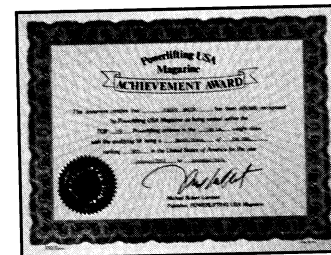


TOP 100

For standard 165 lb./75 Kg. USA lifters in results received from DEC/07 through NOVEMBER/08

PL USA Top 100 Achievement Awards



SQUAT	BENCH	DEADLIFT	TOTAL
1 843 Caslow, A..11/20/08	605 Schwab, B..8/22/08	685 Caslow, A..8/22/08	2045 Schwab, B..8/22/08
2 825 Schwab, B..8/22/08	575 Chester, K..8/22/08	666 Nickson..11/4/08	2045 Caslow, A..8/22/08
3 777 Hooper, W..3/1/08	540 Caslow, A..8/22/08	650 Snelling, R..8/10/08	1885 Berardinelli, A..8/22/08
4 740 Phelps, L..6/22/08	540 Berardinelli, A..8/22/08	639 Hollenbeck, A..10/18/08	1851 Hooper, W..3/1/08
5 730 Berardinelli, A..8/22/08	518 Hara, M..6/27/08	628 Cayer, A..5/4/08	1775 Crowe, B..4/19/08
6 705 Crowe, B..4/19/08	512 Hooper, W..3/1/08	622 Talmant, E..1/20/08	1715 Phelps, L..8/22/08
7 677 Stone, E..8/3/08	510 Crowe, B..12/8/07	619 Cirigliano, R..6/7/08	1697 Cayer, A..5/4/08
8 661 Manley, M..9/6/08	510 Albano, T..11/1/08	615 Schwab, B..8/22/08	1697 Nickson..11/4/08
9 650 Cayer, A..5/4/08	486 Davila, A..5/31/08	615 Berardinelli, A..8/22/08	1675 Chester, K..8/22/08
10 639 DiGirolamo, J..8/3/08	480 Sands, D..6/28/08	606 Manley, M..9/6/08	1636 Hollenbeck, A..10/18/08
11 639 Pullum, W..11/20/08	479 Fronzaglia, D..10/26/08	605 Kite, C..3/15/08	1614 Hammers..6/14/08
12 630 Hall, M..10/11/08	460 Mouzon, J..6/28/08	600 Derstine, M..12/1/07	1614 Manley, M..9/6/08
13 622 Chester, K..4/12/08	460 Swavel, J..11/9/08	600 Sigala, M..12/9/07	1587 DiGirolamo, J..8/3/08
14 622 Bell, B..11/20/08	455 Yezer, A..5/17/08	600 Waldron, W..1/20/08	1576 Derstine, M..12/1/07
15 617 Nickson..11/4/08	455 Phelps, L..8/22/08	600 Spencer, R..2/29/08	1565 Stone, E..8/3/08
16 615 George, E..6/28/08	451 Crossen III, W..8/2/08	600 Noppers, L..6/19/08	1554 Page..10/2/08
17 606 Hammers..6/14/08	450 Smith, J..3/29/08	600 Lovett..6/14/08	1548 Pullum, W..11/20/08
18 606 Hollenbeck, a..10/18/08	450 Young, B..8/3/08	600 Stanley, M..6/28/08	1540 George, E..6/28/08
19 605 Gary, B..12/1/07	440 Smith, D.R..2/9/08	589 Page..10/2/08	1526 Bell, B..11/20/08
20 605 McVanev, A..7/27/08	440 Miller, L..6/7/08	585 Hinz, K..3/7/08	1525 Hall, M..10/11/08
21 600 Douglas, K..4/19/08	440 Hammers..6/14/08	585 DeLeon, 7/26/08	1515 Keller, S..5/30/08
22 600 Hartnett, S..5/30/08	435 Haiduke, J..3/16/08	585 Artur, 11/22/08	1510 Noppers, L..6/19/08
23 600 Beupere, S..11/22/08	435 Green, T..4/26/08	580 Miller, R..3/29/08	1490 McVanev, A..3/16/08
24 595 Caceres, A..4/26/08	430 Ladach, K..2/24/08	575 Andrews, B..4/19/08	1477 Thompson, D..5/3/08
25 590 Miller, R..3/29/08	425 Dowdell, R.J..11/9/08	575 George, E..6/28/08	1471 Dalesio, J..5/3/08
26 584 Page..10/2/08	424 Weingust, S..8/9/08	575 Hart, M..7/27/08	1466 Caceres, A..4/26/08
27 580 Boshoven, L..8/31/08	424 Cayer, A..11/20/08	575 McDougal, J.M..10/4/08	1460 Mattison, S..11/20/08
28 578 Abranson, M..6/28/08	420 Smith..12/8/07	575 Norris, A..11/22/08	1450 Douglas, K..4/19/08
29 575 Smoker, J..8/31/08	420 Bennet, S..11/08	574 Jackson, A..8/2/08	1450 Roney, J..5/3/08
30 573 Derstine, M..12/1/07	418 Thompson, D..5/3/08	573 Williams, T..2/2/08	1449 Sigala, M..12/9/07
31 573 Hastie, M..12/1/07	418 Vasquez, J..5/17/08	573 McMasters, L..9/20/08	1445 Miller, R..3/29/08
32 573 Keller, S..5/30/08	415 Hillyard, R..4/6/08	570 Crowe, B..12/8/07	1430 Stanley, M..6/28/08
33 573 Mattison, S..8/2/08	415 O'Neal, R..7/5/08	567 Bell, L..5/17/08	1430 Duke, P..10/4/08
34 570 Roney, J..5/3/08	413 Dunn, J..5/4/08	567 Hammers..6/14/08	1430 Norris, A..11/22/08
35 570 Neary, G..6/28/08	413 Nickson..6/14/08	567 Hanners, R..11/8/08	1421 Williams, T..2/2/08
36 556 Bolen, K..3/8/08	407 Hokama, S..8/2/08	565 McVanev, A..12/15/07	1421 Frاسquillo, S..11/15/08
37 555 Barnes, C..3/29/08	407 Keller, S..8/16/08	565 W, Matt..3/08	1420 Gary, B..12/1/07
38 555 Parks, T..3/29/08	407 Dudley-Robey, E..9/10/08	565 Roney, J..5/3/08	1420 Bennet, S..11/08
39 551 Lewis, C..5/3/08	407 Svoboda, C..11/20/08	562 Hooper, W..3/1/08	1416 Spencer, R..5/29/08
40 551 Noppers, L..6/19/08	405 Cotner, M..2/23/08	562 Dargin, C..3/16/08	1416 Hartnett, S..2/30/08
41 551 Stephens, A..10/4/08	402 Derstine, M..12/1/07	562 Davis, J..3/29/08	1416 Abranson, M..6/28/08
42 550 Luker, S..10/18/08	402 Leibfried, D..4/19/08	560 Murchinson, C..3/29/08	1405 Kariv, J..4/5/08
43 545 Hardway, D..3/29/08	402 Daldwin, S..6/7/08	560 Burns..8/10/08	1399 Warren, B..5/17/08
44 545 Dalesio, J..5/3/08	396 DiGirolamo, J..4/12/08	560 Phelps, L..8/22/08	1395 Gutierrez, M..3/29/08
45 545 Lumpe, S..5/4/08	396 Frاسquillo, S..6/14/08	556 Dalesio, J..5/3/08	1395 Lovett..6/14/08
46 545 Frاسquillo, S..11/15/08	396 Mattison, S..11/20/08	556 Warren, B..5/17/08	1394 Arbuckle, T..11/15/08
47 540 Hohman, Z..2/23/08	395 McDougal, J..10/4/08	556 Anderson, D..5/17/08	1390 Dyles, L..2/2/08
48 540 Gutierrez, M..3/29/08	391 Baker, G..3/16/08	556 Mikulecky, S..6/21/08	1388 Mikulecky, S..6/21/08
49 540 Ogunola, T..3/29/08	391 Page..5/3/08	556 DiGirolamo, J..8/3/08	1385 DeLeon, 7/26/08
50 540 W, Matt..3/08	391 Hollenbeck, A..10/18/08	551 Coffey, R..2/2/08	1385 McDougal, J.M..10/4/08
51 540 Thompson, D..5/3/08	390 Bouyer, C..6/7/08	551 Kleyn, G..5/3/08	1385 York, M..11/22/08
52 540 Jones..6/14/08	385 Chase, P..12/15/07	551 Fleming, M..8/9/08	1380 W, Matt..3/08
53 540 Guevara, R..9/13/08	385 Chencik, J..1/26/08	551 Theodorou, N..10/18/08	1380 Luker, S..10/18/08
54 540 Fines-Curry, B..10/11/08	385 Paige, 11/22/08	551 Espinosa, R..11/15/08	1372 Bolen, K..3/8/08
55 540 Norris, A..11/22/08	380 Stone, E..8/3/08	551 Bell, B..11/20/08	1370 Boshoven, L..8/31/08
56 534 Kariv, J..4/5/08	380 Caliendo, M..10/25/08	550 Lozano, C..3/29/08	1366 Wiltshire, G..12/8/07
57 534 Vasquez, J..5/17/08	380 Cyr, J..11/16/08	550 Douglas, K..4/19/08	1366 Talmant, E..1/20/08
58 534 Arbuckle, T..11/15/08	380 Pullum, W..11/20/08	550 Watson, K..4/19/08	1366 Coffey, R..2/2/08
59 530 Dansby, D..3/29/08	375 Davis, D..3/29/08	545 Harrop, J..12/8/07	1360 Artur, 11/22/08
60 530 Williams, R..3/29/08	375 Apolinaric, M..4/19/08	545 Crozier, J..12/8/07	1355 Caldera..3/29/08
61 530 Mays, J..3/29/08	375 Obey, M..5/10/08	545 White, F..2/16/08	1355 Osterberg, P..4/26/08
62 529 Wiltshire, G..12/8/07	375 Dyles, L..5/24/08	545 Collins..3/29/08	1355 Waggner, Z..8/2/08
63 529 Williams, T..2/2/08	375 Stratton, J..6/14/08	545 Keller, S..5/30/08	1350 Lozano, C..3/29/08
64 529 vandeWeghe, S..5/30/08	375 York, M..11/22/08	545 Johnson, D..7/12/08	1350 Rohlfing, C..5/31/08
65 529 Schmidt..6/14/08	375 Durbin, R..11/22/08	545 Nickste, J..11/20/08	1350 Cyr, J..11/16/08
66 529 Yuhas, C..6/28/08	374 Olynyk, M..3/15/08	540 Haste, M..12/1/07	1345 Hardway, D..3/29/08
67 529 Cagliola, M..10/18/08	374 Norwood, T..3/16/08	540 Tirado, S..2/24/08	1345 Dansby, D..3/29/08
68 529 Skelton, B..11/15/08	370 Broussard, M..3/8/08	540 Hardway, D..3/29/08	1345 Durbin, R..11/22/08
69 529 Martin, K..11/20/08	370 Dukes, R..6/14/08	540 Caceres, A..4/26/08	1344 Stephens, A..10/4/08
70 525 Baxter..3/29/08	369 Kariv, J..4/5/08	540 Duke, P..10/4/08	1340 Murchinson, C..3/29/08
71 525 Mangini, T..5/10/08	369 King, R..4/12/08	540 Arbuckle, T..11/15/08	1340 Williams, R..3/29/08
72 525 Duke, P..10/4/08	369 Dalesio, J..5/3/08	535 Dansby, D..3/29/08	1340 Baxter..3/29/08
73 523 Anderson, D..1/12/08	369 Marks, J..7/19/08	535 Sneed, R..3/29/08	1339 Waldron, W..1/20/08
74 523 Rohlfing, C..5/31/08	369 Marozzo, B..8/16/08	535 Mays, J..3/29/08	1335 Barnes, C..3/29/08
75 520 Bennet, S..11/08	369 Hussein, J..9/20/08	535 Hartnett, S..5/30/08	1333 Marozzo, B..8/16/08
76 518 Warren, B..6/14/08	365 Conyers, T..12/1/07	534 Hokama, S..8/2/08	1330 Hinz, K..3/7/08
77 515 Caldera..3/29/08	365 Abts, J..4/5/08	530 Cotner, M..2/23/08	1330 Chapa, J..3/29/08
78 515 Chapa, J..3/29/08	365 Kenworthy, S..5/31/08	530 Summers, J..3/29/08	1330 Summers, J..3/29/08
79 510 Cortez, M..3/29/08	365 Duke, P..10/4/08	530 Phillips, J..6/7/08	1330 Jones..6/14/08
80 510 Weinstein, L..11/22/08	365 Hall, M..10/11/08	530 Fay, R..6/28/08	1328 White, F..2/16/08
81 507 Sigala, M..12/9/07	365 White, R..11/10/08	530 Boshoven, L..8/31/08	1325 Cortez, M..3/29/08
82 507 Kleyn, G..7/19/08	365 Rodriguez, F..11/22/08	530 Hall, M..10/11/08	1325 Weinstein, L..11/22/08
83 507 Marozzo, B..8/16/08	363 Dowling, M..3/22/08	530 Weinstein, L..11/22/08	1322 Espinosa, R..11/15/08
84 507 Cyr, J..11/16/08	363 Dolac, P..11/15/08	529 Osterberg, P..4/26/08	1320 Tirado, S..2/24/08
85 505 Brown, G..10/4/08	358 Noppers, L..6/19/08	529 Messerly, K..4/26/08	1320 Sneed, R..3/29/08
86 501 Coffey, R..2/2/08	358 Binkley, M..6/28/08	529 York, M..6/14/08	1320 Ogunola, T..3/29/08
87 501 Spencer, R..2/29/08	355 Lewis, J..11/8/08	529 Cunningham, K..8/2/08	1320 Fines-Curry, B..10/11/08
88 501 Flores, R..4/12/08	355 Higginbotham, B..3/8/08	529 Adler, D..11/8/08	1317 Anderson, D..1/12/08
89 501 Falcon, G..5/31/08	355 Dreksler, J..3/8/08	529 Pullum, W..11/20/08	1317 Caliendo, M..3/16/08
90 501 York, M..6/14/08	355 McVanev, A..7/27/08	525 Motichka..12/8/07	1315 Conyers, T..12/1/07
91 501 Stein..6/14/08	355 O'Grady, P..10/18/08	525 Derks, A..3/7/08	1315 Mays, J..3/29/08
92 501 Blynn, L..6/19/08	355 Artur, 11/22/08	525 Caldera..3/29/08	1315 Cortez, J..3/29/08
93 501 Waggner, Z..8/2/08	352 Reichert, G..1/26/08	525 Williams, R..3/29/08	1315 Parks, T..3/29/08
94 500 Conyers, T..12/1/07	352 Verduzco, H..3/1/08	525 Cortez, J..3/29/08	1311 Lumpe, S..5/4/08
95 500 Brown..2/9/08	352 Evans, M..4/5/08	525 Dyles, L..6/28/08	1311 Schmidt..6/14/08
96 500 Tirado, S..2/24/08	352 Ambrosano, D..5/24/08	525 Napolitano, T..10/11/08	1311 Sepe, J..6/28/08
97 500 Hinz, K..3/7/08	352 Jones, F..6/21/08	525 Verbois, R..11/08	1311 Martin, K..11/20/08
98 500 Lozano, C..3/29/08	352 Lyons, K..8/30/08	523 James, D..3/1/08	1310 Riley, R..9/20/08
99 500 Summers, J..3/29/08	352 Orawiec, T..10/4/08	523 Long, P..5/3/08	1305 Hathcock, T..3/1/08
100 500 Sneed, R..3/29/08	352 DeJoy, C..11/8/08	523 Waggner, Z..8/2/08	1305 Verbois, R..11/08

Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7.25% tax).

NEXT MONTH...TOP 181s

CORRECTIONS...Some 4th attempts from the September 14th WABDL United We Stand BP/DL meet (appeared on page 98, of the December 2008 issue of PL USA) were not included in our meet report. John Pfeiffer deadlifted 336, Casey Bochonowicz deadlifted 381, Amie Marx pulled a 308, Dustin Pfeiffer hauled in 264, Mike Aiello a 281, Harrison Haiden a 330. In the Bench, John Pfeiffer got a 336, Alfredo Evangelista a 440, Jimmy Kavarnos a 248, Russell Combest a 288, Therese Gill a 149, Seth Warburton 192, Dustin Pfeiffer 159, and Mike Aiello a 121. If you find errors in our articles, TOP 100/20 weight class rankings or in the competition results that we publish, let us know at POWERLIFTING USA Errors Department, Post Office Box 467, Camarillo, California 93011 for a proper analysis of the manner (which can take a variable length of time, depending on the specific situation) and an appropriate correction in a following issue.