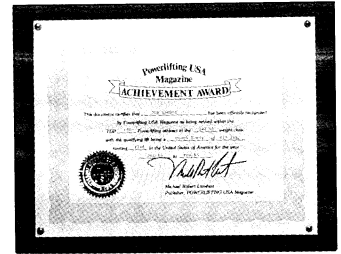


TOP 100

For 114 lb./52 kg. USA lifters competing in results received from June 1993 through May 1994.

PL USA Top 100 Achievement Awards



SQUAT

- 1 501 Dunbar, C. 6/18/93
- 2 446 Bourque, K. 7/10/93
- 3 435 Nguyen, D. 7/10/93
- 4 435 Young, G. 8/8/93
- 5 418 Tram, V. 3/12/94
- 6 402 Trosper, C. 4/23/94
- 7 380 Stanford, F. 12/4/93
- 8 374 Kennedy, J. 9/25/93
- 9 370 Snell, K. 3/19/94
- 10 363 Anderson, C. 4/15/94
- 11 363 Osborn, D. 4/24/94
- 12 352 Chang, Y. 5/7/94
- 13 345 Washington, H. 3/19/94
- 14 336 Radford, J. 3/12/94
- 15 335 Morrison, J. 11/11/93
- 16 335 Watson, M. 12/11/93
- 17 330 Flaherty, R. 8/14/93
- 18 330 Terry, K. 11/13/93
- 19 330 McKinney, D. 4/10/94
- 20 325 Davis, J. 5/14/94
- 21 325 Kline, B. 6/5/93
- 22 325 Aragon, J. 8/14/93
- 23 325 Denmon, J. 8/14/93
- 24 319 Green, R. 2/5/94
- 25 319 Long, C. 4/15/94
- 26 319 McDowell, K. 4/23/94
- 27 315 Le., 10/23/93
- 28 314 Galant, A. 10/31/93
- 29 314 Leonard, A. 4/1/94
- 30 314 Ballschmeide, L. 5/7/94
- 31 308 Bierra, G. 5/25/94
- 32 305 Lott, J. 11/11/93
- 33 305 Camilo, J. 11/11/93
- 34 303 Moore, R. 8/14/93
- 35 303 Payne, D. 11/6/93
- 36 303 Allison, S. 3/12/94
- 37 303 Ochiai, C. 4/10/94
- 38 300 Hahn, D. 6/5/93
- 39 300 Pruzinsky, J. 11/11/93
- 40 300 Fish, R. 1/29/94
- 41 292 Tidwell, L. 3/26/94
- 42 286 Houghton, T. 6/18/93
- 43 286 Moser, J. 10/31/93
- 44 286 Prince, N. 11/6/93
- 45 286 Smith, D. 10/31/93
- 46 286 Rasor, S. 11/13/93
- 47 286 Yamada, D. 3/26/94
- 48 286 Young, R. 3/26/94
- 49 281 Aberwald, D. 3/12/94
- 50 281 Hwang, E. 3/19/94
- 51 281 Hartwig, S. 4/1/94
- 52 280 Masuda, Y. 2/19/94
- 53 275 Tadej, B. 11/13/93
- 54 270 Thompson, R. 3/19/94
- 55 265 Keretz, J. 2/19/94
- 56 265 Washburn, K. 3/5/94
- 57 265 Cloutre, P. 4/9/94
- 58 260 Natale, M. 5/15/94
- 59 259 Sarris, L. 10/24/93
- 60 254 Swain, E. 11/20/93
- 61 253 Savino, C. 7/10/93
- 62 253 Carpenter, H. 7/10/93
- 63 253 Lord, G. 10/31/93
- 64 253 Heldman, J. 1/29/94
- 65 250 Beitel, M. 10/2/93
- 66 250 Siddons, J. 12/4/93
- 67 250 Bell, R. 4/15/94
- 68 248 Noel, K. 4/23/94
- 69 248 Merfeld, N. 4/23/94
- 70 248 Walker, J. 5/7/94
- 71 245 Pacheco, F. 2/19/94
- 72 245 Singer, J. 4/9/94
- 73 242 Tate, S. 8/14/93
- 74 242 Kamper, T. 3/26/94
- 75 240 Hartnett, T. 5/22/94
- 76 236 Cooke, S. 8/8/93
- 77 236 Maple, D. 3/12/94
- 78 236 Hamilton, T. 3/17/94
- 79 236 Schillinger, T. 5/7/94
- 80 230 Conway, K. 4/9/94
- 81 225 King, V. 6/5/93
- 82 225 Tidwell, L. 6/18/93
- 83 225 Smith, R. 9/11/93
- 84 225 Luc, P. 5/15/94
- 85 225 Nelson, J. 3/5/94
- 86 225 Hall, M. 3/26/94
- 87 225 Frankman, L. 4/10/94
- 88 225 McGrath, P. 5/15/94
- 89 225 Clancy-Lovell, S. 10/2/93
- 90 220 O'Connell, B. 2/19/94
- 91 215 Phillips, J. 10/10/93
- 92 215 Miller, C. 2/19/94
- 93 214 Weis, D. 7/31/93
- 94 209 Goldberg, J. 10/2/93
- 95 209 Sena, J. 11/20/93
- 96 209 Robertson, S. 2/5/94
- 97 209 Smiley, J. 4/15/94
- 98 205 Brown, J. 10/16/93
- 99 203 Dorsey, J. 12/3/93
- 100 203 Payne, G. 3/12/94

BENCH

- 1 314 Dunbar, C. 6/18/93
- 2 290 Terry, K. 11/13/93
- 3 280 Hile, P. 2/19/94
- 4 275 McCormick, J. 9/25/93
- 5 270 Le., 10/23/93
- 6 264 Tram, V. 3/12/94
- 7 259 Nguyen, D. 7/10/93
- 8 248 Kline, B. 6/5/93
- 9 245 Snell, K. 3/19/94
- 10 240 Washington, H. 3/19/94
- 11 239 Weis, D. 7/31/93
- 12 236 Bourque, K. 7/10/93
- 13 235 Hokama, J. 6/5/93
- 14 235 Rossi, N. 4/10/94
- 15 231 Osborn, D. 4/24/94
- 16 230 Slank, R. 7/11/93
- 17 225 Watson, M. 12/11/93
- 18 225 Surtia, D. 12/11/93
- 19 225 Aberwald, D. 4/3/94
- 20 220 Young, G. 8/8/93
- 21 220 Turner, J. 3/19/94
- 22 214 Kennedy, J. 9/25/93
- 23 203 Morgan, G. 5/21/94
- 24 200 Torres, E. 9/11/93
- 25 200 Lott, J. 11/11/93
- 26 200 Stanford, F. 12/4/93
- 27 200 Anderson, C. 1/94
- 28 198 Norman, B. 9/4/93
- 29 198 Galant, A. 10/31/93
- 30 198 Aragon, J. 11/20/93
- 31 198 Leonard, A. 12/12/93
- 32 195 Milster, T. 11/13/93
- 33 195 Archuleta, L. 1/16/94
- 34 195 Reed, R. 2/26/94
- 35 193 Turcotte, D. 10/10/93
- 36 192 Payne, G. 3/12/94
- 37 190 Gonzalez, D. 9/25/93
- 38 190 McGrath, P. 5/15/94
- 39 187 Green, R. 6/26/93
- 40 187 Trosper, C. 4/23/94
- 41 187 McDowell, K. 4/23/94
- 42 185 Little, H. 7/11/93
- 43 185 Pruzinsky, J. 11/11/93
- 44 185 Jennings, L. 2/6/94
- 45 181 Carpenter, H. 1/15/94
- 46 181 Radford, J. 3/12/94
- 47 181 Chang, Y. 5/7/94
- 48 180 Ochiai, C. 6/5/93
- 49 180 Herman, T. 11/21/93
- 50 180 Lipinski, M. 3/26/94
- 51 179 Rasor, S. 11/13/93
- 52 176 Bierra, G. 6/18/93
- 53 176 Long, C. 4/15/94
- 54 176 Davis, J. 5/14/94
- 55 175 Torpradit, T. 6/17/93
- 56 175 Pacheco, F. 2/19/94
- 57 175 McKinney, D. 4/10/94
- 58 170 Flaherty, R. 8/14/93
- 59 170 Thompson, R. 3/19/94
- 60 170 Dislavio, T. 4/10/94
- 61 170 Sprague, J. 4/23/94
- 62 170 Luc, P. 5/15/94
- 63 165 Tamura, L. 6/5/93
- 64 165 Savino, C. 7/10/93
- 65 165 Denmon, J. 8/14/93
- 66 165 Jeffrey, L. 8/27/93
- 67 165 Moorman, C. 9/25/93
- 68 165 Payne, D. 11/6/93
- 69 165 Allison, S. 11/20/93
- 70 165 Coe, S. 4/23/94
- 71 160 Bevenour, D. 8/28/93
- 72 160 Morrison, J. 11/11/93
- 73 160 Foster, A. 4/23/94
- 74 159 Moore, R. 8/14/93
- 75 159 Clancy-Lovell, S. 10/2/93
- 76 159 Davis, J. 12/11/93
- 77 159 Hamilton, T. 3/17/94
- 78 159 Morales, R. 4/15/94
- 79 159 Culp, L. 4/30/94
- 80 158 Slaybaugh, D. 9/11/93
- 81 155 Woodell, T. 7/3/93
- 82 155 Brown, J. 10/16/93
- 83 155 Ayers, L. 11/13/93
- 84 155 Kim, H. 2/24/94
- 85 154 Warren, R. 8/14/93
- 86 154 Norman, S. 9/4/93
- 87 154 Thomas, J. 9/25/93
- 88 154 Smith, D. 10/31/93
- 89 154 Heldman, J. 1/29/94
- 90 154 Ballschmeide, L. 3/12/94
- 91 154 Wayland, J. 4/9/94
- 92 150 Groce, C. 9/19/93
- 93 150 Jason, A. 10/31/93
- 94 150 Frankman, L. 11/7/93
- 95 150 Jackson, R. 11/7/93
- 96 148 Palumbo, D. 10/16/93
- 97 148 Houghton, T. 10/31/93
- 98 148 Kovalchik, P. 11/20/93
- 99 148 Leyba, J. 11/20/93
- 100 148 Martinez, J. 11/20/93

DEADLIFT

- 1 468 Tram, V. 3/12/94
- 2 446 Nguyen, D. 7/10/93
- 3 435 Snell, K. 3/19/94
- 4 425 Stanford, F. 12/4/93
- 5 418 Thompson, R. 8/7/93
- 6 418 Trosper, C. 4/23/94
- 7 413 Bourque, K. 7/10/93
- 8 410 Le., 10/23/93
- 9 400 Leonard, A. 6/93
- 10 380 Aragon, J. 11/20/93
- 11 380 McDowell, K. 12/4/93
- 12 380 Washington, H. 3/19/94
- 13 374 Kennedy, J. 9/25/93
- 14 374 Davis, J. 5/14/94
- 15 369 Pruzinsky, J. 11/11/93
- 16 369 Chang, Y. 5/7/94
- 17 358 Dunbar, C. 6/18/93
- 18 358 Galant, A. 10/31/93
- 19 358 Young, G. 1/29/94
- 20 358 Osborn, D. 4/24/94
- 21 354 Denmon, J. 8/14/93
- 22 352 Hahn, D. 4/1/94
- 23 352 Green, R. 10/23/93
- 24 350 Terry, K. 11/13/93
- 25 350 Natale, M. 5/15/94
- 26 347 Radford, J. 3/12/94
- 27 345 Flaherty, R. 8/14/93
- 28 345 Morrison, J. 11/11/93
- 29 341 Moore, R. 8/14/93
- 30 340 Payne, D. 8/14/93
- 31 340 Luc, P. 5/15/94
- 32 336 Allison, S. 11/20/93
- 33 335 Anderson, C. 1/94
- 34 330 Bierra, G. 6/18/93
- 35 325 Smith, D. 10/31/93
- 36 325 Prince, N. 11/6/93
- 37 325 Watson, M. 12/11/93
- 38 325 Aberwald, D. 4/30/94
- 39 320 McKinney, D. 4/10/93
- 40 319 Tadej, B. 11/13/93
- 41 319 Hwang, E. 3/19/94
- 42 319 Yamada, D. 3/26/94
- 43 319 Long, C. 4/15/94
- 44 315 Archuleta, L. 1/16/94
- 45 315 Washburn, K. 3/5/94
- 46 314 Young, R. 3/26/94
- 47 314 Schillinger, T. 5/7/94
- 48 309 Moser, J. 3/12/94
- 49 308 Savino, C. 7/10/93
- 50 308 Kovalchik, P. 11/20/93
- 51 305 Pella, T. 6/20/93
- 52 305 Lott, J. 7/24/93
- 53 305 Smith, R. 9/11/93
- 54 303 Houghton, T. 6/18/93
- 55 303 Stewart, M. 8/7/93
- 56 303 Lord, G. 10/31/93
- 57 303 Santos, A. 1/15/94
- 58 303 Noel, K. 4/23/94
- 59 303 Walker, J. 5/7/94
- 60 300 Phillips, J. 10/10/93
- 61 300 Frankman, L. 11/7/93
- 62 300 Conway, K. 4/9/94
- 63 297 Rasor, S. 11/13/93
- 64 295 Fish, R. 1/29/94
- 65 295 Pacheco, F. 2/19/94
- 66 295 Masuda, Y. 2/19/94
- 67 295 McGrath, P. 5/15/94
- 68 292 Hartwig, S. 4/1/94
- 69 290 Camilo, J. 11/20/93
- 70 290 Keretz, J. 2/19/94
- 71 286 Stine, A. 8/7/93
- 72 286 Goldberg, J. 10/2/93
- 73 286 Heldman, J. 1/29/94
- 74 286 Payne, G. 3/12/94
- 75 286 Ochiai, C. 4/10/94
- 76 285 Beitel, M. 10/2/93
- 77 281 Maple, D. 3/12/94
- 78 280 Hartnett, T. 5/20/94
- 79 275 King, V. 6/5/93
- 80 275 Alter, M. 7/3/93
- 81 275 Giampietro, M. 8/7/93
- 82 275 Sarris, L. 10/24/93
- 83 275 Mollahan, T. 11/7/93
- 84 275 Dorsey, J. 12/3/93
- 85 275 Nelson, J. 3/5/94
- 86 275 Hamilton, T. 3/17/94
- 87 275 Smiley, J. 4/15/94
- 88 275 Ballschmeide, L. 5/7/94
- 89 270 Tate, S. 8/14/93
- 90 270 Surtia, D. 12/11/93
- 91 270 Bevenour, D. 2/19/94
- 92 270 Tidwell, L. 3/26/94
- 93 270 Hall, M. 3/26/94
- 94 270 Singer, J. 4/9/94
- 95 264 Kamper, T. 3/26/94
- 96 264 Merfeld, N. 4/23/94
- 97 260 Torpradit, T. 6/17/93
- 98 260 Siddons, J. 12/4/93
- 99 260 Horsemanko, G. 3/19/94
- 100 259 Carpenter, H. 7/10/93

TOTAL

- 1 1173 Dunbar, C. 6/18/93
- 2 1151 Tram, V. 3/12/94
- 3 1140 Nguyen, D. 7/10/93
- 4 1096 Bourque, K. 7/10/93
- 5 1050 Snell, K. 3/19/94
- 6 1008 Young, G. 8/8/93
- 7 1008 Trosper, C. 4/23/94
- 8 1005 Stanford, F. 12/4/93
- 9 995 Le., 10/23/93
- 10 975 Kennedy, J. 9/25/93
- 11 970 Terry, K. 11/13/93
- 12 965 Washington, H. 3/19/94
- 13 953 Osborn, D. 4/24/94
- 14 925 Aragon, J. 11/20/93
- 15 905 Anderson, C. 2/94
- 16 903 Chang, Y. 5/7/94
- 17 887 Leonard, A. 4/1/94
- 18 885 Watson, M. 12/11/93
- 19 881 McDowell, K. 4/23/94
- 20 876 Davis, J. 5/14/94
- 21 870 Galant, A. 10/31/93
- 22 865 Radford, J. 3/12/94
- 23 848 Thompson, R. 3/19/94
- 24 845 Flaherty, R. 8/14/93
- 25 845 Green, R. 10/23/93
- 26 845 Pruzinsky, J. 11/11/93
- 27 843 Denmon, J. 8/14/93
- 28 840 Morrison, J. 11/11/93
- 29 825 McKinney, D. 4/10/94
- 30 820 Aberwald, D. 4/30/94
- 31 815 Long, C. 4/15/94
- 32 810 Bierra, G. 6/8/93
- 33 805 Lott, J. 11/11/93
- 34 804 Moore, R. 8/14/93
- 35 795 Payne, D. 8/14/93
- 36 793 Allison, S. 11/20/93
- 37 771 Hahn, D. 4/1/94
- 38 766 Smith, D. 10/31/93
- 39 766 Ochiai, C. 4/10/94
- 40 763 Rasor, S. 11/13/93
- 41 749 Prince, N. 11/6/93
- 42 749 Hwang, E. 3/19/94
- 43 740 Natale, M. 5/15/94
- 44 738 Tadej, B. 11/13/93
- 45 738 Yamada, D. 3/26/94
- 46 733 Houghton, T. 6/18/93
- 47 733 Moser, J. 10/31/93
- 48 733 Ballschmeide, L. 3/12/94
- 49 733 Young, R. 3/26/94
- 50 727 Savino, C. 7/10/93
- 51 725 Luc, P. 5/15/94
- 52 720 Fish, R. 1/29/94
- 53 715 Pacheco, F. 2/19/94
- 54 710 Washburn, K. 3/5/94
- 55 710 McGrath, P. 5/15/94
- 56 705 Hartwig, S. 4/1/94
- 57 701 Weis, D. 7/31/93
- 58 700 Keretz, J. 2/19/94
- 59 700 Masuda, Y. 2/19/94
- 60 694 Heldman, J. 1/29/94
- 61 683 Lord, G. 10/31/93
- 62 683 Payne, G. 3/12/94
- 63 683 Tidwell, L. 3/26/94
- 64 680 Beitel, M. 10/2/93
- 65 677 Carpenter, H. 7/10/93
- 66 677 Surtia, D. 12/11/93
- 67 672 Hamilton, T. 3/17/94
- 68 672 Walker, J. 5/7/94
- 69 670 Smith, R. 9/11/93
- 70 666 Noel, K. 4/23/94
- 71 665 Jones, C. 2/94
- 72 665 Hartnett, T. 5/20/94
- 73 661 Schillinger, T. 5/7/94
- 74 650 Tate, S. 8/14/93
- 75 650 Siddons, J. 12/4/93
- 76 645 Camilo, J. 7/24/93
- 77 645 Conway, K. 4/9/94
- 78 644 Sarris, L. 10/24/93
- 79 644 Goldberg, J. 10/2/93
- 80 640 Frankman, L. 4/10/94
- 81 639 Merfeld, N. 4/23/94
- 82 633 Maple, D. 3/12/94
- 83 628 Kamper, T. 3/26/94
- 84 625 King, V. 6/5/93
- 85 625 Singer, J. 4/9/94
- 86 622 Hall, M. 3/26/94
- 87 615 Torpradit, T. 6/17/93
- 88 615 Nelson, J. 3/5/94
- 89 615 Cloutre, P. 4/9/94
- 90 612 Swain, E. 11/20/93
- 91 611 Bevenour, D. 2/19/94
- 92 610 Phillips, J. 10/10/93
- 93 608 Bell, R. 4/15/94
- 94 600 Clancy-Lovell, S. 10/2/93
- 95 600 Dorsey, J. 12/3/93
- 96 590 Kim, H. 2/24/94
- 97 585 O'Connell, B. 2/19/94
- 98 570 Horsemanko, G. 3/19/94
- 99 567 Cooke, S. 8/8/93
- 100 567 Smiley, J. 4/15/94

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NEXT MONTH... TOP 123s

Corrections: Chris Young's lifts of 650 462 622 1734 at 275 were not reflected on the TOP 100 listing for the 275 lb. class. Craig Terry's lifts of 570 320 675 1565 were not included on the ADFPA TOP 20 181 lb. class compilation. Tony Diccico's name was misspelled on the results of the Natural Nationals. Mr. D. Mallard's bench press of 562 was not noted on the TOP 100 275 lb. class listing. Roger Gaydos' deadlift of 630 was not included on the 275 lb. list as well. Tom Wicks' 644 deadlift at 275 missed the list also. On the All Time Squat list for the 148 lb. class, Scott Schimmel should have been credited with a 556. Dan Kovacs had a 600 lb. bench press as a SHW that did not make the TOP 100 listing for that division. Frank Wakakuwa should have been credited with his 565 bench at 242 on the TOP 100. Donald Robbins 450 bench at 165 was not reflected on the ADFPA TOP 20. Please send future corrections to "ERRORS," P.O. Box 467, Camarillo, California 93011.

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