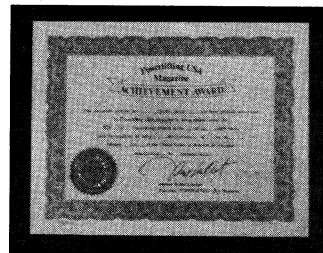


TOP 100

For standard 242 lb./110 Kg. USA lifters in results received from MAR/05 through MAR/06

PL USA Top 100 Achievement Awards



SQUAT	BENCH	DEADLIFT	TOTAL
1 1047 Graalfs, J. 10/30/05	801 Lamarque, M. 6/11/05	837 Coan, E. 6/25/05	2472 Goggins, S. 3/5/05
2 1044 Goggins, S. 3/5/05	793 Jackson, J. 11/16/05	804 Courtney, A. 8/13/05	2374 Bayless, J. 6/4/05
3 1003 Simmons, C. 4/23/05	772 Kelley, B. 3/5/05	826 Goggins, S. 3/5/05	2369 Simmons, C. 4/23/05
4 1000 Weston, B. 7/17/05	755 Lyuando, R. 1/14/06	800 Capello, J. 3/11/06	2347 Graalfs, J. 10/30/05
5 975 Blue, D. 12/4/05	740 Cumo, N. 12/17/05	782 Harris, T. 5/22/05	2325 Mash, T. 6/4/05
6 953 Mash, T. 6/4/05	733 Laddner, J. 3/5/05	772 Herring, G. 11/17/05	2325 Blue, D. 12/4/05
7 931 Irby, T. 11/19/05	727 Simmons, C. 9/24/05	770 Cass, B. 7/16/05	2281 Coan, E. 6/25/05
8 925 Robertson, K. 5/8/05	722 Hein, B. 4/2/05	766 Bayless, J. 6/4/05	2254 Panora, G. 11/5/05
9 925 Bayless, J. 10/30/05	720 Biewer, J. 3/26/05	765 Glover, N. 10/22/05	2225 Stussy, B. 4/3/05
10 925 Cox, J. 11/13/05	716 Fields, B. 10/29/05	760 Cooper, D. 10/2/05	2215 Weston, B. 7/17/05
11 920 Johnston, M. 6/4/05	710 Robertson, K. 6/4/05	749 Mash, T. 6/25/05	2198 Johnston, M. 6/4/05
12 903 Coan, E. 6/25/05	710 Tallman, C. 10/29/05	749 Panora, G. 11/5/05	2187 Jones, R. 12/4/05
13 903 Mull, B. 9/10/05	705 Bayless, J. 6/4/05	738 Blue, D. 4/2/05	2165 Pierce, R. 11/5/05
14 903 Panora, G. 11/5/05	705 Briggs, R. 10/29/05	730 Tylutki, N. 2/25/06	2160 Cass, B. 7/16/05
15 903 Pierce, R. 11/5/05	700 Stussy, B. 4/3/05	725 Smith, J. 7/23/05	2154 Irby, T. 11/19/05
16 875 Perrotta, J. 11/13/05	700 Wilson, A. 7/9/05	725 Williams, R. 11/13/05	2105 Harris, T. 5/22/05
17 865 Jones, R. 6/4/05	700 Dirk, B. J. 12/3/05	722 Graalfs, J. 6/4/05	2105 Perrotta, J. 11/13/05
18 865 Fredette, B. 11/5/05	677 Scott, G. 10/29/05	722 Johnston, M. 6/4/05	2100 Laird, J. 4/17/05
19 860 Cass, B. 7/16/05	660 Furman, M. 5/14/05	722 Jones, R. 12/4/05	2080 Cox, J. 11/13/05
20 855 Higgins, T. 3/19/05	660 Grosso, P. 2/18/06	722 Thompson, M. 12/4/05	2072 Mull, B. 9/10/05
21 850 Laird, J. 4/17/05	655 Hunter, J. 6/11/05	722 Wylie, P. 2/18/06	2065 Smith, M. 11/13/05
22 848 Wylie, P. 11/5/05	655 Perkins, C. 6/25/05	716 Ferguson, J. 12/10/05	2065 Nutter, S. 11/13/05
23 843 Myers, B. 12/4/05	655 Rectenwald, E. 2/4/06	710 Stussy, B. 4/3/05	2045 Glover, N. 10/22/05
24 840 Nutter, S. 11/13/05	650 Walker, D. 3/13/05	710 Givens, F. 8/13/05	2033 Thompson, M. 12/4/05
25 840 Warren, B. 12/17/05	650 Parnel, P. 4/30/05	710 Harth, R. 11/17/05	2028 Goldin, R. 5/8/05
26 837 Ward, R. 4/2/05	650 Acome, T. 9/10/05	707 Elliott, S. 11/13/05	2028 Taylor, M. 9/10/05
27 837 Petersen, J. 5/14/05	644 Girard, R. 2/19/06	705 Matheson, B. 3/19/05	2028 Ferguson, J. 12/10/05
28 835 Ladewski, M. 11/13/05	640 Smith, M. 8/27/05	705 Landry, S. 4/10/05	2025 Arritt, G. 4/17/05
29 832 Roberts, M. 6/4/05	640 McLeod, D. 12/17/05	705 Ladewski, M. 4/17/05	2025 Tylutki, N. 2/25/06
30 832 Swanson, B. 6/4/05	639 Lawrence, R. 6/4/05	705 Whittaker, D. 10/29/05	2017 Acome, T. 7/29/05
31 830 Avigliano, J. 11/13/05	639 Wright, E. 7/23/05	705 Howard, B. 11/17/05	2017 Myers, B. 12/4/05
32 830 Covey, E. 11/13/05	639 Wilkinson, E. 11/16/05	705 Roby, J. 12/10/05	2017 Mann, S. 3/19/06
33 826 Tinney, R. 9/24/05	635 McCaslin, Z. 8/29/05	700 Bagnall, B. 3/13/05	2010 Seabrook, J. 12/17/05
34 825 Smith, M. 11/13/05	635 Best, A. 10/9/05	700 Werner, J. 4/16/05	2005 Wylie, P. 11/5/05
35 825 McLeod, D. 12/17/05	634 Kitani, R. 11/16/05	700 Weston, B. 4/30/05	2000 Higgins, T. 3/19/05
36 821 DePalma, L. 6/4/05	633 Mash, T. 6/4/05	700 Matthews, C. 12/10/05	2000 Smith, B. 6/4/05
37 815 Stussy, B. 4/3/05	633 McConaughy, 7/29/05	700 Edwards, L. 1/2/06	2000 Radford, S. 9/10/05
38 815 Douglas, J. 5/8/05	633 Blue, D. 8/6/05	699 Davidson, D. 6/11/05	1995 Dick, P. 6/4/05
39 815 Smith, B. 6/4/05	633 Stephens, G. 11/16/05	699 Crigger, C. 9/10/05	1995 Mistric, L. 11/5/05
40 815 Austin, G. 8/27/05	630 Capozzola, R. 4/17/05	694 Irby, T. 7/29/05	1984 Ferris, R. 6/4/05
41 810 Harris, T. 5/8/05	630 Hairston, M. 6/4/05	694 Taylor, M. 9/10/05	1984 Martin, M. 7/23/05
42 810 Mistric, L. 11/5/05	630 Burke, J. 6/12/05	690 Higgins, T. 3/19/05	1984 Fredette, B. J. 11/5/05
43 810 Donega, S. 11/5/05	626 Seneca, C. 11/16/05	690 Schwanke, M. 12/17/05	1980 Ladewski, M. 4/17/05
44 810 Jordan, J. 12/4/05	622 Wakakuwa, F. 11/16/05	688 Shirey, M. 4/3/05	1978 Ward, R. 5/14/05
45 810 Tylutki, N. 2/25/06	622 Green, M. 2/4/06	688 Eriksen, R. 5/14/05	1978 Tinney, R. 9/24/05
46 804 Ferris, R. 6/4/05	620 Edwards, L. 8/6/05	688 Pierce, R. 11/5/05	1975 McLeod, D. 12/17/05
47 804 Carlquist, A. 6/11/05	620 Murray, W. 12/17/05	685 Smith, B. 3/05	1962 Eriksen, R. 5/14/05
48 805 Acome, T. 7/29/05	617 Doan, D. 9/18/05	683 White, E. 4/10/05	1956 DePalma, L. 6/4/05
49 804 Taylor, M. 9/10/05	615 Pollard, S. 4/3/05	683 Ward, R. 5/14/05	1956 Donegan, S. 11/5/05
50 804 Zavala, A. 9/24/05	615 Manns, R. 11/12/05	683 Callahan, B. 5/22/05	1955 Byrd, S. 6/4/05
51 800 Henson, T. 4/2/05	611 Martin, M. 7/23/05	680 McMillan, J. 6/4/05	1955 Clark, E. 9/24/05
52 800 Clark, E. 9/24/05	610 Parrish, K. 3/26/05	680 Grenre, J. 9/17/05	1950 Carlquist, A. 3/26/05
53 788 Goldin, R. 5/8/05	606 Zimmerman, 7/10/05	680 Leisinger, B. 3/18/06	1950 Warren, B. 12/17/05
54 782 Mann, S. 5/8/05	606 McKeefe, R. 7/23/05	677 Mann, S. 3/19/06	1945 Smith, C. 4/10/05
55 782 Waits, S. 5/8/05	606 Mayer, K. 9/18/05	675 Czerevec, J. 3/19/05	1945 Rectenwald, E. 6/18/05
56 780 Burrows, M. 4/17/05	606 Swank, M. 9/24/05	675 Barabas, W. 5/8/05	1940 Waits, S. 5/22/05
57 780 Lewis, M. 7/17/05	605 Ball, T. J. 3/26/05	672 Kahanek, C. 5/8/05	1940 Hariston, M. 9/17/05
58 780 Glover, N. 10/22/05	605 Stephens, K. 11/12/05	672 Harper, R. 6/11/05	1940 Schwanke, M. 12/17/05
59 777 Thompson, M. 12/4/05	600 Huhmell, M. 3/5/05	672 Wright, E. 7/23/05	1930 Matthews, C. 12/10/05
60 775 DeWalt, B. 5/8/05	600 Goggins, S. 3/5/05	672 Soekardi, I. 8/7/05	1923 Swanson, B. 6/4/05
61 775 Hypes, T. 9/24/05	600 Read, B. 4/3/05	672 Tinney, R. 9/24/05	1920 Leisinger, B. 3/18/06
62 766 Dick, P. 6/4/05	600 Laird, J. 4/17/05	672 Mullins, R. 11/5/05	1918 Mullins, R. 11/5/05
63 766 Czerevec, J. 6/4/05	600 Donels, J. 4/16/05	670 Skelley, W. 3/21/05	1918 Hoornstra, J. 12/05
64 766 Meyers, T. 8/14/05	600 Tanner, S. 7/9/05	666 Miller, S. 4/7/05	1918 Burrows, M. 4/17/05
65 760 Seabrook, J. 12/17/05	600 Radford, S. 9/10/05	666 Goldin, R. 5/8/05	1906 Jordan, J. 12/4/05
66 755 Smith, C. 4/10/05	600 Weaver, J. 9/10/05	666 Mitchell, K. 7/9/05	1905 Grenre, J. 9/17/05
67 755 Gibson, J. 6/11/05	600 Mills, M. 9/18/05	666 Davis, R. 3/19/05	1905 Avigliano, J. 11/13/05
68 750 Roby, J. 12/10/05	600 Ritzler, J. 9/25/05	665 Reidy, M. 11/13/05	1901 Crigger, C. 9/10/05
69 749 Radford, S. 9/10/05	600 Panora, G. 11/5/05	661 Martin, M. 4/9/05	1900 Lewis, M. 7/17/05
70 744 Mullins, R. 11/5/05	600 Jones, R. 12/4/05	661 Lamarque, M. 6/11/05	1900 Hypes, T. 9/24/05
71 738 Martin, M. 4/9/05	600 Seabrook, J. 12/17/05	661 Rectenwald, E. 6/18/05	1900 Coppola, S. 11/13/05
72 733 Gottlieb, J. 4/24/05	600 Lipton, B. 1/14/06	661 Nicosia, R. 7/16/05	1900 Covey, E. 11/13/05
73 730 Estrada, S. 4/2/05	600 Dexter, C. 2/19/06	661 Mull, B. 9/10/05	1895 Petersen, J. 5/14/05
74 730 Coppola, S. 11/13/05	600 Clark, E. 2/25/06	661 Simmons, C. 10/30/05	1895 Gibson, J. 6/11/05
75 730 Tenbroeck, J. 11/13/05	589 Gast, J. 8/7/05	661 Meyers, T. 1/29/06	1879 Pauley, B. 3/11/06
76 727 Parks, D. 4/24/05	585 Goldsworthy, D. 5/14/05	660 Furlow, T. 3/19/05	1875 Smith, J. 7/23/05
77 727 Eriksen, R. 5/14/05	585 Popovich, C. 7/17/05	660 Ferris, R. 3/19/05	1873 Kahanek, C. 5/8/05
78 727 Morse, B. 7/9/05	584 Smith, C. 4/10/05	660 Furman, M. 5/14/05	1868 Meyers, T. 8/14/05
79 727 Roberts, R. 7/9/05	584 Moxley, J. 9/10/05	660 Fellure, T. 8/13/05	1865 Roby, J. 12/10/05
80 727 Ferguson, J. 12/10/05	584 Graalfs, J. 10/30/05	660 Coppola, S. 11/13/05	1862 White, E. 4/10/05
81 725 Hairston, M. 3/19/05	584 Varela, 11/4/05	660 Mason, D. 12/3/05	1860 Fenti, L. 12/10/05
82 725 Bumgardner, T. 7/17/05	584 Ferguson, J. 12/10/05	655 DeFoor, J. 4/3/05	1857 Czerevec, J. 6/4/05
83 725 Gatson, A. 9/24/05	584 Pauley, B. 3/11/06	655 Nicholas, R. 4/30/05	1857 Mitchell, K. 11/19/05
84 725 Cooper, R. 11/13/05	580 Caporosso, J. 3/19/05	655 Dorell, B. 5/21/05	1846 Landry, S. 4/10/05
85 725 Leisinger, B. 3/18/06	580 Robinson, R. 4/23/05	655 Diamond, P. 1/28/06	1846 Zavala, A. 4/10/05
86 722 West, P. 11/5/05	580 Becker, S. 6/18/05	650 Bowman, T. 3/12/05	1845 Fay, J. 11/13/05
87 722 Reape, J. 11/21/06	580 Perrotta, J. 11/13/05	650 Grant, 3/12/05	1835 Fontanez, T. 4/9/05
88 720 Fay, J. 11/13/05	580 Schaeffer, S. 2/4/06	650 Mann, J. 3/19/05	1830 Cooper, D. 10/2/05
89 716 Tonini, R. 11/5/05	580 Prozy, S. 2/11/06	650 Heisinger, J. 3/19/05	1820 Roberts, A. 4/3/05
90 715 McFerren, A. 3/12/05	578 Mangum, M. 6/4/05	650 Oliver, G. 4/3/05	1820 Connor, M. 4/3/05
91 715 French, C. 4/17/05	578 DesRosiers, M. 7/9/05	650 Smith, T. 4/3/05	1818 Gottlieb, J. 7/29/05
92 710 Bowly, P. 6/4/05	575 Eliff, L. 5/28/05	650 Fontanez, T. 4/9/05	1815 Havrilesko, D. 11/13/05
93 710 Kegrice, J. 12/10/05	575 Nutter, S. 11/13/05	650 Laird, J. 4/17/05	1815 Tenbroeck, J. 11/13/05
94 710 Self, B. 1/29/06	575 Mann, S. 3/19/06	650 Austin, G. 4/17/05	1810 Daubert, D. 9/10/05
95 705 Shirey, M. 4/3/05	573 Ota, S. 3/5/05	650 Cooper, R. 4/17/05	1807 Callahan, B. 5/22/05
96 705 Roberts, A. 4/3/05	573 Donati, R. 5/7/05	650 Strong, R. 5/7/05	1802 Bowman, T. 3/12/05
97 705 Rectos, L. 4/10/05	573 Goldin, R. 5/8/05	650 McIntyre, F. 5/15/05	1802 Shirey, M. 4/3/05
98 705 Crigger, C. 9/10/05	573 DePalma, L. 6/4/05	650 Waits, S. 5/22/05	1802 DeFoor, J. 4/3/05
99 705 Grenre, J. 9/17/05	573 Shifflett, D. 8/20/05	650 Gottlieb, J. 7/29/05	1802 Miller, S. 4/17/05
100 705 Mitchell, K. 11/19/05	573 Hennessy, 11/4/05	650 Anderson, D. 8/20/05	1802 Morse, B. 7/9/05

Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7.25% tax).

NEXT MONTH... TOP 275s

CORRECTIONS ... Bobbie Myers' 843 squat, 573 bench, and 2017 total were not reflected on the TOP 20 Masters ranking list for the 242 lb. class. Bentz Tozer Jr. had a 4th attempt squat of 732 at the IPA World Championships that was not counted on the TOP 20 Masters rankings for the 220 lb. class. In the results of the USAPL Police and Fire Nationals, Jason Auschwitz should have been credited with a deadlift of 639 and a total of 1680 in the 242 lb. class. Carl Seeker's bench of 550 was not included on the Masters TOP 20 list for the 242 lb. class. Per Michael Soong's information, Tony Atkins benched 688 on the TOP 100 220s list, rather than 683, and Adam Driggers totaled 2105 at 220 rather than 2083. Rich Sadiv should have been listed with a 660 deadlift on the TOP 100 220s, and Ken Millrany should have been credited with a 628 bench on the same list. If you find errors, let us know at PL USA Errors, Box 467, Camarillo, California 93011 for an appropriate correction.