

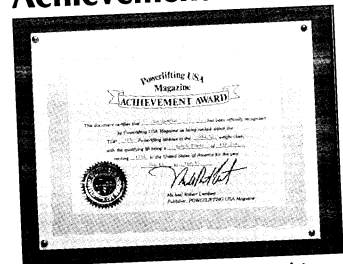
POWERLIFTING USA MAGAZINE

TOP 100

220 lb./100 kg.

for USA lifters competing
May 1990 to April 1991

PL USA TOP 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievements is \$5. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$18.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$5 per certificate or \$18.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. CA residents add 6% sales tax.

NEXT MONTH...TOP 242s

Corrections: Amy Gray should have received credit for lifts of 405 225 435 in the 148 lb. class. Scott Hoyt's deadlift of 600 should have made the TOP 100 list for the 181 lb. class. Dan Wagman's lifts of 615 470 710 1795 at 181 were not reflected on the TOP 100 181 lb. class listing. James McIntosh should have received credit for a 435 bench press on the TOP 100 198 lb. class listing. Rickey Crain should have been credited with a 611 deadlift on the TOP 100 181 lb. class list, rather than 644. Mr. Burns should have received credit for a 1370 total, rather than 1340, at lightweight, in the Penal Olympics. The correct range of operation on Nate Foster's handheld meter calculator is 55 - .05kg. There were incorrect photograph credits in the report of the ADFPA Women's Nationals. One of Bert Wagner's photos was actually taken by Gary Morrison, and several of Felecia Manganiello's were not credited properly. Ms. Sierra's actual bodyweight was 110, not 115 as noted in last month's corrections notice. Erik Ness should have received credit for a 405 deadlift at 132, on the ADFPA TOP 20 list for that division, and Danny Transfiguracion should have received credit for a 320 lb. bench press on the TOP 100 listing for the 132 lb. division. Richard Brooks' 640 deadlift should have appeared on the TOP 100 198 lb. class list. Dave Weiss should have been placed 2nd, rather than 3rd, in the results of the USPF Collegiate, 132 lb. division.

SQUAT

1	931 Coan, E...7/8/90
2	825 Smith, B...7/21/90
3	804 Bailey, M...5/26/90
4	800 Elgin, S...2/23/91
5	790 Taylor, R...12/1/90
6	788 D'Arrigo, J...7/1/28/90
7	782 Bailey, J...10/6/90
8	775 Francis, M...3/30/91
9	771 Smith, S...3/9/91
10	770 Bentley, B...5/5/90
11	755 Emiliano, J...6/9/90
12	755 Austin, W...6/30/90
13	755 Anderson, S...7/8/90
14	755 Helgenberger, D...7/28/90
15	750 Moss, K...5/5/90
16	750 Williams, R...12/1/90
17	749 Garcia, C...3/9/91
18	738 Roland, C...10/6/90
19	735 Johnson, K...10/20/90
20	733 Payne, M...7/8/90
21	733 Hughes, B...7/14/90
22	733 Potts, R...10/6/90
23	733 Sanders, C...4/21/91
24	727 Kiltz, B...7/28/90
25	727 Anderson...11/14/90
26	725 Lowenberg, S...10/20/90
27	725 Siegler, M...2/16/91
28	722 Adams, J...6/9/90
29	722 Bott, J...7/28/90
30	722 Busby, B...7/28/90
31	722 Davis, S...10/6/90
32	722 Farmer, P...3/1/91
33	720 D'Angelo, F...11/17/90
34	711 Heffern, P...4/21/90
35	710 Wardell, J...5/5/90
36	710 How, B...6/23/90
37	710 Moring, T...7/1/90
38	710 Dyer, R...12/8/90
39	710 Vogelophl, C...12/8/90
40	705 Holland, S...5/26/90
41	705 Meeks, D...6/9/90
42	705 Siapanedes, C...9/1/90
43	705 Graham, J...9/1/90
44	705 Debusk, B...1/12/91
45	705 Maddox...1/26/91
46	705 Osborn, R...3/9/91
47	705 Harless, D...4/13/91
48	705 DeRouelle, C...4/27/90
49	705 Spadafora, D...4/27/90
50	700 Bergeron, R...5/12/90
51	700 Brown, Z...5/26/90
52	700 Ramsey, J...6/23/90
53	700 Palmer, B...8/25/90
54	700 Croone, A...2/3/91
55	700 Capozzalo, R...3/9/91
56	700 Palmer, B...3/30/91
57	700 Taraba, P...4/20/91
58	699 Pegues, J...9/1/90
59	694 Rennie, M...4/13/91
60	690 Brown, E...10/20/90
61	690 Schmidt, J...2/23/91
62	688 Winter, T...6/9/90
63	688 Bruner, T...6/9/90
64	688 Ray, R...12/8/90
65	683 Cassidy, J...9/1/90
66	683 Immekus, P...10/20/90
67	683 Schultz, P...3/16/91
68	683 Johnson, D...4/27/90
69	680 Boutin, M...10/6/90
70	680 Antonio, C...3/23/91
71	677 Cain, S...9/1/90
72	677 Bates, A...9/20/90
73	675 Melear, R...8/11/90
74	675 Arnold, R...10/3/90
75	675 Drexel, G...12/1/90
76	672 Spellman, T...6/9/90
77	672 Hammons, E...11/10/90
78	670 Hoffman, A...12/1/90
79	661 Boyles, B...10/13/90
80	661 Russo, S...4/27/91
81	660 Jezewski, J...6/9/90
82	660 Ashworth, J...3/9/91
83	660 Hammes, J...4/13/91
84	656 Link, W...3/1/91
85	655 Works, S...6/2/90
86	655 DeVerville, J...7/21/90
87	655 Gonzales, D...4/6/91
88	655 Northcutt, M...4/20/91
89	650 Capps, V...5/5/90
90	650 McDaniel, K...5/5/90
91	650 Wagner, L...5/6/90
92	650 Bishop, J...5/26/90
93	650 McCormack, S...6/9/90
94	650 Stultz, G...6/14/90
95	650 Hammons, E...7/1/90
96	650 Beakley, B...7/21/90
97	650 Hall, P...7/28/90
98	650 Smith, P...8/4/90
99	650 Shoals, L...8/18/90
100	650 Fisher, K...9/1/90

BENCH

575	Henriksen, S...2/10/91
560	Lee, J...11/10/90
560	Burns, T...4/21/91
560	Liatsis, F...4/27/91
550	Wright, J...9/22/90
550	Confessore, C...3/2/91
540	Brownfield, K...7/5/90
535	Carter, W...10/6/90
530	Aretz, R...11/18/90
530	Strange, W...2/23/91
529	Succarotte, A...12/5/90
529	Whitaker, B...3/9/91
525	Smith, M...2/2/91
525	Smith, D...3/30/91
525	Spellman, T...4/7/91
520	Garcia, A...3/2/91
518	Anders, C...7/28/90
515	Capozzolo, R...3/9/91
512	Coan, E...7/8/90
512	Dyer, R...12/8/90
510	Bonfordeo, J...8/4/90
505	Bentley, B...5/5/90
501	Revenscott, B...5/6/90
501	Bates, A...10/6/90
500	Brownley, D...5/9/90
500	Ramsey, J...6/23/90
500	Facer, J...10/20/90
500	Pinnell, L...11/3/90
500	Hildebrand, R...12/15/90
500	Doty, M...1/12/91
500	Hamilton, J...2/23/91
500	Dersan, D...3/16/91
490	Bussell, M...6/30/90
490	Adams, L...2/23/91
490	Brown, T...3/9/91
485	Brown, E...10/20/90
485	Alterman, M...12/1/90
485	Vogelophl, C...12/8/90
485	Cox, G...1/19/91
485	Kincheolo, C...1/26/91
480	Smith, B...7/21/90
480	Turner, C...8/4/90
480	Hoffman, A...12/1/90
480	Arthurs, L...12/15/90
480	Siegler, M...2/16/91
480	Belcher, C...3/16/91
480	Raines, K...4/14/91
479	DeVerville, J...7/21/90
475	Borgen, T...8/2/90
475	Erb, R...9/29/90
475	Rabon, C...12/15/90
475	Jacobs, J...2/23/91
474	Farmer, P...3/1/91
473	Peace, W...2/10/90
473	Rumley, R...5/12/90
473	Helgenberger, D...7/28/90
473	Elgin, S...7/28/90
473	Smith, S...3/9/91
470	Lazzareschi, G...8/25/90
470	Anderson, C...8/4/90
470	Young, L...2/23/91
470	Fleming, J...3/9/91
470	Harless, D...3/23/91
470	Allison, L...3/23/91
465	Hasler, L...11/10/90
465	Doubraya, L...3/23/91
465	Russo, J...4/7/91
463	Dixon, B...8/18/90
462	Miller, J...10/6/90
462	Rennert, C...3/23/91
462	Burrell, D...4/6/91
462	Russo, P...4/27/91
460	Wergel, M...5/18/90
460	Meeks, D...6/9/90
460	Bowler, J...6/24/90
460	Cantrell, M...10/14/90
460	Weise, J...3/23/91
460	Slack, K...4/7/91
460	Taylor, B...4/27/91
460	Horn, B...4/28/91
457	Crutchner, K...2/16/91
457	Harbert, R...3/24/91
457	Gonzales, D...4/6/91
455	McDaniel, K...5/5/90
455	Fleming, D...9/22/90
455	Bowers, J...10/27/90
455	Taylor, E...12/10/90
455	Pyretz, C...4/20/91
452	Pamplin, G...2/9/91
451	Works, S...6/2/90
451	Airaghi, J...12/8/90
451	Insler, A...12/15/90
451	Perrotta, C...12/15/90
451	Doan, D...3/23/91
451	Kamai, K...4/7/91
450	Ritchie, J...6/2/90
450	Emiliano, J...6/9/90
450	McCormack, S...6/9/90
450	Depompo, M...6/9/90
450	Harris, A...6/9/90

DEADLIFT

870	Coan, E...7/8/90
793	Pegues, J...9/1/90
782	Riley, E...5/26/90
760	Holland, S...5/26/90
744	Anderson, S...7/8/90
733	Herman, G...6/27/90
725	Johnson, K...10/20/90
725	Siapanedes, C...10/20/90
725	Humphrey, L...11/10/90
725	Wallen, L...1/19/91
722	Hughes, B...7/8/90
722	Helgenberger, D...7/28/90
722	Kiltz, B...7/28/90
716	Cain, S...9/1/90
710	Lipsey, R...8/4/90
710	Williams, J...9/29/90
710	Williams, R...12/1/90
710	Schmieglow, A...12/8/90
710	Francis, M...3/30/91
705	Moss, K...3/16/91
705	Payne, M...7/8/90
705	Austin, W...9/1/90
705	Anderson, S...11/14/90
705	Vogelophl, C...12/8/90
705	Elgin, S...2/23/91
705	Farmer, P...3/1/91
705	Osborn, R...3/9/91
705	Leffey, J...4/13/91
705	Hipsy, J...4/21/91
700	McCain, B...6/23/90
700	Doty, M...7/21/90
700	Boyd, P...11/10/90
700	Croone, A...2/3/91
695	Emiliano, J...6/9/90
694	Brown, Z...9/1/90
694	Driscoll, C...10/20/90
690	Bentley, B...5/5/90
690	Horton, L...5/12/90
690	How, B...6/9/90
690	Daniel, G...9/22/90
690	Plano, C...11/10/90
688	Graham, J...4/27/91
685	Haller, L...11/10/90
685	Villeneuve, D...4/20/91
683	Cash, J...11/3/90
680	Walden, J...5/5/90
680	Dunbar, J...7/22/90
680	Schmidt, J...2/23/91
677	Hamblet, D...10/13/90
677	Tucker, R...11/10/90
675	Capps, V...5/5/90
675	Melear, R...8/11/90
672	Spellman, T...6/9/90
672	Cooper, W...8/18/90
672	Fisher, K...9/1/90
672	Wilkins, G...9/8/90
672	DeRouelle, C...4/27/90
670	Taraba, P...4/20/91
670	Jones, L...4/27/91
666	Hall, P...7/28/90
666	Johnson, D...4/27/91
665	Sutton, S...5/9/90
665	Edelstein, M...6/2/90
661	Hernandez, L...6/27/90
661	Brown, E...10/6/90
661	Let, J...10/6/90
661	Mahan, D...12/1/90
660	Hopper, T...7/7/90
660	Hammes, J...4/13/91
655	Sample, L...9/15/90
655	Smith, B...10/3/90
650	Turner, C...6/2/90
650	Cooper, W...6/9/90
650	Gibson, M...7/12/90
650	Smith, B...7/21/90
650	DeVerville, J...7/21/90
650	Armstrong, T...8/11/90
650	Potts, R...10/6/90
650	Rennie, M...10/20/90
650	Immekus, P...10/20/90
650	Snipes...12/1/90
650	Rosales...12/1/90
650	Bailey, M...12/15/90
650	Ky Kendall, M...2/16/91
650	Kay, E...2/24/91
650	Adamcik, J...2/24/91
650	Garcia, C...3/9/91
650	Sumlar, T...4/20/91
645	Henderson, D...5/5/90
645	Link, W...3/1/91
645	Terman, M...4/21/91
644	Bott, J...7/28/90
644	Airaghi, J...12/8/90
644	Clark, D...3/16/91
644	Brown, G...3/23/91
644	Taylor, B...3/24/91
644	Sanders, C...4/21/91
640	Raynor, J...6/9/90
640	White, A...8/4/90
640	Boutin, M...10/6/90

TOTAL

2314	Coan, E...7/8/90
1965	Bentley, B...5/5/90
1960	Williams, R...12/1/90
1955	Smith, B...7/21/90
1951	Helgenberger, D...7/28/90
1945	Elgin, S...7/28/90
1940	Anderson, S...7/8/90
1918	Pegues, J...9/1/90
1901	Vogelophl, C...12/8/90
1901	Farmer, P...3/1/91
1900	Francis, M...3/30/91
1885	Bailey, M...12/15/90
1884	Kiltz, B...7/28/90
1880	Emiliano, J...6/9/90
1865	Johnson, K...10/20/90
1862	Hughes, B...7/8/90
1862	Smith, S...3/9/91
1857	Spellman, T...6/9/90
1857	Dyer, R...12/8/90
1840	Cain, S...9/1/90
1835	Bailey, J...10/6/90
1835	Anderson, S...11/14/90
1830	Croone, A...2/3/91
1829	Payne, M...7/8/90
1829	Holland, S...5/26/90
1825	Brown, E...10/20/90
1825	Capozzolo, R...3/9/91
1820	Moss, K...5/5/90
1820	Siapanedes, C...10/20/90
1818	Brown, Z...9/1/90
1813	Austin, W...9/1/90
1810	Lee, J...11/10/90
1810	Taylor, R...12/1/90
1810	Siegler, M...2/16/91
1807	Heffern, P...4/21/91
1800	Melear, R...8/11/90
1791	Garcia, C...6/9/90
1791	Herman, G...6/27/90
1791	Davis, S...10/6/90
1790	Meeks, D...6/9/90
1785	Graham, J...4/27/91
1785	Riley, E...5/26/90
1785	DeVerville, J...7/21/90
1780	Potts, R...10/6/90
1780	Schmidt, J...2/23/91
1780	Taraba, P...4/20/91
1775	Lowenberg, S...10/20/90
1774	Bott, J...7/28/90
1774	Harless, D...4/13/91
1770	Ramsey, J...6/23/90
1770	Hoffman, A...12/1/90
1769	Whitaker, B...3/9/91
1765	Hasler, L...11/10/90
1763	Adams, L...6/9/90
1758	Osborn, R...3/9/91
1758	DeRouelle, C...4/27/91
1758	Johnson, D...4/27/91
1752	Bates, A...9/20/90
1752	Schultz, P...3/16/91
1747	Hall, P...7/28/90
1740	Turner, C...8/4/90
1740	Ferguson, S...11/10/90
1736	Cassidy, J...9/1/90
1736	Wilkins, G...9/8/90
173	