

— PARIS IS —  
**A MOVEABLE FEAST**  
— ADVENTURES IN THE CITY OF LIGHT —



**GIRLS' WEEK IN PARIS**

**OCTOBER 21 – 29, 2017**



Join us for a very special

## GIRLS' WEEK IN PARIS

**October 21 – 29, 2017**

Do you have a sister, best friend, female colleague, sorority sister or BFF with whom you would love to share a fabulous adventure abroad? Are you yearning to go to Paris but your spouse or significant other doesn't seem interested? Then this is the trip for you.

We've customized this ladies-only escapade in the City of Light with emphasis on shopping, fashion and food & wine. During our morning walks we'll pay tribute to the female movers & shakers in French science, art and literature who have called Paris home. We'll point you to the naughty-and-nice venues where you can let your hair down and do some unforgettable gal pal bonding.

At the same time we'll make sure you don't miss the iconic monuments, riverside vistas, parks, cafés, narrow streets and grand boulevards that make Paris the most beautiful and enchanting city in the world.

### HERE'S WHAT'S INCLUDED:

- ✓ 7 nights' lodging at a 4 Star boutique hotel in the heart of Saint-Germain-des-Prés
- ✓ 7 day Metro Subway Pass.
- ✓ 6 day Paris Museum Pass for front-of-the-line entrance into all the major museums and monuments.
- ✓ Full buffet breakfast each day.
- ✓ A gourmet dinner cruise on the River Seine.
- ✓ Two marvelous dinners at historic upscale Parisian restaurants.
- ✓ An elegant lunch near the Paris Opera.
- ✓ High Tea at a 5 Star palace hotel.
- ✓ Daily 2 to 3 hour walking tours of different areas of the city – as many or as few as you wish to take part in. All afternoons are free.
- ✓ Private motor coach excursion to *Vallée Village*, The new Parisian outlet mall.

**PRICE: \$2998 per person**

(Based on double occupancy)







## ITINERARY

### Saturday, Oct. 21 –

#### Depart your home city for Paris

Make sure to book a flight which will arrive in Paris by midday on the 22nd. This will allow you to arrive at the hotel, get situated and be ready for our first short orientation stroll from 3:00 – 5:00 pm. NOTE: Air transportation and airport transfers are NOT included in the package price and are the sole responsibility of the individual traveler.

### Sunday, October 22 –

#### Arrive Paris

Arrive in Paris by midday and transfer to our hotel. From 3:00 – 5:00 pm join us on a leisurely stroll around the islands in the middle of the Seine where Paris began over 2,000 years ago. You'll walk off your jet lag and see some of the city's iconic sights like Notre Dame Cathedral, Saint Chappelle and the medieval palace. At 6:00 pm join us for a welcome reception in the hotel followed by a group dinner at a local historic restaurant.

### Monday, October 23 –

#### St-Germain-des-Prés

This morning we'll introduce you to the marvelous Left Bank neighborhood around our hotel. Saint-Germain-des-Prés offers the quintessential Left Bank experience: art and antique galleries, historic cafés, gourmet chocolate and food purveyors, and BOUTIQUE SHOPPING that's unsurpassed in any other section of the city. We'll share fascinating tidbits about the many writers and artists who've called this neighborhood their home and point out little known boutiques and eateries that we're sure you'll love. We'll finish our group walk by lunchtime, allowing you to lunch at one of the neighborhood's many quaint cafés, or grab a delicious crepe from a street vendor before setting off for an afternoon of shopping or museum visits. Dinner tonight is on your own. We can recommend some charming bistros and cafés if you like, or you can set off to discover a memorable spot on your own.

### Tuesday, October 24 –

#### The Right Bank from the Louvre to the Opera

Today we'll explore the monumental Right Bank. The Louvre museum and Tuileries garden, the opulent Place Vendome (Site of the Ritz Hotel), and the crown jewel of Belle Époque Paris: the Opéra Garnier. You'll be our guest for an elegant lunch near the Opera and afterward we'll escort you to the two "Grands Magasins" (Great Department Stores); the Galerie Lafayette and Printemps. If department store shopping is not your cup of tea, we'll be happy to escort you to the marvelous gourmet food purveyors- Fauchon and Hédiard, behind the Madeleine Church, or join you for a cup of the world's best hot chocolate and a pastry at Angelina's on the Rue de Rivoli. Dinner tonight is on your own. Let us know that morning if you'd like us to make a reservation for you for supper or recommend a great little wine bar.

## ITINERARY (Cont'd)

### Wednesday, October 25 –

#### Rue Montorgueil and Seine River Dinner Cruise

This morning we'll take you to one of Paris's most lively shopping streets. The medieval street of Rue Montorgueil (Mount Pride) is swarming with bakeries, cheese & wine shops and chocolatiers. You'll see the venerable bakery of Stohrer, founded in 1752 and home of the Rhum Baba. Right around the corner from Rue Montorgueil is the marvelous kitchenware shop of E. Dehillerin. Every imaginable kitchen gadget and gorgeous copper pots & pans line the walls of this legendary store. For lunch, retrace your steps and dine at one of the many cafés, pastry shops or delicatessens (Traiteurs) that you strolled past this morning. The afternoon is yours for more shopping, sightseeing or sampling the Café Culture that is such an intrinsic part of the Paris experience.

Tonight you'll be treated to a marvelous dinner cruise. You'll see the illuminated monuments and churches that line the banks of the Seine as you enjoy a wonderful multi-course dinner with wine.



### Thursday, October 26 – Paris at its most elegant:

#### The Champs Elysées, Faubourg St. Honoré & High Tea

Start the day visiting two of the city's most iconic landmarks: the Eiffel Tower and the Arc de Triomphe. From the Arc, we'll stroll down the city's grandest boulevard, the Champs Elysées, to peek at the flagship store of Louis Vuitton and detour along the Avenue Montaigne for an interlude at Chanel, Dior and the chic shops of the Golden Triangle. Next stop, the Rodeo Drive of Paris: the Faubourg St. Honoré; home of Hermes, Gucci, Sonia Rykiel, Christian Louboutin, Burberry and more.

You'll catch a light lunch along the way, saving room for the afternoon treat that awaits you. In the afternoon we'll work our way west along the fashionable Rue St. Honoré, past the shops of Longchamps, Goyard and Coco Chanel. Late afternoon will bring us to Hotel Meurice, the "Hotel of Kings", where you'll be our guest for an elegant High Tea served in the sumptuous Dali Salon.

Tonight you're on your own. Perhaps you'll opt for a baroque concert in a centuries-old church, a jam session at one of Paris's celebrated jazz clubs, or a night of clubbing and dancing.



### Friday, October 27 –

#### Vallée Village Outlet Mall, luxury at a discount

We'll board our private motor coach this morning for the drive to Vallée Village, Paris's outlet mall featuring more than 100 boutiques, including Givenchy, Baccarat, Armani, Coach, Michael Kors and many more. Be reminded as you shop early in the week to save your final purchase of big ticket items until you've compared prices at Vallée Village. We'll be back in the city by mid-afternoon – Still time to catch the impressionist exhibit at the Musée D'Orsay, visit Napoleon's Tomb or have a cocktail in the Hemingway Bar at the Ritz. If you'd prefer to skip the outlet mall, you have the entire day in Paris on your own, (What could be better?). Dinner and entertainment are on your own tonight. Friday nights sizzle in Paris. Do you have enough energy left for an all-night cabaret in a thousand year old Left Bank cellar? We can recommend a great one!





## ITINERARY (Cont'd)

### Saturday, October 28 –

#### One day left and there's still so much to do.

Saturday is the day to tie up loose ends - return to the shop where you fell in love with that pair of shoes earlier in the week, or pick up that gift for someone special. It's your last chance to have a Café Crème on the sidewalk terrace of Les Deux Magots or Café de Flore. Or if you've been putting off your rendezvous with Mona Lisa at the Louvre, now's your chance.

For those who'd still like to explore with us, this morning Debbie and I will visit some of Paris's famous "Marchés" or outdoor markets. We'll start at Marché d'Aligre near the Bastille and then wend our way to Paris's oldest covered market, Le Marché des Enfants Rouges. An array of ethnic food stalls there will tempt your taste buds and provide a fun and inexpensive brunch/lunch. The rest of the day is yours, or if you'd like, continue with us through the heart of the Marais district, past the Picasso Museum and the beautifully symmetrical Place des Vosges (Paris's oldest public square), coming at last to the Île Saint-Louis for a scoop of world famous Berthillon ice cream and some last-minute shopping in this idyllic 17<sup>th</sup>-century village.

Tonight we'll host a farewell dinner at a historic upscale restaurant.

### Sunday, October 29 –

#### Depart Paris

Breakfast at the hotel then check-out and transfer to Charles de Gaulle Airport for your return flight back home.

**Bon voyage et à la prochaine!**

### EXTEND YOUR STAY?

Some of our travelers prefer to arrive a day early in order to get over their Jet Lag and to have an additional day in the City of Light. Some travelers like to add an additional day or two to the end of our event. If you'd like to do either of these, let us know IMMEDIATELY when you make your booking. Additional hotel nights beyond our seven-night block are subject to AVAILABILITY. The sooner we can let the hotel know, the better our chances to add that extra night to your stay.

Depending on rates in effect at the time of booking, you may need to pay a slightly higher rate for that night or book a different category of accommodation. Either way, we'll be in close communication with you in the booking process to work out an agreeable arrangement for the additional night(s) if you wish them.

**"Paris is always a good idea."**

**- Audrey Hepburn -**



# PARIS IS A MOVEABLE FEAST

## ADVENTURES IN THE CITY OF LIGHT



### HOTEL MADISON

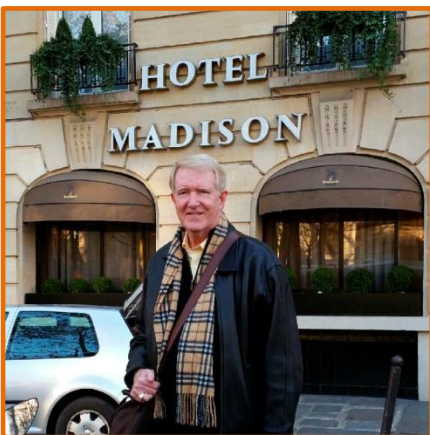
4 STAR COMFORT IN THE HEART OF SAINT-GERMAIN



There is a vortex in every great quarter of every great city; a place where the all the action seems to swirls around. The intersection of Blvd.Saint-Germain and Rue Bonaparte is such a spot. It is the hub of literary, social and commercial life in the Saint-Germain-des-Prés district.

Hotel Madison occupies a coveted position overlooking this historic corner, with views of the eupinimous abbey directly across the street. The old axiom, "Location, location, location" could not be more appropriate. One step outside places you right in the center of the very best of the Left Bank.

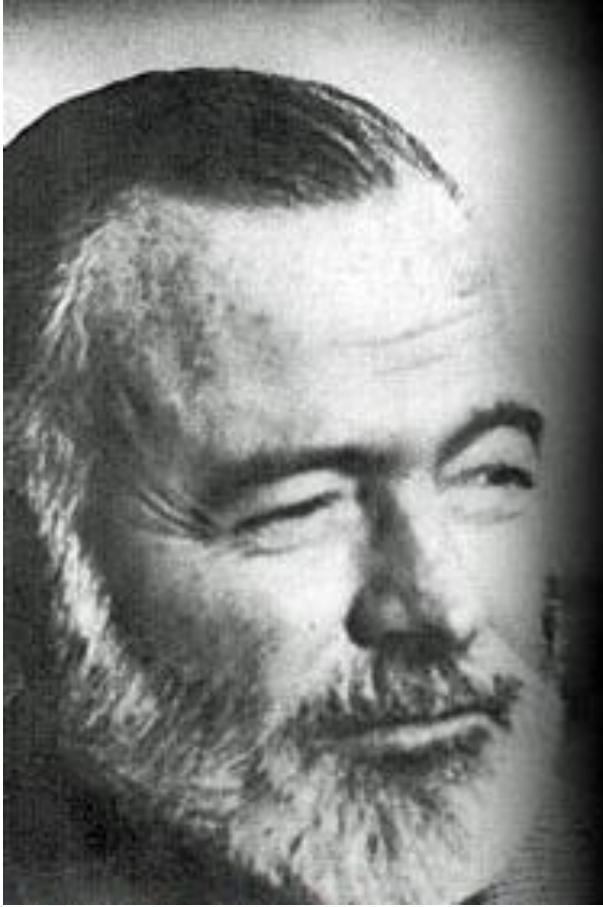
The Madison's guests enjoy modern, comfortable accommodation which includes a delicious buffet breakfast and a serve-yourself wine bar in the lobby. Coffee and pastry are also available in the wine bar. Two Metro subway lines within a block of the hotel conveniently whisk visitors anywhere in the city. There are also taxi stands and bank ATM's immediately outside the hotel. In short, The Madison is an ideal spot from which to explore the City of Light.



**"Good Americans, when they die,  
go to Paris."**

**- Thomas Gold Appleton -**

## ABOUT US



*“If you are lucky enough  
to have lived in Paris as a young man,  
then wherever you go for the rest of your life  
it stays with you,  
for Paris is a moveable feast.”*

*- Ernest Hemingway -*

A quarter century after a middle-aged Hemingway uttered these lines I found myself fresh out of college, alone and broke in Paris (Not unlike the young Mr. Hemingway 50 years earlier). That first madcap week left me hopelessly and irretrievably hooked on *La Ville Lumiere*. In the intervening 40 years and 30 return visits Paris has indeed stayed with me, holding me and taunting me with all that I have yet to discover.

Over the years friends began asking me to help plan and eventually to host their trips to the French Capital and various spots on the Continent. Thus was born what has become my vocation and passion: sharing Europe in general and Paris in particular; its culture, history and joie-de-vivre.

More than just a moveable feast, Paris is also a moving target. Keeping up with its ever evolving trends and fashions is a full-time job. Just monitoring the restaurant scene is a daunting task, but one I relish.

In 2000 I found a kindred spirit in my wife, Debbie. A longtime Pan Am Airline employee, Debbie has always had the travel bug and together we live and lust for the next adventure in the City of Light. I'm the history buff and logistics guru and Debbie is the shopper, social chairman, and glue that binds us to all our travel companions.

We hope you will join us for the next Moveable Feast,

*Mike and Debbie Westra*

## OUR PHILOSOPHY:

We operate on the “UnTour” principle. We place you in an upscale hotel in City Center, provide travel tools like subway and museum passes and city walking tours, sprinkle in a few marvelous meals at historic restaurants, and lots of free time for you to explore and make your own magic. You can take part in our daily outings or spend the day on your own, shopping, wine tasting or picnicking in the park. Either way, we're at your service to assist with dining, sightseeing and shopping recommendations.

- Think of us as your personal concierge -

*“To know Paris is to know a great deal.”*

*- Henry Miller -*



## CUSTOMER REVIEWS

If your goal is to see Paris and Europe in a beautifully organized fashion, with emphasis on well situated boutique hotels and historic, highly rated restaurants with just the right amount of historical info along the way, you've found the best trip planners in Mike and Debbie. We've been on three of their masterfully designed trips: Paris & Loire Valley, Italy, and Central Europe. Each trip surpassed the one before it. Their guidance is impeccable and attention to detail is constantly evident. The balance of structured and free time is just right. Traveling with Mike and Debbie Westra will quite simply provide many of the best memories of your lifetime.

**Steve S. - Santa Maria, CA**

I can't say enough great things about our trip to Paris. Mike and Debbie went out of their way to make adjustments for us when we arrived a day late, and their hospitality and generosity continued throughout the week. Everything was planned perfectly, and there was a great degree of flexibility when we wanted to tweak the agenda. The accommodations could not have been better. The walking tours were so informative and thorough, without being boring. The group dinners were exquisite. Mike's vast knowledge of the city and abundant recommendations made it easy to get the best experience possible during the week-long trip. I would definitely travel with Mike and Debbie again in a heartbeat!

**Meredith R. - Columbia, SC**

We cherish the memories of the trip we took with our dear friends. Mike and Debbie Westra were our hosts and tour guides. They amazed us with their knowledge of the cities and surrounding areas. Mike arranged everything with such thoughtfulness and attention to detail from spectacular hotels to boat tours and amazing & unique restaurants..... He and Debbie did it all. They gave us a carefree adventure tailor made for us. We hope to travel again with the Westras at the helm.

**Susanne P. - Langley, WA**

We had 2 of the most incredible tours that anyone could imagine; the first was to Paris & London, the other to Central Europe. Mike and Debbie were the main reasons. Their attention to detail left nothing to worry about, from the walking tours to amazing food and the great hotels. I truly believe that they put together one of the best values available.

**Boyd and Cheryl, - Wichita, KS.**

In 2012 we took the trip of a lifetime with the Westras as our guides. We had the most wonderful experience. Mike and Debbie did all the planning; beautiful hotels, wonderful meals, etc. Mike has traveled in Europe since he was a young man and is very knowledgeable. He knows the people, history, and how to get around. They are good because they love it so much.

**Linda D. - Huntington Beach. CA**





## ODDS & ENDS (FAQ's)

### SINGLE OCCUPANCY:

Hotel arrangements are based on double occupancy (2 to a room). While it is possible to have "single occupancy" it substantially increases the cost of the package since the individual pays for 100% of the hotel cost instead of splitting it with another traveler. For single occupancy rates please contact us.

### MINORS:

Our events are designed for ADULTS. Children under 18 are not invited. Young adults between 18 & 21 are welcome if traveling with their parent or guardian.

### EXCHANGE RATE:

Prices are quoted in US Dollars based on the Dollar/Euro exchange rate as of 01/15/17. The rate has remained fairly stable over the past year but shifts in Dollar/Euro rates may require us to add a supplemental charge. Any additional increase will be communicated prior to departure and will be collected before the trip.

### UPGRADE YOUR ROOM?

All our rooms are "Superior" category in choice of Double or Twin bed configuration. An upgrade to "Deluxe" category may be available, depending solely on availability at time of booking. Price for deluxe accommodation will vary depending on rate in effect at time of booking. For more information on these items or any other questions contact us at:

**info@amoveablefeast.us**

**(310) 980-9658**

## HOW TO REGISTER:

### CHECK AVAILABILITY:

Because we limit this event to a maximum of 8 couples per week please send us an email with the number of people in your party

We'll reply right away to confirm availability or, if your first choice is booked, we'll advise if other weeks are available.

Once we confirm availability we'll e-mail you a registration form along with a credit card authorization. **It's VERY IMPORTANT that you complete and return both of these right away to insure your spot.**

**A DEPOSIT** of \$1,000 per person is due at time of registration. No reservation will be considered "Confirmed" until both registration and payment forms are received.

**FINAL PAYMENT** is due 90 days prior to departure. We'll send you a reminder a few weeks prior to this deadline.

### CANCELLATION

Carefully review cancellation policy and other important information in the **TERMS & CONDITIONS** page at the end of the brochure. Receipt of your registration will constitute your understanding and agreement to all the items contained in the **TERMS & CONDITIONS**.

### ACT NOW WHILE THERE'S STILL AVAILABILITY

Send us an e-mail NOW to confirm availability and reserve your spot. Contact us at:

**info@amoveablefeast.us**

**(310) 980-9658**

**"Oh, London is a man's town, there's power in the air;  
And Paris is a woman's town, with flowers in her hair"**

**- Henry Van Dyke -**

## TERMS & CONDITIONS (The Fine Print)

### **EVENT PRICE: \$2998 PER PERSON**

Based on double occupancy.

\*For individuals desiring SINGLE accommodation please contact A MOVEABLE FEAST for a quote.

#### **PACKAGE INCLUDES:**

- 7 nights' 4 star hotel in superior category room.
- 7 breakfasts, 1 lunch, 1 High Tea, 3 dinners.
- 7 walking tours conducted by host.
- 7 day Metro Pass.
- 6 Day Paris Museum Pass.
- All tips and service charges connected with meals or events listed above.

#### **PACKAGE DOES NOT INCLUDE:**

- Air transportation & airport transfers.
- Excess baggage charges.
- Passport and visa fees.
- Laundry, room service, purchases from hotel.
- Telephone, fax or internet charges.
- Meals not specified above.
- Sightseeing, taxi or other services not listed above.
- Gifts or items of a personal nature.

#### **ESCORTS:**

The event will be hosted throughout by Mike & Debbie Westra, dba **A MOVEABLE FEAST**.

#### **DEPOSITS AND FINAL PAYEMENT:**

**A DEPOSIT of \$1,000 is due at time of booking.**

No reservation will be considered confirmed without receipt of initial deposit and completed registration.

**FINAL PAYMENT is DUE 90 days prior to event** (July 22, 2017)

#### **CANCELLATION & REFUNDS:**

Deposits and final payments are non-transferable.

Cancellations made more than 180 days prior: full refund.

Cancellations made **between 180 and 90 days** prior to the event will receive full refund **LESS \$500** per person.

Cancellations made **between 90 and 61 days** prior to the event will receive full refund **LESS \$1,000** per person.

Cancellations made **between 60 and 10 days** prior to the event will receive full refund **LESS \$2,000** per person.

Cancellations made **less than 10 days before** the event will receive **NO REFUND**. ALL cancellations must be **IN WRITING** and received prior to deadlines indicated above.

#### **PAYMENT:**

**By Credit Card** (Visa, MasterCard, AMEX, Discover):

Initial deposit will be charged to credit card upon registration.

#### **By Check or Money Order:**

Payable to: **A Moveable Feast**  
**513 S Maria Ave.**  
**Redondo Beach, CA 90277**

#### **TRIP INSURANCE:**

Trip cancellation insurance is strongly recommended to protect your health and travel investment. Per the **Terms & Conditions**, portions of the event's cost are nonrefundable so you are wise to manage your risk with adequate trip insurance. Refer to this site for insurance options: <https://www.insuremytrip.com>

#### **PASSPORT & VISA REQUIREMENTS:**

It is the sole responsibility of each participant to determine the correct passport, visa or other travel documentation required. Currently, US citizens need no visa for travel to France, but a passport valid for SIX MONTHS AFTER their return home is required. Check the expiration date of your passport and apply for a new one if it expires less than six months after return.

#### **RESPONSIBILITY:**

**M & D Westra, Inc. dba A MOVEABLE FEAST** acts solely in the capacity of EVENT PLANNER in all matters pertaining to hotel accommodation, local transportation by bus, train, subway or motor vehicle conveyance, public or private, and as such is not liable for any damage, expense or inconvenience caused by late plane, train or ship arrival or departure, or by any change of schedule or other condition, nor the loss, injury or damage to baggage or articles belonging to the event participants, nor the loss, injury or damage to any person or property whatsoever. The event planners reserve the right to withdraw at any time, or make changes to the published itinerary whenever, in their sole judgement, conditions warrant or if they deem it necessary for the comfort, convenience or safety of the event participants. In case any hotel or restaurant originally scheduled for our event becomes unavailable due to unforeseen circumstances, a hotel or restaurant of equal category will be provided in the city center at no additional cost to the event participants.

Participant understands and agrees that any activity or meal missed by participant will not be refundable.

**ACCEPTANCE:** Submittal of Registration and Deposit signify understanding and acceptance of all **Terms & Conditions**.