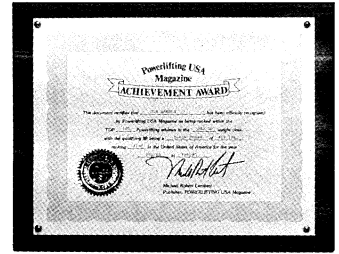


TOP 100

For 181 lb./82.5 kg. USA lifters competing in results received from October 1994 through September 1995.

PL USA Top 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7 1/4% tax).

NEXT MONTH... TOP 198s

Corrections: On page 67 of the August 1995 edition of *POWERLIFTING USA* the results of the USPF North Carolina State Championships should have been reproduced with the dates April 8th and 9th, 1995, rather than March 8th and 9th. Also, on the "New Product" listing on page 75 of the November 1995 issue of *PL USA*, the price for the "Bar Jack" is \$39.95, a reduction from the former price of \$74.95, a result of lowered production costs due to increased demand. The time is fast approaching for our 1995 Women's TOP 20 listing, in the March 1996 edition of *PL USA*, and for any lifters concerned that we have not received results of the contests with their best lifts of the year or if the results received do not indicate bodyweight, you are welcome to drop us a note about the necessary details. (There MAY be a surprise regarding TOP 20 Teens/Masters in the same issue). We certainly do make errors in the production of this magazine, in our ranking lists as well as in meet results and articles that are published. We appreciate your notice of any mistakes we may have made. If you find any errors in the material published in *PL USA*, send corrections to "ERRORS," Box 467, Camarillo, California 93011.

DON'T TRAIN ALONE - ALWAYS USE SPOTTERS. - DON'T TRAIN WHEN HURT - ALWAYS CONSULT YOUR DOCTOR

SQUAT	
1	725 Smith...3/25/95
2	722 Benemerito, R..7/16/95
3	710 Coleman, A..11/5/94
4	700 Nuble, A..12/10/94
5	700 Pearlstein, D..3/19/95
6	699 Becker, B..9/16/95
7	694 Thomas, W..11/18/94
8	694 Jones, G..7/16/95
9	672 McCoy, J..11/5/94
10	672 Sechrest, M..7/16/95
11	666 Morris, R..2/5/95
12	661 Jeselskia, R..4/2/95
13	660 Warner, I..2/1/95
14	660 Diaz..6/1/95
15	660 Anderson, B..9/24/95
16	650 Harvey, P..7/16/95
17	650 Wambegans, F..7/16/95
18	645 Peace..3/11/95
19	644 Gibson, T..11/20/94
20	640 King, T..4/19/95
21	635 Denton, T..3/5/95
22	635 Rutigliano, T..4/16/95
23	633 Olson, G..11/5/94
24	633 Danforth, M..7/22/95
25	630 Feritto, P..10/94
26	630 Gaines..1/21/95
27	630 Tibbs..3/18/95
28	628 Suzuki, H..12/17/94
29	628 Grant, R..3/26/95
30	625 King, J..10/22/94
31	625 Pilkenton, M..5/27/95
32	624 McCarty, J..5/14/95
33	622 Sinderud, K..10/30/94
34	622 Zweng, M..7/8/95
35	620 Bonner, B..10/1/94
36	620 Escamilla, I..1/5/94
37	620 Grimwood, T..4/16/95
38	620 Binkley, C..5/20/95
39	610 Hughes..2/11/95
40	610 Wassmer, N..3/5/95
41	610 Safford, P..5/6/95
42	606 Ingram, J..3/11/95
43	600 King, R..10/16/94
44	600 Madere, D..11/5/94
45	600 Galligan, J..11/5/94
46	600 Walker..12/10/94
47	600 Early..2/4/95
48	600 Barro, M..3/25/95
49	600 Ramey..3/25/95
50	600 Cannizzaro, P..3/26/95
51	600 Carreon, J..4/22/95
52	600 Cicero, N..5/7/95
53	600 Davis, B..5/7/95
54	600 Diaz, V..6/3/95
55	600 Garcia, A..6/18/95
56	600 Rothgerly..6/18/95
57	600 Baumgart, J..7/9/95
58	600 Fleming..7/9/95
59	600 Carver, J..7/15/95
60	600 Succarotte, A..7/16/95
61	600 Casey, M..8/27/95
62	600 Whittom, 9/16/95
63	600 Garofalo, R..9/30/95
64	600 Mosteller, B..9/30/95
65	595 Harrison..7/22/95
66	590 Andrus, N..3/18/95
67	590 Pillitierre, D..3/18/95
68	589 Laitres, R..10/30/94
69	589 Warr, S..4/1/95
70	589 LaRocca, C..4/23/95
71	589 VanCleave..6/3/95
72	589 Okuwabusola..7/16/95
73	589 Fields..9/30/95
74	585 McElroy, G..10/22/94
75	585 Buton, T..11/19/94
76	584 Baguso, F..12/17/94
77	584 Laney, M..4/22/95
78	584 Serio, A..7/22/95
79	584 Strickland, B..8/27/95
80	578 Rudguez, R..11/12/94
81	578 Rhoades..3/4/95
82	578 Skeens..8/12/95
83	578 Anderson, T..8/27/95
84	575 Hall, P..12/10/94
85	575 Nalascchi..12/10/94
86	575 Winkler, D..12/10/94
87	575 Schmitz, A..1/22/95
88	575 Jones, V..2/12/95
89	575 Snodgrass, D..2/25/95
90	575 Bentley, B..4/1/95
91	575 Lavelle, T..4/16/95
92	575 Lambert, I..8/5/95
93	573 Demeo, G..10/30/94
94	573 Mason, G..10/30/94
95	573 Wonyetse, M..11/6/94
96	573 Lase, D..4/8/95
97	570 Wojtanek, P..3/26/95
98	570 Sullivan, S..4/1/95
99	570 Hunter, M..4/15/95
100	570 VanAlstyne, M..8/13/95

BENCH PRESS	
520	Waterman, D..11/5/94
520	Rach, D..3/4/95
515	Dawkins, D..12/3/94
512	McCoy, J..11/5/94
501	Coleman, A..11/5/94
500	Decourt, B..9/16/95
485	Stone, J..10/9/94
479	Gregory..3/18/95
479	Princinthal, J..5/28/95
479	Cler, D..6/24/95
475	Lynch, W..12/3/94
475	McCormick, L..1/21/95
470	Holding, R..12/10/94
465	Guerra, M..12/3/94
465	Saito, M..6/10/95
462	Succarotte, A..7/16/95
460	Josey, D..11/19/94
457	Ayers, R..6/25/95
450	Hayashi, B..10/29/94
450	Riner, D..2/18/95
450	Morrison..4/23/95
446	Rutigliano, T..7/16/95
445	Nealy, D..1/21/95
445	Cromier, S..4/22/95
441	Kanemoto, K..7/22/95
440	Tate, K..10/29/94
440	Zangl, G..11/12/94
440	Marcinkowski, K..12/3/94
440	Richardson, S..2/22/95
440	MacAndrew, S..3/4/95
440	Zweng, M..7/8/95
440	Carroll, E..7/15/95
440	Benemerito, R..7/16/95
435	Baguso, F..10/29/94
435	Harvey, P..7/16/95
430	Tracey, B..10/22/94
430	Smith, C..2/4/95
430	Mabus, B..4/29/95
430	Casparian, G..5/6/95
430	Levin, W..7/15/95
430	Vojtnov, E..9/2/95
429	Lase, D..4/8/95
429	Awai, M..4/28/95
429	Geo, S..5/13/95
429	Jones, G..7/16/95
425	Madere, D..11/5/94
425	Sarge, R..12/3/94
425	Stewart, G..6/3/95
425	Perry, M..7/29/95
425	Taylor, M..7/29/95
424	MacDonald, D..12/11/94
424	Cannizzaro, P..3/26/95
420	Arrendell, M..12/23/94
420	Jackson, E..5/13/95
420	Cormier, S..5/20/95
420	Funakoshi, E..7/29/95
420	Wright, T..8/20/95
420	Jones, W..9/10/95
418	Brady, D..10/9/94
418	Gibson, T..11/20/94
418	Shalkowski, 7/1/95
418	Stevens, T..8/27/95
415	Levellyn, D..4/8/95
415	Norton, C..4/8/95
415	Gibson, L..6/8/95
413	Tulloti, M..10/9/94
413	Beebe, B..10/15/94
413	Smith..4/23/95
413	Watkins, T..4/23/95
413	Davis, B..5/7/95
413	Danforth, M..7/22/95
410	Stamey, T..11/19/94
410	Huffer, T..3/25/95
410	Jones, E..6/25/95
410	Proya, T..7/22/95
410	Thompson, J..8/5/95
407	Egill, R..10/16/94
407	Phelps, M..5/7/95
407	Kelly, K..5/13/95
407	Granger..5/21/95
407	Jones..8/12/95
405	Ros, J..11/20/94
405	Pasquerello..4/23/95
405	Puchert, B..6/10/95
405	Condon, T..7/29/95
405	Little, M..7/29/95
405	Magnum, M..9/2/95
405	Dalzell, J..7/30/95
405	McAteer, W..9/23/95
402	Galligan, J..11/5/94
402	Thomas, W..11/18/94
402	Ramego..12/4/94
402	Sanchez, R..12/11/94
402	Childs, M..3/11/95
402	Cook..4/23/95
402	Reid..6/3/95
402	Kamego..6/18/95
402	Singh..7/9/95
402	Casey, M..8/27/95
400	Jones, O..12/4/94

DEADLIFT	
744	Benemerito, R..7/16/95
705	Gumac, R..11/6/94
700	Smith..3/25/95
694	Mason, K..8/13/95
683	Thomas, W..11/18/94
675	Crain, R..3/11/95
672	Jones, V..3/18/95
661	Becker, B..9/16/95
650	Gibson, T..11/20/94
650	Nuble, A..12/10/94
650	Wambegans, F..3/18/95
650	Andrus, N..6/9/95
645	Pearlstein, D..3/19/95
639	Jones, G..7/16/95
635	Pilkenton, M..5/27/95
633	Coleman, A..11/5/94
633	Dias, T..12/17/94
633	Avila, J..6/24/95
630	Garofalo, R..9/30/95
625	Szigethy, J..10/2/94
625	Snodgrass, D..12/17/94
625	Rutigliano, T..4/16/95
625	Escamilla..7/9/95
625	Calhoun, J..7/29/95
622	Fragoso, J..12/11/94
622	Serio, A..7/22/95
620	Neiman, S..3/5/95
620	Sechrest, M..3/25/95
620	King, T..4/19/95
617	Byas..10/23/94
617	Okuwabusola..7/16/95
615	Walker..12/10/94
611	Tyree, J..10/20/94
611	Harrison..1/28/95
611	Laney, M..4/22/95
611	Cicero, N..5/7/95
610	Tolna, C..6/9/95
606	McCarty, J..5/14/95
605	House..6/1/95
601	Danforth, M..4/2/95
600	Cameron, W..10/2/94
600	Wright, C..10/15/94
600	Whetstone, V..10/30/94
600	Moore..12/10/94
600	Gaines..1/21/95
600	Davis, M..2/25/95
600	Johnson..9/4/95
600	Herring, R..4/18/95
600	Barro, M..3/25/95
600	Cirigliano, R..3/26/95
600	Myers, T..4/8/95
600	Olson, G..5/21/95
600	Zweig, G..6/3/95
600	Lewis, R..8/27/95
595	Succarotte, A..7/16/95
595	Laitres, R..7/27/95
590	Swann, D..11/20/94
590	Warner, I..2/1/95
590	Smith, S..4/22/95
589	Clark, J..10/16/94
589	Scott..12/4/94
589	Lemarie, S..7/22/95
588	Hala, W..10/8/94
585	Pratt, S..11/19/94
585	Friday, S..12/17/94
585	Baumgart, J..3/18/95
584	Wonyetse, M..11/19/94
584	Denton, T..3/5/95
584	Grant, R..3/26/95
584	Castells..9/16/95
580	Tibbs..3/18/95
580	Pillitierre, D..3/18/95
580	Wood, J..4/1/95
580	Butson, T..4/1/95
580	Kafetzis..4/23/95
580	Stallings, A..4/23/95
580	Zweng, M..6/10/95
580	Pardue, T..9/23/95
578	Douglas..10/15/94
578	Goodhew, J..3/19/95
578	Thompson, N..4/9/95
575	Tracey, B..10/22/94
575	Yawn..12/4/94
575	Ashby..12/10/94
575	Diaz..12/10/94
575	Talet..12/10/94
575	Ruiz, E..2/12/95
575	Safford, P..5/6/95
573	Lockridge..10/23/94
573	Morris, R..10/30/94
573	Jones, D..11/5/94
573	Meir, C..6/24/95
573	Breck, G..9/17/95
570	Poole, C..12/3/94
570	Telecky, 12/4/94
570	Ray..12/4/94
570	Ostrowski, M..4/29/95
570	Daily, G..6/25/95
570	Anderson, B..9/24/95
570	Ross, J..4/30/95

TOTAL	
1906	Benemerito, R..7/16/95
1845	Thomas, A..11/5/94
1815	Smith..3/25/95
1780	Thomas, W..11/18/94
1763	Jones, G..7/16/95
1752	McCoy, J..11/5/94
1725	Nuble, A..12/10/94
1714	Gibson, T..11/20/94
1700	Pearlstein, D..3/19/95
1680	Sechrest, M..3/25/95
1680	Rutigliano, T..4/16/95
1658	Succarotte, A..7/16/95
1647	Danforth, M..7/22/95
1642	Becker, B..7/16/95
1636	Harvey, P..7/16/95
1635	King, T..4/19/95
1630	Anderson, B..9/24/95
1625	Andrus, N..3/18/95
1620	Escamilla..7/9/95
1620	Zweng, M..8/6/95
1615	Pilkenton, M..3/5/95
1609	Wambegans, F..6/4/95
1604	McCarty, J..5/14/95
1600	Barro, M..3/25/95
1598	Morris, R..10/30/94
1598	Okuwabusola..7/16/95
1592	Cannizzaro, P..3/26/95
1590	Warner, I..2/1/95
1585	Garofalo, R..9/30/95
1576	Laitres, R..7/27/95
1575	Madere, D..11/5/94
1575	Jones, V..2/12/95
1565	Walker..12/10/94
1565	Lase, D..4/8/95
1560	Peace..3/11/95
1560	Tibbs..3/18/95
1560	Safford, P..5/6/95
1559	Olson, G..11/5/94
1555	Tracey, B..10/22/94
1555	Baumgart, J..3/18/95
1554	Galligan, J..11/5/94
1550	Diaz..6/1/95
1548	Baguso, F..12/17/94
1543	Serio, A..7/22/95
1537	Gumac, R..11/6/94
1537	Grant, R..3/26/95
1537	Laney, M..4/22/95
1537	LaRocca, C..4/23/95
1535	King, J..10/22/94
1532	Sinderud, K..10/30/94
1530	Gaines..1/21/95
1526	Cicero, N..5/7/95
1525	Denton, T..3/5/95
1520	Grimwood, T..4/16/95
1510	Pillitierre, D..3/18/95
1510	Ramey..3/25/95
1506	Hala, W..10/8/94
1505	Funakoshi, E..7/29/95
1505	Binkley, C..5/20/95
1504	Tyree, J..5/21/95
1504	Casey, M..8/27/95
1504	Whittom, 9/16/95
1500	Hall, P..12/10/94
1500	Snodgrass, D..2/25/95
1500	Ross, J..4/30/95
1500	Friday, S..9/9/95
1498	Dias, T..12/17/94
1498	Harrison..5/21/9