



The Tammy Dance

[1-8] RIGHT TOE POINT, SLIDE, LEFT TOE POINT, SLIDE

- 1-2 Right toe to right side (1) and return next to left (2)
- 3-4 Right toe to right side (3) and make a long slide to the right (4)
- 5-6 Left toe to left side (5) and return next to right (6)
- 7-8 Left toe to left side (7) and make a long slide to the left (8)

[1-8] RIGHT HEEL FORWARD, LEFT HEEL FORWARD, HEEL SWITCHES, ¼ TURN

- 1-2& Right heel forward (1), pause (2), return right heel next to left (&)
- 3-4& Left heel forward (3), pause (4), return left heel next to right (&)
- 5&6& Right heel forward (5), return (&), left heel forward (6), return (&)
- 7-8 Step forward right (7), turn ¼ to the left shifting weight to the left.

Start again.