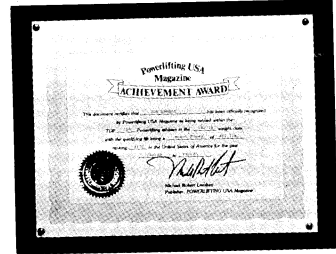


TOP 100

For 165 lb./75 kg. USA lifters competing in results received from September 1994 through August 1995.

PL USA Top 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7 1/4% tax).

NEXT MONTH... TOP 181s

Corrections: The Women's All Time Ranking list for the 114/123 lb. classes by Herb Glossbrenner was mislabeled in the October 1995 issue of POWERLIFTING USA. Bernard Schwartz's 479 deadlift at 148 was left off the TOP 100 ranking for that class in the October 1995 edition of PL USA. Bernard is 61 years of age. We certainly do make errors in the production of this magazine, in our ranking lists as well as in meet results and articles that are published. We appreciate your notice of any mistakes we may have made. If you find any errors in the material published in PL USA, send corrections to "ERRORS," Box 467, Camarillo, California 93011.

DRUG NOTICES: It is illegal to sell any product containing ephedrine, or ephedra extract, or ma huang in the state of Ohio. Also, word from the offices of Richard Herrick MD is that the substance ALLOPURINOL is now the list of banned substances, as far as drug testing is concerned.

DON'T TRAIN ALONE - ALWAYS USE SPOTTERS. - DON'T TRAIN WHEN HURT - ALWAYS CONSULT YOUR DOCTOR

SQUAT

- 1 765 Perez, J.11/20/94
- 2 716 Crain, R.11/4/94
- 3 716 Berardinelli, A.7/15/95
- 4 675 Austin, D.3/11/95
- 5 672 Ricks, D.11/18/94
- 6 672 Guzman, Q.4/28/95
- 7 655 Roosciglione, J.11/4/94
- 8 650 Boses, J.10/30/94
- 9 650 Conyers, T.12/3/94
- 10 625 Ramirez, J.9/11/94

- 11 622 Turner, C.7/8/95
- 12 617 Almodovar, J.2/4/95
- 13 617 Gibson, L.7/15/95
- 14 610 Beavers, M.9/4/94
- 15 610 Jackson, K.2/18/95
- 16 600 Benamerito, R.9/17/94
- 17 600 Kimura, M.10/29/94
- 18 600 McClean, S.3/25/95
- 19 590 Yost, T.6/10/94
- 20 584 Garcia, L.10/15/94

- 21 584 Ceill, R.7/15/95
- 22 580 Baynes, D.12/10/94
- 23 580 Roy, M.3/4/95
- 24 580 Lafoy, S.3/11/95
- 25 580 Autry, J.3/11/95
- 26 578 Garofalo, R.10/10/94
- 27 578 Smith, J.12/7/95
- 28 578 Tyree, J.4/1/95
- 29 578 Arterberry, D.4/29/95
- 30 578 Woodley, L.5/6/95

- 31 578 Reichert, S.8/12/95
- 32 575 Harger, B.2/4/95
- 33 575 Nulman, A.3/28/95
- 34 573 Johnson, T.11/12/94
- 35 573 Bridges, B.7/15/95
- 36 573 Dial, C.7/22/95
- 37 567 Masler, J.3/18/95
- 38 565 Hightower, J.12/10/94
- 39 565 French, S.3/25/95
- 40 562 Lewis, C.4/8/95

- 41 562 Scully, B.7/15/95
- 42 560 Kiser, G.1/21/95
- 43 560 Tate, L.1/21/95
- 44 560 Gee, L.4/23/95
- 45 560 Vanzant, G.6/1/95
- 46 560 Mirabella, B.6/3/95
- 47 556 Sclianneau, T.12/3/94
- 48 556 Wittahare, G.3/25/95
- 49 556 Johns, C.7/8/95
- 50 556 Culberson, T.7/22/95

- 51 555 Brinkley, T.3/18/95
- 52 555 Maxwell, R.7/23/95
- 53 551 Sorenson, 10/8/94
- 54 551 Johnson, F.11/5/94
- 55 551 Sutton, L.3/25/95
- 56 551 Barron, T.3/25/95
- 57 551 Bassett, A.4/1/95
- 58 551 Holmes, E.6/3/95
- 59 550 Killian, B.10/22/94
- 60 550 Warren, L.10/30/94

- 61 550 Crawford, L.12/10/94
- 62 550 Eaddy, R.2/4/95
- 63 550 Taylor, T.3/4/95
- 64 545 Santos, G.12/10/94
- 65 545 Houston, M.11/19/94
- 66 545 Cayer, A.4/1/95
- 67 545 Bassett, A.4/8/95
- 68 545 Grouchy, M.7/22/95
- 69 540 Stires, L.9/11/94
- 70 540 Hamilton, B.11/5/94

- 71 540 Burns, D.2/25/95
- 72 540 Stover, S.3/25/95
- 73 540 Broussard, A.2/9/95
- 74 540 Eberly, K.6/3/95
- 75 540 Lubinsky, A.6/17/95
- 76 535 Vasile, J.2/18/95
- 77 534 Gill, U.5/20/95
- 78 530 Reid, J.9/10/94
- 79 530 Avana, P.11/19/94
- 80 530 Sullivan, S.12/3/94

- 81 530 Hawley, 6/1/95
- 82 529 Rodriguez, B.3/18/95
- 83 529 Dangerfield, T.6/3/95
- 84 529 Bhojwani, S.7/15/95
- 85 525 Brent, B.2/25/95
- 86 525 Flore, N.3/25/95
- 87 525 Smith, B.4/1/95
- 88 523 Flores, R.11/5/94
- 89 523 Duffer, L.11/12/94
- 90 523 Zweig, G.1/27/95

- 91 523 Shepherd, A.4/22/95
- 92 523 Thurman, D.4/28/95
- 93 523 White, J.6/3/95
- 94 523 Poesy, R.6/3/95
- 95 523 Thomas, E.7/8/95
- 96 520 Kaiser, G.5/20/95
- 97 518 Zmobi, S.2/19/95
- 98 518 Braca, J.3/18/95
- 99 518 Santos, B.3/18/95
- 100 518 Young, T.4/29/95

BENCH PRESS

- 534 Warr, G.3/18/95
- 475 Satterfield, T.2/18/95
- 475 Thurman, D.7/22/95
- 455 Robbins, D.10/30/94
- 453 Miller, L.4/30/95
- 440 Berardinelli, A.7/15/95
- 429 Gibson, L.7/15/95
- 429 Ceill, R.7/15/95
- 424 Masler, J.7/15/95
- 424 Beavers, M.9/4/94

- 420 Blattenberger, D.7/29/95
- 418 Ricks, D.11/18/94
- 418 Conyers, T.8/26/95
- 415 Wood, J.9/25/94
- 413 Jones, S.6/9/95
- 410 Smith, C.12/4/94
- 405 Benton, C.4/15/95
- 405 Tamsayo, J.7/29/95
- 402 Wood, J.7/15/95
- 402 Trancozo, D.6/3/95

- 402 Crain, R.7/15/95
- 400 Fajardo, J.9/17/94
- 400 Kimura, M.10/29/94
- 400 Brunson, C.1/21/95
- 400 Quimby, P.7/15/95
- 399 Likins, R.9/10/94
- 391 Turner, L.5/20/95
- 391 Graham, C.8/5/95
- 390 Wade, T.12/3/94
- 390 Austin, D.12/4/94

- 390 Medina, B.5/21/95
- 390 Plankano, S.8/19/95
- 385 Flantz, C.10/22/94
- 385 Archer, S.3/4/95
- 385 Ward, M.4/22/95
- 385 Lavelle, T.4/30/95
- 385 Gaultier, G.5/20/95
- 385 Cavittes, J.5/21/95
- 385 Spingarn, J.9/11/94
- 380 Knapp, M.10/8/94

- 380 Brown, J.10/29/94
- 380 Jackson, K.2/18/95
- 380 Williams, A.3/9/95
- 380 Sargent, D.4/29/95
- 380 Poles, V.5/16/95
- 380 Scholz, C.6/3/95
- 380 Robinson, B.6/10/95
- 380 Severn, G.6/17/95
- 380 Tibbert, T.7/8/95
- 380 Bridges, B.7/15/95

- 380 Campbell, G.7/29/95
- 375 Seltzman, S.9/10/94
- 375 Pryor, B.9/17/94
- 375 West, C.9/24/94
- 375 Lafoy, S.3/11/95
- 375 Sullivan, S.12/3/94
- 375 Kiser, G.4/1/95
- 375 Lewis, C.5/27/95
- 375 Abdelsrahman, O.6/11/95
- 375 Killian, B.7/8/95

- 375 Piersall, D.7/29/95
- 375 Hill, J.8/5/95
- 374 Roosciglione, J.11/4/94
- 374 Kline, G.12/11/94
- 374 Bowers, C.3/11/95
- 374 Vandervick, A.4/22/95
- 374 Turner, C.7/8/95
- 374 Perine, J.7/21/95
- 374 Arterberry, D.7/22/95
- 374 Dial, C.7/22/95

- 370 Coloner, C.9/17/94
- 370 Cormier, S.9/25/94
- 370 Moeller, S.9/25/94
- 370 Guzman, Q.10/29/94
- 370 Tentinger, L.3/18/95
- 370 Pitka, C.3/9/95
- 370 Miuro, A.4/8/95
- 370 McNealon, T.4/22/95
- 370 Gaugler, B.4/30/95
- 370 Erney, D.6/10/95

- 370 Malone, K.7/23/95
- 370 Espinda, G.7/29/95
- 369 Hines, T.4/8/95
- 365 Lepski, M.9/17/94
- 365 Moreci, D.9/18/94
- 365 Jones, W.10/29/94
- 365 Stutesman, W.11/19/94
- 365 Cauton, J.3/11/95
- 363 Danesvich, B.10/8/94
- 363 Furnas, A.10/8/94

- 363 Wachter, S.10/15/94
- 363 Johnson, T.11/12/94
- 363 Gummer, S.3/11/95
- 363 Jordan, J.1/21/95
- 363 Napoli, M.5/28/95
- 363 Owen, G.6/3/95
- 363 Bessa, T.6/10/95
- 363 Delprincipe, G.6/24/95
- 363 Kimura, S.8/5/95
- 360 Casanata, N.9/17/94

DEADLIFT

- 688 Ricks, D.11/18/94
- 683 Culberson, T.7/22/95
- 677 Bridges, B.7/15/95
- 672 Benamerito, R.9/17/94
- 661 Roosciglione, R.11/4/94
- 655 Austin, D.3/11/95
- 650 Crain, R.7/15/95
- 640 Beavers, M.9/4/94
- 630 Warren, L.10/30/94
- 630 Schilling, S.12/3/94

- 628 Conyers, T.8/26/95
- 622 Turner, C.12/11/94
- 620 Lafoy, S.3/11/95
- 620 French, S.25/95
- 617 Tyree, J.4/1/95
- 617 Cayer, A.4/1/95
- 615 Sheridan, J.11/4/94
- 615 Kiser, G.1/21/95
- 615 McClean, S.3/25/95
- 611 Berardinelli, A.7/15/95

- 610 Jackson, K.2/18/95
- 606 Zweig, G.12/7/95
- 606 Reichert, S.3/18/95
- 605 Ramirez, J.9/11/94
- 605 Patterson, V.11/19/94
- 605 Garofalo, R.12/3/94
- 602 Herring, L.12/11/94
- 600 Woodley, L.9/4/94
- 600 Almodovar, J.10/16/94
- 600 Crigglano, R.11/26/94

- 600 Brent, B.2/25/95
- 600 Autry, J.3/11/95
- 600 Nulman, A.3/28/95
- 600 Blount, R.4/1/95
- 600 Holmes, E.6/3/95
- 590 Smith, S.4/22/95
- 590 Lewis, A.5/20/95
- 589 Ceill, R.7/15/95
- 584 Gibson, L.7/15/95
- 580 Covillion, C.10/29/94

- 580 Burns, D.2/25/95
- 578 Garcia, L.10/15/94
- 578 Arterberry, D.4/29/95
- 578 White, J.6/3/95
- 578 Thomas, E.7/8/95
- 575 King, L.1/21/94
- 575 Tate, L.1/21/94
- 573 Braca, J.3/18/95
- 570 Stover, S.3/25/95
- 565 Gee, L.10/94

- 565 Greene, L.3/26/95
- 565 Conner, M.5/6/95
- 565 Vanzant, G.6/1/95
- 562 Oreglia, J.10/29/94
- 562 Santos, G.12/10/94
- 562 Waldrop, M.12/11/94
- 562 Dial, C.2/25/95
- 562 Chanice, R.6/25/95
- 562 Butcher, J.7/8/95
- 562 Guzman, Q.7/15/95

- 562 Burnett, M.7/15/95
- 562 Krockenberger, G.8/12/95
- 560 Johns, C.11/4/94
- 560 Avana, P.11/19/94
- 560 Eaddy, R.2/4/95
- 560 Sanders, C.5/20/95
- 556 Scully, B.7/15/95
- 556 Guthrie, S.3/18/95
- 556 Bassett, A.4/8/95
- 556 Dangerfield, T.6/3/95

- 555 Taylor, T.3/4/95
- 555 Flemming, W.7/15/95
- 551 Hicks, T.11/4/94
- 551 Horowitz, G.11/5/94
- 551 Smith, L.2/7/95
- 551 Burgess, B.3/18/95
- 551 Redmond, F.3/18/95
- 551 Sutton, L.3/25/95
- 551 Stires, L.4/2/95
- 550 Baynes, D.9/10/94

- 550 Keesmeyer, 11/4/94
- 550 Gill, U.3/4/95
- 550 Benton, J.4/19/95
- 545 Williams, R.10/29/94
- 545 Weber, 11/19/94
- 545 Davis, K.11/20/94
- 545 Pfister, F.1/28/95
- 545 Graham, R.5/6/95
- 545 Masler, J.7/15/95
- 545 Perine, S.8/12/95

- 540 Reid, J.9/10/94
- 540 Kavange, M.9/18/94
- 540 Brinkley, T.3/18/95
- 540 Falvo, D.4/8/95
- 540 Wilson, T.4/8/95
- 540 Gray, B.7/8/95
- 540 Jones, J.8/12/95
- 535 Crawford, L.12/10/94
- 535 Mitchell, M.1/28/95
- 535 Everett, T.7/23/95

TOTAL

- 1780 Ricks, D.11/18/94
- 1769 Berardinelli, A.7/15/95
- 1763 Crain, R.7/15/95
- 1710 Austin, D.3/11/95
- 1692 Roosciglione, J.11/4/94
- 1670 Beavers, M.9/4/94
- 1665 Conyers, T.12/3/94
- 1631 Bridges, B.7/15/95
- 1631 Gibson, L.7/15/95
- 1620 Benamerito, R.9/17/94

- 1620 Turner, C.7/8/95
- 1603 Ceill, R.7/15/95
- 1600 Jackson, K.2/18/95
- 1581 Guzman, Q.4/28/95
- 1576 Culberson, T.7/22/95
- 1571 Almodovar, J.2/4/95
- 1560 Lafoy, S.3/11/95
- 1540 Kiser, G.1/21/95
- 1537 Tyree, J.4/1/95
- 1535 Ramirez, J.9/11/94

- 1535 Garofalo, R.12/3/94
- 1532 Arterberry, D.7/22/95
- 1521 Masler, J.3/18/95
- 1515 McClean, S.3/25/95
- 1510 Warren, L.10/30/94
- 1505 French, S.3/25/95
- 1504 Boses, J.10/30/94
- 1504 Cayer, A.4/1/95
- 1500 Kimura, M.10/29/94
- 1500 Nulman, A.3/28/95

- 1499 Dial, C.7/22/95
- 1476 Garcia, L.10/15/94
- 1470 Stover, S.3/25/95
- 1465 Woodley, L.9/4/94
- 1465 Johnson, T.11/12/94
- 1465 Autry, J.3/11/95
- 1460 Eaddy, R.2/4/95
- 1460 Vanzant, G.6/1/95
- 1454 Zweig, G.1/27/95
- 1449 Santos, G.12/10/94

- 1449 Johns, C.7/8/95
- 1449 Scully, W.7/15/95
- 1449 Reichert, S.8/12/95
- 1445 Tate, L.1/21/95
- 1443 Smith, S.5/27/95
- 1440 Brinkley, T.3/18/95
- 1438 Stires, L.4/2/95
- 1438 Thurman, D.4/28/95
- 1435 Baynes, D.9/10/94
- 1435 Schilling, S.12/3/94

- 1435 Mirabella, B.6/3/95
- 1432 White, J.6/3/95
- 1425 Sullivan, S.12/3/94
- 1425 Gee, L.4/23/95
- 1421 Crigglano, R.11/26/94
- 1421 Bassett, A.4/8/95
- 1421 Holmes, E.6/3/95
- 1420 Crawford, L.12/10/94
- 1420 Taylor, T.3/4/95
- 1416 Burnett, M.7/15/95

- 1410 Rodriguez, B.3/18/95
- 1410 Bassett, A.4/1/95
- 1410 Yost, T.6/10/94
- 1410 Miller, L.7/15/95
- 1405 Sabir, W.6/6/95
- 1405 Bhojwani, S.7/15/95
- 1400 Patterson, V.11/19/94
- 1400 Vaughn, E.11/19/94
- 1400 Roy, M.3/4/95
- 1399 Sorenson, 6/3/95

- 1395 Avana, P.11/19/94
- 1395 Burns, D.2/25/95
- 1394 Braca, J.3/18/95
- 1394 Dangerfield, T.6/3/95
- 1390 Greene, L.3/26/95
- 1388 Eberly, K.6/3/95
- 1385 Plantz, C.4/22/95
- 1383 Broussard, A.2/9/95
- 1383 Butcher, J.7/8/95
- 1377 Sutton, L.3/25/95

- 1377 Blount, R.4/1/95
- 1375 Lewis, A.5/20/95
- 1372 Guthrie, S.3/18/95
- 1372 Thomas, E.7/8/95
- 1372 Grouchy, M.7/22/95
- 1370 Houston, M.11/19/94
- 1366 Johnson, F.11/5/94
- 1366 Davis, K.3/18/95
- 1366 Owen, S.6/3/95
- 1365 Hightower, J.12/10/94

- 1365 Vasile, J.2/18/95
- 1365 Brent, B.2/25/95
- 1365 Gill, U.3/4/95
- 1365 McArthur, M.4/29/95
- 1365 Lavelle, T.4/30/95
- 1361 Wittahare, G.3/25/95
- 1360 Reid, J.9/10/94
- 1360 Killian, B.10/22/94
- 1355 King, L.11/2/94
- 1355 Sclianneau, T.12/3/94