

Day 29 Appreciation

Starting Point:

What do you most appreciate in life?

Quote:

Make it a habit to tell people thank you. To express your appreciation, sincerely and without the expectation of anything in return. Truly appreciate those around you, and you'll soon find many others around you. Truly appreciate life, and you'll find that you have more of it. Ralph Marston

Bible Verse:

Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name. Psalm 100:4

Inspiration:

I couldn't find a video link for Appreciation so I've included this just because it's fun. And I really appreciate Anita Renfroe's humour. Wrinkled Ladies <http://www.youtube.com/watch?v=NCvHgppVey4>

Technique Challenge:

Use a paper serviette as part of your page.

Paper serviettes are usually 3 ply. Remove the top layer carefully and tear round the image you want to use. Spread gel medium or pva glue thinly on your page and carefully smooth your serviette image onto the page. Put another thin layer of glue over the top.

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