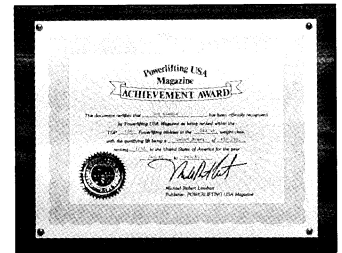


TOP 100

For 242 lb./110 kg. USA lifters competing in results received from February 1994 through January 1995.

PL USA Top 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$5. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$18.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$5 per certificate or \$18.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7 1/4% tax).

NEXT MONTH... TOP 275s

Corrections: The total listed for Mary Warman, 132 lb. division, on the Women's TOP 20 listing was in error. It should be 1157 instead of 1218 - she's still Number One, however. Mike Mitchell was credited with 185 kilos in the deadlift in the 220 lb. Jr. Division at the WPC Worlds, however, the proper weight was 285 kilos, and the corresponding proper total was 782.5 kilograms. 67 year old Nick Lobue should have been credited with a 352 lb. bench press in the 198 lb. class in the results of the Goodwill Games. According to Troy Ford, the following corrections should be made in the results of the WNPFF World Cup. McKinstry should be credited for a 460 bench in the 242 lb. police division. Connie Newman should be credited with a 185 100 205 490 and should be credited with a world title in the open and master 45-49 division. Brian Crowe should be credited with a 455 305 475 1234 at 148. Gary Heim should be credited with a 380 250 450 1080 at 181, police division. Robert Stephens should be credited with a second place in the 198 submasters with a 1485 total. Jerry Goney should be credited with a first place in the 242 master 45-49 division. Chad Braden should be credited with a third place in the open 319 division. Beth Grater should be credited with a 288 squat in the 27 lb. class, TOP 20 Women's rankings. We do make errors on the compilation of these lists, and we apologize. Please send corrections to "ERRORS," Box 467, Camarillo, California 93011.

SQUAT

- 1 942 Goggins, S. 10/30/94
- 2 914 Karwocki, K. 7/31/94
- 3 881 Leale, C. 7/3/94
- 4 859 Vogelwohl, C. 11/6/94
- 5 837 Stapanides, C. 11/20/94
- 6 832 Stewart, B. 7/17/94
- 7 821 Smith, S. 3/20/94
- 8 804 Brown, L. 3/13/94
- 9 804 Treviso, R. 11/6/94
- 10 800 Francia, M. 7/31/94
- 11 800 Donahue, S. 10/22/94
- 12 800 Mills, M. 11/5/94
- 13 800 Bott, J. 11/20/94
- 14 799 Lavitola, N. 2/5/94
- 15 799 Douglas, J. 7/31/94
- 16 793 Cornett, R. 11/6/94
- 17 790 McFarren, T. 12/10/94
- 18 785 Harless, 1/21/95
- 19 780 Barkman, M. 10/22/94
- 20 780 Muratori, D. 10/22/94
- 21 777 Hickey, D. 5/1/94
- 22 777 D'Angelo, F. 6/25/94
- 23 775 Arnold, E. 6/4/94
- 24 775 Colbert, 11/6/94
- 25 775 Futrell, T. 11/19/94
- 26 771 Stegler, M. 4/17/94
- 27 770 Gordon, G. 3/19/94
- 28 770 Ford, 11/6/94
- 29 766 Hammond, E. 5/21/94
- 30 765 Palermo, P. 3/26/94
- 31 765 Grosso, G. 8/5/94
- 32 760 Meza, M. 7/31/94
- 33 755 Moller, J. 3/20/94
- 34 755 Donati, R. 7/17/94
- 35 750 Adams, J. 6/22/94
- 36 750 Cody, 6/9/94
- 37 750 Francia, L. 101/5/94
- 38 750 Wilson, G. 12/10/94
- 39 750 Crenshaw, C. 12/10/94
- 40 749 Boucher, D. 3/20/94
- 41 749 Klein, D. 4/17/94
- 42 749 Privitera, C. 4/17/94
- 43 749 Smith, 10/15/94
- 44 745 Halliwell, P. 6/4/94
- 45 744 Rowland, M. 11/6/94
- 46 740 Singel, S. 6/4/94
- 47 738 Gillespie, B. 7/17/94
- 48 738 Johnson, K. 7/31/94
- 49 733 Pletcher, D. 5/7/94
- 50 727 Best, N. 7/17/94
- 51 727 Lloyd, H. 11/6/94
- 52 725 O'Donnell, C. 3/6/94
- 53 725 Dimiduk, M. 3/27/94
- 54 725 Gonzales, D. 4/30/94
- 55 723 Wilson, D. 9/11/94
- 56 722 Jones, 5/29/94
- 57 722 Davis, T. 7/17/94
- 58 720 Henderson, B. 4/9/94
- 59 720 Perry, 7/4/94
- 60 720 Cain, S. 1/8/94
- 61 715 Pigford, R. 7/2/94
- 62 710 Koehrsen, C. 3/20/94
- 63 710 Isabella, T. 3/20/94
- 64 710 Seager, 10/29/94
- 65 710 Babbitt, 11/6/94
- 66 710 Williams, 12/10/94
- 67 707 Anderson, P. 11/5/94
- 68 705 Elveter, 2/26/94
- 69 705 Weeks, T. 3/5/94
- 70 705 McKinstry, 3/6/94
- 71 705 Patterson, R. 7/30/94
- 72 705 D'lorio, M. 7/31/94
- 73 705 Mills, D. 9/5/94
- 74 705 Mason, J. 11/12/94
- 75 705 Hammes, 11/19/94
- 76 700 Bennett, D. 3/12/94
- 77 700 Patton, A. 3/12/94
- 78 700 Stranga, W. 4/17/94
- 79 700 Ugurwara, E. 9/94
- 80 700 Kendrick, 11/2/94
- 81 700 Brown, J. 11/6/94
- 82 700 DeFrank, S. 12/3/94
- 83 699 Bruner, T. 7/31/94
- 84 688 Walsh, R. 7/17/94
- 85 688 Holmes, 12/4/94
- 86 685 Cunningham, P. 4/10/94
- 87 685 Miner, D. 5/14/94
- 88 685 Stephens, W. 8/13/94
- 89 685 Allen, D. 10/15/94
- 90 685 Donnelly, M. 1/28/95
- 91 683 Meadows, N. 3/13/94
- 92 683 Brock, T. 4/17/94
- 93 680 Leasing, J. 6/4/94
- 94 680 Rowdenberg, S. 12/10/94
- 95 677 Jones, S. 3/20/94
- 96 677 Shaffer, D. 4/24/94
- 97 677 LaBare, A. 5/7/94
- 98 677 Davis, W. 8/27/94
- 99 675 Phillips, B. 3/13/94
- 100 675 Terreforte, P. 7/2/94

BENCH

- 683 Confessore, C. 11/6/94
- 617 Stigler, M. 4/17/94
- 617 Anderson, C. 6/25/94
- 600 Halbert, G. 8/21/94
- 600 Patterson, K. 11/6/94
- 589 Leale, C. 7/3/94
- 580 Stranga, W. 3/26/94
- 570 Whitmire, R. 3/27/94
- 560 Wakakura, F. 1/23/94
- 560 Williams, D. 7/30/94
- 555 Smith, M. 5/7/94
- 555 Barkman, M. 10/22/94
- 550 Blakely, J. 8/13/94
- 550 Lazarenchi, G. 9/25/94
- 545 Beane, R. 8/27/94
- 545 Vogelwohl, C. 11/6/94
- 541 Toranzo, J. 9/25/94
- 540 Lavitola, N. 7/3/94
- 540 Gregus, S. 8/27/94
- 540 Harless, 1/21/95
- 535 Austin, W. 12/3/94
- 534 Donati, R. 7/17/94
- 534 Doan, D. 10/9/94
- 530 Little, 2/21/94
- 530 Turner, 7/31/94
- 529 Johnston, J. 5/21/94
- 529 McDonald, S. 11/13/94
- 525 Milton, J. 3/20/94
- 525 Ota, 8/14/94
- 525 Blake, A. 12/17/94
- 523 Weaver, G. 5/7/94
- 523 Karwocki, K. 11/20/94
- 523 Donaldson, D. 1/7/95
- 520 Dileo, J. 2/6/94
- 520 Hummel, M. 3/5/94
- 520 Lake, T. 3/20/94
- 520 Martini, 9/17/94
- 520 Weaver, J. 11/19/94
- 519 Orlando, G. 5/7/94
- 518 Smith, S. 3/20/94
- 518 Goggins, S. 10/30/94
- 515 Walsh, R. 12/11/94
- 515 Dilliber, T. 1/28/95
- 512 Kitan, R. 7/30/94
- 510 Michael, R. 2/20/94
- 510 Kaczor, J. 5/1/94
- 510 Roberts, L. 9/24/94
- 507 Taylor, K. 8/27/94
- 505 Polson, J. 2/19/94
- 505 Bestelata, G. 9/25/94
- 505 Rabon, C. 10/22/94
- 501 Stewart, C. 3/19/94
- 501 Pletcher, D. 5/7/94
- 501 Kalleher, S. 5/29/94
- 501 Womack, 6/19/94
- 501 D'Angelo, F. 6/25/94
- 501 Moller, J. 7/17/94
- 501 Halterman, M. 7/17/94
- 501 Geszeli, M. 9/17/94
- 501 Blackston, K. 10/9/94
- 501 Gordon, G. 10/16/94
- 501 Rowland, M. 11/6/94
- 500 Deutsch, 2/20/94
- 500 Seaker, C. 4/9/94
- 500 Skorupa, J. 4/10/94
- 500 Snowbarger, T. 4/30/94
- 500 Brower, R. 6/5/94
- 500 Paekall, E. 6/25/94
- 500 Hood, R. 9/17/94
- 500 Mills, M. 11/5/94
- 500 Sullivan, S. 11/5/94
- 500 Crisp, E. 12/3/94
- 500 Wilson, C. 12/3/94
- 495 Belcher, C. 4/23/94
- 485 Falton, S. 2/19/94
- 485 Meeks, D. 3/13/94
- 485 Schroeder, 5/29/94
- 485 Stapanides, C. 7/17/94
- 485 McKinstry, 7/31/94
- 485 Arutz, R. 7/94
- 485 LaBare, A. 9/24/94
- 485 Wilkshelzer, A. 10/15/94
- 485 Lloyd, H. 11/6/94
- 480 Martin, G. 2/19/94
- 480 Clark, 2/21/94
- 480 Falfard, M. 4/9/94
- 480 Ford, 11/6/94
- 480 Brower, R. 11/19/94
- 479 Jeleniewski, A. 4/94
- 479 Wright, D. 5/7/94
- 479 Newton, G. 6/25/94
- 479 Best, N. 12/11/94
- 479 Allen, M. 12/11/94
- 479 Hood, 1/8/95
- 475 Reeves, S. 3/20/94
- 475 Forstall, S. 3/94
- 475 Bahna, 6/5/94
- 475 Jones, A. 9/3/94
- 475 Dickerson, N. 11/19/94
- 475 Maddy, F. 11/19/94

DEADLIFT

- 820 Lavitola, N. 11/20/94
- 815 Stewart, B. 9/18/94
- 804 Goggins, S. 10/30/94
- 800 D'lorio, M. 3/20/94
- 793 Vogelwohl, C. 7/3/94
- 782 Desmond, R. 101/6/94
- 770 Mills, M. 11/5/94
- 766 Lloyd, H. 11/6/94
- 760 Karwocki, K. 7/31/94
- 755 Stapanides, C. 10/2/94
- 749 Donati, R. 4/24/94
- 749 Leale, C. 7/3/94
- 744 Hodges, J. 5/29/94
- 740 Cain, S. 1/8/94
- 738 Stigler, M. 4/17/94
- 733 Johnson, K. 7/31/94
- 727 Brown, L. 3/13/94
- 727 Osborn, R. 7/30/94
- 725 Seaker, C. 10/23/94
- 722 Horton, 6/25/94
- 722 Francis, M. 8/26/94
- 720 Douglas, J. 6/22/94
- 720 Crenshaw, C. 7/2/94
- 720 Daniel, 7/31/94
- 716 Davis, W. 8/27/94
- 710 Dimiduk, M. 3/27/94
- 710 Barkman, M. 10/22/94
- 710 Weidow, 11/12/94
- 705 Johnson, J. 2/12/94
- 705 Lark, D. 3/13/94
- 705 Koehrsen, C. 3/20/94
- 705 Hickey, D. 7/31/94
- 705 McKinstry, 11/6/94
- 705 Howard, K. 12/10/94
- 700 Pepper, M. 2/19/94
- 700 McCain, B. 4/30/94
- 700 Cody, 6/9/94
- 700 Allen, D. 10/15/94
- 699 LaBare, A. 9/14/94
- 690 Cohen, K. 2/12/94
- 688 Mason, J. 11/12/94
- 683 Donson, S. 4/30/94
- 683 Hood, J. 11/19/94
- 683 Hogan, G. 12/11/94
- 680 Pigford, R. 7/2/94
- 680 Dunbar, 9/10/94
- 677 Rowland, M. 11/16/94
- 677 Boyd, 12/11/94
- 677 Oberlin, 1/29/95
- 675 Whitley, 3/6/94
- 675 Arnold, E. 6/4/94
- 675 Goinz, G. 8/13/94
- 672 Smith, S. 3/20/94
- 672 Brock, T. 4/17/94
- 672 Pletcher, D. 5/7/94
- 672 D'Amodio, V. 6/25/94
- 672 Gillespie, B. 7/17/94
- 672 Meza, M. 7/31/94
- 672 Devane, T. 11/6/94
- 670 Riddle, J. 4/9/94
- 670 Stephens, W. 8/13/94
- 670 Babbitt, 11/6/94
- 670 Wilson, G. 12/10/94
- 666 Davis, T. 7/17/94
- 665 Cunningham, P. 4/10/94
- 665 Halterman, M. 4/30/94
- 665 Donahue, S. 10/22/94
- 665 Bot, J. 11/20/94
- 665 Rowdenberg, S. 12/10/94
- 665 Carter, 12/10/94
- 661 Gordon, G. 4/17/94
- 661 Best, N. 10/15/94
- 661 Hurt, 10/23/94
- 661 Cornett, R. 11/6/94
- 661 Shanks, C. 1/7/95
- 660 Gillingham, K. 2/12/94
- 660 Bockoven, J. 3/26/94
- 660 Harper, R. 8/27/94
- 660 Ugurwara, E. 9/94
- 660 Muratori, D. 10/22/94
- 660 Williams, 12/10/94
- 655 Phillips, B. 3/13/94
- 655 Graham, J. 3/19/94
- 655 Brennan, E. 3/20/94
- 655 Quinn, D. 6/22/94
- 655 Mills, D. 9/5/94
- 655 Steele, G. 11/5/94
- 655 Elder, M. 11/19/94
- 650 Jackson, C. 3/13/94
- 650 Isabella, T. 3/20/94
- 650 Hoffman, D. 3/27/94
- 650 Jones, V. 3/27/94
- 650 Perdomo, S. 4/2/94
- 650 Stranga, W. 4/17/94
- 650 LaDour, K. 4/17/94
- 650 Miner, D. 5/14/94
- 650 Daniels, D. 5/15/94
- 650 Sells, M. 6/11/94
- 650 Ferrell, C. 6/25/94
- 650 Perry, 7/4/94

TOTAL

- 2265 Goggins, S. 10/30/94
- 2220 Leale, C. 7/3/94
- 2193 Karwocki, K. 7/31/94
- 2176 Vogelwohl, C. 7/3/94
- 2127 Stigler, M. 4/17/94
- 2116 Lavitola, N. 2/5/94
- 2072 Stewart, B. 7/17/94
- 2070 Mills, M. 11/5/94
- 2045 Barkman, M. 10/22/94
- 2033 Donati, R. 7/17/94
- 2011 Smith, S. 3/20/94
- 2011 Stapanides, C. 11/20/94
- 1975 Brown, L. 3/13/94
- 1973 Douglas, J. 7/31/94
- 1973 Hardridge, A. 11/20/94
- 1965 Francis, M. 7/31/94
- 1925 Bott, J. 11/20/94
- 1923 Lloyd, H. 11/6/94
- 1923 Rowland, M. 11/6/94
- 1918 Hickey, D. 7/31/94
- 1915 Stranga, W. 4/17/94
- 1910 Cain, S. 1/8/95
- 1906 Pletcher, D. 5/7/94
- 1901 D'lorio, M. 7/31/94
- 1900 Arnold, E. 6/4/94
- 1900 Donahue, S. 10/22/94
- 1897 Cornett, R. 11/6/94
- 1896 Meza, M. 7/31/94
- 1884 Gillespie, B. 7/17/94
- 1880 McKinstry, 7/31/94
- 1880 Muratori, D. 10/22/94
- 1880 Wilson, G. 12/10/94
- 1879 D'Angelo, F. 6/25/94
- 1878 Johnson, K. 7/31/94
- 1875 Cody, 6/9/94
- 1875 Ford, 11/6/94
- 1873 Moller, J. 3/20/94
- 1870 Gordon, G. 3/19/94
- 1868 Treviso, R. 11/6/94
- 1865 Grosso, G. 9/5/94
- 1860 Dimiduk, M. 3/27/94
- 1857 LaBare, A. 9/24/94
- 1857 Smith, 10/15/94
- 1856 Best, N. 7/17/94
- 1840 McFarren, T. 12/10/94
- 1830 Crenshaw, C. 7/2/94
- 1829 Koehrsen, C. 3/20/94
- 1825 Harless, 1/21/95
- 1820 Gonzales, D. 4/30/94
- 1820 Williams, 12/10/94
- 1815 Halterman, M. 4/30/94
- 1815 Babbitt, 11/6/94
- 1813 Privitera, C. 5/1/94
- 1813 Davis, T. 7/17/94
- 1807 Donson, S. 4/30/94
- 1807 Hammond, E. 5/21/94
- 1807 Walsh, R. 7/17/94
- 1807 Patterson, R. 7/30/94
- 1805 Perry, 7/4/94
- 1802 Lark, D. 3/13/94
- 1800 Halliwell, P. 4/23/94
- 1800 Rowdenberg, S. 12/10/94
- 1796 Mason, J. 11/12/94
- 1795 Palermo, P. 3/26/94
- 1795 Pigford, R. 7/2/94
- 1791 Brock, T. 4/17/94
- 1791 Klein, D. 4/17/94
- 1791 Hammes, 11/19/94
- 1780 Stegal, S. 6/4/94
- 1870 Davis, W. 8/27/94
- 1780 Foster, S. 11/20/94
- 1779 Bruner, T. 7/31/94
- 1775 Isabella, T. 3/20/94
- 1775 Stephens, W. 8/13/94
- 1770 Boucher, D. 3/20/94
- 1769 Weidow, 11/12/94
- 1765 Little, 2/21/94
- 1760 Jenkins, S. 11/19/94
- 1755 Cohen, K. 2/12/94
- 1750 O'Donnell, C. 3/6/94
- 1750 Colbert, 11/6/94
- 1747 D'Amodio, V. 6/25/94
- 1745 Ugurwara, E. 9/94
- 1745 Brown, 11/6/94
- 1736 Osborn, R. 7/30/94
- 1735 Cunningham, P. 4/10/94
- 1735 Lee, R. 7/17/94
- 1735 Francis, L. 10/15/94
- 1730 Gillingham, K. 2/12/94
- 1730 Viver, R. 5/15/94
- 1730 Young, C. 11/6/94
- 1730 Horton, 11/27/94
- 1730 Boyd, 12/11/94
- 1725 Terreforte, P. 7/2/94
- 1725 Allen, D. 10/15/94
- 1725 Ema, E. 12/17/94
- 1720 McCain, B. 4/30/94
- 1720 Miner, D. 5/14/94
- 1720 Mills, D. 9/5/94
- 1714 Young, 8/20/94