

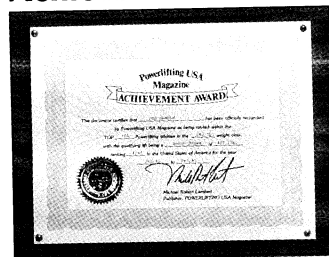
POWERLIFTING USA MAGAZINE

114 lb./56 kg.

TOP 100

for USA lifters competing
September 1990 to August 1991

PL USA TOP 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievements is \$5. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$18.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$5 per certificate or \$18.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. CA residents add 6% sales tax.

NEXT MONTH...TOP 123s

Corrections: on the results of the USPF National Masters, Jan Lentz should have been listed in the 82.5 kg class, women's 33-39 age group, and should have been designated as Best Lifter in the female bench press. Her lifts in the Tarheel Strength Classic should be credited to the 181 lb. class. Keith Harris should have been credited with a 705 lb. deadlift and a 1745 total on the TOP 100 275 lb. listing. Eddie Akins bench press of 455 lbs. should have been reflected on the TOP 100 list for the 220 lb. class, and Grant Pitts' 585 lb. bench press as a SHW was not credited on the results of the King's Power Classic or on the TOP 100 list. Also left off the results of that meet were 220 pounders Cliff Tyler (450) and Len Adams (475). Ann Leverett's total at the USPF Seniors should be listed as 749, as her record bench press was actually 80.1 kgs. Dave Koorajian's total of 1884 at 242 and his 2006 total at 275 were not credited on the TOP 100 rankings. R. Nolan's (132 lb. class) deadlift at the ADFPA Deadlift Nationals was actually 286, rather than 386. Myles Wetzel's lifts of 680 squat, 660 deadlift, and 1750 total were not reflected on the TOP 100 list for the 275 lb. class. J. James 605 Deadlift should have been on the TOP 100 SHW list. Bob Schumann's name was misspelled, and he was not indicated as a Master lifter, nor was his lift indicated as a APA-WBPC World Masters record in the Malibu Classic results. Bill Barhnart's name was misspelled on the TOP 100 SHW list.

SQUAT

- 1 485 Dunbar, C...3/23/91
- 2 450 Garcia, H...9/22/90
- 3 430 Bourque, K...4/6/91
- 4 425 Kimberlin, B...9/29/90
- 5 424 Hile, P...9/1/90
- 6 418 Moran, A...4/20/91
- 7 418 Nguyen, D...6/22/91
- 8 385 Miller, B...10/20/90
- 9 385 Jeffrey, M...7/26/91
- 10 363 Vera, J...9/1/90
- 11 363 McCulley, A...9/1/90
- 12 358 Graffam, C...3/16/91
- 13 345 Bozzelli, B...11/10/90
- 14 343 Kennedy, D...5/31/91
- 15 341 Schlegel, B...11/3/90
- 16 335 Connolly, S...11/10/90
- 17 335 Tran, V...3/9/91
- 18 330 York, G...4/13/91
- 19 330 Wright, C...4/20/91
- 20 330 Leonard, A...5/4/91
- 21 320 Flaherty, R...5/19/91
- 22 325 Simmons, D...10/29/90
- 23 325 Park, D...11/10/90
- 24 325 Vasquez, L...2/9/91
- 25 325 Fisher, L...7/6/91
- 26 320 Reudeaux, E...2/16/91
- 27 320 Beninato, S...3/2/91
- 28 320 Price, M...4/27/91
- 29 319 Green, A...4/20/91
- 30 315 Ito, K...11/10/90
- 31 315 LeFave, D...12/8/90
- 32 315 Sandoval, J...2/16/91
- 33 315 Hussy, J...3/9/91
- 34 310 Chaffin, J...12/1/90
- 35 308 Gutierrez, S...9/23/90
- 36 308 Kennedy, S...2/28/91
- 37 305 Vasquez, D...2/16/91
- 38 305 Rahman, E...2/9/91
- 39 305 Breaux, B...2/16/91
- 40 305 Thomas, Q...4/27/91
- 41 305 Pentasuglio, M...4/27/91
- 42 303 Bates, H...2/9/91
- 43 303 Walker, D...3/16/91
- 44 303 Toldson, B...3/23/91
- 45 303 Chang, Y...4/6/91
- 46 300 Mathieu, G...3/30/91
- 47 300 Sell, T...5/18/91
- 48 300 Porter, L...6/29/91
- 49 297 Galant, A...5/18/91
- 50 292 Thompson, R...9/1/90
- 51 292 Moore, K...4/6/91
- 52 292 Hadnot, M...4/20/91
- 53 292 Bierra, G...7/26/91
- 54 290 White, D...3/9/91
- 55 290 Aragon, J...5/18/91
- 56 286 Sinclair, C...5/25/91
- 57 286 Henry, K...6/23/91
- 58 285 Scrip, Z...11/4/90
- 59 285 Brant, M...12/1/90
- 60 285 Hughlett, M...12/1/90
- 61 285 Maddock, M...4/13/91
- 62 285 Do, C...4/13/91
- 63 285 Manganiello, F...4/27/91
- 64 281 Rhodes, B...11/17/90
- 65 281 Horseman, J...4/7/91
- 66 281 Vukovich, J...4/13/91
- 67 281 Dininger, A...4/20/91
- 68 281 Clark, J...3/23/91
- 69 281 Rojas, J...8/17/91
- 70 280 Tucker, T...10/20/90
- 71 280 Quinones, M...2/16/91
- 72 280 Bracero, J...2/16/91
- 73 280 Watson, M...5/11/91
- 74 280 Chrisco, J...6/2/91
- 75 275 Lajoy, D...11/3/90
- 76 275 Yoders, M...12/1/90
- 77 275 Truonon, S...1/20/91
- 78 275 Bewley, A...3/23/91
- 79 275 Provenzano, F...6/29/91
- 80 270 Wilson, M...12/1/90
- 81 270 Vasquez, J...2/9/91
- 82 270 Green, R...4/6/91
- 83 270 Rice, C...5/25/91
- 84 265 Tapp, R...12/1/90
- 85 265 Lange, P...12/1/90
- 86 265 Shaffer, J...4/27/91
- 87 265 Gedney, J...10/20/90
- 88 264 Brown, G...3/1/91
- 89 260 Beugen, T...2/16/91
- 90 260 Ferrero, L...3/9/91
- 91 260 Anderson, K...5/18/91
- 92 259 Ulch, E...10/20/90
- 93 259 Raso, S...4/6/91
- 94 259 Hellingner, A...4/20/91
- 95 259 Heldman, A...5/31/91
- 96 255 Alvarado, A...2/16/91
- 97 253 Staufenberger, L...11/3/90
- 98 253 Dieck, B...3/23/91
- 99 253 Harvey, C...7/13/91
- 100 250 Witmer, S...11/10/90

BENCH

- 1 316 Ikei, C...4/7/91
- 2 315 Grabowski, J...2/10/91
- 3 305 McDonald, D...11/17/90
- 300 Cruz, A...9/9/90
- 285 Dunbar, C...3/23/91
- 281 Wright, C...4/20/91
- 275 Miller, B...10/20/90
- 270 Honeycutt, B...3/9/91
- 260 Kimberlin, B...3/30/91
- 260 Titus, D...4/20/91
- 260 Stutsman, J...4/27/91
- 259 Hile, P...11/14/90
- 253 McCulley, A...9/1/90
- 253 Mellen, R...2/10/91
- 250 Connolly, S...11/10/90
- 248 Nguyen, D...6/22/91
- 245 Ito, K...11/10/90
- 242 Garcia, M...4/20/91
- 240 Sargent, H...9/22/90
- 237 Bozzelli, B...2/9/91
- 235 Tran, V...8/3/91
- 231 Kline, B...9/1/90
- 231 Jeffrey, M...7/20/91
- 230 Celli, R...10/6/90
- 230 Tapp, R...12/1/90
- 230 Hunt, C...4/13/91
- 230 Washington, H...4/14/91
- 225 Nguyen, P...10/6/90
- 225 Gonzales, M...12/15/90
- 225 Bourque, K...4/6/91
- 220 Vera, J...9/1/90
- 220 Vasquez, L...2/9/91
- 220 Vukovich, J...4/13/91
- 220 Moran, A...4/20/91
- 215 Hahn, J...5/18/91
- 214 Kennedy, S...2/28/91
- 214 Galant, A...5/18/91
- 210 Manuli, J...9/9/90
- 209 Michaels, M...10/20/90
- 209 Prince, D...11/3/90
- 209 Weindel, M...1/19/91
- 205 Tomlinson, P...11/11/90
- 205 Leonard, A...6/7/91
- 203 Kennedy, D...4/13/91
- 200 Rivera, E...10/27/90
- 200 Chrisco, J...6/2/91
- 198 Bates, H...2/9/91
- 198 Sutton, B...7/13/91
- 195 Wolfly, M...10/27/90
- 195 Reed, R...3/2/91
- 195 Moreno, I...4/27/91
- 195 Watson, M...5/11/91
- 195 Aragon, J...5/18/91
- 190 Reudeaux, E...2/16/91
- 190 Vasquez, D...2/16/91
- 190 Beugen, T...2/16/91
- 190 Price, M...4/27/91
- 190 Thomas, Q...4/27/91
- 190 Burgammy, L...5/18/91
- 187 Ulch, E...10/20/90
- 187 Graffam, C...3/16/91
- 187 Walker, D...3/16/91
- 187 Bracero, J...3/23/91
- 187 Bierra, G...7/26/91
- 187 Rojas, J...8/17/91
- 185 Alvin, J...10/13/90
- 185 Rahman, E...2/9/91
- 185 Sandifer, T...3/23/91
- 185 Do, C...4/13/91
- 180 Thompson, R...9/1/90
- 181 Simmons, D...10/29/90
- 181 Horseman, J...4/7/91
- 181 Hadnot, M...4/20/91
- 180 Moore, K...2/2/91
- 180 Flaherty, R...3/23/91
- 180 Medeiros, M...3/23/91
- 180 Green, R...4/6/91
- 180 Markley, R...6/1/91
- 180 Provenzano, F...6/29/91
- 176 Schlegel, B...11/3/90
- 176 Duguay, J...1/19/91
- 176 Davis, G...4/6/91
- 176 Denton, M...5/11/91
- 176 Fisher, L...7/6/91
- 175 Chang, Y...10/27/90
- 175 Sandoval, J...2/16/91
- 175 Breaux, B...2/16/91
- 175 Quinones, M...2/16/91
- 175 Velasquez, J...4/20/91
- 175 Pentasuglio, M...4/27/91
- 175 Rohaly, M...5/11/91
- 170 Benitz, B...9/22/90
- 170 Brezenski, C...9/22/90
- 170 Henry, K...12/1/90
- 170 Chaffin, J...12/1/90
- 170 Keeter, J...12/15/90
- 170 Gomez, J...3/2/91
- 170 Ferrero, L...3/9/91
- 170 Toldson, B...3/23/91
- 170 Maddock, M...4/6/91

DEADLIFT

- 473 Hile, P...11/14/90
- 468 Thompson, R...9/1/90
- 440 Garcia, H...9/22/90
- 440 Nguyen, D...6/22/91
- 435 Vera, J...9/1/90
- 435 Bourque, K...4/6/91
- 418 Moran, A...4/20/91
- 410 Kimberlin, B...3/30/91
- 400 Mullaahp, C...9/9/90
- 400 Connolly, S...11/10/90
- 400 Leonard, A...4/13/91
- 400 Tran, V...8/3/91
- 396 Graffam, C...3/16/91
- 396 Jeffrey, M...7/26/91
- 392 Harvey, C...8/17/91
- 385 Bozzelli, B...11/10/90
- 380 Schlegel, B...11/3/90
- 380 Fisher, L...7/6/91
- 375 Dunbar, C...3/23/91
- 374 Bracero, J...3/23/91
- 370 Miller, B...10/20/90
- 369 Walker, D...11/17/90
- 369 Rice, C...4/13/91
- 369 Galant, A...5/18/91
- 365 Lange, P...6/16/91
- 363 Bates, H...2/9/91
- 363 Vukovich, J...4/13/91
- 363 Green, A...4/20/91
- 360 Kennedy, D...9/1/90
- 358 Rhodes, B...11/17/90
- 352 Simmons, D...10/12/90
- 352 Henry, K...12/1/90
- 350 Chang, Y...10/27/90
- 350 Vasquez, L...2/9/91
- 350 Sandoval, J...2/16/91
- 350 Flaherty, R...3/23/91
- 350 Provenzano, F...6/29/91
- 347 Morales, R...4/27/91
- 345 Capitillo, C...3/2/91
- 341 White, D...8/17/91
- 340 Brant, M...12/1/90
- 340 Reudeaux, E...2/16/91
- 340 Martinez, M...4/13/91
- 336 Brown, G...3/1/91
- 335 Mathieu, G...3/30/91
- 330 Breaux, B...2/16/91
- 330 Toldson, B...3/23/91
- 330 York, G...4/13/91
- 330 Porter, L...6/29/91
- 325 McCulley, A...9/1/90
- 325 Gutierrez, S...9/23/90
- 325 Witmer, S...11/10/90
- 325 Hughlett, M...12/1/90
- 325 Moore, K...2/2/91
- 325 Rahman, E...2/9/91
- 325 Hussy, J...3/9/91
- 325 Ferrero, L...3/9/91
- 325 Green, R...4/6/91
- 325 Maddock, M...4/13/91
- 325 Price, M...4/27/91
- 320 Scrip, Z...11/4/90
- 320 Gomez, J...3/2/91
- 320 Shaffer, J...4/27/91
- 320 Aragon, J...5/18/91
- 320 Chrisco, J...6/2/91
- 319 Hart, D...10/20/90
- 319 Kennedy, S...2/28/91
- 319 Horseman, J...4/7/91
- 319 Bierra, G...7/26/91
- 315 Yoders, M...12/1/90
- 315 Waldriff, C...1/20/91
- 315 Vasquez, L...2/9/91
- 315 Quinones, M...2/16/91
- 315 Sell, T...5/18/91
- 314 Staufenberger, L...2/28/91
- 314 Bewley, A...3/23/91
- 314 Dininger, A...4/20/91
- 314 Thomas, Q...5/25/91
- 314 Fowler, S...5/25/91
- 310 Hegge, E...2/2/91
- 310 Alvarado, A...2/16/91
- 310 Watson, M...5/11/91
- 308 Gedney, J...10/20/90
- 308 Dieck, B...3/23/91
- 308 Fugitt, A...4/20/91
- 305 Allen, W...12/1/90
- 305 Vasquez, D...2/16/91
- 305 Franco, J...3/2/91
- 303 Sanchez, M...5/11/91
- 303 Sinclair, C...5/25/91
- 303 Wright, C...7/6/91
- 303 Rojas, J...8/17/91
- 300 Tapp, R...12/1/90
- 300 Chaffin, J...12/1/90
- 300 LeFave, D...12/8/90
- 300 Beugen, T...2/16/91
- 300 Beninato, S...3/2/91
- 300 Pentasuglio, M...4/27/91
- 300 Manganiello, F...4/27/91
- 300 Banevour, D...7/27/91

TOTAL

- 1151 Hile, P...11/14/90
- 1145 Dunbar, C...3/23/91
- 1120 Garcia, H...9/22/90
- 1107 Nguyen, D...6/22/91
- 1090 Bourque, K...4/6/91
- 1070 Kimberlin, B...3/30/91
- 1058 Moran, A...4/20/91
- 1030 Miller, B...10/20/90
- 1019 Vera, J...9/1/90
- 997 Jeffrey, M...7/26/91
- 985 Connolly, S...11/10/90
- 960 Bozzelli, B...11/10/90
- 942 McCulley, A...9/1/90
- 942 Thompson, R...9/1/90
- 942 Graffam, C...3/16/91
- 930 Tran, V...3/9/91
- 915 Leonard, A...5/4/91
- 909 Wright, C...4/20/91
- 898 Schlegel, B...11/3/90
- 895 Vasquez, L...2/9/91
- 881 Kennedy, D...4/13/91
- 881 Galant, A...5/18/91
- 881 Fisher, L...7/6/91
- 865 Bates, H...2/9/91
- 865 Vukovich, J...4/13/91
- 859 Simmons, D...10/12/90
- 859 Walker, D...3/16/91
- 854 Flaherty, R...5/19/91
- 850 Reudeaux, E...2/16/91
- 845 Ito, K...11/10/90
- 840 Sandoval, J...2/16/91
- 837 Racero, J...3/23/91
- 837 Green, A...4/20/91
- 835 Price, M...4/27/91
- 825 Chang, Y...10/27/90
- 820 Kennedy, S...2/28/91
- 815 Rahman, E...2/9/91
- 810 Breaux, B...2/16/91
- 810 Henry, K...2/28/91
- 805 Aragon, J...5/18/91
- 805 Provenzano, F...6/29/91
- 804 Toldson, B...3/23/91
- 804 York, G...4/13/91
- 800 Vasquez, D...2/16/91
- 800 Thomas, Q...4/27/91
- 800 Chrisco, J...6/2/91
- 799 Gutierrez, S...9/23/90
- 795 Tapp, R...12/1/90
- 795 Hussy, J...3/9/91
- 790 Mathieu, G...3/30/91
- 790 Moore, K...2/2/91
- 790 Pentasuglio, M...4/27/91
- 790 Porter, L...6/29/91
- 788 Bierra, G...7/26/91
- 785 Beninato, S...3/2/91
- 785 Watson, M...5/11/91
- 782 Horseman, J...4/7/91
- 780 Chaffin, J...12/1/90
- 780 Maddock, M...4/13/91
- 780 Sell, T...5/18/91
- 775 Green, R...4/6/91
- 771 Rhodes, B...11/17/90
- 771 Rice, C...5/25/91
- 771 Rojas, J...8/17/91
- 770 Quinones, M...2/16/91
- 766 Brown, G...3/1/91
- 766 Hadnot, M...4/20/91
- 766 Scrip, Z...11/4/90
- 765 LeFave, D...12/8/90
- 765 Do, C...4/13/91
- 760 Brant, M...12/1/90
- 755 Yoders, M...12/1/90
- 755 Ferrero, L...3/9/91
- 755 Sinclair, C...5/25/91
- 750 Beugen, T...2/16/91
- 750 Hunt, C...4/13/91
- 745 Vasquez, J...2/9/91
- 744 Dininger, A...4/20/91
- 740 Hughlett, M...12/1/90
- 740 Lange, P...12/1/90
- 735 Tucker, T...10/20/90
- 733 Harvey, C...7/13/91
- 730 Witmer, S...11/10/90
- 730 Gomez, J...3/2/91
- 730 White, D...3/9/91
- 730 Manganiello, F...4/27/91
- 727 Gedney, J...10/20/90
- 727 Clark, J...5/25/91
- 725 Alvarado, A...2/16/91
- 716 Raso, S...4/6/91
- 716 Fugitt, A...4/20/91
- 710 Staufenberger, L...2/28/91
- 710 Sandifer, T...3/23/91
- 710 Heldman, A...5/31/91
- 705 Bewley, A...3/23/91
- 705 Shaffer, J...4/27/91
- 700 Allen, W...3/9/91
- 699 Hart, D...10/20/90
- 694 Morales, R...4/27/91
- 688 Canter, S...12/1/90