



May 2017



OVER THE RAINBOW CHILD DEVELOPMENT CENTER- BREAKFAST AND PM SNACK MENU 1-12 YEARS OLD

Mon	Tue	Wed	Thu	Fri
<p>1 Breakfast: Toast Bagel Cream Cheese or Grape Jelly Fresh Strawberry Milk PM Snack: Graham Crackers</p>	<p>2 Breakfast: Cereal Fruit Rings Fresh Apple Milk  PM Snack: Cheese Crackers Milk</p>	<p>3 Breakfast: Toast English Muffin Cream Cheese or Grape Jelly Chilled Apple Sauce Milk PM Snack: Vanilla Wafers/ Milk</p>	<p>4 Breakfast: Cereal Cinnamon Toast Fresh Grapes Milk PM Snack: Parfait & Granola Bar Milk</p>	<p>5 Breakfast: French Toast & Syrup Fruit Cocktail Milk  PM Snack: Milk Oatmeal Cookies</p>
<p>8 Breakfast: Toast White Bread cream cheese or Straw- berry Jelly Fresh Banana Milk PM Snack: Pretzels Milk </p>	<p>9 Breakfast: Cereal Cheerios Yogurt Strawberry Banana Milk PM Snack: Corn Muffin Milk</p>	<p>10 Breakfast: Waffle & Syrup Chilled Peaches Milk PM Snack: Baked Gold Fish Milk</p>	<p>11 Breakfast: Cereal-Frosted Flakes Chilled Oranges Milk PM Snack Granola Bar Apple or Blueberry Milk</p>	<p>12 Breakfast: Pancake & Syrup Chilled Pineapple Milk PM Snack: Fresh Watermelon Milk </p>
<p>15 Breakfast: Toast Bagel Cream Cheese & Grape Jelly Fresh Apple Milk PM Snack: Blueberry Muffin / Milk </p>	<p>16 Breakfast: Cereal Fruit Rings Fresh Strawberry Milk  PM Snack: Milk Cheese Crackers</p>	<p>17 Breakfast: Toast English Muffin Cream cheese or Grape Jelly Chilled Apple Sauce Milk PM Snack: Vanilla Wafers / Milk</p>	<p>18 Breakfast: Cereal Cinnamon Toast Fresh Grapes Milk PM Snack Parfait & Granola Bar Milk</p>	<p>19 Breakfast: French Toast & Syrup Fruit Cocktail Milk PM Snack: Oatmeal Cookies Milk</p>
<p>22 Breakfast: Toast (White Bread) Cheese or Grape Jelly Fresh Banana Milk PM Snack: Pretzels Milk </p>	<p>23 Breakfast: Cereal Cheerios Yogurt Strawberry Banana Milk PM Snack: Corn Muffin</p>	<p>24 Breakfast: Waffle & Syrup Chilled Peaches Milk PM Snack: Milk Baked Gold Fish Milk</p>	<p>25 Breakfast: Cereal-Frosted Flakes Chilled Oranges Milk PM Snack Granola Bar Apple or Strawberry Milk</p>	<p>26 Breakfast: Pancake & Syrup Chilled Pineapple Milk PM Snack: Milk Fresh Watermelon</p>
<p>29 School Closed </p>	<p>30 Breakfast: Cereal: Fruit Rings Chilled Mandarin Oranges Milk PM Snack: Corn Muffin Milk</p>	<p>31 Breakfast: Toast English Muffin Cream Cheese or Grape Jelly Chilled Apple Sauce Milk PM Snack: Vanilla Wafer Milk</p>	<p>Look for more pictures on our Facebook page. </p>	<p>Whole Milk Ages 1 Up to 2 1/2 Cup Milk 1 % Ages 3 Up to 5 3/4 Cup Ages 6 Up to 12 1 Cup </p>