

We want to say congratulations to Elite Fitness and Figure athletes Chenjui , Mary Beth, Kyra ,Meri and Jacklyn.. They've all worked to their ultimate limits and I'm extremely proud of them all

Vulcan classic results - 4/ 17/ 2010 - Birmingham (Homewood) Alabama

-Chenjui Cheng - 1 st place teenage bodybuilding

- Mary Beth Hatcher - 2 nd place - open figure short
- 3 rd place - masters figure short

- Meri Shelton - 3 rd place open figure short

- Kyra Carruthers - 2 nd place open Bikini tall class

Charlotte cup - 4 / 24 /2010 - Charlotte North Carolina

- Jacklyn Hart - Masters over 40 champion

- Jacklyn Hart - 1 st in Figure tall class

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"**Winners** are not made in the 12 weeks leading up to a show.....We have to make the most of your off-season!"