Lalonde, L..3/98
- 72 255 McMillan, S..4/3/98
- 73 253 Gedney, J..5/17/97
- 74 250 States, F..5/10/97
- 75 250 Putter, A..3/31/97
- 76 250 Brost, S..3/21/98
- 77 250 Shand, J..3/22/98
- 78 250 Foret, S..3/98
- 79 250 Gott, L..4/3/98
- 80 250 Galvas, C..4/25/98
- 81 245 Grater, B..5/3/97
- 82 245 Ryman, K..11/15/97
- 83 245 Tyree, D..11/21/97
- 84 245 Moya, G..3/15/98
- 85 245 Shear, J..4/4/98
- 86 242 Scarpulla, G..7/11/97
- 87 242 Bowers, S..1/24/98
- 88 242 Richardson, B..2/14/98
- 89 242 Molin, B..2/28/98
- 90 236 Coes, Z..5/10/97
- 91 235 Hiebner, D..6/1/97
- 92 235 Rainwater, N..1/31/98
- 93 235 Cooper, J..3/28/98
- 94 235 Odom, R..3/98
- 95 231 Pederson, D..10/3/97
- 96 231 Jimenez, Y..11/8/97
- 97 230 Goodman, S..5/29/97
- 98 226 Rinn, S..6/7/97
- 99 226 Westadt, A..6/7/97
- 100 220 Hudson, T..5/31/97

BENCH PRESS

- 292 Pham, H..8/30/97
- 276 Chaput, T..8/1/97
- 275 Gainer, E..2/28/98
- 253 Gonzales, D..11/29/97
- 231 Ostrum, A..7/26/97
- 230 Riddick, B..5/3/97
- 230 Putter, A..5/10/97
- 226 Snyder, S..4/19/98
- 220 Ayala, M..5/31/97
- 220 Premeau, B..10/25/97
- 220 Osborn, D..2/28/98
- 215 Wadhwa, A..3/21/98
- 212 Delmore, A..7/11/97
- 210 Culp, L..9/6/97
- 210 Lozito, B..11/8/97
- 210 Walker, J..3/21/98
- 210 Greene, T..3/28/98
- 209 Thompson, R..7/26/97
- 209 McKanna, J..4/18/98
- 205 Morton, B..11/22/97
- 204 Ethal, B..9/27/97
- 203 Murphy, G..6/7/97
- 203 Cunningham..8/8/97
- 200 Ngo, T..5/4/97
- 200 Davis, J..11/15/97
- 200 Ouch..3/21/98
- 198 McKinney, D..11/8/97
- 198 Chang, Y..1/24/98
- 195 Wade, W..3/28/98
- 192 Kovachik, P..1/24/98
- 190 Olliv, G..11/1/97
- 190 Palmer, B..11/16/97
- 187 Shufelt, T..6/14/97
- 187 Green, B..7/11/97
- 187 Miller, J..12/9/97
- 187 Tyree, V..2/28/98
- 185 Briggs, J..5/3/97
- 181 Galant, A..5/24/97
- 181 Leverett, A..5/24/97
- 181 Gibson, C..11/6/97
- 180 Chellino, T..5/17/97
- 180 Watta, T..5/97
- 180 Brant..3/21/98
- 180 Ankrum, A..3/28/98
- 176 Hartwig, S..7/11/97
- 176 Weyman, J..11/6/97
- 176 Sommers, K..2/8/98
- 175 Arcuolo, V..5/10/97
- 175 Deglilio, M..5/10/97
- 175 Johnson, E..8/16/97
- 175 Clarke, J..11/22/97
- 175 Lamb, B..11/22/97
- 175 Junkert, J..1/24/98
- 175 Jackson, W..2/28/98
- 175 Henley, C..2/28/98
- 170 Barlow, L..11/22/97
- 170 Henwig, B..11/22/97
- 170 Howard, L..11/22/97
- 170 Moorman, C..11/29/97
- 170 Desai, S..2/28/98
- 170 Vlack, Y..3/7/98
- 170 Solleau, T..3/98
- 170 Beasley, D..4/3/98
- 170 Frailey, M..4/4/98
- 165 Cross, M..5/17/97
- 165 Harvin..6/18/97
- 165 Maddy, D..2/28/98
- 165 Barnett, D..4/4/98
- 160 Bond, M..5/10/97
- 160 Wind, J..8/16/97
- 160 James, A..11/1/97
- 160 Mathews, C..12/6/97
- 160 Cooper, J..3/28/98
- 160 Robinson, C..4/3/98
- 159 McNulty, D..6/6/97
- 159 Hobbie, N..6/14/97
- 159 Washburn, K..7/11/97
- 159 Campbell, B..9/13/97
- 159 Gede, J..9/13/97
- 156 Granados, R..9/13/97
- 155 Thomas, C..5/10/97
- 155 Hiebner, D..6/1/97
- 155 Sturm, B..2/21/98
- 155 Noorlander, J..3/7/98
- 155 Granger, J..3/98
- 154 Rinn, S..6/7/97
- 154 Goodman, B..6/7/97
- 154 Culkum, A..2/21/98
- 150 McBride, A..6/28/97
- 150 Taylor, J..8/16/97
- 150 Faulkner, K..1/18/98
- 150 Armstrong, R..1/24/98
- 150 Johnson, J..1/31/98
- 150 Holmes, B..1/98
- 150 Yang, S..2/28/98
- 150 Kozak, S..3/7/98
- 150 Star, S..4/98
- 150 Street, J..4/98
- 148 Laguna, E..11/22/97
- 145 Conca, S..5/29/97

DEADLIFT

- 512 Green, B..7/11/97
- 507 Thompson, R..7/26/97
- 470 Gainer, E..12/6/97
- 451 Snyder, S..4/19/98
- 425 Brant..3/21/98
- 415 Jackson, W..2/28/98
- 413 Cunningham..7/11/97
- 413 Chang, Y..1/24/98
- 410 Wadhwa, A..3/21/98
- 408 Tyree, V..2/28/98
- 390 Davis, J..11/21/97
- 370 Ngo, T..5/4/97
- 370 Capati, R..6/11/97
- 360 Ayala, M..5/31/97
- 360 Granger, J..3/98
- 355 Henley, C..2/28/98
- 355 Ourso, C..4/3/98
- 352 Ostrum, A..7/26/97
- 352 Gibson, C..11/6/97
- 350 Bond, M..5/10/97
- 350 Putter, A..5/10/97
- 350 Soto, V..10/11/97
- 350 Ouch, 10/97
- 350 McKinney, D..2/14/98
- 350 Beasley, D..3/15/98
- 350 Robinson, C..4/3/98
- 347 Galant, A..5/24/97
- 347 Leverett, A..5/24/97
- 347 Kovachik, P..10/4/97
- 347 Weyman, J..11/16/97
- 341 Murphy, G..5/24/97
- 341 Shufelt, T..6/14/97
- 341 Chaput, T..8/23/97
- 340 Martinez, M..10/18/97
- 340 Yang, S..4/3/98
- 335 Easley, S..5/29/97
- 335 Wadhwa, N..11/22/97
- 335 Noorlander, J..3/7/98
- 330 Riddick, B..5/17/97
- 330 Hartwig, S..7/11/97
- 330 Bimbo, F..11/29/97
- 330 Sommers, K..2/8/98
- 325 States, F..5/10/97
- 325 Vngl, D..1/24/98
- 325 Macy, J..1/24/98
- 325 Mathews, C..2/14/98
- 325 Osborn, D..2/28/98
- 325 McVicker, T..4/3/98
- 325 Shear, J..4/4/98
- 320 Rubio, J..1/24/98
- 320 Walker, J..3/21/98
- 320 Lalonde, L..3/98
- 319 Cross, M..5/17/97
- 319 Gonzales, D..5/17/97
- 319 Delmore, A..6/7/97
- 319 Laguna, E..11/22/97
- 315 Chellino, T..5/17/97
- 315 Johnson, J..3/98
- 315 Goff, K..4/3/98
- 314 Washburn, K..7/11/97
- 314 Gede, J..1/24/98
- 310 Wilaby, M..2/7/98
- 310 Brost, S..3/21/98
- 308 Arcuolo, V..7/11/97
- 308 Bower, S..1/24/98
- 308 Maddy, D..2/28/98
- 305 Hudson, T..1/24/98
- 305 Cooper, J..3/28/98
- 305 Kempf, J..4/3/98
- 305 Galvas, C..4/25/98
- 303 Rinn, S..6/7/97
- 300 Manmano, E..5/17/97
- 300 Tyree, D..5/25/97
- 300 Lee, M..5/29/97
- 300 Clarke, J..11/22/97
- 300 Stine, A..11/23/97
- 300 Hall, D..12/6/97
- 300 Desai, S..3/21/98
- 300 Carr, S..3/98
- 300 Quebedeaux, J..3/98
- 300 Lopez, G..4/4/98
- 300 Molinaro, S..4/4/98
- 297 Lockard, C..5/24/97
- 297 Shaffer, B..6/14/97
- 297 Boutte, P..8/16/97
- 295 Grooms, K..2/28/98
- 295 Warner, T..3/21/98
- 295 Solleau, T..3/98
- 292 Harvin..6/18/97
- 292 Culkum, A..2/21/98
- 290 Hobbie, N..6/1/97
- 290 Armstrong, R..1/24/98
- 290 Stepp, N..1/24/98
- 290 Vang, M..4/3/98
- 290 McMillan, S..4/3/98
- 286 Barlow, L..11/22/97
- 286 Ufret, G..12/6/97
- 286 Baker, N..12/6/97
- 286 Cadman, A..12/6/97
- 286 Frailey, M..4/4/98

TOTAL

- 1113 Gainer, E..2/28/98
- 1090 Snyder, S..4/19/98
- 1074 Green, B..7/11/97
- 1047 Thompson, R..7/26/97
- 1015 Brant..11/15/97
- 995 Wadhwa, A..3/21/98
- 992 Cunningham..7/11/97
- 947 Chang, Y..1/24/98
- 943 Tyree, V..2/28/98
- 936 Chaput, T..8/23/97
- 931 Osborn, D..2/28/98
- 925 Jackson, W..2/28/98
- 910 Bond, M..5/10/97
- 900 Davis, J..11/21/97
- 887 Gibson, C..11/6/97
- 881 Ostrum, A..7/26/97
- 881 Sommers, K..2/8/98
- 870 McKinney, D..11/8/97
- 860 Ouch..3/21/98
- 854 Delmore, A..6/7/97
- 850 Ayala, M..5/31/97
- 848 Galant, A..5/24/97
- 845 Henley, C..2/28/98
- 832 Shufelt, T..6/14/97
- 830 Walker, J..3/21/98
- 826 Murphy, G..6/7/97
- 826 Hartwig, S..11/6/97
- 821 Kovachik, P..10/4/97
- 820 Putter, A..5/10/97
- 820 Riddick, B..5/17/97
- 810 Leverett, A..5/24/97
- 810 Robinson, C..6/14/97
- 805 Granger, J..3/98
- 805 Ourso, C..4/3/98
- 800 Chellino, T..5/17/97
- 795 Yang, S..4/3/98
- 793 Weyman, J..11/6/97
- 788 Mathews, C..2/14/98
- 775 Johnson, J..3/98
- 771 Washburn, K..7/11/97
- 766 Arcuolo, V..7/11/97
- 765 Capati, R..5/31/97
- 760 Cross, M..5/17/97
- 745 Wadhwa, N..11/22/97
- 740 Beasley, D..3/15/98
- 740 Armstrong, R..1/24/98
- 738 Harvin..6/18/97
- 738 Barlow, L..11/22/97
- 735 Desai, S..3/21/98
- 725 Nosek, R..5/3/97
- 725 Easley, S..5/29/97
- 725 Rubio, J..1/24/98
- 725 Stepp, N..1/24/98
- 722 Frailey, M..4/4/98
- 720 Olliv, G..11/1/97
- 720 Carr, S..4/3/98
- 715 Noorlander, J..3/7/98
- 710 States, F..5/10/97
- 710 Kozak, S..3/7/98
- 705 Culkum, A..2/21/98
- 705 Lalonde, L..3/98
- 700 Conca, S..5/29/97
- 700 Cooper, J..3/28/98
- 700 Shear, J..4/4/98
- 695 Galvas, C..4/25/98
- 690 Thomas, C..5/10/97
- 690 Goff, K..4/3/98
- 688 Laguna, E..11/22/97
- 688 Maddy, D..2/28/98
- 685 Hudson, A..3/21/98
- 683 Rinn, S..6/7/97
- 680 Kunkle, E..8/23/97
- 680 Solleau, T..3/98
- 680 Vang, M..4/3/98
- 677 Hobbie, N..6/14/97
- 675 Deglilio, M..5/10/97
- 672 Gede, J..1/24/98
- 672 Bowers, S..1/24/98
- 670 Warner, T..3/21/98
- 670 Quebedeaux, J..3/98
- 666 Gedney, J..5/17/97
- 666 Boutte, P..8/16/97
- 665 Hiebner, D..6/1/97
- 665 Hall, D..12/6/97
- 665 Junkert, J..1/24/98
- 665 Brost, S..3/21/98
- 665 McVicker, T..4/3/98
- 665 Kempf, J..4/3/98
- 660 Vang, Z..5/10/97
- 660 Bimbo, F..9/20/97
- 660 Tyree, D..11/21/97
- 660 Hudson, T..1/24/98
- 660 Wilaby, M..2/7/98
- 655 Shirley, C..1/31/98
- 655 Lopez, G..4/4/98
- 650 Clarke, J..11/22/97
- 645 Ryman, K..11/15/97
- 645 Vigil, D..1/24/98
- 645 McMillan, S..4/3/98
- 645 Piffiffer, J..4/25/98