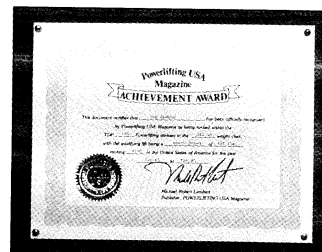


TOP 100

For 114 lb./52 kg. USA lifters competing in results received from May 1994 through April 1995.

PL USA Top 100 Achievement Awards



SQUAT

BENCH PRESS

DEADLIFT

TOTAL

1 451 Hile, P., 4/8/95
2 435 Nguyen, P., 7/16/94
3 420 Tran, V., 2/4/95
4 418 Young, G., 7/29/94
5 375 Tate, R., 10/94
6 375 West., 3/25/95
7 375 Osborn, D., 4/29/95
8 374 Watson, M., 6/22/94
9 355 Radford, J., 12/3/94
10 352 Chang, Y., 5/7/94

286 Hile, P., 4/8/95
280 Tran, V., 2/4/95
264 Nguyen, D., 7/16/94
260 Antonio, G., 7/23/94
253 Pham, H., 12/11/94
250 Hunt, C., 2/4/95
240 Snell, K., 4/15/95
235 Aberwald, D., 6/19/94
230 West., 3/25/95
226 Davis, J., 4/1/95

490 Hile, P., 7/29/94
455 Tran, V., 2/4/95
455 Carver, T., 3/18/95
451 Nguyen, D., 7/16/94
424 Thompson, R., 7/16/94
413 Leonard, A., 7/16/94
413 Whaley, R., 4/28/95
410 Snell, K., 9/4/94
402 Jackson., 12/3/94
391 Chang, Y., 1/26/95

1201 Hile, P., 4/8/94
1155 Tran, V., 2/4/95
1151 Nguyen, D., 7/16/94
997 Young, G., 7/29/94
980 West., 3/25/95
975 Carver, T., 3/18/95
970 Snell, K., 9/4/94
959 Leonard, A., 3/18/95
940 Tate, R., 10/94
930 Radford, J., 12/3/94

11 347 Whigham, A., 7/17/94
12 347 Leonard, A., 3/18/95
13 330 Snell, K., 9/4/94
14 330 Carver, T., 3/18/95
15 330 Davis, J., 4/1/95
16 325 Green, R., 2/4/95
17 325 Ochiai, C., 10/29/94
18 325 Simmons, D., 11/3/94
19 325 Phon, S., 1/28/95
20 319 Milligan, J., 4/28/95

225 Osborn, D., 4/29/95
220 Leonard, A., 3/18/95
214 Watson, M., 6/22/94
210 Burgamy, L., 4/22/95
209 Norman, B., 10/8/94
209 Garcia, C., 12/11/94
205 Radford, J., 12/3/94
203 Morgan, G., 5/21/94
203 Young, G., 7/29/94
203 Green, R., 2/4/95

385 Whigham, A., 7/17/94
375 West., 3/25/95
374 Young, G., 7/29/94
374 McDowell, K., 7/30/94
370 Radford, J., 12/3/94
365 Tate, R., 10/94
363 Green, R., 7/17/94
363 Galant, A., 11/5/94
358 Davis, J., 4/1/95
355 Hunt, C., 2/4/95

925 Watson, M., 6/22/94
920 Hunt, C., 2/4/95
915 Whaley, R., 4/28/95
914 Davis, J., 4/1/95
903 Chang, Y., 5/7/94
903 Whigham, A., 7/17/94
892 Green, R., 2/4/95
876 Jackson., 12/3/94
843 Thompson, R., 7/17/94
843 Galant, A., 11/5/94

21 315 Hunt, C., 2/4/95
22 314 Ballschmiede, L., 5/7/94
23 314 Jackson., 12/3/94
24 314 Jeffrey, L., 3/18/95
25 310 Hahn, D., 6/4/94
26 308 Galant, A., 5/6/94
27 308 Bierra, G., 5/25/94
28 308 Denmon, L., 7/29/94
29 303 Hartwig, S., 11/5/94
30 303 Moser, J., 6/22/94

200 Tate, R., 10/94
200 Smith., 12/4/94
200 Hopkins, S., 12/10/94
200 Premeau, A., 4/23/95
198 Gonzalez, D., 6/4/94
198 Galant, A., 11/5/94
192 Kelly, I., 7/95
192 Villanueva, A., 2/4/95
192 Lowry., 3/4/95
190 McGrath, P., 5/15/94

350 Natale, M., 5/15/94
350 Hahn, D., 6/4/94
345 Phon, S., 1/7/95
340 Luc, P., 5/15/94
340 Osborn, D., 4/29/95
336 Watson, M., 6/22/94
335 Navarro, A., 6/4/94
335 Masuda, Y., 2/25/95
330 Payne, D., 5/14/94
330 Denmon, L., 7/29/94

830 Phon, S., 1/7/95
825 Aberwald, D., 1/21/95
815 Jeffrey, L., 3/18/95
810 Simmons, D., 11/3/94
805 Moore, E., 1/7/95
800 Hahn, D., 6/4/94
799 Denmon, L., 7/29/94
790 Ochiai, C., 10/29/94
788 Bierra, G., 5/25/94
788 Hartwig, S., 11/5/94

31 300 Le, S., 3/25/95
32 292 Yamada, D., 3/25/95
33 290 Moore, E., 1/7/95
34 286 Hale, J., 4/7/95
35 286 Josephs, T., 4/28/95
36 285 Kirkbride, J., 10/22/94
37 285 Rasor, S., 1/8/95
38 285 Aberwald, D., 1/21/95
39 281 Rester, B., 11/12/94
40 280 Hopkins, S., 12/10/94

190 Navarro, A., 6/4/94
190 Reed, R., 2/25/95
190 Carver, T., 3/18/95
190 Determan, M., 4/8/95
187 Le, L., 4/22/95
185 Moore, E., 1/7/95
185 Aller, W., 3/18/95
181 Chang, Y., 5/7/94
181 Leyba., 1/7/95
180 Phillips, L., 8/13/94

330 Simmons, D., 11/3/94
330 Moore, E., 1/7/95
320 Jeffrey, L., 3/18/95
325 Moser, J., 11/5/94
325 Arndoff, A., 12/3/94
325 Le, S., 3/25/95
325 Gainer, E., 4/29/95
321 Rasor, S., 1/8/95
320 Kirkbride, J., 10/22/94
320 Aberwald, D., 1/21/95

785 Navarro, A., 6/4/94
771 Milligan, J., 4/28/95
770 Hopkins, S., 12/10/94
760 Rasor, S., 1/8/95
760 Moser, J., 2/25/95
760 Le, S., 3/25/95
750 Frankman, L., 4/30/95
740 Natale, M., 5/15/94
740 Kirkbride, J., 10/22/94
740 Osborn, D., 4/29/95

41 275 Hills., 8/12/94
42 275 Ranieri, C., 11/5/94
43 275 Masuda, Y., 2/25/95
44 275 Guenther, L., 3/25/95
45 275 Roberts, W., 4/1/95
46 270 Cloutre, P., 1/7/95
47 270 Conway, K., 1/28/95
48 270 Lee, B., 2/19/95
49 270 Harvick, A., 3/25/95
50 265 Pickelsimer, S., 5/20/94

180 McKinney, D., 11/20/94
180 Cauthan, C., 2/4/95
180 Hammonds, J., 2/18/95
180 Brandt, M., 4/29/95
176 Bierra, G., 5/25/94
176 Whigham, A., 7/9/94
176 Hills., 1/26/95
176 Whaley, R., 4/28/95
175 Lundsford, 7/1/94
175 Ochiai, C., 10/29/94

319 Lee, B., 10/15/94
319 Goldberg., 3/25/95
315 Conway, K., 1/28/95
315 Frankman, L., 4/30/95
314 Schillinger, T., 5/7/94
314 Reside., 6/11/94
314 Hartwig, S., 11/5/94
308 Wadkwa, A., 11/19/94
308 Roberts, W., 4/1/95
305 Young, R., 6/22/94

738 Rester, B., 11/12/94
733 Ballschmiede, L., 5/7/94
730 Masuda, Y., 2/25/95
727 Roberts, W., 4/1/95
725 Luc, P., 5/15/94
722 Le, L., 4/22/95
716 Lee, B., 2/19/95
710 McGrath, P., 5/15/94
710 Reside., 6/11/94
710 Ranieri, C., 11/5/94

51 265 Lord, G., 6/4/94
52 265 Young, R., 6/22/94
53 265 Sterling, 10/30/94
54 265 Reece, K., 3/25/95
55 265 Frankman, L., 4/30/95
56 260 Natale, M., 5/15/94
57 260 Navarro, A., 6/4/94
58 260 Johnston, A., 10/16/94
59 259 Thompson, R., 7/17/94
60 259 Linscott., 12/3/94

175 DiMauro, R., 12/3/94
175 Greene, T., 12/4/94
175 Cinkler, R., 1/8/95
170 Luc, P., 5/15/94
170 Tamura, L., 8/13/94
170 Culp, L., 10/15/94
170 Rhodes, M., 10/29/94
170 Sanalang, A., 10/30/94
170 Hartwig, S., 11/5/94
170 Phon, S., 1/7/95

305 McKinney, D., 11/20/94
303 Walker., 5/7/94
303 Bierra, G., 5/25/94
303 Ranieri, C., 11/5/94
303 Rester, B., 11/12/94
303 Hallman, 4/7/95
303 Milligan, J., 4/28/95
300 Lord, G., 6/4/94
300 Ruiz, G., 6/4/94
300 Nelson, J., 9/24/94

706 Weger, 2/11/95
710 Josephs, T., 4/28/95
705 Nelson, J., 9/14/94
705 Wadkwa, A., 11/19/94
705 Conway, K., 1/28/95
705 Lowry, 3/4/95
700 Lord, G., 6/4/94
699 Hills., 1/26/95
699 Dorris, 4/7/95
695 Pickelsimer, S., 5/20/94

61 259 Le, L., 4/22/95
62 255 McCallion, A., 5/20/94
63 253 Reside., 6/22/94
64 253 Weger., 3/25/95
65 253 Dorris., 4/7/95
66 250 Nelson, J., 9/24/94
67 250 Sallard, S., 1/7/95
68 248 Walker., 5/7/94
69 248 Gay, L., 8/27/94
70 248 Saris, M., 11/3/94

170 Jeffrey, L., 3/18/95
170 Frankman, L., 4/30/95
165 Payne, D., 5/14/94
165 Distalo., 9/10/94
165 Rasor, S., 1/8/95
160 Determan, L., 6/4/94
160 Woodell, T., 7/2/94
160 Weger., 11/3/94
159 Thompson, R., 7/17/94
159 Denmon, L., 7/29/94

300 Hopkins, S., 12/10/94
300 Reese, S., 1/14/95
300 Weger., 2/11/95
300 Reece, K., 3/25/95
297 Ty, P., 6/25/94
295 McGrath, P., 5/15/94
295 Sterling., 10/30/94
292 Dorris., 4/7/95
290 Ochiai, C., 10/29/94
286 Lowry., 3/4/95]

695 Harvick, A., 3/25/95
690 Sterling., 10/30/94
690 Cinkler, R., 1/8/95
688 Goldberg., 3/25/95
688 Hallman, 4/7/95
685 Hammonds, J., 2/18/95
685 Guenther, L., 3/25/95
680 Young, R., 6/22/94
680 Johnston, A., 10/16/94
680 Sallard, S., 1/28/95

71 248 Hallman., 4/7/95
72 245 Dixon, A., 1/7/95
73 245 Bell, R., 1/28/95
74 245 Hautzinger, L., 3/5/95
75 245 Michele, T., 3/25/95
76 242 Wadkwa, A., 11/19/94
77 242 Leggett, H., 4/28/95
78 240 Hartnett, T., 5/22/94
79 240 Cinkler, R., 1/8/95
80 240 Tyree, D., 3/4/95

159 Jackson., 12/3/94
159 Clancy-Lovell, S., 12/17/94
159 McCallion., 4/22/95
155 Sterling., 7/23/94
155 Sallard, S., 1/7/95
155 Reese, S., 1/14/95
155 Maye, E., 2/25/95
155 Josephs, T., 4/28/95
155 Gainer, E., 4/29/95
154 Simmons, D., 11/3/94

285 Pickelsimer, S., 5/20/94
285 Paris, P., 12/3/94
285 Cravey, T., 1/21/95
285 Hautzinger, L., 3/5/95
286 Guenther, L., 3/25/95
283 Saris, M., 11/3/94
281 Murphy., 6/17/94
281 Hills., 8/12/94
281 Kip., 3/25/95
280 Hartnett, T., 5/22/94

685 Reese, S., 1/14/95
655 Hale, J., 3/25/95
650 Clancy-Lovell, S., 12/17/94
650 Hall, M., 3/25/95
645 Tyree, D., 3/4/95
645 Tyree, D., 3/4/95
640 Brandt, M., 4/29/95
635 Ruiz, G., 6/4/94
635 Bumanglag, J., 8/6/94
635 Maja, E., 2/25/95

81 240 Morgan, L., 3/25/95
82 237 Schillinger, T., 5/7/94
83 237 Forano., 11/26/94
84 237 Mungler, M., 10/15/94
85 236 Strelnik, J., 6/28/94
86 235 Ryman, K., 3/4/95
87 235 Edgar, A., 3/25/95
88 235 Dodge, M., 4/8/95
89 231 Clancy-Lovell, S., 12/17/94
90 231 Hall, M., 3/25/95

154 Rester, B., 11/12/94
154 Wadkwa, A., 11/19/94
154 Ty, P., 12/11/94
154 Dorris., 4/7/95
150 Johnston, G., 9/17/94
150 Dubreuil, S., 11/19/94
150 Cravey, T., 1/21/95
150 Weger., 3/4/95
150 Harvick, A., 3/25/95
150 Seamans, M., 3/26/95

280 Sallard, S., 1/28/95
280 Hammonds, J., 2/18/95
280 Wright, A., 3/25/95
280 Caput, R., 4/8/95
275 Ballschmiede, L., 5/7/94
275 Galnza., 7/23/94
275 Bumanglag, J., 8/6/94
275 Johnston, A., 10/16/94
275 Sanalang, A., 10/30/94
275 Linscott., 12/3/94

635 Goege, W., 3/4/95
633 Strelnik, J., 6/18/94
630 Lundsford., 7/1/94
630 Dubreuil, S., 11/19/94
625 Galnza., 7/23/94
625 Cloutre, P., 1/7/95
625 Cravey, T., 1/21/95
615 Dashiell, C., 6/4/94
615 Johnston, S., 6/22/94
615 Tynes, T., 1/7/95

91 230 Dubreuil, S., 11/19/94
92 230 Scarpulla, C., 1/21/95
93 230 Ehresman, K., 2/25/95
94 230 Smith, B., 3/25/95
95 230 Determan, M., 4/8/95
96 226 Lowry., 3/4/95
97 226 Goldberg., 3/25/95
98 226 Willie., 4/7/95
99 225 McGrath, P., 5/15/94
100 225 Johnston, S., 6/22/94

148 Strelnik, J., 6/18/94
148 Bartell, D., 7/30/94
148 Johnston, A., 11/3/94
148 Milligan, J., 4/28/95
145 Agee, M., 5/14/94
145 McNeely, E., 5/14/94
145 Molinee, J., 5/14/94
145 Pickelsimer, S., 5/22/94
145 Hartnett, T., 5/22/94
145 Ruiz, G., 6/4/94

275 Cinkler, R., 1/8/95
275 Palmer, M., 2/25/95
275 Garcia, R., 2/25/95
275 Tyree, D., 3/4/95
275 Goege, W., 3/4/95
275 Bevenhour., 3/4/95
275 Harvick, A., 3/25/95
275 Hall, M., 3/25/95
275 Le, L., 4/22/95
270 Scott, M., 6/4/94

Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$5. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$18.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7 1/4% tax).

NEXT MONTH... TOP 123s

Corrections: Dr. Ken Leistner reports that the Best Heavy Lifter at the APF New York State Meet was Fred Freeman rather than Tony Torcasso. Jim Sicuro should have been credited with a 920 squat on the TOP 100 SHW listing. Jeanne Burchett should have been credited with a 150 lb. bench at the APF Pennsylvania State meet, rather than 140. Send corrections to "ERRORS," P. O. Box 467, Camarillo, California 93011.

LAT E BREAKING NEWS BULLETINS...

as you may have noted in POW!ERSCENE (page 25), Anthony Clark benched an **all time record** of 746 in Texas, and **went on to try 850**. Shortly after that Craig Tokarski, competing in Chicago, and weighing the most of his lifting career - 295, opened with 683, made 705, and then went to 727 to eclipse Arcidi's record and made that. For his final attempt, he was going for 741, but Lee Gesbeck mentioned to him that Anthony had just bumped the mark up to 746, so Craig asked for 747, which he missed "by an inch". On a very sad note, veteran bodybuilder, writer, pro wrestler, and **MUSCULAR DEVELOPMENT** magazine columnist **Don Ross**, died of an apparent heart attack, at age 48!