

Day 29: Reflection

Quote

Follow effective action with quiet reflection. From the quiet reflection will come even more effective action.
Peter Drucker

Bible Verse

I will consider all your works and meditate on all your mighty deeds. Psalm 77:12

Inspiration

What a wonderful world

<http://www.youtube.com/watch?v=iYXBJmrsxZU>

Journaling

Do you give yourself time to reflect on your life? If so, what form does that take? If not, how could you find the time for reflection?

Technique

Use one of the techniques from the water-based media list.

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I WILL CONSIDER ALL YOUR WORKS AND MEDITATE ON ALL YOUR MIGHTY DEEDS. PSALM 77:12