Quote

Don't think. Thinking is the enemy of creativity. It's self-conscious, and anything self-conscious is lousy. You can't try to do things. You simply must do things. Ray Bradbury

http://www.brainyquote.com/quotes/quotes/r/raybradbur400604.html#MO9zsbVkQ6P3Tjp1.99

Bible Verse

And we urge you, brothers, warn those who are idle, encourage the timid, help the weak, be patient with everyone. Make sure that nobody pays back wrong for wrong, but always try to be kind to each other and to everyone else. Be joyful always. 1 Thessalonians 5:14-16

Inspiration Don't give up http://www.youtube.com/watch?v=I0uSn9zXITw

Journaling

What or who encourages you to keep trying when things get difficult? What things stop you from trying – as in actually starting?

Technique Challenge

Put a border round the page Making borders with non border stamps <u>http://www.youtube.com/watch?v=unmWTTqMM_w</u>

http://www.youtube.com/watch?v=aZifaJ2PKbU

Or use a stencil http://www.youtube.com/watch?v=EdU96KTXoW8

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