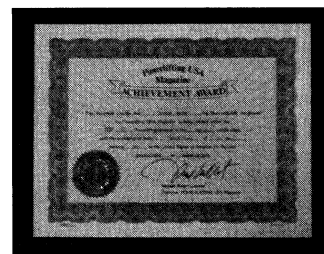


TOP 100

For standard SHW/125+ kg. USA lifters in results received from April 2003 thru April 2004

PL USA Top 100 Achievement Awards



SQUAT	BENCH	DEADLIFT	TOTAL
1 1140 Mikesell, B..11/30/03	925 Rychlak, G..4/04	903 Frank, G..10/18/03	2805 Frank, G..4/3/04
2 1085 Childress, P..3/6/04	875 Mendelson, S..7/12/03	852 Smith, M..4/13/03	2557 Moore, B..3/6/04
3 1085 Frank, G..4/3/04	859 Lattimer, S..3/6/04	821 Gillingham, B..4/10/04	2529 Childress, P..3/6/04
4 1050 Ruggiera, M..4/4/04	850 Kennelly, R..3/13/04	810 Ruggiera, M..4/13/03	2512 Mikesell, B..6/29/03
5 1050 Miller, M..4/17/04	837 Frank, G..4/3/04	810 Siders, B..6/23/03	2510 Miller, M..4/17/04
6 1040 Hutson, T..8/10/03	805 Miller, M..4/17/04	810 Wiers, C..12/03	2505 Ruggiera, M..4/4/04
7 1019 Basson, O..6/8/03	751 Kovacs, D..9/27/03	820 Obradovic, J..7/26/03	2502 Smith, M..3/6/04
8 1008 Russ, E..6/8/03	749 Riley, B..9/27/03	805 Rannals, C..4/27/03	2419 Thompson, D..11/9/03
9 1008 Smith, M..3/6/04	749 Galligan, J..1/17/04	804 Mikesell, B..6/29/03	2403 Basson, O..6/8/03
10 1005 Rychlak, G..4/13/03	749 Toranzo, J..3/6/04	804 Rubey, T..11/15/03	2400 Skiver, T..11/16/03
11 1003 Hoskinson..9/6/03	749 Moore, B..3/6/04	804 Lavarro, L..12/7/03	2386 Siders, B..7/20/03
12 1003 Moore, B..3/6/04	727 Rodrigue, M..9/27/03	804 Moore, B..3/6/04	2341 Lewis, J..2/28/04
13 1003 Aichs, C..3/21/04	725 Taylor, C..4/17/04	800 Barno, D..4/13/03	2330 Barno, D..4/13/03
14 975 Thompson, D..11/9/03	715 Hutson, T..2/04	800 Skiver, T..11/16/03	2303 Wiers, C..12/7/03
15 960 Barno, D..4/13/03	715 Cooke, C..4/17/04	788 Oldham, B..12/14/03	2287 Gillingham, B..7/20/03
16 959 Lewis, J..2/28/04	711 Gillespie, B..3/14/04	782 Childress, P..11/9/03	2276 Bryant, J..6/8/03
17 953 Olmo, M..6/8/03	710 Dizenzo, V..9/27/03	777 Barlow, R..5/11/03	2276 Aichs, C..3/21/04
18 953 Ewing..9/6/03	710 Burns, S..9/27/03	777 Rittger, W..6/1/03	2250 Baker, A..8/10/04
19 947 Saunders, T..4/27/03	705 Martin, S..8/10/03	771 Forehand, B..10/25/03	2232 Mimnaugh, B..3/28/04
20 931 Ludwig, M..6/29/03	705 Karlovic, B..2/14/04	770 Ufford, K..8/30/03	2220 Wilson, M..11/16/03
21 930 Wilson, M..11/16/03	705 Lewis, J..2/28/04	766 Mimnaugh, B..11/2/03	2209 Grove, J..12/7/03
22 909 Siders, B..7/20/03	705 Wong, S..3/6/04	766 Tuffanelli, N..3/6/04	2204 Hoskinson..9/6/03
23 905 Baker, A..8/10/03	700 Gullidge, D..8/10/03	760 Hays, B..8/10/03	2204 Ewing..9/6/03
24 903 Therman, C..4/13/03	700 Wilson, H..11/10/03	760 Thompson, D..11/9/03	2187 Lavarro, L..12/7/03
25 903 Bryant, J..6/8/03	700 Skiver, T..11/16/03	750 Owens, E..7/26/03	2176 Rhync..9/6/03
26 903 Forbes, T..6/8/03	700 Leit, B..12/14/03	750 Searcy, J..3/20/04	2165 Barlow, R..5/11/03
27 900 Skiver, T..11/16/03	699 Siders, B..11/9/03	749 Bryant, J..6/8/03	2165 Harold, T..11/16/03
28 876 Fannon, T..9/14/03	689 Childress, P..11/9/03	749 Leonard, P..6/8/03	2160 Therman, C..4/13/03
29 870 Barlow, R..5/11/03	688 Hodge, M..12/7/03	749 Forstner, D..8/12/03	2160 Capoccia, R..8/10/03
30 865 Gillingham, B..7/20/03	685 Obradovic, J..7/26/03	745 Wnuk, K..10/18/03	2154 Bernor, J..12/7/03
31 865 Harold, T..8/10/03	683 Thompson, D..11/9/03	744 Hodges, J..10/4/03	2127 Hulslander, D..3/7/04
32 865 Mimnaugh, B..3/28/04	677 Smith, M..3/6/04	744 Grove, J..12/7/03	2120 Guttridge, J..11/16/03
33 860 Tate, D..4/13/03	675 Gann, K..3/6/04	740 Peckolt, S..6/29/03	2116 Rubey, T..11/15/03
34 860 Capoccia, R..8/10/03	672 Basson, O..6/8/03	735 Gullidge, D..8/10/03	2110 Saunders, T..4/27/03
35 859 Wiers, C..12/7/03	672 Wiers, C..12/7/03	733 Levers, T..4/13/03	2110 Forbes, T..6/8/03
36 855 Dambrosia, L..11/6/03	662 Cash, J..5/3/03	733 Thomas, J..11/30/03	2105 Fannon, T..9/14/03
37 854 Grove, J..12/7/03	661 Manno, T..5/11/03	733 Faulkner, W..3/6/04	2105 Henderson, S..3/20/04
38 854 Manly, J..3/20/04	660 Key, P..12/20/03	733 Payne, G..3/21/04	2105 Neal, M..4/04
39 848 Henderson, S..3/20/04	660 Stephens, J..1/24/04	727 Lawrence, A..6/8/03	2100 Wnuk, K..10/18/03
40 843 Bernor, J..12/7/03	660 Harold, T..3/27/04	727 Schoonveld..11/15/03	2100 Laudadio, B..10/26/03
41 837 Neal, M..3/04	660 Ruggiera, M..4/4/04	727 Pope, J..12/13/03	2083 Thomas, J..11/30/03
42 832 Anderson, M..6/23/03	655 Brown, M..2/29/04	725 Fletcher, P..8/23/03	2083 Manly, J..3/20/04
43 832 Askew, M..8/3/03	650 Marshall, R..10/26/03	725 Swatling, M..8/30/03	2072 Karabel, L..12/6/03
44 832 Rhync..9/6/03	650 Guttridge, J..9/21/03	722 Hulslander, D..7/20/03	2066 Ludwig, M..6/29/03
45 832 Lanier, M..12/7/03	650 Schermerh..12/14/03	722 McDuffie, J.D..8/16/03	2066 Thompson, J..9/14/03
46 830 Arevalo, J..3/27/04	650 Neal, M..1/17/04	722 Lewis, J..11/15/03	2065 Ufford, K..8/30/03
47 826 Thompson, J..9/14/03	650 Peshek, J..3/21/04	722 Laudadio, B..3/6/04	2065 Johnson, W..2/21/04
48 826 Southwood..12/7/03	640 Baker, A..8/10/03	716 Olmo, M..6/8/03	2061 Askew, M..8/3/03
49 825 Sefcik, J..8/10/03	639 Rhync..9/6/03	716 Medak, A..12/14/03	2055 Hays, B..4/13/03
50 821 Ross, A..6/8/03	635 Wnuk, K..4/27/03	715 Rychlak, G..4/13/03	2055 Schoonveld, B..11/15/03
51 821 Karabel, L..7/20/03	630 Cain, M..8/10/03	715 Bliss, C..8/10/03	2050 Tate, D..4/13/03
52 815 Moore, C..4/13/03	630 Stafford, J..9/21/03	715 Hutson, T..3/6/04	2050 Lawrence, A..6/8/03
53 815 Hays, B..8/10/03	630 Cross, H..10/18/03	710 Basson, O..6/8/03	2044 Payne, G..3/21/04
54 815 Meek, B..9/14/03	625 Shields, A..1/17/04	710 McCune, B..10/12/03	2040 Christus, J..11/1/03
55 815 Majerie, M..11/15/03	625 Dowling, B..4/24/04	710 Bernor, J..12/7/03	2035 Moore, C..4/4/04
56 815 Johnson, W..2/21/04	622 Bryant, J..6/8/03	705 Aichs, C..6/8/03	2028 Kravoletz, D..3/27/04
57 810 Leonard, P..6/8/03	622 McCung, R..6/29/03	705 Baker, A..8/10/03	2020 Fletcher, P..8/23/03
58 810 Kravoletz, D..3/27/04	622 Erickson, J..8/2/03	705 Rhync..9/6/03	2011 Russ, E..6/8/03
59 805 Fletcher, P..8/23/03	622 Meeker, T..12/14/03	705 Thompson, J..9/14/03	2000 Leonard, P..6/8/03
60 804 Edmiston, S..5/18/03	622 Aichs, C..3/21/04	705 Harper, G..10/4/03	2000 Edmiston, S..10/12/03
61 804 Pearce, G..8/17/03	611 Gillingham, B..7/20/03	705 Bryant, E..11/15/03	1984 Anderson, M..6/23/03
62 804 Jeffers, D..11/2/03	611 Quinn, B..9/27/03	705 Karabel, L..12/6/03	1978 Southwood..9/6/03
63 804 Thomas, J..11/30/03	611 Grove, J..12/7/03	705 Munsey, D..12/14/03	1970 Dowling, B..4/24/04
64 804 Hulslander, D..3/7/04	611 Yarbrough, C..4/3/04	705 Henderson, S..3/20/04	1962 Quinn, B..12/7/03
65 800 Delan Jr., N..8/10/03	610 McCaslin, Z..11/29/03	700 Masters, B..4/03	1960 Sefcik, J..8/10/03
66 800 Christus, J..11/1/03	606 Rollins, D..4/26/03	700 Brooks, T..5/17/03	1951 Swank, M..6/8/03
67 800 Guttridge, J..11/16/03	606 Luster..6/8/03	700 Traynor, D..7/26/03	1951 Adelman, M..2/15/04
68 800 Searcy, J..3/20/04	606 Christus, J..7/20/03	700 Horton, R..8/2/03	1945 Peckolt, S..6/29/03
69 800 Bradford, O..3/27/04	606 Price, M..7/20/03	700 Capoccia, R..8/10/03	1940 Bryant, E..11/15/03
70 793 Marcum, S..4/4/04	606 Lavarro, L..12/7/03	700 Wilson, M..11/16/03	1940 Dambrosia, L..11/16/03
71 788 Crumbley, S..6/23/03	606 Marchant..12/14/03	700 Harold, T..11/16/03	1940 Ward, S..1/24/04
72 782 Payne, G..3/21/04	606 Hulslander, D..3/7/04	700 Guttridge, J..11/16/03	1940 Arevalo, J..3/27/04
73 780 Laudadio, B..10/26/03	600 Therman, C..4/13/03	700 Studevant, K..12/6/03	1934 Majerie, M..11/15/03
74 777 Lavarro, L..12/7/03	600 Hart, J..6/7/03	700 Martin, M..2/7/04	1934 Weech, S..12/6/03
75 775 Spencer, J..3/27/04	600 Gomes, F..6/22/03	700 Champlin, T..2/7/04	1929 Jeffers, D..11/2/03
76 771 Lawrence, A..6/8/03	600 Tancil, J..6/28/03	700 Righetti..2/21/04	1923 Levers, T..4/13/03
77 771 Swank, M..6/8/03	600 Gaudreau, D..6/29/03	700 Buccen, J..3/6/04	1923 Marcum, S..4/4/04
78 771 Bryant, E..11/15/03	600 Mikesell, B..6/29/03	700 Small, M..4/17/04	1918 Harper, G..10/4/03
79 771 Weech, S..11/27/03	600 Capoccia, R..8/10/03	700 Mahoney, T..4/17/04	1915 Searcy, J..3/20/04
80 770 Battle, P..8/10/03	600 Wrenn, J..10/25/03	699 Forbes, T..6/8/03	1906 Crumbley, S..6/23/03
81 770 Magee, J..10/25/03	600 Laudadio, B..10/26/03	699 Askew, M..8/3/03	1901 Collins, G..2/21/04
82 766 Levers, T..4/13/03	600 Bernor, J..12/7/03	694 Edmiston, S..10/12/03	1890 Pope, J..12/13/03
83 766 Adelman, M..2/15/04	600 Martin, M..2/7/04	688 Mott, B..12/20/03	1885 Villeneuve, D..7/26/03
84 765 Wnuk, K..1/17/04	600 Johnson, W..2/21/04	683 Wattay, R..3/20/04	1880 Cain, M..8/10/03
85 765 Vaughn, T..4/4/04	600 O'Hahoran..2/27/04	680 Ratsch, P..9/6/03	1880 Tamules, A..10/25/03
86 760 Rubey, T..11/15/03	600 Powell, B..3/21/04	677 Samarra, R..5/17/03	1868 Diaz Deleon, J..6/29/03
87 760 Dowling, B..4/24/04	600 Hamby, M..3/21/04	677 LaRocca, R..5/31/03	1868 Hendrix, R..10/25/03
88 750 Diggles, P..3/27/04	600 Mimnaugh, B..3/28/04	677 Anderson, M..6/23/03	1862 Rauch, J..11/03
89 750 Scott, B..3/27/04	600 Piatelli, M..4/3/04	677 Gollins, G..7/20/03	1855 Twining, R..12/13/03
90 746 Pickens, A..3/20/04	600 Moore, C..4/4/04	677 Weiss, J..11/8/03	1851 Lee, B..4/13/03
91 745 Villeneuve, D..7/26/03	590 Wilson, M..11/16/03	677 Shumate, M..8/3/03	1851 Owens, E..10/11/03
92 744 Lee, B..4/13/03	589 Fannon, T..9/14/03	677 Rauch, J..11/03	1846 Mahoney, T..10/4/03
93 744 Israelson, M..8/17/03	585 Scherza, C..6/22/03	677 Manly, J..3/20/04	1835 Greninger, T..4/13/03
94 744 Harper, G..10/4/03	584 Deutsch, L..11/2/03	675 King, B..8/23/03	1835 Garris, D..5/3/03
95 744 Schoonveld..11/15/03	584 Schoonveld..11/15/03	675 Delacruz, R..2/7/04	1835 Gormus, R..10/25/03
96 744 Quinn, B..12/7/03	584 Sheffeld, J..4/24/04	675 Neal, M..4/24/04	1829 Deutsch, L..11/2/03
97 744 Soto, C..3/27/04	578 Ewing..9/6/03	672 Hoskinson..9/6/03	1820 Battle, P..8/10/03
98 744 Thurston, V..4/4/04	577 Vardine, V..4/6/03	672 Ewing..9/6/03	1820 Magee, J..10/25/03
99 738 Diaz Deleon..6/29/03	575 Verbe, R..4/6/03	672 Hendrix, R..10/25/03	1813 Lane, T..3/28/04
100 738 Mahoney, T..10/4/03	575 Jarausch, S..8/24/03	672 Lane, T..11/2/03	1807 Olmo, M..6/8/03

Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7% tax).

NEXT MONTH... TOP 114s

Corrections - Trey Brewer should have been credited with a 460 lb. bench press on the Teenage TOP 20 list for the 242 lb. class. The 352 deadlift by Gary Landess was not reflected on the TOP 20 rankings for the Masters 132 lb. class. John Galligan was not credited with his 710 bench press in the SHW Masters TOP 20 rankings. Jim Robinson's 650 DL was not on the TOP 100 242 list. Erik Ward's bench press of 515 and deadlift of 700 were not shown on the TOP 100 list for the 220s. Tom O'Donnell's lifts of 705 DL and 1940 TOT were not on the TOP 20 Masters rankings. We apologize for any errors that our readers find in our reports or ranking lists, and we encourage you to send any corrections that you find to "POWERLIFTING USA ERRORS", Box 467, Camarillo, CA 93011.