



AMERICAN COLLEGE OF OCCUPATIONAL AND ENVIRONMENTAL MEDICINE

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POSITIONS & POSITION STATEMENTS

Adverse Human Health Effects Associated with Molds in the Indoor Environment

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In single-dose *in vivo* studies, *S. chartarum* spores have been administered intranasally to mice³¹ or intratracheally to rats.^{76,77} High doses (30×10^6 spores/kg and higher) produced pulmonary inflammation and hemorrhage in both species. A range of doses were administered in the rat studies and multiple, sensitive indices of effect were monitored, demonstrating a graded dose response with 3×10^6 spores/kg being a clear no-effect dose. Airborne *S. chartarum* spore concentrations that would deliver a comparable dose of spores can be **estimated by assuming** that all inhaled spores are retained and using standard **default values** for human subpopulations of particular interest⁷⁸ – very small infants,[†] school-age children,^{††} and adults.^{†††} The no-effect dose in rats (3×10^6 spores/kg) corresponds to continuous 24-hour exposure to 2.1×10^6 spores/m³ for infants, 6.6×10^6 spores/m³ for a school-age child, or 15.3×10^6 spores/m³ for an adult.

If the no-effect 3×10^6 spores/kg intratracheal bolus dose in rats is regarded as a **1-minute administration (3×10^6 spores/kg/min), achieving the same dose rate in humans (using the same default assumptions as previously)** would require airborne concentrations of 3.0×10^9 spores/m³ for an infant, 9.5×10^9 spores/m³ for a child, or 22.0×10^9 spores/m³ for an adult.

In a repeat-dose study, mice were given intranasal treatments twice weekly for three weeks with “highly toxic” *S. chartarum* spores at doses of 4.6×10^6 or 4.6×10^4 spores/kg (cumulative doses over three weeks of 2.8×10^7 or 2.8×10^5 spores/kg).⁷⁹ The higher dose caused severe inflammation with hemorrhage, while less severe inflammation, but no hemorrhage was seen at the lower dose of *S. chartarum* spores. **Using the same assumptions** as previously (**and again ignoring dose-rate implications**), airborne *S. chartarum* spore concentrations that would deliver the non-hemorrhagic cumulative three-week dose of 2.8×10^5 spores/kg can be estimated as 9.4×10^3 spores/m³ for infants, 29.3×10^3 spores/m³ for a school-age child, and 68.0×10^3 spores/m³ for adults (assuming exposure for 24 hours per day, 7 days per week, and 100% retention of spores).

The preceding calculations suggest lower bound estimates of airborne *S. chartarum* spore concentrations corresponding to essentially no-effect acute and subchronic exposures. **Those concentrations are not infeasible**, but they are improbable and inconsistent with reported spore concentrations. For example, in data from 9,619 indoor air samples from 1,717 buildings, when *S. chartarum* was detected in indoor air (6% of the buildings surveyed) the median airborne concentration was 12 CFU/m³ (95% CI 12 to 118 CFU/m³).⁸⁰

Despite its well-known ability to produce mycotoxins under appropriate growth conditions, years of intensive study have failed to establish exposure to *S. chartarum* in home, school, or office environments as a cause of adverse human health effects. Levels of exposure in the indoor environment, dose-response data in animals, and dose-rate considerations suggest that delivery by the inhalation route of a toxic dose of mycotoxins in the indoor environment is highly unlikely at best, even for the hypothetically most vulnerable subpopulations.

ACOEM References To Dr. Carol Rao's Mechanistic Work, to which Bruce and Brian applied their extrapolations:

76. Rao CY, Brain JD, Burge HA. Reduction of pulmonary toxicity of *Stachybotrys chartarum* spores by methanol extraction of mycotoxins. *Appl Environ Microbiol.* 2000;66:2817-21.

77. Rao CY, Burge HA, Brain JD. The time course of responses to intratracheally instilled toxic *Stachybotrys chartarum* spores in rats. *Mycopathologia.* 2000;149:27-34.

(77). "We have demonstrated that a single, acute pulmonary exposure to a large quantity of *Stachybotrys chartarum* spores by intratracheal instillation causes severe injury detectable by bronchoalveolar lavage. The primary effect appears to be cytotoxicity and inflammation with hemorrhage. There is a measurable effect as early as 6 h after instillation, which may be attributable to mycotoxins in the fungal spores. The time course of responses supports early release of some toxins, with the most severe effects occurring between 6 and 24 h following exposure. By 72 h, recovery has begun, although macrophage concentrations remained elevated"

(76.) "We provide evidence that there is a dose-related association between an acute exposure to toxin-containing *S. chartarum* spores and measurable pulmonary responses. The consequences of low-level chronic exposure remain to be investigated, as does the relevance of the rodent data to human exposure."

Deposition of Bruce Kelman, July 22, 2008 (Page 261)

- Q And what was it -- what was it meant by your entry here "write article"?
- A It meant we were writing the article.
- Q The Manhattan Institute report?
- A That was the only -- yes, that was the only article we wrote for them.
- Q And to write that article, did you do any independent research other than just look at what you already had in the ACOEM statement?
- A No. It was the same science; there wasn't any need to.

"A Scientific View of the Health Effects of Mold" (2003) US Chamber ILR & Manhattan Institute CLP (Page 24)

Thus, the notion that "toxic mold" is an insidious, secret "killer," as so many media reports and trial lawyers would claim, is "junk science" unsupported by actual scientific study.

By Bryan D. Hardin, Ph.D., Andrew Saxon, M.D.,
Coreen Robbins, Ph.D., CIH, and Bruce J. Kelman, Ph.D., DABT

Position paper The medical effects of mold exposure

2006 American Academy of Allergy, Asthma and Immunology doi:10.1016/j.jaci.2005.12.001

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"Thus we agree with the American College of Occupational and Environmental Medicine evidence-based statement..."

Reference:

4. ACOEM Council on Scientific Affairs. American College of Environmental and Occupational Medicine position statement. Adverse health effects associated with molds in the indoor environment. Elk Grove Village (Ill): ACOEM; 2002.

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This ACOEM statement was prepared by Bryan D. Hardin, PhD, Bruce J. Kelman, PhD, DABT, and Andrew Saxon, MD, under the auspices of the ACOEM Council on Scientific Affairs. It was peer-reviewed by the Council and its committees, and was approved by the ACOEM Board of Directors on October 27, 2002. Dr. Hardin is the former Deputy Director of NIOSH... Dr. Saxon is Professor of Medicine at the School of Medicine, University of California at Los Angeles.

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Position paper The medical effects of mold exposure (2006) American Academy of Allergy, Asthma and Immunology

From the a [University of Wisconsin–Madison](#); b [Children’s Mercy Hospital, Kansas City](#); c [UCLA School of Medicine, Los Angeles](#); d [Stanford University School of Medicine, Palo Alto](#); and e [Department of Pediatrics, Johns Hopkins Medical Center](#). Received for publication November 18, 2005; revised November 28, 2005; accepted for publication December 1, 2005.

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