

Stamford, CT - Jan 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:33	8.7	10:12	7.5	3:23	-0.4	4:12	-1.3	7:17	4:38	
2	Sun	10:29	8.8	11:08	7.7	4:21	-0.6	5:06	-1.5	7:17	4:38	
3	Mon	11:24	8.8			5:18	-0.7	5:59	-1.5	7:17	4:39	
4	Tue	12:02	7.9	12:18	8.6	6:14	-0.8	6:50	-1.4	7:17	4:40	
5	Wed	12:56	7.9	1:12	8.3	7:09	-0.7	7:41	-1.2	7:17	4:41	
6	Thu	1:49	7.8	2:05	7.8	8:05	-0.5	8:32	-0.8	7:17	4:42	
7	Fri	2:42	7.7	3:01	7.3	9:02	-0.2	9:25	-0.4	7:17	4:43	
8	Sat	3:36	7.4	3:57	6.8	10:00	0.1	10:19	0.1	7:17	4:44	
9	Sun	4:29	7.2	4:55	6.4	10:59	0.3	11:13	0.4	7:17	4:45	
10	Mon	5:23	7.0	5:54	6.1	11:57	0.4			7:16	4:46	
11	Tue	6:16	6.9	6:53	5.9	12:07	0.7	12:53	0.5	7:16	4:47	
12	Wed	7:09	6.8	7:49	5.9	1:00	0.9	1:47	0.4	7:16	4:48	
13	Thu	8:00	6.9	8:39	5.9	1:52	1.0	2:36	0.3	7:16	4:49	
14	Fri	8:46	7.0	9:23	6.1	2:40	0.9	3:22	0.2	7:15	4:50	
15	Sat	9:28	7.1	10:04	6.2	3:24	0.8	4:05	0.1	7:15	4:52	
16	Sun	10:07	7.2	10:43	6.4	4:07	0.7	4:45	-0.1	7:14	4:53	
17	Mon	10:45	7.3	11:20	6.6	4:48	0.6	5:24	-0.2	7:14	4:54	
18	Tue	11:23	7.4	11:56	6.8	5:28	0.5	6:00	-0.3	7:13	4:55	
19	Wed			12:01	7.4	6:07	0.4	6:35	-0.3	7:13	4:56	
20	Thu	12:32	6.9	12:41	7.4	6:45	0.3	7:10	-0.2	7:12	4:57	
21	Fri	1:10	7.1	1:22	7.2	7:25	0.2	7:45	-0.2	7:12	4:59	
22	Sat	1:50	7.2	2:06	7.0	8:08	0.2	8:24	0.0	7:11	5:00	
23	Sun	2:33	7.3	2:53	6.8	8:56	0.2	9:08	0.1	7:10	5:01	
24	Mon	3:21	7.4	3:45	6.6	9:49	0.2	9:58	0.3	7:09	5:02	
25	Tue	4:12	7.5	4:42	6.5	10:48	0.2	10:55	0.4	7:09	5:03	
26	Wed	5:09	7.6	5:43	6.4	11:51	0.1	11:57	0.4	7:08	5:05	
27	Thu	6:10	7.7	6:51	6.4			12:57	-0.1	7:07	5:06	
28	Fri	7:16	7.8	8:00	6.6	1:03	0.3	2:02	-0.4	7:06	5:07	
29	Sat	8:22	8.1	9:04	7.0	2:10	0.0	3:03	-0.7	7:05	5:08	
30	Sun	9:23	8.3	10:02	7.4	3:13	-0.3	3:59	-1.0	7:04	5:10	
31	Mon	10:20	8.4	10:56	7.7	4:12	-0.5	4:52	-1.3	7:04	5:11	

Stamford, CT - Feb 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:13	8.5	11:48	7.9	5:09	-0.8	5:43	-1.4	7:03	5:12	
2	Wed			12:05	8.4	6:02	-0.9	6:31	-1.3	7:02	5:13	
3	Thu	12:37	8.0	12:54	8.1	6:53	-0.9	7:17	-1.1	7:01	5:14	
4	Fri	1:24	8.0	1:43	7.7	7:43	-0.7	8:03	-0.7	6:59	5:16	
5	Sat	2:10	7.8	2:30	7.2	8:33	-0.4	8:49	-0.3	6:58	5:17	
6	Sun	2:56	7.5	3:19	6.7	9:24	0.0	9:37	0.2	6:57	5:18	
7	Mon	3:43	7.2	4:10	6.3	10:17	0.3	10:27	0.7	6:56	5:19	
8	Tue	4:32	6.9	5:03	5.9	11:13	0.6	11:19	1.0	6:55	5:21	
9	Wed	5:23	6.6	6:01	5.7			12:10	0.8	6:54	5:22	
10	Thu	6:19	6.5	7:03	5.6	12:15	1.2	1:07	0.8	6:53	5:23	
11	Fri	7:17	6.5	8:02	5.7	1:12	1.3	2:02	0.7	6:51	5:24	
12	Sat	8:12	6.7	8:52	5.9	2:06	1.2	2:51	0.5	6:50	5:26	
13	Sun	9:00	6.9	9:36	6.2	2:56	1.0	3:36	0.3	6:49	5:27	
14	Mon	9:42	7.1	10:15	6.5	3:42	0.7	4:17	0.1	6:48	5:28	
15	Tue	10:22	7.3	10:52	6.9	4:24	0.5	4:55	-0.2	6:46	5:29	
16	Wed	11:01	7.5	11:28	7.2	5:05	0.2	5:32	-0.3	6:45	5:31	
17	Thu	11:40	7.6			5:45	0.0	6:07	-0.4	6:44	5:32	
18	Fri	12:05	7.5	12:20	7.6	6:24	-0.2	6:42	-0.4	6:42	5:33	
19	Sat	12:43	7.7	1:01	7.5	7:04	-0.3	7:18	-0.4	6:41	5:34	
20	Sun	1:23	7.9	1:45	7.3	7:46	-0.3	7:58	-0.2	6:39	5:35	
21	Mon	2:07	7.9	2:32	7.1	8:33	-0.3	8:42	0.0	6:38	5:37	
22	Tue	2:54	7.9	3:23	6.8	9:25	-0.1	9:34	0.2	6:37	5:38	
23	Wed	3:47	7.7	4:20	6.6	10:25	0.0	10:33	0.4	6:35	5:39	
24	Thu	4:46	7.6	5:25	6.4	11:31	0.1	11:41	0.5	6:34	5:40	
25	Fri	5:52	7.5	6:37	6.4			12:41	0.1	6:32	5:41	
26	Sat	7:04	7.5	7:50	6.7	12:54	0.5	1:49	-0.1	6:31	5:42	
27	Sun	8:14	7.7	8:55	7.1	2:04	0.2	2:50	-0.4	6:29	5:44	
28	Mon	9:16	7.9	9:51	7.5	3:07	-0.1	3:45	-0.7	6:28	5:45	

Stamford, CT - Mar 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:11	8.1	10:41	7.9	4:04	-0.5	4:36	-0.9	6:26	5:46	
2	Wed	11:01	8.2	11:28	8.1	4:57	-0.7	5:23	-1.0	6:24	5:47	
3	Thu	11:49	8.1			5:46	-0.9	6:08	-0.9	6:23	5:48	
4	Fri	12:12	8.2	12:33	7.9	6:33	-0.9	6:50	-0.7	6:21	5:49	
5	Sat	12:54	8.1	1:16	7.6	7:17	-0.7	7:31	-0.4	6:20	5:50	
6	Sun	1:34	7.9	1:58	7.2	8:01	-0.4	8:12	0.0	6:18	5:52	
7	Mon	2:14	7.6	2:40	6.8	8:45	0.0	8:54	0.5	6:17	5:53	
8	Tue	2:56	7.2	3:25	6.3	9:33	0.4	9:40	0.9	6:15	5:54	
9	Wed	3:41	6.9	4:14	6.0	10:25	0.8	10:31	1.3	6:13	5:55	
10	Thu	4:31	6.6	5:09	5.7	11:23	1.0	11:28	1.5	6:12	5:56	
11	Fri	5:27	6.4	6:11	5.6			12:23	1.1	6:10	5:57	
12	Sat	6:29	6.4	7:17	5.7	12:30	1.5	1:21	1.1	6:08	5:58	
13	Sun	8:31	6.5	9:13	6.0	1:31	1.4	3:14	0.8	7:07	6:59	
14	Mon	9:26	6.8	9:59	6.4	3:25	1.1	4:00	0.6	7:05	7:00	
15	Tue	10:12	7.0	10:40	6.9	4:13	0.8	4:41	0.3	7:03	7:02	
16	Wed	10:54	7.3	11:18	7.4	4:56	0.4	5:20	0.0	7:02	7:03	
17	Thu	11:35	7.6	11:55	7.8	5:38	0.0	5:57	-0.2	7:00	7:04	
18	Fri			12:16	7.8	6:19	-0.4	6:34	-0.4	6:59	7:05	
19	Sat	12:34	8.1	12:57	7.8	7:00	-0.6	7:12	-0.4	6:57	7:06	
20	Sun	1:15	8.4	1:40	7.8	7:42	-0.8	7:52	-0.4	6:55	7:07	
21	Mon	1:58	8.5	2:25	7.6	8:26	-0.7	8:35	-0.2	6:53	7:08	
22	Tue	2:43	8.4	3:14	7.3	9:14	-0.5	9:23	0.0	6:52	7:09	
23	Wed	3:34	8.2	4:07	7.0	10:08	-0.3	10:18	0.3	6:50	7:10	
24	Thu	4:30	7.9	5:07	6.8	11:10	0.0	11:23	0.6	6:48	7:11	
25	Fri	5:32	7.6	6:16	6.6			12:18	0.2	6:47	7:12	
26	Sat	6:43	7.4	7:31	6.7	12:36	0.7	1:29	0.3	6:45	7:13	
27	Sun	7:58	7.3	8:43	7.0	1:51	0.6	2:35	0.1	6:43	7:15	
28	Mon	9:08	7.5	9:43	7.4	3:00	0.3	3:34	-0.1	6:42	7:16	
29	Tue	10:07	7.7	10:35	7.8	3:59	0.0	4:27	-0.3	6:40	7:17	
30	Wed	10:58	7.8	11:21	8.1	4:52	-0.4	5:15	-0.4	6:38	7:18	
31	Thu	11:45	7.9			5:41	-0.6	5:59	-0.5	6:37	7:19	

Stamford, CT - Apr 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:04	8.2	12:29	7.8	6:26	-0.7	6:41	-0.4	6:35	7:20	
2	Sat	12:44	8.3	1:09	7.7	7:09	-0.7	7:21	-0.2	6:33	7:21	
3	Sun	1:21	8.1	1:48	7.4	7:49	-0.5	7:59	0.1	6:32	7:22	
4	Mon	1:58	7.9	2:26	7.1	8:29	-0.2	8:37	0.5	6:30	7:23	
5	Tue	2:35	7.6	3:05	6.8	9:09	0.1	9:15	0.8	6:29	7:24	
6	Wed	3:15	7.3	3:46	6.4	9:53	0.5	9:58	1.2	6:27	7:25	
7	Thu	3:58	7.0	4:33	6.1	10:41	0.9	10:48	1.5	6:25	7:26	
8	Fri	4:47	6.7	5:26	5.9	11:36	1.2	11:46	1.7	6:24	7:27	
9	Sat	5:42	6.5	6:24	5.9			12:35	1.3	6:22	7:28	
10	Sun	6:41	6.4	7:26	6.0	12:49	1.7	1:33	1.2	6:20	7:29	
11	Mon	7:44	6.5	8:24	6.4	1:52	1.5	2:27	1.1	6:19	7:31	
12	Tue	8:43	6.7	9:14	6.8	2:48	1.2	3:15	0.8	6:17	7:32	
13	Wed	9:35	7.0	9:58	7.4	3:38	0.7	3:58	0.5	6:16	7:33	
14	Thu	10:21	7.4	10:39	7.9	4:24	0.2	4:39	0.2	6:14	7:34	
15	Fri	11:05	7.7	11:21	8.4	5:07	-0.3	5:19	-0.1	6:13	7:35	
16	Sat	11:49	7.9			5:51	-0.7	6:01	-0.3	6:11	7:36	
17	Sun	12:04	8.7	12:34	8.0	6:35	-0.9	6:44	-0.4	6:10	7:37	
18	Mon	12:48	8.9	1:20	8.0	7:21	-1.0	7:30	-0.3	6:08	7:38	
19	Tue	1:35	8.9	2:08	7.8	8:08	-0.9	8:18	-0.2	6:07	7:39	
20	Wed	2:25	8.7	3:00	7.6	8:59	-0.7	9:10	0.1	6:05	7:40	
21	Thu	3:18	8.4	3:57	7.3	9:56	-0.3	10:11	0.4	6:04	7:41	
22	Fri	4:18	8.0	5:01	7.1	10:59	0.0	11:20	0.7	6:02	7:42	
23	Sat	5:24	7.6	6:11	7.0			12:06	0.2	6:01	7:43	
24	Sun	6:36	7.3	7:22	7.1	12:34	0.7	1:13	0.3	5:59	7:44	
25	Mon	7:49	7.2	8:28	7.4	1:45	0.6	2:16	0.3	5:58	7:45	
26	Tue	8:55	7.3	9:24	7.7	2:49	0.4	3:13	0.2	5:56	7:46	
27	Wed	9:51	7.4	10:13	7.9	3:45	0.1	4:03	0.1	5:55	7:48	
28	Thu	10:40	7.5	10:56	8.1	4:35	-0.2	4:49	0.1	5:54	7:49	
29	Fri	11:25	7.5	11:36	8.2	5:20	-0.4	5:32	0.1	5:52	7:50	
30	Sat			12:06	7.5	6:03	-0.4	6:13	0.2	5:51	7:51	

Stamford, CT - May 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:13	8.2	12:44	7.4	6:44	-0.4	6:51	0.4	5:50	7:52	☀
2	Mon	12:49	8.0	1:21	7.2	7:23	-0.2	7:29	0.6	5:48	7:53	☀
3	Tue	1:25	7.9	1:57	7.0	8:01	0.0	8:05	0.8	5:47	7:54	☀
4	Wed	2:02	7.6	2:35	6.8	8:39	0.3	8:43	1.1	5:46	7:55	☀
5	Thu	2:41	7.4	3:16	6.6	9:20	0.6	9:25	1.4	5:45	7:56	☀
6	Fri	3:24	7.1	4:01	6.4	10:04	0.9	10:13	1.6	5:44	7:57	☀
7	Sat	4:12	6.8	4:51	6.3	10:54	1.1	11:09	1.7	5:42	7:58	☀
8	Sun	5:04	6.6	5:44	6.3	11:47	1.2			5:41	7:59	☀
9	Mon	6:00	6.5	6:38	6.5	12:10	1.7	12:40	1.2	5:40	8:00	☀
10	Tue	6:58	6.5	7:33	6.9	1:10	1.5	1:33	1.1	5:39	8:01	☀
11	Wed	7:57	6.7	8:25	7.3	2:07	1.1	2:23	0.9	5:38	8:02	☀
12	Thu	8:54	7.0	9:14	7.8	3:00	0.6	3:10	0.6	5:37	8:03	☀
13	Fri	9:45	7.3	10:02	8.4	3:49	0.1	3:57	0.3	5:36	8:04	☀
14	Sat	10:34	7.6	10:49	8.8	4:36	-0.4	4:43	0.1	5:35	8:05	☀
15	Sun	11:23	7.9	11:36	9.1	5:24	-0.8	5:31	-0.2	5:34	8:06	☀
16	Mon			12:12	8.0	6:12	-1.0	6:20	-0.3	5:33	8:07	☀
17	Tue	12:26	9.2	1:02	8.0	7:02	-1.1	7:11	-0.3	5:32	8:08	☀
18	Wed	1:17	9.1	1:54	8.0	7:53	-1.0	8:04	-0.2	5:31	8:09	☀
19	Thu	2:10	8.9	2:50	7.8	8:47	-0.8	9:02	0.1	5:30	8:10	☀
20	Fri	3:07	8.5	3:49	7.6	9:44	-0.5	10:05	0.3	5:29	8:11	☀
21	Sat	4:08	8.0	4:53	7.5	10:45	-0.1	11:14	0.5	5:29	8:12	☀
22	Sun	5:15	7.6	5:59	7.5	11:49	0.1			5:28	8:13	☀
23	Mon	6:23	7.3	7:03	7.5	12:23	0.6	12:51	0.3	5:27	8:14	☀
24	Tue	7:31	7.1	8:03	7.6	1:29	0.5	1:50	0.4	5:26	8:15	☀
25	Wed	8:34	7.0	8:58	7.8	2:29	0.4	2:45	0.5	5:26	8:16	☀
26	Thu	9:29	7.1	9:46	7.9	3:23	0.2	3:35	0.5	5:25	8:16	☀
27	Fri	10:17	7.1	10:28	8.0	4:12	0.0	4:21	0.6	5:25	8:17	☀
28	Sat	11:01	7.1	11:08	8.0	4:57	-0.1	5:04	0.6	5:24	8:18	☀
29	Sun	11:41	7.1	11:45	7.9	5:39	-0.1	5:44	0.7	5:23	8:19	☀
30	Mon			12:19	7.0	6:20	-0.1	6:24	0.8	5:23	8:20	☀
31	Tue	12:21	7.9	12:56	7.0	6:59	0.0	7:02	0.9	5:22	8:20	☀

Stamford, CT - Jun 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:57	7.8	1:32	6.9	7:37	0.2	7:39	1.0	5:22	8:21	
2	Thu	1:34	7.6	2:10	6.8	8:14	0.3	8:18	1.2	5:22	8:22	
3	Fri	2:14	7.4	2:50	6.7	8:53	0.5	8:59	1.4	5:21	8:23	
4	Sat	2:56	7.2	3:33	6.7	9:33	0.7	9:45	1.5	5:21	8:23	
5	Sun	3:41	7.0	4:18	6.7	10:16	0.9	10:36	1.5	5:20	8:24	
6	Mon	4:30	6.8	5:06	6.8	11:02	1.0	11:32	1.4	5:20	8:25	
7	Tue	5:23	6.7	5:56	7.0	11:51	1.1			5:20	8:25	
8	Wed	6:18	6.6	6:48	7.3	12:28	1.2	12:41	1.0	5:20	8:26	
9	Thu	7:15	6.7	7:41	7.7	1:25	0.9	1:33	0.9	5:20	8:26	
10	Fri	8:14	6.9	8:35	8.1	2:21	0.5	2:26	0.7	5:19	8:27	
11	Sat	9:11	7.2	9:29	8.6	3:15	0.0	3:19	0.4	5:19	8:27	
12	Sun	10:06	7.5	10:22	8.9	4:08	-0.4	4:12	0.1	5:19	8:28	
13	Mon	10:59	7.7	11:14	9.2	5:00	-0.8	5:06	-0.1	5:19	8:28	
14	Tue	11:53	8.0			5:53	-1.0	6:01	-0.3	5:19	8:29	
15	Wed	12:08	9.3	12:47	8.1	6:46	-1.1	6:57	-0.3	5:19	8:29	
16	Thu	1:03	9.2	1:42	8.1	7:39	-1.1	7:54	-0.3	5:19	8:30	
17	Fri	1:58	8.9	2:38	8.1	8:33	-0.9	8:53	-0.1	5:19	8:30	
18	Sat	2:56	8.5	3:36	8.0	9:28	-0.6	9:54	0.1	5:19	8:30	
19	Sun	3:55	8.0	4:36	7.9	10:25	-0.3	10:58	0.3	5:20	8:31	
20	Mon	4:58	7.6	5:36	7.8	11:24	0.0			5:20	8:31	
21	Tue	6:01	7.2	6:35	7.7	12:02	0.4	12:22	0.4	5:20	8:31	
22	Wed	7:04	6.9	7:31	7.7	1:04	0.5	1:19	0.6	5:20	8:31	
23	Thu	8:05	6.7	8:25	7.6	2:02	0.5	2:13	0.8	5:21	8:31	
24	Fri	9:01	6.7	9:15	7.6	2:56	0.4	3:04	0.9	5:21	8:32	
25	Sat	9:51	6.7	10:00	7.7	3:46	0.3	3:52	1.0	5:21	8:32	
26	Sun	10:36	6.7	10:41	7.7	4:32	0.3	4:36	1.0	5:22	8:32	
27	Mon	11:17	6.7	11:19	7.7	5:15	0.2	5:18	1.0	5:22	8:32	
28	Tue	11:55	6.8	11:56	7.7	5:56	0.2	5:59	1.0	5:22	8:32	
29	Wed			12:33	6.8	6:36	0.2	6:39	1.0	5:23	8:32	
30	Thu	12:34	7.7	1:10	6.9	7:14	0.2	7:18	1.0	5:23	8:32	

Stamford, CT - Jul 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:12	7.6	1:47	6.9	7:50	0.3	7:56	1.1	5:24	8:32	
2	Sat	1:50	7.5	2:24	7.0	8:26	0.4	8:36	1.1	5:24	8:31	
3	Sun	2:31	7.3	3:04	7.1	9:02	0.5	9:18	1.1	5:25	8:31	
4	Mon	3:14	7.2	3:45	7.1	9:40	0.7	10:05	1.1	5:25	8:31	
5	Tue	4:00	7.0	4:30	7.3	10:21	0.8	10:56	1.1	5:26	8:31	
6	Wed	4:49	6.8	5:18	7.5	11:07	0.9	11:50	0.9	5:27	8:30	
7	Thu	5:43	6.7	6:10	7.7	11:58	0.9			5:27	8:30	
8	Fri	6:39	6.7	7:05	7.9	12:48	0.7	12:52	0.8	5:28	8:30	
9	Sat	7:39	6.8	8:03	8.2	1:47	0.4	1:50	0.7	5:29	8:29	
10	Sun	8:42	7.0	9:03	8.5	2:47	0.1	2:51	0.5	5:29	8:29	
11	Mon	9:43	7.3	10:01	8.8	3:45	-0.3	3:50	0.2	5:30	8:29	
12	Tue	10:41	7.7	10:59	9.1	4:42	-0.6	4:50	-0.1	5:31	8:28	
13	Wed	11:37	8.0	11:55	9.1	5:37	-0.9	5:48	-0.3	5:32	8:28	
14	Thu			12:33	8.2	6:31	-1.1	6:46	-0.4	5:32	8:27	
15	Fri	12:50	9.1	1:28	8.4	7:23	-1.1	7:42	-0.5	5:33	8:26	
16	Sat	1:45	8.8	2:21	8.4	8:15	-1.0	8:38	-0.4	5:34	8:26	
17	Sun	2:40	8.5	3:15	8.3	9:06	-0.7	9:35	-0.2	5:35	8:25	
18	Mon	3:35	8.0	4:09	8.2	9:58	-0.3	10:34	0.1	5:36	8:24	
19	Tue	4:32	7.5	5:04	7.9	10:52	0.1	11:33	0.4	5:36	8:24	
20	Wed	5:30	7.1	5:58	7.7	11:48	0.5			5:37	8:23	
21	Thu	6:29	6.7	6:53	7.5	12:32	0.6	12:43	0.9	5:38	8:22	
22	Fri	7:29	6.4	7:48	7.3	1:29	0.7	1:38	1.1	5:39	8:21	
23	Sat	8:28	6.3	8:42	7.3	2:25	0.8	2:32	1.3	5:40	8:21	
24	Sun	9:21	6.3	9:31	7.3	3:17	0.7	3:23	1.3	5:41	8:20	
25	Mon	10:09	6.4	10:15	7.4	4:05	0.6	4:10	1.2	5:42	8:19	
26	Tue	10:52	6.6	10:56	7.5	4:50	0.5	4:54	1.1	5:43	8:18	
27	Wed	11:31	6.8	11:35	7.6	5:32	0.4	5:36	1.0	5:44	8:17	
28	Thu			12:08	6.9	6:11	0.3	6:17	0.9	5:45	8:16	
29	Fri	12:12	7.7	12:44	7.1	6:48	0.2	6:56	0.8	5:45	8:15	
30	Sat	12:49	7.7	1:19	7.3	7:23	0.2	7:34	0.8	5:46	8:14	
31	Sun	1:27	7.6	1:55	7.4	7:56	0.3	8:12	0.7	5:47	8:13	

Stamford, CT - Aug 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:06	7.5	2:32	7.6	8:30	0.4	8:52	0.7	5:48	8:12	
2	Tue	2:47	7.4	3:13	7.7	9:06	0.5	9:35	0.7	5:49	8:11	
3	Wed	3:32	7.2	3:57	7.7	9:46	0.6	10:23	0.7	5:50	8:09	
4	Thu	4:20	7.0	4:45	7.8	10:32	0.8	11:18	0.7	5:51	8:08	
5	Fri	5:13	6.8	5:38	7.9	11:24	0.9			5:52	8:07	
6	Sat	6:10	6.7	6:36	8.0	12:17	0.6	12:22	0.9	5:53	8:06	
7	Sun	7:13	6.8	7:39	8.1	1:21	0.5	1:26	0.8	5:54	8:05	
8	Mon	8:21	6.9	8:45	8.3	2:26	0.2	2:33	0.6	5:55	8:03	
9	Tue	9:27	7.3	9:49	8.6	3:29	-0.1	3:39	0.3	5:56	8:02	
10	Wed	10:28	7.7	10:48	8.8	4:27	-0.4	4:40	-0.1	5:57	8:01	
11	Thu	11:24	8.1	11:44	8.9	5:21	-0.7	5:38	-0.4	5:58	8:00	
12	Fri			12:18	8.4	6:14	-0.9	6:34	-0.6	5:59	7:58	
13	Sat	12:37	8.9	1:09	8.6	7:04	-1.0	7:27	-0.6	6:00	7:57	
14	Sun	1:29	8.7	1:58	8.7	7:52	-0.8	8:18	-0.5	6:01	7:55	
15	Mon	2:19	8.4	2:46	8.5	8:39	-0.5	9:10	-0.3	6:02	7:54	
16	Tue	3:09	7.9	3:35	8.2	9:27	-0.1	10:02	0.0	6:03	7:53	
17	Wed	4:00	7.4	4:24	7.9	10:16	0.4	10:57	0.4	6:04	7:51	
18	Thu	4:53	6.9	5:15	7.5	11:09	0.9	11:54	0.8	6:05	7:50	
19	Fri	5:49	6.5	6:09	7.2			12:04	1.2	6:06	7:48	
20	Sat	6:48	6.2	7:06	7.0	12:52	1.0	1:01	1.5	6:07	7:47	
21	Sun	7:49	6.1	8:05	7.0	1:50	1.1	1:58	1.6	6:08	7:45	
22	Mon	8:48	6.2	9:00	7.0	2:45	1.1	2:53	1.5	6:09	7:44	
23	Tue	9:39	6.3	9:49	7.2	3:36	1.0	3:44	1.4	6:10	7:42	
24	Wed	10:23	6.6	10:31	7.4	4:21	0.8	4:29	1.2	6:11	7:41	
25	Thu	11:02	6.9	11:10	7.6	5:02	0.6	5:12	0.9	6:12	7:39	
26	Fri	11:38	7.2	11:48	7.7	5:41	0.4	5:52	0.7	6:13	7:38	
27	Sat			12:13	7.5	6:16	0.2	6:31	0.5	6:14	7:36	
28	Sun	12:25	7.8	12:47	7.8	6:50	0.2	7:08	0.3	6:15	7:34	
29	Mon	1:03	7.8	1:23	8.0	7:24	0.2	7:46	0.2	6:16	7:33	
30	Tue	1:42	7.7	2:01	8.1	7:58	0.2	8:25	0.2	6:17	7:31	
31	Wed	2:23	7.6	2:42	8.2	8:35	0.4	9:08	0.2	6:18	7:30	

Stamford, CT - Sep 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:07	7.4	3:27	8.1	9:16	0.5	9:56	0.4	6:19	7:28	
2	Fri	3:55	7.1	4:18	8.0	10:04	0.7	10:52	0.5	6:20	7:26	
3	Sat	4:50	6.9	5:14	7.9	11:00	0.9	11:55	0.6	6:21	7:25	
4	Sun	5:50	6.8	6:16	7.8			12:04	1.0	6:22	7:23	
5	Mon	6:58	6.8	7:25	7.9	1:04	0.6	1:15	0.9	6:23	7:21	
6	Tue	8:10	7.0	8:36	8.0	2:12	0.4	2:28	0.7	6:24	7:20	
7	Wed	9:18	7.4	9:42	8.3	3:16	0.1	3:34	0.3	6:25	7:18	
8	Thu	10:17	7.9	10:39	8.5	4:12	-0.2	4:33	-0.1	6:26	7:16	
9	Fri	11:10	8.3	11:32	8.6	5:04	-0.5	5:27	-0.5	6:27	7:15	
10	Sat	11:59	8.7			5:54	-0.7	6:19	-0.7	6:28	7:13	
11	Sun	12:22	8.6	12:45	8.8	6:41	-0.7	7:08	-0.7	6:29	7:11	
12	Mon	1:09	8.4	1:30	8.7	7:26	-0.5	7:54	-0.6	6:30	7:10	
13	Tue	1:55	8.1	2:13	8.5	8:09	-0.2	8:40	-0.3	6:31	7:08	
14	Wed	2:40	7.7	2:56	8.2	8:53	0.2	9:27	0.1	6:32	7:06	
15	Thu	3:25	7.3	3:41	7.7	9:38	0.7	10:17	0.5	6:33	7:05	
16	Fri	4:13	6.8	4:29	7.3	10:27	1.2	11:12	0.9	6:34	7:03	
17	Sat	5:05	6.4	5:21	7.0	11:21	1.5			6:35	7:01	
18	Sun	6:03	6.1	6:19	6.8	12:10	1.2	12:21	1.8	6:36	6:59	
19	Mon	7:06	6.0	7:22	6.7	1:10	1.4	1:23	1.8	6:37	6:58	
20	Tue	8:09	6.1	8:23	6.8	2:08	1.3	2:22	1.7	6:38	6:56	
21	Wed	9:03	6.4	9:16	7.0	3:00	1.2	3:15	1.4	6:39	6:54	
22	Thu	9:48	6.8	10:01	7.2	3:46	0.9	4:01	1.1	6:40	6:53	
23	Fri	10:26	7.2	10:41	7.5	4:26	0.7	4:43	0.7	6:41	6:51	
24	Sat	11:02	7.6	11:19	7.7	5:04	0.4	5:23	0.4	6:42	6:49	
25	Sun	11:37	8.0	11:57	7.8	5:39	0.3	6:02	0.0	6:43	6:47	
26	Mon			12:13	8.3	6:15	0.1	6:40	-0.2	6:44	6:46	
27	Tue	12:36	7.9	12:51	8.5	6:51	0.1	7:20	-0.3	6:45	6:44	
28	Wed	1:17	7.9	1:32	8.6	7:28	0.1	8:01	-0.3	6:46	6:42	
29	Thu	2:00	7.7	2:16	8.5	8:09	0.2	8:46	-0.2	6:47	6:41	
30	Fri	2:46	7.5	3:04	8.4	8:54	0.4	9:36	0.1	6:48	6:39	

Stamford, CT - Oct 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:37	7.2	3:57	8.1	9:45	0.7	10:35	0.3	6:49	6:37	
2	Sun	4:34	7.0	4:57	7.8	10:47	0.9	11:41	0.5	6:50	6:36	
3	Mon	5:39	6.9	6:05	7.6	11:58	1.0			6:51	6:34	
4	Tue	6:51	6.9	7:18	7.6	12:51	0.6	1:14	0.9	6:52	6:32	
5	Wed	8:04	7.2	8:31	7.7	1:59	0.4	2:25	0.6	6:53	6:31	
6	Thu	9:08	7.6	9:34	7.9	3:00	0.2	3:28	0.2	6:54	6:29	
7	Fri	10:03	8.1	10:28	8.1	3:55	-0.1	4:23	-0.2	6:55	6:27	
8	Sat	10:52	8.5	11:18	8.2	4:45	-0.3	5:13	-0.5	6:57	6:26	
9	Sun	11:37	8.7			5:31	-0.4	6:01	-0.7	6:58	6:24	
10	Mon	12:04	8.2	12:19	8.7	6:16	-0.3	6:46	-0.7	6:59	6:23	
11	Tue	12:47	8.0	1:00	8.6	6:58	-0.1	7:29	-0.6	7:00	6:21	
12	Wed	1:29	7.8	1:40	8.3	7:39	0.2	8:11	-0.3	7:01	6:19	
13	Thu	2:10	7.4	2:19	8.0	8:20	0.5	8:54	0.1	7:02	6:18	
14	Fri	2:52	7.1	3:01	7.6	9:02	0.9	9:39	0.6	7:03	6:16	
15	Sat	3:35	6.7	3:46	7.2	9:47	1.3	10:30	1.0	7:04	6:15	
16	Sun	4:24	6.4	4:36	6.8	10:40	1.6	11:26	1.2	7:05	6:13	
17	Mon	5:19	6.1	5:33	6.6	11:40	1.8			7:06	6:12	
18	Tue	6:19	6.1	6:34	6.5	12:25	1.4	12:44	1.8	7:07	6:10	
19	Wed	7:20	6.2	7:36	6.5	1:22	1.4	1:45	1.7	7:08	6:09	
20	Thu	8:15	6.5	8:33	6.7	2:15	1.2	2:39	1.3	7:10	6:07	
21	Fri	9:02	6.9	9:23	7.0	3:01	1.0	3:27	0.9	7:11	6:06	
22	Sat	9:43	7.4	10:06	7.3	3:43	0.7	4:10	0.4	7:12	6:04	
23	Sun	10:22	7.9	10:47	7.5	4:22	0.5	4:51	0.0	7:13	6:03	
24	Mon	11:01	8.3	11:28	7.7	5:00	0.2	5:31	-0.4	7:14	6:02	
25	Tue	11:41	8.6			5:39	0.1	6:13	-0.6	7:15	6:00	
26	Wed	12:10	7.8	12:23	8.8	6:20	0.0	6:56	-0.8	7:16	5:59	
27	Thu	12:54	7.9	1:08	8.9	7:03	-0.1	7:41	-0.7	7:18	5:58	
28	Fri	1:41	7.8	1:55	8.7	7:48	0.0	8:29	-0.6	7:19	5:56	
29	Sat	2:30	7.6	2:47	8.4	8:38	0.2	9:22	-0.3	7:20	5:55	
30	Sun	3:24	7.4	3:43	8.1	9:35	0.5	10:22	0.0	7:21	5:54	
31	Mon	4:25	7.2	4:47	7.7	10:42	0.7	11:29	0.3	7:22	5:52	

Stamford, CT - Nov 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:33	7.1	5:57	7.4	11:56	0.8			7:23	5:51	
2	Wed	6:43	7.2	7:11	7.3	12:37	0.4	1:10	0.7	7:25	5:50	
3	Thu	7:51	7.4	8:20	7.3	1:41	0.3	2:16	0.4	7:26	5:49	
4	Fri	8:52	7.8	9:21	7.4	2:40	0.2	3:15	0.0	7:27	5:48	
5	Sat	9:44	8.1	10:13	7.5	3:34	0.1	4:08	-0.3	7:28	5:46	
6	Sun	9:30	8.3	10:01	7.6	3:22	0.0	3:56	-0.5	6:29	4:45	
7	Mon	10:13	8.4	10:44	7.6	4:07	0.0	4:41	-0.6	6:31	4:44	
8	Tue	10:53	8.4	11:25	7.5	4:51	0.1	5:24	-0.6	6:32	4:43	
9	Wed	11:32	8.2			5:32	0.2	6:05	-0.5	6:33	4:42	
10	Thu	12:05	7.3	12:09	8.0	6:12	0.4	6:45	-0.2	6:34	4:41	
11	Fri	12:43	7.1	12:48	7.7	6:51	0.7	7:25	0.1	6:35	4:40	
12	Sat	1:22	6.8	1:27	7.4	7:31	1.0	8:07	0.4	6:36	4:39	
13	Sun	2:04	6.6	2:10	7.1	8:14	1.3	8:52	0.7	6:38	4:38	
14	Mon	2:49	6.4	2:58	6.7	9:03	1.5	9:42	1.0	6:39	4:37	
15	Tue	3:39	6.2	3:50	6.5	9:59	1.6	10:35	1.2	6:40	4:37	
16	Wed	4:32	6.2	4:46	6.3	11:00	1.6	11:28	1.2	6:41	4:36	
17	Thu	5:26	6.4	5:44	6.3			12:00	1.5	6:42	4:35	
18	Fri	6:19	6.7	6:42	6.4	12:19	1.1	12:55	1.1	6:44	4:34	
19	Sat	7:09	7.1	7:37	6.6	1:07	1.0	1:46	0.7	6:45	4:34	
20	Sun	7:57	7.5	8:27	6.9	1:53	0.7	2:33	0.2	6:46	4:33	
21	Mon	8:42	8.0	9:14	7.2	2:38	0.5	3:18	-0.3	6:47	4:32	
22	Tue	9:27	8.4	10:00	7.5	3:22	0.2	4:03	-0.7	6:48	4:32	
23	Wed	10:12	8.8	10:47	7.7	4:07	-0.1	4:48	-1.0	6:49	4:31	
24	Thu	10:59	8.9	11:35	7.8	4:54	-0.2	5:36	-1.1	6:50	4:30	
25	Fri	11:49	8.9			5:43	-0.3	6:25	-1.1	6:51	4:30	
26	Sat	12:25	7.8	12:40	8.8	6:34	-0.3	7:16	-1.0	6:53	4:29	
27	Sun	1:18	7.7	1:34	8.4	7:29	-0.1	8:10	-0.7	6:54	4:29	
28	Mon	2:15	7.5	2:33	8.0	8:29	0.1	9:09	-0.4	6:55	4:29	
29	Tue	3:16	7.4	3:37	7.5	9:36	0.3	10:12	-0.1	6:56	4:28	
30	Wed	4:21	7.4	4:45	7.2	10:47	0.4	11:15	0.1	6:57	4:28	

Stamford, CT - Dec 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:27	7.4	5:55	6.9	11:55	0.3			6:58	4:28	
2	Fri	6:29	7.5	7:01	6.9	12:17	0.2	12:59	0.1	6:59	4:27	
3	Sat	7:28	7.7	8:02	6.9	1:15	0.2	1:57	-0.1	7:00	4:27	
4	Sun	8:21	7.8	8:54	6.9	2:09	0.2	2:49	-0.3	7:01	4:27	
5	Mon	9:07	7.9	9:41	7.0	2:58	0.3	3:36	-0.4	7:02	4:27	
6	Tue	9:50	7.9	10:24	7.0	3:44	0.3	4:21	-0.5	7:03	4:27	
7	Wed	10:30	7.9	11:05	6.9	4:27	0.3	5:03	-0.4	7:04	4:27	
8	Thu	11:08	7.8	11:43	6.8	5:08	0.4	5:44	-0.4	7:05	4:27	
9	Fri	11:45	7.6			5:48	0.5	6:23	-0.2	7:05	4:27	
10	Sat	12:21	6.7	12:22	7.5	6:27	0.7	7:01	0.0	7:06	4:27	
11	Sun	12:58	6.6	1:01	7.2	7:06	0.8	7:39	0.2	7:07	4:27	
12	Mon	1:37	6.5	1:42	7.0	7:47	1.0	8:19	0.4	7:08	4:27	
13	Tue	2:18	6.5	2:25	6.7	8:32	1.1	9:00	0.6	7:09	4:27	
14	Wed	3:02	6.4	3:12	6.5	9:21	1.2	9:44	0.8	7:09	4:27	
15	Thu	3:48	6.5	4:03	6.3	10:15	1.2	10:31	0.9	7:10	4:28	
16	Fri	4:37	6.6	4:57	6.2	11:11	1.1	11:20	0.9	7:11	4:28	
17	Sat	5:27	6.8	5:53	6.2			12:06	0.8	7:11	4:28	
18	Sun	6:19	7.2	6:50	6.3	12:11	0.8	1:01	0.5	7:12	4:29	
19	Mon	7:12	7.5	7:48	6.6	1:03	0.7	1:55	0.0	7:13	4:29	
20	Tue	8:05	7.9	8:42	6.9	1:56	0.4	2:46	-0.4	7:13	4:30	
21	Wed	8:57	8.3	9:35	7.2	2:48	0.1	3:37	-0.8	7:14	4:30	
22	Thu	9:49	8.7	10:26	7.5	3:41	-0.2	4:28	-1.1	7:14	4:31	
23	Fri	10:41	8.8	11:19	7.7	4:34	-0.4	5:19	-1.3	7:15	4:31	
24	Sat	11:34	8.9			5:29	-0.6	6:11	-1.4	7:15	4:32	
25	Sun	12:12	7.8	12:29	8.7	6:24	-0.7	7:03	-1.3	7:15	4:32	
26	Mon	1:07	7.9	1:24	8.4	7:21	-0.6	7:55	-1.1	7:16	4:33	
27	Tue	2:02	7.9	2:21	7.9	8:20	-0.4	8:50	-0.8	7:16	4:34	
28	Wed	3:00	7.8	3:22	7.5	9:23	-0.2	9:48	-0.5	7:16	4:34	
29	Thu	4:00	7.7	4:25	7.0	10:28	-0.1	10:48	-0.1	7:17	4:35	
30	Fri	5:00	7.5	5:30	6.7	11:32	0.0	11:47	0.2	7:17	4:36	
31	Sat	6:00	7.4	6:35	6.4			12:33	0.0	7:17	4:37	