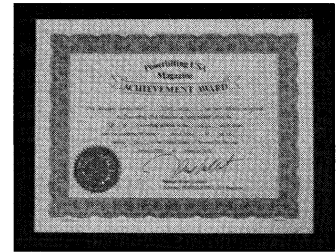


TOP 100

For standard 114 lb./52 kg. USA lifters in results received from May 2003 thru June 2004

SQUAT	BENCH	DEADLIFT	TOTAL
1 447 Gainer, E., 7/30/03	305 Pham, H., 7/5/03	509 Gainer, E., 7/20/03	1229 Gainer, E., 7/20/03
2 405 Parrish, S., 8/8/03	303 Gainer, E., 5/1/04	490 Scruggs, J., 5/31/03	1113 Scruggs, J., 5/31/03
3 391 Scruggs, J., 5/31/03	275 Faraone, J., 9/6/03	435 Jackson, G., 6/6/03	980 Freeman, J., 3/27/04
4 390 Moreno, J., 3/27/04	255 Hrenchir, A., 7/5/03	430 Calderon, S., 5/1/04	980 Moreno, J., 3/27/04
5 380 Kirkland, M., 6/19/04	250 Scheldrup, T., 8/2/03	410 Freeman, J., 3/27/04	975 Parrish, S., 8/8/03
6 375 Pryor, B., 3/27/04	242 Cohn, D., 5/31/03	400 Barbier, M., 11/15/03	965 Summers, D., 3/27/04
7 375 King, N., 3/27/04	231 Scruggs, J., 5/31/03	400 Moreno, J., 3/27/04	945 Escobedo, F., 3/27/04
8 365 Zoella, G., 11/14/03	230 Summers, D., 3/27/04	391 Scheldrup, T., 2/21/04	940 Zoella, G., 11/14/03
9 360 Summers, D., 3/27/04	225 Freeman, J., 3/27/04	385 Parrish, S., 8/8/03	925 Maile, J., 5/22/03
10 360 Escobedo, F., 3/27/04	225 Do, T., 3/27/04	380 Maile, J., 5/22/03	898 Kirkland, M., 6/19/04
11 360 Ramirez, J., 3/27/04	225 Calderon, S., 5/1/04	380 Zoella, G., 11/14/03	895 Calderon, S., 5/1/04
12 345 Freeman, J., 3/27/04	225 Lewis, S., 5/1/04	380 Bell, L., 5/15/04	890 Barbier, M., 11/15/03
13 341 Awalt, A., 1/31/04	220 Ochoa, M., 3/27/04	375 Summers, D., 3/27/04	887 Scheldrup, T., 2/21/04
14 340 Sierra, J., 3/27/04	215 Barbier, M., 11/15/03	370 Escobedo, F., 3/27/04	881 Awalt, A., 1/31/04
15 340 Soto, L., 3/27/04	215 Escobedo, F., 3/27/04	369 Karapetyan, S., 12/9/03	880 Pryor, B., 3/27/04
16 337 Hile, J., 8/17/03	214 Maile, J., 5/22/03	360 Arness, D., 3/27/04	880 Do, T., 3/27/04
17 335 Hollier, J., 11/5/03	209 Awalt, A., 1/31/04	358 Cohn, D., 5/31/03	875 Garcia, D., 3/27/04
18 335 Garcia, D., 3/27/04	205 Rachman, M., 5/29/04	355 Mims, K., 3/27/04	870 Sierra, J., 3/27/04
19 335 Morales, M., 3/27/04	203 Aanenson, K., 11/15/03	350 Pryor, B., 3/27/04	860 Soto, L., 3/27/04
20 330 Maile, J., 5/22/03	200 Spender, H., 5/31/03	350 Garcia, D., 3/27/04	855 Morales, M., 3/27/04
21 330 Do, T., 3/27/04	200 Zoella, G., 8/8/03	350 Sierra, J., 3/27/04	845 Arness, D., 3/27/04
22 330 Hinojosa, A., 3/27/04	200 Ostrum, T., 9/6/03	347 Kirkland, M., 12/6/03	844 Hile, J., 8/17/03
23 320 Arness, D., 3/27/04	200 Johnson, N., 3/27/04	345 Dehs, A., 3/27/04	840 Hinojosa, A., 3/27/04
24 305 Casco, J., 3/21/04	198 Navarre, V., 6/7/03	341 Griggs, R., 12/9/03	840 Ochoa, M., 3/27/04
25 303 Bell, L., 5/15/04	192 Akina, K., 12/9/03	341 Kratz, E., 3/19/04	840 King, N., 3/27/04
26 300 McClosky, J., 10/24/03	190 Ernst, T., 6/1/03	341 Bray, J., 5/29/04	830 Hollier, J., 8/2/03
27 300 Williams, S., 3/19/04	190 Logsdon, H., 8/23/03	340 McClosky, J., 10/24/03	820 Dehs, A., 3/27/04
28 300 Tankersley, H., 3/19/04	190 Moreno, J., 3/27/04	340 Soto, L., 3/27/04	815 Bell, L., 5/15/04
29 300 Denmon, A., 3/19/04	190 Garcia, D., 3/27/04	330 Hile, J., 8/17/03	810 Mims, K., 3/27/04
30 300 Ochoa, M., 3/27/04	190 Morales, M., 3/27/04	330 Awalt, A., 1/31/04	810 Johnson, N., 3/27/04
31 300 Simmons, B., 3/27/04	185 Hollier, J., 8/2/03	330 Crapsey, M., 3/19/04	810 Ramirez, J., 3/27/04
32 295 McLemore, B., 3/19/04	185 Parrish, S., 8/8/03	330 Morales, M., 3/27/04	810 Bray, J., 5/29/04
33 295 Dehs, A., 3/27/04	185 Breaux, D., 11/15/03	330 Hinojosa, A., 3/27/04	800 Simmons, B., 3/27/04
34 295 Mims, K., 3/27/04	185 Claypatch, H., 3/21/04	326 Hairston, D., 1/31/04	790 McClosky, J., 10/24/03
35 292 Marietta, Leah., 1/31/04	185 Simmons, B., 3/27/04	325 Payne, D., 5/1/03	785 Lewis, S., 5/1/04
36 292 Bray, J., 5/29/04	185 Hernandez, A., 3/27/04	325 Conner, J., 5/31/03	775 Hernandez, A., 3/27/04
37 290 Johnson, N., 3/27/04	185 McAvoy, T., 5/29/04	325 Hollier, J., 8/2/03	766 Kratz, E., 3/19/04
38 281 Knight, M., 3/19/04	181 Kirkland, M., 12/6/03	325 Arelliano, D., 1/31/04	760 Casco, J., 3/21/04
39 281 Leblanc, B., 4/4/04	180 Sierra, J., 3/27/04	325 Do, T., 3/27/04	755 Baldwin, C., 3/6/04
40 280 Mendoza, V., 3/19/04	180 Soto, L., 3/27/04	320 Williams, S., 3/19/04	755 Williams, S., 3/19/04
41 280 Fair, K., 3/19/04	180 Hinojosa, A., 3/27/04	320 Stephens, B., 3/19/04	755 McAvoy, T., 5/29/04
42 280 Hernandez, A., 3/27/04	180 Dehs, A., 3/27/04	320 Ochoa, M., 3/27/04	749 Marietta, Leah., 1/31/04
43 275 Barbier, M., 11/15/03	177 Hile, J., 8/17/03	320 Johnson, N., 3/27/04	749 Baines, T., 3/19/04
44 275 Mohom, C., 2/14/04	176 Kratz, E., 3/19/04	316 Akina, K., 9/20/03	745 Tankersley, H., 3/19/04
45 270 Bonner, T., 7/26/03	176 Baines, T., 3/19/04	315 Tankersley, H., 3/19/04	738 Cohn, D., 5/31/03
46 270 Baldwin, C., 3/6/04	176 Leach, M., 4/17/04	315 Ramirez, J., 3/27/04	738 Crapsey, M., 3/19/04
47 270 Bray, J., 5/29/04	176 Shuttleworth, M., 5/8/04	315 Mims, B., 3/27/04	733 Bonner, T., 7/26/03
48 270 Baines, T., 3/19/04	176 Bray, J., 5/29/04	315 Lewis, S., 5/1/04	730 McLemore, B., 3/19/04
49 270 Molosso, M., 3/19/04	175 King, N., 3/27/04	315 McAvoy, T., 5/29/04	727 Arelliano, D., 1/31/04
50 270 Marietta, Lora., 3/19/04	170 Lucchesi, S., 12/13/03	314 Bonner, T., 7/26/03	727 Knight, M., 3/19/04
51 270 Houle, L., 3/19/04	170 Baldwin, C., 3/6/04	314 Shear, J., 11/8/03	727 Kubik, S., 4/10/04
52 265 Seay, R., 3/19/04	170 Murray, H., 3/20/04	314 Taylor, D., 2/29/04	722 Payne, D., 5/1/03
53 265 Hooper, J., 3/19/04	170 Casco, J., 3/21/04	314 Baldwin, C., 3/6/04	722 Brown, J., 3/6/04
54 265 Karbowski, A., 5/15/04	170 Williamson, B., 5/8/04	314 Walther, D., 3/19/04	722 Molosso, M., 3/19/04
55 264 Kubik, S., 3/6/04	165 Snow, D., 6/28/03	314 Karbula, Z., 3/19/04	720 Mohom, C., 2/14/04
56 264 Crapsey, M., 3/19/04	165 Flannagan, J., 11/22/03	310 Hernandez, A., 3/27/04	716 Walther, D., 3/19/04
57 264 Shuttleworth, M., 5/8/04	165 Griggs, R., 12/9/03	308 Kubik, S., 4/10/04	716 Marietta, Lora., 3/19/04
58 264 Richard, C., 6/5/04	165 Zagone, B., 3/19/04	305 Mohom, C., 2/14/04	716 Williamson, B., 3/26/04
59 264 Shear, J., 6/13/04	165 Kim, E., 3/19/04	304 Zierold, M., 3/6/04	710 Bachorz, R., 3/19/04
60 260 Welch, J., 11/15/03	165 Arness, D., 3/27/04	303 Marietta, Leah., 1/31/04	705 Hairston, D., 1/31/04
61 260 Kunze, C., 3/19/04	165 Burnette, W., 6/19/04	303 Brown, J., 3/6/04	700 Kunze, C., 3/19/04
62 260 Creduer, M., 3/19/04	161 Chapel, J., 4/24/04	303 Baines, T., 3/19/04	699 Houle, L., 3/19/04
63 260 Ramirez, K., 3/19/04	160 Bloom, C., 7/19/03	303 Molosso, M., 3/19/04	695 Mendoza, V., 3/19/04
64 259 Walther, D., 3/19/04	160 Horton, 2/9/04	303 Williamson, B., 5/8/04	694 Karbula, Z., 3/19/04
65 259 Bachorz, R., 3/19/04	160 Stiltner, C., 2/21/04	300 Bloom, C., 6/14/03	694 Shuttleworth, M., 5/8/04
66 259 Conner, T., 3/19/04	160 Mims, K., 3/27/04	300 Mendoza, V., 3/19/04	690 Weger, H., 7/12/03
67 259 Lewis, C., 3/19/04	159 Bachorz, R., 3/19/04	300 Fair, K., 3/19/04	690 Fair, K., 3/19/04
68 259 Williamson, B., 6/26/04	159 Kubik, S., 4/10/04	300 Estrada, C., 3/19/04	688 Conner, J., 5/31/03
69 255 Hernandez, M., 3/19/04	155 McBurney, D., 10/25/03	300 Karbowski, A., 5/15/04	685 Stephens, B., 3/19/04
70 255 Paweleck, C., 3/19/04	155 Mamola, A., 2/82/04	297 Knight, M., 3/19/04	683 Leblanc, B., 4/4/04
71 255 Vang, J., 3/21/04	155 Kunze, C., 3/19/04	297 Liner, J., 3/19/04	680 Welch, J., 11/15/03
72 255 McAvoy, T., 5/29/04	155 Pryor, B., 3/27/04	295 Weger, H., 7/12/03	680 Denmon, A., 3/19/04
73 253 Payne, D., 5/1/03	154 Russell, J., 6/14/03	295 McLemore, B., 3/19/04	677 Muskat, T., 10/11/03
74 253 Hairston, D., 5/17/03	154 Richardson, J., 11/15/03	292 Russell, J., 6/14/03	677 Shear, J., 11/8/03
75 253 Muskat, T., 10/11/03	154 Lafferty, B., 12/9/03	292 Muskat, T., 10/11/03	672 Liner, J., 3/19/04
76 253 Harris, T., 3/19/04	154 Norwood, N., 12/6/03	292 Zintsmaster, B., 2/27/04	672 Richard, C., 6/5/04
77 250 Weger, H., 7/12/03	154 Hunt, R., 12/9/03	292 Marietta, Lora., 3/19/04	666 Lucchesi, S., 12/13/03
78 250 Breaux, D., 10/18/03	154 Marietta, Leah., 1/31/04	292 Bachorz, R., 3/19/04	665 Bloom, C., 6/14/03
79 250 Vasquez, G., 3/19/04	154 Arelliano, D., 1/31/04	292 Fox, J., 5/15/04	665 Karbowski, A., 5/15/04
80 250 DeLaCruz, K., 3/19/04	154 Marietta, Lora., 3/19/04	290 McBurney, D., 11/8/03	661 Russell, J., 6/14/03
81 250 Winchel, S., 5/15/04	154 Bell, L., 5/15/04	290 Kim, E., 2/14/04	661 Taylor, D., 2/29/04
82 248 Arelliano, D., 1/31/04	154 Richard, C., 6/5/04	290 Andorijo, J., 3/21/04	660 Prescott, B., 5/3/03
83 248 Scheldrup, T., 2/21/04	150 Bray, C., 5/23/03	290 King, N., 3/27/04	660 Snow, D., 6/28/03
84 248 Kratz, E., 3/19/04	150 Guffy, B., 9/6/03	290 Goetz, S., 6/12/04	660 McBurney, D., 10/25/03
85 248 Karbula, Z., 3/19/04	150 McClosky, J., 10/24/03	287 Zaubera, S., 3/6/04	660 Vang, J., 3/21/04
86 245 Stephens, B., 3/19/04	150 Luster, A., 4/4/04	286 Houle, L., 3/19/04	655 Hernandez, M., 3/19/04
87 245 Shafer, G., 3/19/04	148 May, S., 6/6/03	286 Seay, R., 4/4/04	655 Burnette, W., 6/19/04
88 242 Liner, J., 3/19/04	148 Bonner, T., 7/26/03	286 Castillo, R., 3/19/04	650 Norwood, N., 12/6/03
89 240 Prescott, B., 5/3/03	148 Rodriguez, H., 12/9/03	286 Brigham, C., 3/20/04	650 Seay, R., 3/19/04
90 240 Spencer, H., 5/31/03	148 Karapetyan, S., 12/9/03	285 Welch, J., 11/15/03	640 Paweleck, C., 3/19/04
91 240 Hays, C., 11/15/03	148 Brown, J., 3/6/04	285 Snow, D., 11/22/03	640 Creduer, M., 3/19/04
92 240 Lagunero, S., 3/6/04	148 Knight, M., 3/19/04	285 Kunze, C., 3/19/04	639 Zagone, B., 3/19/04
93 240 Locke, L., 3/6/04	148 Molosso, M., 3/19/04	285 Casco, J., 3/21/04	639 Conner, T., 3/19/04
94 240 Calderon, S., 5/1/04	148 Ovalle, C., 4/3/04	281 Leblanc, B., 4/4/04	635 Estrada, C., 3/19/04
95 240 Minoff, A., 5/27/04	148 Schieferstein, S., 5/22/04	280 LaPorte, J., 2/8/04	635 Shafer, G., 3/19/04
96 236 Gedney, J., 10/18/03	145 Prescott, B., 5/3/03	280 Carden, M., 2/21/04	635 Winchel, S., 5/15/04
97 236 Lavallee, S., 10/31/03	145 Weger, H., 7/12/03	280 Hernandez, M., 3/19/04	633 Tucker, R., 3/16/04
98 236 Demmers, E., 11/8/03	145 Denmon, A., 3/19/04	280 Paweleck, C., 3/19/04	633 Lewis, C., 3/19/04
99 236 Norwood, N., 12/6/03	145 Vang, J., 3/21/04	280 Vasquez, G., 3/19/04	633 Fox, J., 5/15/04
100 236 Tucker, R., 3/16/04	145 Dahl, J., 4/3/04	275 Prescott, B., 5/3/03	633 Schieferstein, N., 5/22/04

PL USA Top 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7% tax).

NEXT MONTH... TOP 123s

Corrections - Derek Baker Jr. was not credited for his 650 deadlift and 1545 total on the 198 lb. Teenage TOP 20 rankings. **Phil Davi** was not credited with his 760 squat or 749 deadlift in the 242 lb. class TOP 100 rankings. **Glen Murphy Jr.**'s 319 squat, 314 deadlift, and 826 total were not reflected on the TOP 20 rankings for the Masters 123 lb. class. **Steve Petrencak** indicates that in the results of BenchAmerica II, **Peter Wong** did not get his 4th attempt 375, and **Horace Lane** did not get his 4th attempt 720, but **Dennis Cieri** did get his 4th attempt of 628. We apologize for any errors that our readers find in our reports or ranking lists, and we encourage you to send any corrections that you find to "POWERLIFTING USA ERRORS", Box 467, Camarillo, CA 93011.