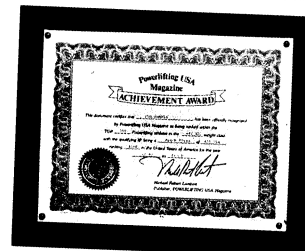


TOP 100

For standard 165 lb./75 kg. USA lifting in results received from September 1995 through August 1996.

PL USA Top 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7 1/4% tax).

NEXT MONTH... TOP 181s

Corrections... On the "SUPERMEN OF THE CENTURY" rankings for the 123 lb. class, Ron Sappenfield should have been credited with a 170 snatch, which would have moved his weightlifting total to 395 and his overall total to 1475, and 14th place. On the TOP 100 list for the 132 lb. class, John P. Corsello Jr.'s total of 937 at the USPF National Masters Championships. Send any corrections you find to "ERRORS", Box 467, Camarillo, CA 93011. By the way, the TOP 20 rankings for women, masters, and teenage lifters during the 1996 competition year will be coming up in the first part of 1997 (to be published in the March 1997 edition of POWERLIFTING USA) and if you think you'll be making one of the lists and you haven't seen results of your best meets published in PL USA, please contact your meet director and urge that they be submitted if they haven't been already. We need to have the results on hand, in order to include them in the various ranking lists.

PRICE BREAKERS
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SQUAT

- 1 766 Rosciglione, J., 5/31/96
- 2 749 Crain, R., 10/27/95
- 3 749 Berardinelli, A., 5/31/96
- 4 672 Cartinian, M., 5/31/96
- 5 672 Austin, D., 7/27/96
- 6 665 Beavers, M., 12/16/95
- 7 650 Conyers, T., 12/2/95
- 8 650 McLean, S., 16/96
- 9 644 Mendoza, L., 8/11/96
- 10 640 Almodovar, J., 7/6/96
- 11 635 Bolling, G., 6/96
- 12 628 Guzman, Q., 12/10/95
- 13 625 Vaughan, E., 6/22/96
- 14 622 Gibson, L., 12/9/95
- 15 622 Turner, C., 6/15/96
- 16 620 Wood, J., 11/12/95
- 17 615 Woodley, L., 6/1/96
- 18 610 Clarke, S., 9/16/95
- 19 610 Garofalo, R., 10/7/95
- 20 606 Arterberry, J., 9/23/95
- 21 606 Wodraska, C., 2/24/96
- 22 605 Sams, I., 11/15/95
- 23 605 Thompson, S., 3/30/96
- 24 600 Solomon, I., 11/15/95
- 25 600 Mirabella, B., 12/9/95
- 26 600 Roy, M., 4/20/96
- 27 600 Sacco, P., 7/6/96
- 28 600 Lavelle, T., 8/11/96
- 29 595 Smoker, J., 4/27/96
- 30 585 Graham, K., 10/7/95
- 31 584 Schupbach, L., 1/13/96
- 32 580 Dial, C., 3/23/96
- 33 580 Beaumaster, P., 4/27/96
- 34 578 Smith, J., 2/10/96
- 35 575 Miller, S., 4/6/96
- 36 573 Benemerito, J., 7/27/96
- 37 573 Pale, C., 7/27/96
- 38 570 Lafoy, J., 9/16/95
- 39 570 Holmes, E., 3/9/96
- 40 562 Bhojwani, S., 2/4/96
- 41 562 Johns, C., 3/9/96
- 42 560 Maxwell, R., 1/21/96
- 43 556 Weinberg, A., 2/4/96
- 44 556 McCarty, R., 6/1/96
- 45 556 Vandeweghe, S., 8/11/96
- 46 555 Biasetti, A., 3/2/96
- 47 555 Posey, S., 3/16/95
- 48 555 Terry, G., 9/96
- 49 551 Smith, I., 10/7/95
- 50 551 Hensley, D., 3/9/96
- 51 551 Bellmore, D., 4/20/96
- 52 551 Reichert, G., 6/1/96
- 53 551 Culbertson, T., 8/24/96
- 54 550 Colon, 10/95
- 55 550 Stires, L., 11/4/95
- 56 550 Vastie, J., 2/3/96
- 57 550 Stover, S., 1/16/96
- 58 550 Priest, S., 1/6/96
- 59 550 Mitchell, G., 9/96
- 60 550 Schremp, B., 7/6/96
- 61 545 White, L., 12/2/95
- 62 545 Grouchy, M., 1/20/96
- 63 545 Thomas, E., 3/23/96
- 64 545 Hamel, A., 4/6/96
- 65 545 Vales, B., 8/11/96
- 66 540 Eaddy, R., 9/23/95
- 67 540 Gill, U., 10/8/95
- 68 540 Killian, B., 10/14/95
- 69 540 Brinkley, T., 2/17/96
- 70 540 Kiser, G., 6/29/96
- 71 535 Sullivan, S., 12/9/95
- 72 535 Golden, R., 4/20/96
- 73 535 Yost, T., 5/25/96
- 74 534 Duffer, L., 11/25/95
- 75 534 Garcia, J., 2/10/96
- 76 534 King, J., 6/1/96
- 77 530 Easton, C., 12/2/95
- 78 530 Taylor, J., 1/13/96
- 79 530 Smith, B., 1/20/96
- 80 530 Brandon, M., 2/3/96
- 81 530 Butera, R., 3/2/96
- 82 530 Catalano, M., 3/30/96
- 83 530 Fray, S., 4/27/96
- 84 530 Carrasquillo, V., 7/16/96
- 85 530 Burris, J., 7/6/96
- 86 529 Flores, R., 11/11/95
- 87 529 Sorenson, D., 2/10/96
- 88 529 Wiltshire, G., 5/25/96
- 89 529 White, J., 6/1/96
- 90 525 Wojtanek, P., 9/24/95
- 91 525 Guthrie, G., 10/14/95
- 92 525 Peach, P., 12/2/95
- 93 525 Inouye, T., 12/16/95
- 94 525 Barron, T., 1/20/96
- 95 523 Rhen, J., 9/30/95
- 96 523 Santee, G., 10/27/95
- 97 523 Earney, D., 5/31/96
- 98 520 Taylor, T., 3/2/96
- 99 518 Thompson, N., 10/7/95
- 100 518 Sabir, I., 10/28/95

BENCH PRESS

- 550 Warr, G., 9/16/95
- 507 Ho, D., 12/10/95
- 475 Satterfield, T., 11/18/95
- 475 Thurman, D., 2/25/96
- 462 Miller, L., 2/17/96
- 466 Berardinelli, A., 5/31/96
- 440 Conyers, A., 12/2/95
- 440 Gibson, L., 12/9/95
- 440 Campbell, A., 4/20/96
- 440 Sergeant, D., 7/13/96
- 440 Brogan, R., 7/27/96
- 435 Sincroop, M., 1/21/96
- 429 Hara, M., 7/20/96
- 425 Beavers, M., 12/16/95
- 425 Pace, R., 5/4/96
- 425 Bellmore, D., 7/13/96
- 424 Khoshaha, R., 8/10/96
- 424 Lavelle, T., 8/11/96
- 420 Quimby, P., 12/2/95
- 418 Crain, R., 10/27/95
- 418 Cartinian, M., 5/31/96
- 415 Hollifield, E., 7/13/96
- 413 Margiotta, M., 10/29/95
- 413 Mascher, J., 10/29/95
- 413 Wood, J., 1/20/96
- 413 McCarty, R., 6/1/96
- 410 Tobert, T., 6/29/96
- 405 Bell, G., 11/15/95
- 405 Williams, E., 2/10/96
- 405 Smith, E., 3/9/96
- 405 Powers, W., 3/31/96
- 405 Rinker, J., 4/20/96
- 405 Skaler, A., 7/13/96
- 405 Taoy, M., 7/13/96
- 402 Mendoza, L., 11/11/95
- 402 Morrison, S., 5/25/96
- 402 Turner, C., 6/15/96
- 402 Graham, R., 8/11/96
- 400 Sarge, R., 10/14/95
- 400 Perne, R., 12/2/95
- 400 Brunson, C., 1/27/96
- 400 Hermans, D., 3/30/96
- 400 West, C., 4/20/96
- 400 Morsci, D., 6/2/96
- 400 Carlson, J., 6/22/96
- 396 Gelosone, I., 11/18/95
- 396 Schachte, C., 6/1/96
- 395 Williams, A., 4/27/95
- 395 Laube, D., 6/1/96
- 391 DeMatteo, J., 12/9/95
- 391 Scholz, R., 8/31/96
- 391 Slaughter, R., 3/1/96
- 390 Robinson, B., 10/14/95
- 390 Piersall, D., 2/24/96
- 390 Turner, L., 3/9/96
- 390 Locklear, B., 4/6/96
- 390 Kazanzyk, T., 5/11/96
- 390 Nolan, P., 8/3/96
- 390 Trancoso, D., 8/17/96
- 386 Erney, D., 10/27/95
- 385 Moeller, S., 9/16/95
- 385 Roebelen, R., 9/30/95
- 385 Miller, M., 11/4/95
- 385 Ward, M., 2/24/96
- 385 Benemerito, J., 3/16/96
- 385 Avant, J., 3/30/96
- 385 Boese, J., 4/13/96
- 385 Poteste, V., 4/20/96
- 385 Herman, J., 5/11/96
- 385 Almodovar, J., 7/6/96
- 380 Plainitano, T., 9/24/95
- 380 Hines, C., 10/28/95
- 380 Gaffin, J., 12/3/95
- 380 Hedrick, K., 12/3/95
- 380 Schupbach, L., 1/13/96
- 380 San Augustin, M., 2/24/96
- 380 Gutierrez, G., 3/9/96
- 380 Kilts, J., 3/30/96
- 380 Greene, L., 4/13/96
- 380 Likins, R., 4/13/96
- 380 Vining, J., 4/27/96
- 380 Cook, J., 5/25/96
- 380 Hines, T., 5/25/96
- 380 Toma, G., 8/11/96
- 375 Furnas, A., 10/8/95
- 375 Killian, B., 10/14/95
- 375 Perine, R., 10/28/95
- 375 Hornysak, G., 12/9/95
- 375 Vasile, J., 2/24/96
- 375 Peine, R., 3/16/96
- 375 Dial, C., 3/23/96
- 375 Zack, D., 3/30/96
- 375 Lee, C., 5/4/96
- 375 Fronzaglia, D., 5/18/96
- 375 Haferman, D., 6/30/96
- 375 Kilns, G., 8/16/96
- 374 Arterberry, J., 9/23/95
- 374 Flick, N., 10/21/95
- 374 Guzman, Q., 12/10/95
- 374 Lowe, D., 1/20/96

DEADLIFT

- 780 Inzer, J., 9/16/95
- 735 Culbertson, T., 8/24/96
- 715 Trita, A., 11/4/95
- 688 Austin, D., 7/27/96
- 677 Rosciglione, J., 1/21/96
- 675 Beavers, M., 12/16/95
- 661 Crain, R., 10/27/95
- 661 Turner, C., 6/15/96
- 650 Solomon, I., 11/15/95
- 650 Conyers, A., 7/27/96
- 644 Benemerito, J., 7/27/96
- 640 Priest, S., 1/6/96
- 640 Almodovar, J., 7/6/96
- 635 Garofalo, R., 10/7/95
- 630 McLean, S., 11/11/95
- 630 Kiser, G., 7/3/96
- 622 Cirigliano, R., 4/13/96
- 622 Thompson, R., 8/24/96
- 620 Graham, K., 10/7/95
- 615 Thomas, E., 3/23/96
- 611 Berardinelli, A., 10/27/95
- 605 Stover, S., 1/16/95
- 605 Greene, L., 3/30/96
- 605 Wright, R., 4/6/96
- 601 Waldrop, M., 11/11/95
- 600 Lafoy, J., 9/16/95
- 600 Wood, J., 11/12/95
- 600 Lewis, A., 12/2/95
- 600 Blount, R., 12/2/95
- 600 Holmes, E., 3/9/96
- 600 Woodley, L., 3/16/96
- 600 Dial, C., 3/23/96
- 600 Ripoe, S., 6/22/96
- 595 Reichert, G., 6/1/96
- 585 Arterberry, J., 2/20/96
- 580 Butera, R., 3/2/96
- 580 Pfister, F., 8/11/96
- 578 Hensley, D., 11/4/95
- 578 White, L., 12/2/95
- 573 Garcia, J., 2/10/96
- 573 White, J., 6/1/96
- 573 Wright, G., 8/17/96
- 570 Kinerson, R., 9/30/95
- 570 Geernaert, S., 8/4/96
- 565 Legard, J., 6/1/96
- 562 Hall, L., 10/14/95
- 562 Houston, M., 1/21/96
- 562 Johns, C., 3/9/96
- 562 Johnson, S., 8/17/96
- 562 Walker, J., 8/24/96
- 556 Santee, G., 10/27/95
- 555 Guthrie, G., 10/14/95
- 555 Hawley, L., 11/4/95
- 555 Biasetti, A., 3/2/96
- 555 Gill, U., 3/2/96
- 551 Dangerfield, T., 10/27/95
- 551 Flores, R., 11/11/95
- 551 Guzman, Q., 12/10/95
- 551 Smith, J., 2/10/96
- 551 Zbornik, B., 4/13/96
- 551 Walters, J., 6/1/96
- 550 Wojtanek, P., 9/24/95
- 550 Sams, I., 11/15/95
- 550 Perne, R., 12/2/95
- 550 Jones, J., 6/21/96
- 550 Perine, R., 2/17/96
- 550 White, G., 2/25/96
- 550 Dobyns, D., 4/6/96
- 550 Reid, S., 5/25/96
- 550 Carrasquillo, V., 7/16/96
- 545 Brent, B., 10/8/95
- 545 Alston, J., 12/9/95
- 545 Schupbach, L., 1/13/96
- 545 Gilley, D., 2/10/96
- 545 Golden, R., 4/20/96
- 545 Johnson, R., 4/21/96
- 545 Posey, G., 6/29/96
- 545 Winslow, S., 6/29/96
- 540 Eaddy, R., 9/23/95
- 540 Stires, L., 11/4/95
- 540 Robinson, J., 11/18/95
- 540 Duffer, L., 11/25/95
- 540 Easton, C., 12/2/95
- 540 Sorenson, D., 2/10/96
- 540 Graham, T., 2/24/96
- 540 Hundley, D., 5/11/96
- 540 Vaughn, E., 6/22/96
- 540 Bragg, T., 6/22/96
- 540 Ruettiger, F., 8/24/96
- 540 Hardin, M., 8/24/96
- 535 Alexis, T., 11/4/95
- 535 Vasile, J., 2/3/96
- 535 Schultenover, M., 2/24/96
- 535 Miller, S., 4/6/96
- 534 Bhojwani, S., 2/4/96
- 534 Roy, M., 4/20/96
- 534 Bellmore, D., 8/10/96
- 530 Clarke, S., 9/26/95
- 530 Warr, G., 9/30/95
- 530 Wolter, J., 11/11/95

TOTAL

- 1829 Crain, R., 10/27/95
- 1796 Rosciglione, J., 5/31/96
- 1780 Berardinelli, A., 5/31/96
- 1765 Beavers, M., 12/16/95
- 1735 Austin, D., 7/27/96
- 1720 Conyers, A., 12/2/95
- 1686 Turner, C., 6/15/96
- 1650 Almodovar, J., 7/6/96
- 1639 Culbertson, T., 8/24/96
- 1620 Wood, J., 11/12/95
- 1614 Cartinian, M., 5/31/96
- 1605 Garofalo, R., 10/7/95
- 1592 Benemerito, J., 7/27/96
- 1590 McLean, S., 11/11/95
- 1568 Gibson, L., 12/9/95
- 1565 Arterberry, J., 9/23/95
- 1565 Solomon, I., 11/15/95
- 1560 Holmes, E., 4/20/96
- 1555 Dial, C., 3/23/96
- 1554 Guzman, Q., 12/10/95
- 1540 Lafoy, J., 9/16/95
- 1526 Lavelle, T., 8/11/96
- 1525 Kiser, G., 6/29/96
- 1521 Mendoza, L., 8/11/96
- 1515 Graham, K., 10/7/95
- 1515 Vaughn, E., 6/22/96
- 1510 Schupbach, L., 1/13/96
- 1510 Bolling, G., 6/96
- 1505 Stover, S., 1/16/96
- 1500 Clarke, S., 9/16/95
- 1500 Thompson, R., 3/30/96
- 1495 Woodley, L., 3/16/96
- 1490 Priest, S., 1/6/96
- 1482 Roy, M., 4/20/96
- 1480 Sams, I., 11/15/95
- 1476 McCarty, R., 6/1/96
- 1475 Butera, R., 3/2/96
- 1465 Bhojwani, S., 2/4/96
- 1465 Bellmore, D., 8/10/96
- 1460 Weinberg, A., 2/4/96
- 1460 Thomas, E., 3/23/96
- 1460 Sacco, P., 7/6/96
- 1455 Vasile, J., 2/3/96
- 1454 White, L., 12/2/95
- 1454 Hensley, D., 3/9/96
- 1450 Perne, R., 12/2/95
- 1450 Greene, L., 4/13/96
- 1448 Smith, I., 10/7/95
- 1445 Stires, L., 11/4/95
- 1445 Wright, R., 4/6/96
- 1443 Smith, J., 2/10/96
- 1440 Biasetti, A., 3/2/96
- 1438 Garcia, J., 2/10/96
- 1438 Wodraska, C., 2/24/96
- 1438 Reichert, G., 6/1/96
- 1438 White, J., 6/1/96
- 1435 Lewis, A., 3/9/96
- 1432 Johns, C., 3/9/96
- 1432 Pale, C., 7/27/96
- 1430 Eaddy, R., 9/23/95
- 1427 Wright, G., 8/17/96
- 1421 Cirigliano, R., 11/11/95
- 1415 Wojtanek, P., 9/24/95
- 1415 Miller, S., 4/6/96
- 1415 Beaumaster, P., 4/27/96
- 1410 Perine, R., 2/17/96
- 1407 Sorenson, D., 2/10/96
- 1405 Santee, G., 10/27/95
- 1405 Brinkley, T., 2/17/96
- 1405 Hamel, A., 4/6/96
- 1405 Miller, L., 6/15/96
- 1405 Walker, J., 8/24/96
- 1400 Killian, B., 10/14/95
- 1400 Sullivan, S., 12/9/95
- 1400 Friday, S., 4/27/96
- 1395 Gill, U., 3/2/96
- 1394 Wiltshire, G., 5/25/96
- 1394 Walters, J., 6/1/96
- 1388 Sabir, I., 10/28/95
- 1383 Posey, G., 10/27/95
- 1383 Burnett, M., 3/9/95
- 1383 King, J., 6/1/96
- 1383 Vales, B., 8/11/96
- 1380 Guthrie, G., 10/14/95
- 1380 Smoker, J., 4/27/96
- 1377 Rhen, J., 9/30/95
- 1375 Hornysak, G., 12/9/95
- 1372 Flores, R., 11/11/95
- 1372 Duffer, L., 11/25/95
- 1370 Grouchy, M., 1/20/96
- 1366 Thompson, N., 10/7/95
- 1366 Lewis, C., 4/13/96
- 1365 Walter, J., 11/11/95
- 1365 Ramsey, C., 3/23/96
- 1365 Easton, C., 4/28/96
- 1361 Dangerfield, T., 10/27/95
- 1361 Palmer, M., 6/1/96
- 1361 Akune, J., 8/11/96
- 1361 Johnson, S., 8/17/96
- 1360 Colon, 10/95